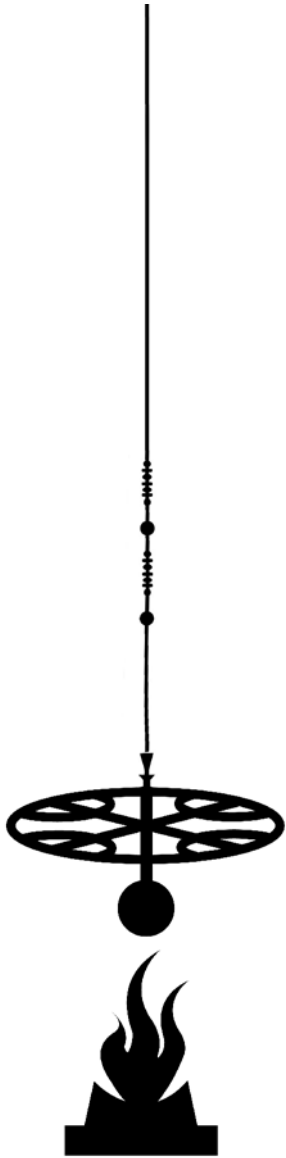


Give Shabbat a Chance



ITON TZIYON

עֵתוֹן צִיּוֹן

*The Newsletter of
Mount Zion Temple*

February/March 2017
Shevat/Adar/Nisan 5777
Vol. 161, No. 4



Artwork by Bonnie Rubinstein

**It is a tree of life to
those who hold fast to it...
-Proverbs 3:18**

L'DOR VADOR

FROM GENERATION TO GENERATION

MAZEL TOV TO...

Our members who will celebrate a milestone anniversary in February & March: **Mark & Karen Goldberg, Rene Tragatsch & Tobi Tanzer, Eli & Jessie Zmira, Andy & Karen Kaplan, Lisa Cohen & Amy Jacobson, David & Mary Ann Wark, Jack & Bobbi Schribman, Michael & Stephanie Chauss, Dave Knapp & Yasmine Moideen.**

Stuart Appelbaum and Jean King Appelbaum on the birth of their grandson, *George King*, on January 6.

Michael Kuhne and Mandy Roll-Kuhne on the birth of their granddaughter, *Freyja Luma*, on January 6.

Max and Jill Lipset on the birth of their daughter, and **David Lipset** on the birth of his granddaughter, *Erica Hope*, on November 26.

"The giving of Torah happened at one specific time, but the receiving of Torah happens all the time, in every generation."

- Meir Alter, the Gerer Rebbe

We welcome **Marilyn Salmon** who has completed our conversion program in the past weeks and has thus chosen Judaism: **May she go from strength to strength!**

ZICHRONAM LIVRACHA...

May their memories be a blessing

We note with sorrow the passing of our members:

Dorothy Bomberg

Our condolences to her family.

Marjorie Edwards

Our condolences to her family.

Edward "Ed" Pickett

Our condolences to his family.

WE EXTEND CONDOLENCES TO...

Suellen (Michael) Buelow on the death of her mother, *Anne "Toni" Weinberg*, on August 27.

Bruce (Alice) Gaarder on the death of his mother, *Elizabeth Gaarder*, on December 2.

May God grant peace to all who mourn and comfort to all who are bereaved.

Iton Tziyon Cover: Give Shabbat a Chance

Each bulletin cover this year will feature a different congregant's artwork reflecting the theme of Shabbat. This month's art is by Bonnie Rubinstein. Bonnie works in fused and sculpted glass to create beautiful art pieces and Judaica. This commissioned piece, "Tree of Life" is a 5' tall curved glass sculpture, lit from behind. Her work has been commissioned by synagogues and individuals across the country. See her work at Rubinsteinstudio.com

LETTER FROM THE RABBI



I spent last Shabbat at the annual Women's retreat, Our Bodies, Our Souls. OBOS is always a wonderful 26 hours of Kedushah (holiness), Menuchah (rest), and Oneg (joy), but was even moreso this year as we focused on our Temple Kivvun of Shabbat. Cantor Spilker led a workshop called "Mining the Treasures of Shabbat," in which the women spent some dedicated time exploring *A Day Apart*, the book congregants received at Rosh Hashannah (If you haven't gotten yours yet, pick one up at the Temple office). In my workshop, we learned about the background and traditions of Shabbat Challah, and had some fun experimenting with different kinds of traditional braids and other interesting Challah traditions like shaping birds for Rosh Hashannah, ladders or Torah shapes for Shavuot and keys for the Shabbat after Passover.

At our annual Pajama Party, we went around the circle sharing what makes Shabbat special for us as individuals. We heard everything from "taking a nap" (that was mine), to challah and candles, blessing children, taking a break from children, taking walks, and "I don't know yet, but I want to try." As you will read in Cantor Strauss-Klein's article too, the Kedushah, Menuchah, and Oneg of Shabbat can be achieved in almost any way you can imagine.

Recently our congregant Rita Grossman left me an envelope containing her thoughts – essentially a "promo" about Shabbat:

Do you think you're sagging a bit? Could you use a lift?

No, I'm not talking plastic surgery. I'm talking a spiritual lift - the kind you get when you feel the peaceful waters of Shabbat wash over you.

So gentle and soothing...so powerful. Give Shabbat a chance.

Rita's note, together with our OBOS pajama party, inspired me to solicit your thoughts and reflections on what Shabbat means to you. How do you seek Kedushah, Menuchah, and Oneg on Shabbat? How would you like to? Send your thoughts to me at eadler@mzion.org, and we will publish them in our next Bulletin. I look forward to hearing from you!!

P.S. Don't miss our Scholar-in-Residence Pamela Schuller who will be here for Shabbat and Sunday, February 3 -5 (see p. 6). Even if you don't have children in our programs, participating in this weekend will help insure that Mount Zion continues to be a leader of inclusion in the Jewish community.

Esther Adler, Rabbi

Spend Shabbat with Friends!

Congregational Shabbat Dinner

March 3, Dinner: 5 p.m.; Service: 6:30 p.m.

Cost (subsidized): \$10 adults; \$6 kids (11 and under) **before Feb. 17.**

Cost after Feb. 17: \$12 adults; \$8 kids.

*This Shabbat Dinner has been generously subsidized by Mount Zion's Brotherhood.**

Register online at www.mzion.nirsham.com/events. For more information, contact Jennifer at jbaddin@mzion.org or 651-698-3881.

**Keeping our dinners affordable is a goal because they are opportunities for community building and celebrating Jewishly together. We are grateful for Brotherhood's support. We are also seeking individual donors for future dinners; please be in touch with Larry (Isolomon@mzion.org) if you'd like to help.*



MAKE SHABBAT YOUR SANCTUARY

Shabbat Services with Sisterhood Participation

Friday, February 17, 7:30 pm

Guest Speaker: Dr. Ellen J. Kennedy

Ending Gender Violence Locally and Globally

In every genocide, women and girls are targeted for violence. During the Holocaust, the prisoners at Ravensbruck, a women's concentration camp, were subjected to cruel medical experiments and brutality before being killed. During the 1994 genocide in Rwanda, an estimated 500,000 women were raped and thousands were deliberately infected with HIV. The 1990s war in former Yugoslavia was marked by the creation of 'rape camps' in which women were repeatedly tortured and violated.

But these horrors are not only the stories from far away and long ago. In the US, it is estimated that one in three American women will be sexually abused during their lifetimes. Nearly 20% of women in the US have been raped at least once in their lives. And in Minnesota, the Centers for Disease Control estimate that 684,000 Minnesota women will be raped, stalked, or will experience violence by an intimate partner in their lifetimes.

At a global level, there are important changes in international laws to address the crime of rape. At the local level, we must do more. Learn about local efforts to stand up to protect women and girls.



Ellen J. Kennedy, Ph.D., is the founder and Executive Director of World Without Genocide at Mitchell Hamline School of Law, St. Paul, Minnesota. The organization provides education about past and current conflicts and advocates at local, state, and national levels for policies and legislation to protect innocent people, prevent genocide, prosecute perpetrators, and remember those affected by genocide.



