



ITON TZIYON

עיתון ציון

Mount Zion Temple Bulletin

September/October 2018 | Elul/Tishrei/Cheshvan 5778-5779

Vol. 163, No. 1

The Land of Israel is not a museum of God.

**No place is a museum of God,
no person and no inanimate object
is a thing of worship.**

**It is permissible to both touch
and change the things
on the condition that you yourself are prepared
to be touched and changed...**

**You come to a place -
a hill, the desert, a spring, a house...
You change it and you make your mark upon it,
but it is also important to be open
and give it the opportunity to leave its mark on you.**

-Amos Oz

Yisrael

Israel

ישראל

Wrestling with our Relationship

L'Dor VaDor

From Generation to Generation

Mazel Tov To...

Our members who will celebrate a milestone anniversary in September and October: **Ira & Peggy Denenholz, Dan & Susan Levey, Ted & Jackie Flaum, Seth Berlin & Andrea Johnson Berlin, Michelle & Scott Smith, Peter & Judy Wolf, Mark & Michelle MacGregor, Tom & Polly Sayer, Ron & Ida Ellis, Brad Moore & Carolyn Borow, Daniel & Jessica Schroeter, Eric & Sara Rice, Scott & Phyllis Miller, Jim & Heidi Waldmann, Jason & Joan Kinsley, Nick & Jen Strauss-Klein, Stuart Goldbarg & Phyllis Beatty, Elliot & Liz Krelitz.**

Jonathan & Irina Brenner on the birth of their son, Riley, on June 6.

James & Robin Lackner on the birth of their granddaughter, *Saebom*, on June 17.

Jeff Schiff & Dori Schmalzle on their marriage on August 5.

Sally Silk & Tom Wolfe on the marriage of their daughter Julia to Jason Eckmann on August 11.

"The giving of Torah happened at one specific time, but the receiving of Torah happens all the time, in every generation."

- Meir Alter, the Gerer Rebbe

We welcome
Jessalyn Akerman Frank
Doug Berg
Andrea Freidberg
Dylan Woods-Wesiman
Cynthia Yuen

who have completed our conversion program in the past weeks and have thus chosen Judaism:
May they go from strength to strength!

What does it mean to "wrestle with Israel?"



For the second time in my rabbinate at Mount Zion, we are spending a year focused on Israel. The world is very different in 2018 from what it was in 2010 when we last spent a year focused on Israel. And yet, as a Jew, Israel is no less important. In many ways, I don't wrestle at all with my relationship. Israel is a source of inspiration and joy. And yet – how can it not be – it is a cause of anxiety and angst.

Literally *Yisrael* means "wrestling with God" and thus our theme for this year is "wrestling with our relationship with Israel". I suggest that our relationship to the **land** and **people** of Israel is solid and strong, but our relationship with the **state** and **government** of Israel is challenged. The current government, operating from *realpolitik*, stays in power within Israel's parliamentary coalitions by insulting Diaspora Judaism and progressive Judaism at almost every turn. This puts liberal Zionists in the peculiar and perilous position of supporting Israel and fighting Israel. And yet, it is the most honest and honorable place to be.

We do not live within the harsh realities of the Middle East and need to be circumspect of easy, Western values of justice that might not reflect the equally Jewish value of self-preservation. Israel is the only nation in the world where Jews can live fully as Jews. Christians and Muslims have many countries. Jews only one. And in this one, we can still value equality for all its citizens and, please God, a neighboring Palestinian state someday by its side.

It is not always easy to speak nuanced truths. Critique often comes, as it should be, from within our community. Ethan Levin grew up at Mount Zion and is a student at Macalester. He wrote the following:

I have a personal relationship with Israel, and I am disappointed in the nation it has become... I only began to really question my support for Israel earlier this semester... How can I claim Israel as my nation and its people as my people while they make life a daily nightmare for Palestinians under the occupation? I am still a supporter of Israel, but I am sickened by the occupation and have been arrested to try and end it. I am proud of my Judaism. I study it, I practice it, I live it. Like it or not, Israel is a part of my Jewish identity. Israel should reflect the Judaism I know and love and be a place that values freedom and dignity for all people.

My prayer is that Israel will fulfil the vision that Ethan articulates. I encourage you to take time this year to engage. Read, take classes, talk with friends and neighbors, engage me if you wish, and let's together make sure we do not ignore the 40% of the Jewish people in the world who live today in Israel. As Jews and as friends and families of Jews, it is truly our obligation.

I also pray that Israel's beauty, innovation, spirituality, and culture "leaves its mark on you" in the words of Israeli writer Amos Oz.

Shanah tovah,

Adam Stock Spilker, Rabbi

Zichronam Livracha... May their memories be a blessing

We note with sorrow the passing of our members:

Jerome Adler

Our condolences to his family, including his daughter Rabbi Esther Adler (Rob Lebowitz).

Eleanor "Honey" Finn

Our condolences to her family.

Charles Fodor

Our condolences to his family, including his wife Vicky and his son David.

Lois Jacobs

Our condolences to her family.

Mark Levenson

Our condolences to his family, including his wife Darlene.

Stephan Weingarten

Our condolences to his family, including his wife Connie and son Aidan.

We Extend Condolences to...

Jim (Sally) Beloff on the death of his brother, Barry Beloff, on July 27.

Steve Cohen (Lisa Murphy) on the death of his father, Arthur Cohen, on July 22.

Denise (Dan) Jacobus on the death of her sister, Sandra Spinks, on June 24.

Yelizaveta Kladnitskaya (Rafail Lev) on the death of her mother, Golda Kladnitskaya, on July 9.

Jeff (Faye) Kelberg on the death of his mother, Reva Kelberg, on June 6.

Phil Margolis (Adina Lebowitz) on the death of his mother, Bella Cook, on July 13.

Eric (Sara) Rice on the death of his father, and **Michelle (Gary) Pulford** on the death of her former husband, James (Jim) Rice on August 5.

Patrick Zimmerman on the death of his father, Robert Zimmerman, on August 3.

May God grant peace to all who mourn and comfort to all who are bereaved.

Make Shabbat Your Sanctuary

Honoring Dr. Jerry Brakke Friday, November 9

We honor Dr. Jerry Brakke's 36 years of service as Mount Zion's pianist and organist. Please join us for services and a festive oneg.



Shabbat for the Soul

Friday, September 28 & October 26, 7:30 p.m.

Shabbat is always for the soul, but there is a particularly soulful atmosphere at our "Shabbat for the Soul" services. These services offer a more contemplative worship style, with the congregation sitting in the round, instrumental accompaniment including guitar, violin, keyboard and percussion, and a slower pace enabling us to focus on the meditative effect of the music, the deeper significance of our prayers... and each other.



Jewish Feminism in a Post-Feminist Age:

A conversation with Judith Plaskow

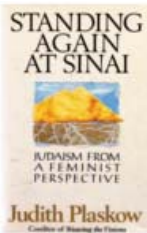
Friday, November 2

6:30 Shabbat Services

7:30 Oneg Shabbat

7:45 Lecture and Conversation by Judith Plaskow

Co-sponsored by the Hamline University Wesley Center for Spirituality, Service and Social Justice



Judith Plaskow is professor emerita of religious studies at Manhattan College and a Jewish feminist theologian.

Tot Shabbat

Tot Shabbat is the second Saturday of every month.
For families with children from birth to seven years old.

Prepare for the High Holy Days!

Saturday, September 8, 10:30 a.m