Daily Service Schedule

Daily services are held in the Harris Chapel, *Monday through Thursday at 5:45 p.m., Sundays at 9:30 a.m.*

February

Mondays: Patrick Zimmerman, James and Heidi Waldmann

Tuesdays: John Mast, Brian Serle, Sheri Frisque

Wednesdays: Eric Lund, Margie Abrahamson, Phil Goldman

Thursdays: Rita Grossman, Lindsay Nauen, Elliot Krelitz

Sundays: Rita Grossman, Gloria Levin, Anne and Kurt Schaeffer, Steve Brand

March

Mondays: Patrick Zimmerman, Steve Levin, Deb Moses

Tuesdays: John Mast, Henry Lippman, Lee Litman

Wednesdays: Eric Lund, Bruce and Alice Gaarder

Thursdays: Rita Grossman, Adam and Amanda Bahr

Sundays: Rita Grossman, Anne and Kurt Schaeffer, Gloria Levin, Deb Bachrach

If you would like to participate in Leading or Greeting at daily services, contact Janet 651-482-9951 or Charles 651-646-6543.

FEBRUARY

FRIDAY SHABBAT EVENING SERVICES

February 3, 6:30 p.m.

Shir Tzion Participates
Pulpit Guest: Pamela Schuller (p. 6)

February 10, 7:30 p.m.

Tu BiSh'vat (in Margolis Hall)
Torah Tones & Guitar Corps Participate

February 17, 7:30 p.m.

Food for Thought (p. 15)
Sisterhood Participates (p. 10)
Guest Speaker: Dr. Ellen J. Kennedy
Birthday Blessings

February 24

Shabbat at Home (p. 11)
Brief Service, 5:45 p.m.

SATURDAY SHABBAT MORNING SERVICES

February 4, 10:00 a.m.

Bo - Ex. 10:1-11:3*
Celebrate Shabbat!

February 11, 10:00 a.m.

Beshallah - Ex. 13:17-15:26*
Shabbat Shirah / Tu BiSh'vat
Celebrate Shabbat!

February 18, 10:00 a.m.

Yitro - Ex. 18:1-27 & Ex. 20:1-14*
Max Schibel, Bar Mitzvah

February 25, 10:00 a.m.

Mishpatim - Ex. 21:1-22:3 & Ex. 30:11-16*
Shabbat Shekalim
Shabbat for the Soul

MARCH

FRIDAY SHABBAT EVENING SERVICES

March 3, 6:30 p.m.

Congregational Shabbat Dinner, 5 pm
2nd Grade & Shir Tzion Participate

March 10, 7:30 p.m.

Professional Choir
Torah Tones Participates

March 17, 7:30 p.m.

Food for Thought (p. 15)
Shabbat for the Soul
Birthday Blessings

March 24, 7:30 p.m.

Celebrate Shabbat!

March 31, 7:30 p.m.

Brotherhood Participates
Annual "Mensch" Award

SATURDAY SHABBAT MORNING SERVICES

March 4, 10:00 a.m.

Terumah - Ex. 25:1-40*
Reese Berglund, Bat Mitzvah

March 11, 10:00 a.m.

Tetzavah - Ex. 27:20-28:30 &
Deut. 25:17-19*
Shabbat Zachor
Celebrate Shabbat!

March 18, 10:00 a.m.

Ki Tisa - Ex. 30:11-31:17 & Num. 19:1-10*
Shabbat Parah
Caleb Hamilton, Bar Mitzvah

March 25, 10:00 a.m.

Vayakhell/Pekudei - Ex. 35:1-37:16 &
Ex. 12:1-3*
Shabbat HaChodesh
Celebrate Shabbat!

Schedule Every Shabbat Day

9:00 a.m. Open Torah Study - Drop in any time to study the week's Torah portion (listed above). *Using a triennial [3 year] cycle, we are reading the first third of each *parashah* this year.

10:00 a.m. Shabbat Morning Service

CHAI NOTES



My husband Nick is a gamer, meaning for the uninitiated, that he is an aficionado of video games. I have been known to play a few in my day (that day being about 1987-2005), but with the current busy-ness of our life with four young children, neither of us have much free time, and what little I do have I prefer to spend on my favorite hobby, reading. So imagine my delight when, while listening to *Science Friday* on NPR, I learned about the book *Play Anything: The Pleasure of Limits, the Uses of Boredom, and the Secret of Games* by Ian Bogost, an American philosopher, video game designer, and professor of Media Studies at the Georgia Institute of Technology.

Discussing the concept of “play” on the radio show, Bogost said, “Play only works, and it works best, when you apply constraints and limitations to it.” I thought immediately of Shabbat. In Jewish tradition, “the day of rest” has a fair number of constraints and limitations associated with it. Could this be the secret to its success? What if we thought about “playing” Shabbat? Bogost writes, “play entails a paradox: it is an activity of freedom and pleasure and openness and possibility, but it arises from limiting freedoms rather than expanding them.” While Shabbat observance can take many different forms, the attitude we take toward the boundaries around it (whether self-imposed or halachic) can determine the *oneg* (pleasure), *menuchah* (rest), and *kedushah* (holiness) we experience.

Thanks to Bogost, I suggest we take a “lusory attitude,” the psychological attitude required of a player entering into the play of a game. To do so, one accepts that a game’s rules may be arbitrary, but they facilitate the play experience that results. In other words, the “rules” of Shabbat, whatever they may be for you, are meant to facilitate the holy, restful, pleasurable experience of the Sabbath day. Whether for one person that means placing boundaries around technology use, expanding the amount of time spent on a meal, or turning off the alarm clock, we can create—and modify—the rules of the Shabbat “game” as we go along. Bogost writes: “play, limit, constraint—all these are synonyms for humility. This is the pleasure of limits, the fun of play. Not doing what we want, but doing what we can with what is given.”

How will *you* play Shabbat?

Jennifer Strauss-Klein, Cantor

Trope Troupe

... the more Torah, the more life. -Hillel

Todah Rabah to our December/January Ba’alei Korei (chanting Torah): Amy Ariel, Sue Benfield, Bonnie D’Aquila, Isabella D’Aquila, Moriah Elkin, Isaac Fein, Siana Goodwin, Jennifer Hakes, Abbey Kanzer, Jean King Appelbaum, David Knapp, John Mast, Laura Mathews, Yasmine Moideen, Amy Moore, Liddy Rich, Brian Serle, Kent Simon, Mirit Spilker, Benjamin Wallen, Sandy Weisberg

Todah Rabah to our December/January Haftarah Chanters: Harvey Arbit, Alex Klass, David Knapp, Alex Moore, Brian Serle, Kent Simon

To sign up to chant Torah or Haftarah on Shabbat,
e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org.

Twin Cities Jewish Chorale

presents

Songs of Peace & Friendship



Join us as we present compositions of Hinei Mah Tov, share the loves expressed in Shir Hashirim, sing in Ladino from Sephardic tradition and offer selections from contemporary Israeli & American composers.

Sunday, February 26, 3:00 p.m.

Beth El Synagogue (5227 Barry Street W. St. Louis Park)

Tickets Available at the door

\$15 Adults - \$10 Students/Seniors (65+)

Questions? Contact us at twincitiesjewishchorale@gmail.com.

Laughter Yoga for Purim

Taught by Sarah Routman

Tuesday, March 7, 7-8 p.m. at Mount Zion

Cost: \$18 in advance. *We must have a minimum of 10 registrations for this wonderful experience to take place!*

Let your inhibitions go and laugh like you’ve never laughed before! Experience all the health benefits of laughter as you LOL (laugh out loud!). We’ll be playful and silly as we weave our way through ‘smile-ups’ and special laughter exercises like: ‘Esther’s shower-yourself-with-laughter’, and Haman’s ‘I-love-myself’ laugh. We’ll throw in the history of Laughter Yoga and a laughter meditation to get your giggles on! No special clothes or yoga mats required. Purim Costumes optional.



Questions? Contact Sara Lynn Newberger at 651-698-8807 or sara.lynn@ttsp.org. There are no financial barriers to participation.



Co-sponsored by Hineni and Mount Zion Temple.



Tot Shabbat

*Tot Shabbat is the second Saturday of every month.
For families with children from birth to seven years old.*

Tu BiSh’vat (Responsibility)
Saturday, February 11, 10:30 a.m.

Get Ready for Purim! (Shituf P’ulah / Working together)
Saturday, March 11, 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.

FROM THE PRESIDENT



Mount Zion's "Year of Shabbat" is in full swing. In December, many of us participated in a reimagined "Shabbat for the Soul" service based in Mussar (ethical teachings of the Jewish mystics) and a more participatory and contemplative worship style.

With the congregation sitting in the round, Rabbi Spilker and Cantor Strauss-Klein led us in prayer without our *siddurim* (prayer books) for most of the service. Accompanied by guitar, violin, keyboard and percussion, we intentionally slowed down the pace to focus on the meditative effect of the music, the deeper significance of our prayers... and each other.

At the *Oneg* afterwards and for several days following Shabbat, people commented on the powerful impression this service made:

"Worshipping in the round made me feel like the prayers were coming from us, rather than being performed for us"

"I usually don't feel comfortable singing enthusiastically at services but something about looking across the circle to the congregation compelled me to join in with my full voice; I felt swept up."

"Worshipping without the prayer book made me realize I already knew most of the liturgy by heart and allowed me to draw my focus inward to the meaning of my prayers."

"I felt more connected to my fellow congregants throughout the service; the physical arrangement and the creative liturgy made it seem more like we were worshipping as a community, not just as individuals."

"The sermon felt like a conversation around a large table or campfire! It was intimate and engaging."

Several "Shabbat for the Soul" services are already on the Mount Zion calendar:

- Saturday, February 25 at 10:00 a.m.
- Friday, March 17 at 7:30 p.m.
- Friday, May 26 at 7:30 p.m.

Mark your calendars and experience this unique service for yourself. "Shabbat for the Soul" is a work in progress and, as always, the clergy and worship committee are interested in your experience and impressions. If you have questions, comments or suggestions please contact Cantor Strauss-Klein or worship committee chair, Sally Glick.

Dan Rybeck, President

"Worshipping in the round made me feel like the prayers were coming from us, rather than being performed for us."

IT'S YOUR
LEGACY 
Your life. Your community. Your legacy.



Commit to leaving a legacy gift and help ensure that Mount Zion Temple will be part of the fabric of the Twin Cities Jewish community for many years to come.

Learn more by contacting Dan Rybeck at danrybeck@comcast.net.



WELCOME...B'RUCHIM HA'BAIM...
TO OUR NEW MEMBERS!

Kyla Huberland

Josh Porte and Shalini Vallabhaneni
and their daughter Mira

Marilyn Salmon



An Invitation for New Members!
New Member Havdalah
Saturday, February 4, 4:00 – 6 p.m.
Rabbi and Cantor Spilker's Home

An Invitation for New Members! Please come to Rabbi and Cantor Spilker's home for a special Havdalah with clergy and staff, temple leadership, and members who joined Mount Zion in 2016/17. Child care will be provided. RSVP by Wed, Feb. 1 at mzion.org. Questions? Contact Ellen Konstan at 651-698-5754 or ellen.konstan@gmail.com.

Kehillah (Community) Council Meeting

Tuesday, February 21, 7-9 p.m. All are welcome.

FOCUS:

Planning for 2017-18: Implementing our Engagement Strategy with our Director of Congregational Engagement.

Steve Greenberg has been meeting with and listening to many members of Mount Zion since he started in October. He has been learning from our strategic plan, and the many ideas generated in the past few years of deepening engagement among members. At this February Kehillah Council, he will present ideas for what we can accomplish in 2017-18 in order to receive input and for all of us to imagine our roles in the next steps.

We will also discuss our *kivvunim* as we finish our seven year cycle of Israel, Torah, Tzedek, and Shabbat. In between each one, we always have a period of renewal, focusing on our relationships, *panim el panim*, face to face. We will decide how we will go forward with our *kivvunim*.

PURIM at Mount Zion:

The Best Jewish Holiday for All Ages!

Purim commemorates the story of Esther, who rescued the Jews of ancient Persia (now Iran) from persecution. Traditions include dressing in costume and eating hamantaschen (triangular stuffed pastries). It is our Spring time (!) chance for some fun!



*The story of Esther in a Hamilton spoof! An all-star congregant cast!
All choirs and children participating. Directed by Peter Bloch.*

Do you want to be in the shul where it happens? Come to see...

Esther: A Persian Musical **Saturday, March 11**

5:30 - 6:30 p.m. Study the book of Esther with Rabbi Spilker!

Grab two pints of Sam Adams (you can work on the third after the shpiel) and join us!

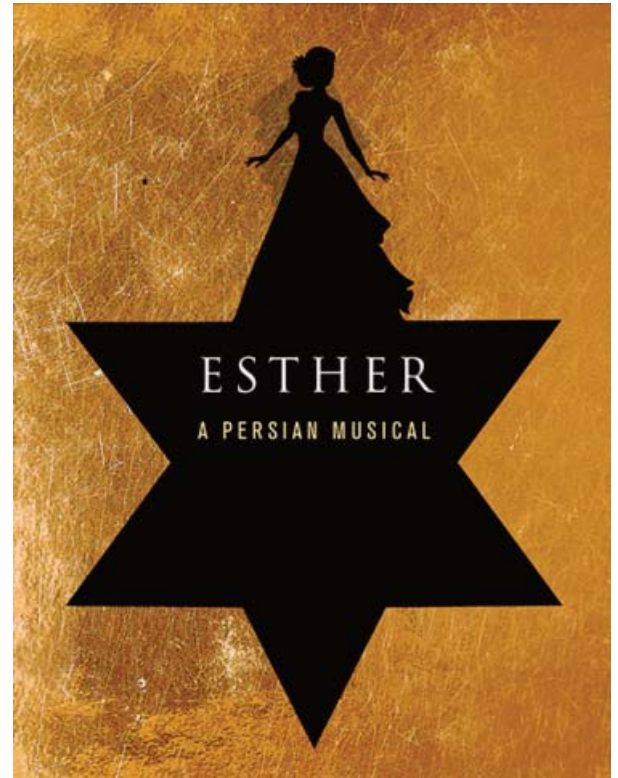
6:00 p.m. - Ye Olde Shushan Tavern

Burr-gers and Burr-itos? Maybe! Or maybe not. Come and find out! There will be food available for purchase. Bring cash!

7:00 p.m. - Brief Service, Megillah Reading, and Esther: A Persian Musical

A congregant-directed and acted spoof on the blockbuster Tony Award-winning musical *Hamilton: An American Musical!*

Stay for the post-theatre dessert: Hamiltaschen!



Purim Carnival



Sunday, March 12

10:00 a.m. – Purim Service & Megillah Reading
11:15 a.m.-1 p.m. – Purim Carnival – Open to Everyone! Invite your Friends!



Purim is right around the corner! We need YOUR help to make the carnival a success!



Booth Sponsorship You can sponsor all or part of an inflatable, game, food, and more. **Volunteers** We're looking for lots of help to run all the fun activities, as well as set-up and clean-up volunteers! Choose the booth and time that works best for you. To sign up, go to mzion.nirsham.com or the bulletin board by the alley door. Questions? Contact Sue Summit ssummit@mzion.org.





THANK YOU to all who generously supported our **L'Chaim 5777 Annual Campaign.**

Your participation has made this campaign a success. *All of us* can support the people and programs that make our community vibrant.

L'Chaim 5777 Contributors, as of January 4, 2017*

Al & Bonnie Abrahamson ** Steve & Ruth Abrahamson ** Ed & Sandy Abramson ** Sasha Amnuel & Stephanie Lonetti ** Miriam Amster ** Anonymous ** Stuart Appelbaum & Jean King Appelbaum ** Harvey & Judy Arbit ** Bernie & Deb Bachrach ** Paul & Jennifer Bagdade ** Walter & Lois Baum * Jim & Sally Beloff ** Susan Benfield ** Barbara Bentson ** Doug & Alyssa Berg ** Stuart Block & Julia Ostrowsky ** Steve & Gail Brand ** Rolla Breitman ** Al Brodie ** Michael & Suellen Buelow, in memory of her mother Toni Weinberg ** Jeff Burton & Varda Nauen ** Kate Cavett ** Michael & Stephanie Chauss ** Nancy Cohen ** Steve Cohen & Lisa Murphy ** Warren & Susanne Cohen ** Matt & Nina Cooper ** Joel & Jennifer Denenholz ** Rami Derhy & Heidi Wessel-Derhy ** Paul & Lisa Dorn ** Tom & Randy Edelstein ** Brad & Sarah Elkin ** Ron & Betty Ellis ** Ben Elwood & Susie Steinbach ** David & Carol Epstein ** Judi Feldman ** Jeremy & Stephanie Fink ** Shel Finver & Dee Albert ** Tony & Kathy Flaminio ** Ted & Jackie Flaum ** Nancy Flynn ** Charles & Vicky Fodor ** Morley Friedman & Deidre Greene ** Robert Garfinkle & Sue Koch ** Jon & Ruth Garner ** Eunice Gelb ** Gail Gendler & Roger Bjork ** Gary & Lael Gerding ** Josh Gitelson & Hari Osofsky ** Rozanne Glass ** Sally Glick ** Mark & Karen Goldberg ** Bruce & Laurie Goldfarb ** Phil & Renae Goldman ** Shane & Mavis Goldstein ** Chris & Nora Gordon ** Mark Gordon & Anne Zweibel ** Jeff & Susan Gottlieb ** Steve Greenberg & Keith Johnson ** Don Greenebaum & Beth Honetschlager ** Brent & Jessica Griffith ** Rita Grossman ** Carol Gurstelle ** Harriet Guthertz & Laura Mathews ** Sanders & Doreen Gwin ** Glenn Hardin & Allyson Perling ** Rick & Nancy Hauser ** Patrick & Liza Henry ** Natalie Hopfield ** Dolores Horwitz ** Jeff & Laurie Hunt ** Hart & Raleigh Johnson ** Todd & Beth Johnson ** Joe & Carrie Kahn ** Janet Kampf ** Andrew & Karen Kaplan ** Harold & Kathy Katz ** Judyth Katz ** Euan & Jane Kerr ** Jason & Joan Kinsley ** David Knapp & Yasmine Moideen ** Michael & Julie Kogan-White ** Luciano Kolodny & Adriana Silva Kolodny ** Joe & Ellen Konstan ** Brian & Judith Krasnow ** Eliot & Liz Krelitz ** David Kristal & Cristiana Giordano ** Michael Kuhne & Amanda Roll-Kuhne ** Shirley Kulevsky ** David & Barbara Lader ** Rob Larson & Liz Stein ** Rob Lebowitz & Rabbi Esther Adler ** Steven & LoRene Leikind ** Thaddeus & Annette Lerew-Zimanski ** Yvonne Lerew ** The Lerman Family ** Rafail Lev & Yelizaveta Kladnitskaya ** Daniel & Susan Levey ** Al & Jill Levin ** Bill & Gloria Levin ** Eric & Celita Levinson ** Steve & Rita Levin ** Charlie Levine and Marjorie Dana-Levine ** Rick Linsk & Nancy Crotti ** David Lipset & Diana Dean ** Bill Lipschultz ** Dorothy Lipschultz ** Lee Litman ** Martin & Gloria Livingston ** Bob & Sandy Loewenstein ** Chuck & Vicki Long ** Eric & Sue Lund ** Joseph Maddy & Lisa Taran-Maddy ** Don & Rhoda Mains ** Phil Margolis & Adina Lebowitz ** Todd & Judi Marshall ** Tom Marver ** Geoffrey & Jennifer Mason ** Bob & Julie Mast ** Bruce & Annie Matza ** Ethel Mayeron ** Michael & Toby Meirovitz ** Alan Milavetz & Bonnie Resnick ** Mark & Deanna Miller ** Millie Miller ** Ron & Kay Mogelson ** Tony & Laura Mogelson ** Lois Moheban ** Devora Molitor ** Buffy Monnens ** David & Amy Moore ** Brad Moore & Carolyn Borow ** Michelle Morris ** Deb Moses ** Mount Zion Brotherhood ** David Nathan & Laura Ford-Nathan ** Joe & JoAnn Nathan ** Charlie Nauen & PJ Pofahl ** Richard & Joan Newmark ** Jeff Oberman & Kathy Conner ** Joan Ostrove ** Edith & Gary Pang ** Marc & Sarah Paper ** Raline Paper ** Andrew Peck & Nicky Kurtzweil ** Mischa & Barbara Penn ** Joseph & Adela Peskorz ** Ed Pickett z'l ** John Plano & Shelley Robbins ** Valentin Povarchuk ** Andrew J. Rapoport ** Betsy Rest ** Robert Richman & Kristin Beckmann ** Dan & Heidi Ries ** Bill & Susan Robiner ** Pearl Rosen ** Vic & Chris Rosenthal ** Holly Ross ** Robert & Ilona Rouda ** Steve & Wendy Rubin ** Robert Rubenstein ** Mitch & Sally Rubinstein ** Craig & Mindy Rutman ** Dan Rybeck & Kate Searls ** Marilyn Salmon ** Martin & Ellen Sampson ** Sarah Schaleger ** Dan & Lisa Schibel ** Jack & Roberta Schribman ** Ellen Seesel ** Brian Serle ** Ray & Rosemary Sevet ** Mordecai & Esther Shallom ** Dan & Emily Shapiro ** James & Wendy Shapiro ** Steve & Carrie Siegel ** Marilyn Silver ** Chris Simon & Judy Sharken Simon ** Michael Skoler and Maria Kirsch ** Steve & Jill Spanier ** Woody Smith & Elena Izaksonas ** Henry & Jan Snyder ** Daniel Sogin & Emily Duke ** Larry & Marjorie Solomon ** Batya Spector ** Eric & Vicki Spieler ** Rabbi Adam and Cantor Rachel Stock Spilker ** Bert & Arlene Spilker ** David & Susanne Spitzer ** Charles & Terri Stander ** Pete & Sue Stein ** Erica Stern ** Celia Stock ** Douglas Stone & Ann Conroy ** Michelle Storck ** Jonathan & Kay Strauss ** Cantor Jennifer & Nick Strauss-Klein ** Wayne & Maureen Sultan ** Sue & Jeff Summit ** Les & Karen Suzukamo ** Becca Swiler ** Julie Swiler ** Michelle & Raj Thomas ** Victor Vital ** Michael & Jennifer Wall ** Christopher & Jennifer Wallen ** Steve Warch & Alexandra Klass ** Jeff & Tracie Ward ** David & Mary Ann Wark ** Laura Waxman & Shaan Hamilton ** Chad Weinstein & Cathy Huber ** Richard Weil & Lindsay Nauen ** Stephan Weingarten & Connie Dickson ** Honnen & Barbara Weiss ** Glenn Davis & Jill Weiss ** Sandy & Carol Weisberg ** Stuart & Mary Weitzman ** Michael & Fran Willey ** Barbara Winthrop ** Harvey and Esther z'l Winthrop ** Susan Winthrop ** Mitch Wittenberg & Jaine Strauss ** Tom Wolfe & Sally Silk ** DeDe Wolfson ** Stephanie Wolkin ** Daniel & Laura Zelle ** Larry & Honey Zelle ** Jon Zimmerman ** Patrick Zimmerman

**You are welcome to participate through the end of June to be part of our L'Chaim 5777. We will publicize all participants in our Annual Meeting bulletin in May.*

RELIGIOUS SCHOOL NEWS

February

- Feb. 3 Jewish Disability Awareness & Inclusion Shabbat with Pamela Schuller (6:30)
- Feb. 4 Improv Night for Adults with Pamela Schuller (7:30)
- Feb. 5 Z. Willard Finberg Congregational Education Day with Pamela Schuller (9:30-12:15)
Taishoff Family Resource Room Dedication (12:30)
Teen Inclusion Training (12:30)
- Feb. 8 Chai School Tu BiSh'vat Program & Seder
11th/12th Grade Sichá (7:30)
- Feb. 12 6th Grade Tallit Workshop
- Feb. 15 B'nei Mitzvah Sefer Seminar: Bereshit & Shemot (6:15)
- Feb. 19 No Religious School— President's weekend
- Feb. 22 11th/12th Grade Sichá (7:30)
- Feb. 26 6th grade Tallit Makeup Workshop (12:15-2:30)



Congregational Education Day

Sunday, February 5

Scholar-in-Residence Pamela Schuller

Internationally Known Inclusion Advocate

8:00 a.m. Faculty Training

9:30 a.m. PreK–Grade 3 & Grade 4-6 Inclusion Improv Workshops

11:00 a.m. Keynote for Parents/Guardians

12:30 p.m. Teen Training

An Extraordinary Opportunity for Every Age Group!

More details about Pamela's visit on p. 16.



March

- March 1 B'nei Mitzvah Sefer Seminar: Vayikra (6:15)
Chai School Tri III Begins
- March 3 2nd Grade Shabbat Dinner & Service Participation
- March 3-5 5th Grade Shabbaton
- March 5 6th Grade Tzitzit Tying Workshop
- March 8 11th/12th Grade Sichá (7:30)
- March 11 Erev Purim
- March 12 School Purim Celebration
Service/Megillah Reading (10:00), Carnival (11:15-1)
Daylight Savings Time Begins-Spring Ahead!
- March 15 No School—Spring Break
- March 19 No School—Spring Break
- March 22 11th/12th Grade Sichá (7:30)

April

- April 2 5th Grade B'nei Mitzvah Parent/Guardian Meeting (9:45)
PreK/K Model Passover Seder 11:00
- April 9 No School—Spring Break
- April 10 Passover Begins at Sundown
- April 12 No School—Spring Break
- April 16 No School—Spring Break

SCHOOL CLOSING DUE TO INCLEMENT WEATHER

Please tune to WCCO for Hebrew and Religious School closings (WCCO AM Radio 830, WCCO TV Channel 4, www.WCCO.com)

Snow cancellations will also be posted on the Mount Zion home page, mzion.org and on the Religious School Facebook page. Cancellation decisions will be made by: 1:30 p.m. for Wednesday Session I, 4:30 p.m. for Wednesday Session II, 8:00 a.m. for Sunday Session

Siddur Dedication

Thank you to our Confirmation class for their gift of these beautiful siddurim - a gift that will keep on giving for many, many years to come! The gift presentation was incredibly moving as they passed the siddurim *L'Dor V'Dor* (from generation to generation) to representatives from each of our PreK-Grade 6 classes.



YOUTH ENGAGEMENT NEWS

Shabbatonim

5th Grade Shabbaton

March 3-4 - Join all your Mount Zion friends for a Shabbat Sleepover! We will spend Shabbat together by going to services, bonding with our class and, of course, having fun!

Youth Groups

Noar Tzion (4-6th grade youth group)

Snow Tubing

February 12 - Let's get outside and make the most of this winter! Lunch, transportation, and two hours of tubing included. Sign up at mzion.nirsham.com.

Gesher JYG (7-8th grade youth group)

NFTY-Northern & CAR JYG Kallah!

February 24-26 at OSRUI in Oconomowoc, WI - Join Jewish teens from across the upper-Midwest for an incredible weekend of fun, learning, singing, swimming, praying, sledding (hopefully) and social action! Register at NFTY.org/NO

Bowling with JYG!

March 26 - More information to come!

SPORTY (9-12th grade youth group)

Tree Day B-Day Bash with TCJY (Twin Cities Jewish Youth)!

February 11, 7:30-10:30 @ St. Paul JCC, \$10

Register at mzion.nirsham.com - Join Jewish 9-12th Graders from the Twin Cities for a night of music, dancing, games, a social action project for the trees, and more to celebrate Tu BiSh'vat!

Teen Inclusion Training with Pam Schuller!

February 5, 12:30 - 3:00 pm

FREE for Mount Zion Teens. RSVP at mzion.nirsham.com.

Lunch sponsored by Mount Zion Brotherhood

Pam Schuller is a stand up comedian and an inclusion advocate! As a former NFTY Advisor and the current Coordinator of the Teen and Mental Health Initiative at the Jewish Board of Family and Children's Services in New York City, Pam gets teens, inclusion and humor.



We will spend the afternoon learning through improv and comedy about how we, as teens, can make our communities more inclusive.

Questions about Pam Schuller, Scholar-in-Residence, or this training? Contact Liza Henry at lhenry@mzion.org.

What are YOU doing this SUMMER?

There are so many exciting Jewish summer opportunities!

- Attend camp at OSRUI! – Grades 2-12
- Improve on your athletic skills at 6Points Sports Camp in California or North Carolina! Grades 4-12
- Focus on the incredible world of Science and Technology at 6Points Sci Tech Camp in Massachusetts! Grades 5-10
- Travel and do Social Justice work with Mitzvah Corps! Grades 9-12
- Learn and Build your leadership Skills at Kutz Camp! Grades 10-12
- Travel to Israel with NFTY, Mitzvah Corps or 6points Sci Tech! Grades 10-12

A Mount Zion 20s/30s Reunion

Thursday, February 9, 6:30 - 9 p.m. at

CAN CAN WONDERLAND

If you grew up at Mount Zion and are 21-35, we want to (re)connect! We (MZ clergy and staff) have discovered the Twin Cities' newest bar/amusement park, and would love to meet you there so you can also see your old classmates. Come for good shmooze, good nosh, almost-sacred drinks (see below), mini golf, arcade games, and more!

It is also the night before Tu BiSh'vat, our new year of trees, so the evening will feature special beverage flights (alcoholic or non-alcoholic) to commemorate the food species we eat on the holiday.

Cost: \$5 at the door, includes one beverage flight and festive, light food.

Location: Can Can Wonderland (755 Prior Ave. N, Ste #004, St. Paul)

Questions? Text Steve Greenberg, MZ's new Director of Congregational Engagement, at 612-280-6387.



An OSRUI Experience for Families

Family Camp!

March 24-26, 2017

Cost: \$375

Camp isn't just for kids ... it's for the whole family! Experience a taste of what OSRUI has to offer.



- Challenge yourself on OSRUI's ropes course
- Keep your eye on the ball ... basketball, volleyball, soccer, ga ga.
- Explore your creativity in the Sang Arts Center
- Experience Shabbat at OSRUI.
- Cook mouthwatering s'mores over the campfire.
- Learn the secrets of OSRUI on a hayride around camp.
- And lots more surprises!

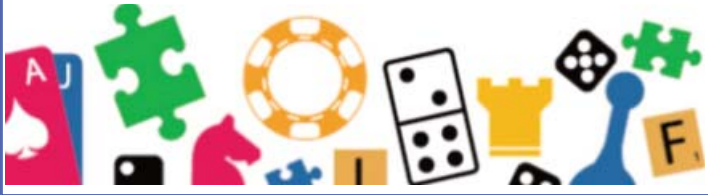
Family camp includes activities for adults and children together. Programming is oriented towards children age 5-12. Younger children are welcome but parents will be expected to supervise younger children at all times.

Go to osrui.org for more information and to register.

Dessert and

Saturday, February 11, 7-9:30 p.m. at Mount Zion

Enjoy a relaxing evening with friends, play cards, board games or just talk. Listen to live music and relax. This event is FREE and open to ALL members, family and friends of Mount Zion Temple. Cost of admission: just bring a dessert to share. Bring a bottle of wine if you want. **Brotherhood will supply snacks, soda and coffee.** Musicians: Don't be shy. We want you to show us your talents. Jazz, Folk, Rock, Klezmer, A capella or ???, it doesn't matter. We are looking for individuals and groups to show your talents to us all. Please let Jeff Summit jeffsummit@yahoo.com know who you are, what type of act and how long of a set you would like.



Bagel Brunch & Speaker Event

Sunday, March 5 – 10:00 a.m.

Brotherhood member Michael Kuhne will share his adventure bicycling from Denver, Colorado to the Twin Cities. Join us for a free breakfast and fascinating story.

Brotherhood Participates in Shabbat

Friday, March 31, 7:00 p.m.

Brotherhood members will lead the services and we will present our 2017 Mensch Award. We are looking for members who would like to sing in the Brotherhood Choir, as well as musicians to accompany services.

Brotherhood Business Meetings

Tuesdays - February 28, March 28 and April 25

Brotherhood's monthly business meeting is open to all members, and includes dinner and camaraderie. Please come and bring your ideas; we need help planning for our events and our retreat. **Meetings commence at 6:30 p.m.**, include dinner and last only an hour. Please RSVP to Brian Serle 612-251-5045 or bkserle@yahoo.com

Bagel Sales continue each Sunday morning that school is in session. These sales have been very successful for us, and enable Brotherhood to contribute to the many needs of our congregation. We need more volunteers to help serve bagels and coffee on Sunday mornings. Contact Arnie Krohn at askrohn@comcast.net.

SAVE THE DATE! – June 9-11, 2017 – 6th Annual Men's Retreat - Based on past years' experience, we expect the weekend to be fully booked. Walking, biking, canoeing, enjoying nature and great camaraderie. Registration opens on February 1. See you then!

B'Shalom, Brian Serle, Brotherhood President
bkserle@yahoo.com / 612-251-5045

Save the Dates!

Saturday, February 4 at 7:30pm: Improv Night with Mount Zion Scholar-in- Residence Pamela Schuller. More details on p. 16.

Friday, February 17 at 7:30pm: Sisterhood Participates in Shabbat Sisterhood leads Friday evening Shabbat services. All are welcome. See p. 3.

Sunday, March 5 at 12:30pm: Passover Mart Setup - Come help us set up for our annual Passover Mart!

April 7-9: Area Day with WRJ Midwest President Janet Buckstein.

April 28th-30th: Spring Kallah at OSRUI

Women's Networking Event

Topic: Rock Star Presentation Tips

Speaker: Nancy Gildin



Tuesday, February 21, 7:00 p.m. at Temple Israel

You speak, they listen...and remember. As business people, we make presentations almost every day; from the two-minute recap of project objectives in a quick work team meeting to a formal speech in front of a large audience. Great presenters are taught, not born. Come and learn the delivery habits of rock star presenters—how to use your body and voice to make your message clear and memorable.

This free event is sponsored by the Sisterhoods of Temple Israel, Mount Zion temple, and Bet Shalom. Contact Gail Gendler at 651-210-1699 for more information.

B'NEI MITZVAH

Max Schibel

February 18, 2017

Picture removed
online

Max is the son of Dan and Lisa Schibel and the older brother of Elly Schibel. He is the grandson of Don and Judy Schibel and Ira and Peggy Denenholz. He is the great-grandson of the late Jeanne and Howard Schibel, the late Sam and Helen Corwin, the late Eli and Bernice Budd, the late Leonard and Bea Denenholz and the late William and Mae Tanick. He was blessed to get to know many of his great-grandparents. Max is in 7th grade at Open World Learning (OWL) where he participates in Ultimate Frisbee. Max also enjoys studying animals, reading, being in musicals, swimming, and spending time at Sand Lake cabin. He is a Madrich at Mount Zion in his 2nd grade cousin's class, an active member of JYG, and loves attending OSRUI. This past summer and fall, Max helped members of the Yawanawa tribe from Brazil learn English and acclimate to American culture. In honor of his Bar Mitzvah and Tu BiSh'vat, he will provide seed paper kippot and donate a portion of his gift money to the JNF Emergency Fund to help replant part of the 10,000 acres of forest destroyed in the recent fires.

Caleb Hamilton

March 18, 2017

Picture removed
online

Caleb Hamilton is the son of Laura Waxman and Shaan Hamilton. He is the grandson of Anita and Bernard Waxman and Uve and Neil Hamilton. He is a 7th grader at Chippewa Middle School. He loves learning how to use computer technologies and at the moment is focused on making 3D computer animations. He also enjoys playing soccer and piano and hanging out with friends. For his service hours, he volunteered at the drop-in Computer and Tech Help clinic at the Roseville Library, where he helped people solve problems with their electronic devices. In honor of his Bar Mitzvah, he will be donating to the American Refugee Committee.

PRIME TIMERS

Members 55 and older

WORD

Mondays, February 6, 27; March 6, 20; April 3; May 1, 15

"WORD" will continue to meet twice a month on Mondays from 1:30-2:30 pm. WORD is a fun, ongoing social activity, where we play a game based on the TV show Password. Coffee and tea are available.

Ageless Grace with Pola Rest **NEW!**

Mondays, March 27, April 24, May 22, June 26

1:30 pm - 2:30 pm in Margolis Hall

Come have fun with Ageless Grace - movement to music while seated in a chair. No routine to learn: Come as you are, just bring water and be prepared to have a good time!

More exciting events are being planned for 2017!

For additional information on the Prime Timers or if you would like to be added to our email list, please contact Jill Spanier at 651-493-1959 or at js020907@gmail.com. Let us know if you have an idea for an event.

Reese Berglund

March 4, 2017

Picture removed
online

Reese is the daughter of Mishelle and Jason Berglund and the sister of Zachary. She is the granddaughter of Sybil and Arie Lancman and William Berglund. Reese attends Dakota Hills middle school where she is in 7th grade. Her favorite classes are math and gym and she plays french horn in the school band. Reese enjoys playing hockey, soccer and spending time with friends. Through becoming a Bat Mitzvah, Reese has learned with hard work and determination, any goal can be accomplished. A portion of Reese's gift money will be donated to the University of Minnesota Children's Hospital.

Benjamin Dubinsky

April 1, 2017

Picture removed
online

Benjamin is the son of Karen and David Dubinsky. He is the grandson of the late Harold and Charlotte Dubinsky and the late Richard and Marcelline Joyce. Ben is the younger brother of Molly (22) and Jacob (20). He is in 7th grade at McGuire Middle School in Lakeville where his favorite subjects are US History and Science. Ben is on the middle school Nordic Ski team and he also enjoys golf and tennis. For his mitzvah work, Ben is volunteering at the Sholom Home in St. Paul and in honor of becoming a Bar Mitzvah, Ben will be donating to the Friedreich's Ataxia Research Alliance (FARA).

CARING COMMUNITY

Mount Zion Cares!

The Caring Community Program is here to help Mount Zion Temple members in their moments of need. We reach out to you with a helping hand when there is injury, illness, grief or other life stressors.

**We provide meals, rides, visitors,
and shiva support.**

To get help contact caringcommunity@mzion.org
or call 651-698-3881.

THANK YOU...FOR YOUR CONTRIBUTIONS

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Rabbi Esther Adler and Rob Lebowitz
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Arthur Stone

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In honor of the Bar Mitzvah of:

Liam Spilker
Ron & Kay Mogelson
Harold & Lenore Ravits

In honor of the Bat Mitzvah of:

Gabriella D'Aquila
Eleanor & Larry Manhan

In appreciation of:

Rabbi Adam Stock Spilker
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Wishing a speedy recovery to:

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Wishing a happy healthy New Year to:

Cynthia Rosenblatt Ross

Michael & Elaine Johnson and

Family

MITZVAH FOODSHELF FUND

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Warm wishes to:

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Wishing a speedy recovery of:

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Shabbat at Home

Don't come to Mount Zion for services!*

On February 24



Invite your friends and fellow congregants to share a Shabbat evening together.

You can have a traditional dinner or a casual one, a potluck, or whatever works for you. The goal is to make it a special evening that is shared and meaningful. Please consider including new members, or someone you don't know well.

For this Shabbat at Home, we are inviting you to plan a gathering on your own. We will not be making connections.

We have congregants who can help you with any meal ideas or how to lead Shabbat blessings. **Contact Ellen Konstan at ellen.konstan@gmail.com or 651-698-5754 for suggestions.** Sample recipes and music and blessings available at: mzion.org/event/shabbat-at-home.

Shabbat at Home has been a beloved annual tradition at Mount Zion. Of course, any Shabbat can be a Shabbat at home, so feel free to enjoy whenever you can.

**There will be a brief Shabbat service on February 24 at 5:45pm in the Harris Chapel for all interested.*

Then on Shabbat morning, join us for

Shabbat for the Soul

Saturday, February 25, 10:00 a.m.

We will pray from a single page, mostly without a prayer book, in a round with beautiful musical instrumentation and our voices.

PASSOVER

The First Seder of Passover is Monday, April 10 / 15 Nisan

Passover ends
at sunset on Monday, April 17 / 21 Nisan

(according to the Torah, in Israel, and in the Reform Movement after 7 days)

Festival Morning Services

Both the 1st and 7th days of Passover are full holy days. The intermediate days are “regular festival days” and do not have a special service.

1st Day Festival Service

The Voice of Turtledove is Heard

Tuesday, April 11, 10:00 a.m.

During the service, led by Rabbi Spilker and Cantor Strauss-Klein, we will hear *Shir Hashirim*, the Song of Songs, along with songs inspired by this beautiful text sung by the Torah Tones, our adult choir.

7th Day Festival Service (including Yizkor Prayers)

Monday, April 18, 10:00 a.m.

This service will be held at **Sholom East**.

740 Kay Ave., St. Paul

Rabbi Adler and Cantor Spilker will lead a Festival service for Mount Zion at Sholom East. All are welcome to attend. The 7th day of Pesach features the commemoration of crossing the Red Sea which is the Torah portion that will be chanted.

Save the Date!

Mount Zion's Congregational Passover Seder

Monday, April 10, 6:00 p.m.



Join us in a communal celebration of Passover. A sumptuous Passover feast will be served! More details to come.

For excellent resources on Passover
and all other Jewish learning, go to:
myjewishlearning.com

MAZAL

LIFE LONG LEARNING

ONE STEP AT A TIME



Engaging Israel: Jewish Values and the Israeli-Palestinian Conflict

A Hartman Institute Lecture & Study Series Led by Rabbi Adam Stock Spilker

Through video lectures, text study, and lively group discussion, we are pleased to bring the world-renowned faculty of the Shalom Hartman Institute from Jerusalem into the Mount Zion community this year.

iEngage: Jewish Values and the Israeli-Palestinian Conflict

explores one of the most divisive issues affecting the Jewish people today: the Israeli-Palestinian conflict. Through the study of Jewish narratives about Israel and the unpacking of the complex meanings of peace in Jewish tradition, participants are invited to explore the ideas and values that animate different attitudes toward the conflict and how these values shape their own political understandings. Though a shared political platform may not be attainable, this course strives to achieve a shared respect for our differences.

Together we will engage in a new values-based discourse about Israel, including topics such as: Living with Difference, the Israel We Imagine, Jewish Narratives of Peace, Attitudes Towards the Land, Justice, Self-Preservation, Compromise, and the Idea of Jewish Exceptionalism.

Each session includes text study and discussion led by Rabbi Spilker, and video lecture and interviews with leading Hartman scholars.

**DATES: Mondays, 7-9 p.m. ~~Oct 24, Nov 28,~~
~~Dec 12, Jan 9,~~ Feb 27, Mar 27, Apr 24, May
22, Jun 12. All sessions at Mount Zion.**

COST: \$36/Mount Zion members; \$72/Public

Tuition is for the entire series. Each session is a stand-alone class; please attend as many as you are able.

REGISTER: At mzion.org (click on Register in the top right) or call 651-698-3881.

Library News

JDAIM

In recognition and support of **Jewish Disability Awareness and Inclusion Month** (JDAIM), the library will display many of its approximately 60 titles, both children's and adult, around the library. Titles cover various disabilities and conditions like autism spectrum disorder, hearing, sight, ADHD, learning disabilities, Tourette's, and others. The library is dedicated to providing materials of an inclusive nature, in the best tradition of Reform Judaism in general and Mount Zion in particular. Please visit our library to see these and other materials used in support of our KULAM and other programs.

We would like to acknowledge Dorothy Lipschultz's donation of *Hadassah Magazine*. Please feel free to donate your Jewish magazines to the library where they will enjoy a second life and can be shared with the entire Mount Zion community.

Bob Epstein, *Librarian* (librarian@mzion.org)
Charles Fodor, *Library Committee Chair*

Food for Thought

Learn and Nosh before Shabbat Services

Friday, February 17

5:45 p.m. - Food before the Thought

6:15 - 7:15 p.m. Food for Thought

Discussion over wine, juice, and light appetizers.

Child care available.

Why I Spent Six Months at the Mikvah

Cantor Spilker will speak about her time in Boston

We will dip our toes into the topic of *mikvah* as Cantor Spilker offers background about the traditional uses of the ritual bath and discusses contemporary ceremonies for transitional times in people's lives.



Cantor Spilker has served as cantor at Mount Zion since 1997 and currently serves part-time. She grew up in Pittsburgh where she was inspired by her cantor, Mordechai Heiser. Cantor Spilker received a Bachelor of Arts in Religious Studies from the University of Pittsburgh and a Masters degree in Sacred Music and investiture as cantor from Hebrew Union College-Jewish Institute of Religion in Jerusalem and New York.

Food for Thought in March and April: Give Shabbat a Chance.
Explore Shabbat with Rabbi Adler



Building a Jewish Home, Creating a Jewish Family

Rabbi Adam Stock Spilker

Mondays, February 6, 13, and 20, 7-8:30 p.m.
\$36 members/\$50 public per person

A guided discussion for couples (same faith and interfaith) and for single heads of household exploring Jewish holidays, education, ethics and more.

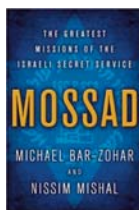
What does it mean to have a "Jewish" home? This three-part class is for individuals or couples, at whatever stage of relationship – whether same-faith or interfaith, who want an open and structured way to reflect. The emphasis of the class will be on making the choices that are right for you after study and discussion on key questions of Jewish life. Examples: What Jewish values will we emphasize? What books and periodicals and art will be in our home? What rituals will we incorporate? What will Shabbat look like in our home?

Israel Book Discussions

Mossad: Greatest Missions of the Israeli Secret Service

by Michael Bar-Zohar and Nissim Mishal
Monday, March 6, 7:00 p.m. at Mount Zion

Join us for an engaging conversation about Israeli life through its literature. Even if you cannot read the book in advance, you are welcome. Questions? Contact Charles at CSFodor@aol.com or Jonathan at jkeisenthal@comcast.net.



Center for Jewish Studies Community Lecture Series Presents

Rascals, Fugitives, and Gentlemen:

The Hidden History of Jews and Photojournalism

Michael Berkowitz, University College London

Tuesday, February 7, 7:30 p.m. at Mount Zion Temple

In this richly illustrated lecture, Michael Berkowitz will address a critical period for journalism, from 1918 to 1951, when a disproportionate share of press photographers, as well as editors, art-editors, and picture-agency heads were of Jewish origins. Photojournalism, from the late 1920s onward, became an especially attractive livelihood for refugees without work permits. The presentation focuses on extraordinarily talented and colorful personalities who profoundly shaped the visual culture of the modern world.



Professor Berkowitz, a native of Rochester, New York, studied under the late George L. Mosse. Professor Berkowitz's current work is on the engagement of Jews and photography.

Co-sponsors: Department of History, Center for Holocaust & Genocide Studies (CHGS) and Mount Zion Temple.

Scholar-in-Residence Pamela Schuller

February 3-5

"Inclusion is about looking at our communities as a 'we.'"

– Pam Schuller

Mount Zion is pleased to host **Jewish educator, comedian, and internationally-renowned disability inclusion advocate Pamela Schuller** for a weekend of transformative learning, community engagement, and fun.



Join us for the following events at Mount Zion*:

Friday, February 3

6:30 p.m. Pulpit Guest at Shabbat Services

Family-oriented service. Open to the entire Twin Cities community.

Saturday, February 4

10:00 a.m. Shabbat Services and Congregational Potluck

Schuller will facilitate a discussion about becoming a more inclusive congregation at the potluck lunch

7:30-9:30 p.m. Improv Night for Adults

Get ready to laugh at our evening of improv comedy with comedian and inclusion advocate, Pamela Schuller! We will enjoy some wine and desserts before putting on our comedy hats and learning how to do improv. All adults 21+ welcome! Wear comfortable clothes! \$18 per ticket at mzion.org. Scholarships available. Contact our Rabbis.

Sunday, February 5

11:00 a.m. Keynote Address on Inclusion in the Jewish Community

Mount Zion parents, other Mount Zion congregants, and members of the Twin Cities community are most welcome.

12:30 p.m. Dedication of the Taishoff Family Resource Room

12:30-3 p.m. Inclusion Training for Teens

*ASL interpreting provided upon request for any event.



New - Resource Room

Background: In 2007, Mount Zion member Joel Miller helped establish a relationship between Mount Zion Temple and the Taishoff Family Foundation. Joel, co-chair of our Mount Zion Investment Committee, is a Director of the Taishoff Foundation. We are indebted to Rob Taishoff and Joel Miller for the Taishoff Foundation's ongoing relationship with Mount Zion.



Starting in 2007, the Taishoff Family Foundation granted \$5,000 per year to Mount Zion's annual budget for our special needs inclusion program KULAM. Since 2011, the amount has been \$10,000 per year. In addition, since 2010, it has granted \$20,000 per year for Teen Activities and \$25,000 per year since 2013. Currently, we are in year one of a three-year commitment by the Foundation at the current amounts.

Resolution on Naming Mount Zion's Resource Room "The Taishoff Family Resource Room"

Approved by the Board of Directors, December 13, 2016

Whereas the Taishoff Family Foundation has generously supported Mount Zion Temple's special needs inclusion program for children called KULAM since 2007 and our Teen Activities Program since 2010;

Whereas the total the Taishoff Family Foundation has given from 2007 to date to our operating budget is \$240,000;

Whereas it is unusual for foundations to give directly to synagogues and thus this giving is even more appreciated;

Whereas the Foundation's generosity has enabled Mount Zion to staff our special needs youth inclusion and teen programs at a level that provides superior service,

Be it resolved that,

Mount Zion Temple renames our 2nd floor inclusion resource room, the "Taishoff Family Resource Room" to be dedicated on **Sunday, February 5th at 12:30 pm** with deep appreciation for the ongoing generosity of the Taishoff Family Foundation.

IN THE COMMUNITY

learn * schmooze * nosh

ENGAGE with top-notch teachers —
text study, literature, ethics,
cooking, the arts & more

February 4, 2017
7 pm at TTSP

\$20/person
Under 30 free

Register at ttsp.org

 **ENGAGE!**
An evening of Jewish learning



A full course list is available at ttsp.org.

This program is co-sponsored by the St. Paul JCC and Hineni: Talmud Torah of St. Paul.

Community Partners: Adath Israel Synagogue of St. Paul, Beth Jacob Congregation, Mount Zion Temple, Shir Tikvah, Temple of Aaron.

Where is Elle Kari and What Happened to Noriko-San?

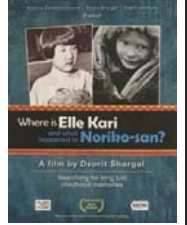
Sunday, February 12, 2 p.m.

American Swedish Institute, 2600 Park Ave, Mpls

\$5 Advance; \$10 at the door

Tickets available at tcjfilmfest.org or call 952-381-3499.

A poignant reminder of vanishing childhood, this documentary follows Israeli filmmaker Dvorit Shargal as she searches from Finland to Japan and Holland to Israel, for the subjects of the popular 1950's children's book series, Children of the World. Created by the Jewish-Swedish photographer Anna Riwkin-Brick, many of the books in the series were written by Astrid Lingren, author of Pippi Longstocking, and are still in print in Israel today.



The Illusion Theater, Daryl Roth & Karyl Lynn Burns present

Wiesenthal: An Ordinary Man who did Extraordinary Things

Performances April 24 - 30

Filled with hope, humanity and humor, Wiesenthal is the riveting true story of Simon Wiesenthal, an ordinary man who did extraordinary things. Nicknamed the "Jewish James Bond," he devoted his life to bringing more than 1,100 Nazi war criminals to justice. Intelligent, funny, flawed and noble, Wiesenthal was a universal hero. His unbelievable dedication and tenacity over decades is honored in this play, which gives equal weight to his wisdom and wit during his long, purposeful life. Contact Illusion Theater for tickets and information 612-339-4944 or info@illusiontheater.org.

The Twin Cities Jewish Community Alzheimer's Task Force Presents:

"Keeping the Spirit Alive"

*A Conference for Caregivers and Those Supporting
a Loved One with Dementia*

Sunday, April 30, 2017

8:00 a.m.-1:45 p.m.

Adath Jeshurun Congregation

FREE AND OPEN TO ALL!



SOCIAL ACTION UPDATE

Tzedek = Justice

Do you want to know what the Reform Movement is doing to protect and promote core Jewish values? Do you want to know how we, as individuals, and as a congregation can participate in this effort?

The Religious Action Center of Reform Judaism (RAC) is working to engage Reform Movement congregations and their members to channel individual and collective concerns into the protection of vulnerable populations through advocacy and organizing at the federal, state, and local levels.



The RAC's Urgency of Now Resource Center, which is being updated in real-time, contains a variety of ways to take action, including filling out legislative and transition-related action alerts, signing up for RAC emails to stay informed, registering for training webinars, and reading the latest press statements that have been issued on transition related matters such as appointments, DACA, and more.

There are actions that we can take as individuals and as a congregation.

Care about justice?
Looking for a way to get involved?



Join Mount Zion's delegation including Rabbi Spilker at the "Consultation on Conscience" in April in Washington DC. 10 Mount Zion members are already attending!

Learn more here: rac.org/consultation-conscience-2017

Sign up here: rac.org/consultation For our special registration discount, click on "Delegation" when prompted. The code which is case sensitive is "Delegation".

Questions: contact Rabbi Spilker aspilker@mzion.org.



English Language Volunteer Teachers Needed at Neighborhood House:



Adults are needed to help co-lead classes in the English language to the many adult refugees and immigrants that Neighborhood House serves. Time Commitment: A minimum commitment of 2 hours per week for 12-16 weeks is required. Positions are available at the Wellstone Center Monday-Friday 9-11am or 11:30-1:30pm, Monday – Thursday 6:30-8:30pm. Apply: neighb.org/support/volunteer/

Guest Speaker: April N. Baskin

Vice President of Audacious Hospitality, Union of Reform Judaism
Sunday, February 12, 10:00 a.m.

Come together to explore building a stronger and more inclusive Twin Cities Jewish community committed to social justice. We have the pleasure to learn and hear from April, who has spent over 10 years advocating for Jewish diversity inclusion. She is dedicated to building stronger and more inclusive congregations by engaging seekers, the unaffiliated, under-engaged and in some cases uninspired-in the sacred work of creating a world of wholeness, compassion and justice.



Rethinking Juvenile Justice



Sunday, February 26, 1:00 - 3:00 pm at Mount Zion

Dialogues with a judge, a county commissioner, and affected youth and families.

As part of Jewish Community Action's commitment to ending mass incarceration, JCA is working with partners including the Minneapolis NAACP and IN Equality to propose alternatives to the counties' current system. JCA calls on Ramsey and Hennepin counties to improve community safety and save taxpayer dollars by pursuing "deep-end" reform work that: lowers the number of kids heading into the system; follows best practices that support youth with delinquencies; and works directly with--and listens to--affected communities. Some desired outcomes of best practices include reducing the need for out-of-home placement, keeping youth closer to home, and improving programming options for youth and families. For more information, contact Rachel English at JCA: rachel@jewishcommunityaction.org or 651-632-2184.

9th Annual Niagara Foundation Abrahamic Traditions Dinner

How does our faith instruct us to respond to discrimination, bullying, and hate speech and action?

Wednesday, March 15, 6-9 pm at Mount Zion

The Niagara Foundation strives to promote social cohesion by fostering civic conversations and sustained relationships between people of different cultures and faiths through events at 22 branches in nine states in the Midwest. Each of the branches sponsors various events to strengthen friendship and understanding among people of all religions and cultures.



The 9th Annual Abrahamic Traditions Dinner in the Twin Cities will bring community members from different cultures, religions, and experiences together to share the joy of friendship and universal values to learn the art of living together. More than 100 people from all walks of life of diverse communities, religions, and organizations will come together to share how their faiths lead people to stand against in discrimination and bullying.

Guests share a meal and speakers share the perspectives of their faiths on a single question. During the program, guests are invited to talk about the question, and others, at their tables.

The event is open to the public and there is no cost for the dinner but registration is required. To register: niagarafoundation.org/branches/mn

Mount Zion Temple
1300 Summit Avenue
Saint Paul, MN 55105

Address Service Requested


PRESORTED STANDARD
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Cantor Rachel Stock Spilker
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Teresa Matzek, *Iton Tziyon*, editor
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Phone: 651-698-3881 ~ Fax: 651-698-1263
Website: www.mzion.org


Shabbat for the Soul (Shabbat Service)
Saturday, February 25, 10 a.m.
The service will be in Margolis Hall to create a different prayer space and a more intimate, meditative service with more instrumental participation.
See p. 5 for more details.

Shabbat Services with Sisterhood Participation
Friday, February 17, 7:30 pm
Guest Speaker: Dr. Ellen J. Kennedy
Ending Gender Violence Locally and Globally
See p. 3 for details.



Tu BiSh'vat
Friday, February 10, 7:30 p.m. Seder and Shabbat Service
Several centuries ago, mystics in Eretz Israel created the custom of holding a Tu BiSh'vat seder, modeled after the Passover seder, to celebrate the New Year of the Trees. We celebrate trees and nature while enjoying the food and drink we get from them - nuts, fruit, carob candy and special combinations of red and white wine.

Scholar-in-Residence
Pamela Schuller
February 3 - 5
Jewish educator, comedian, and internationally-renowned disability inclusion advocate. See p. 16 for details.



A Mount Zion 20s/30s Reunion on Thursday, February 9, 6:30 - 9 p.m. at
See p. 9 for details.

CAN CAN WONDERLAND

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Purim at Mount Zion!
Saturday, March 11
5:30 p.m. Study the book of Esther with Rabbi Spilker
6:00 p.m. Ye Olde Shushan Tavern
7:00 p.m. Brief Service, Megillah Reading, and *Esther: A Persian Musical*
Sunday, March 12
10:00 a.m. – Purim Service & Megillah Reading
11:15 a.m.-1 p.m. – Purim Carnival – Open to Everyone!
See p. 6 for details.

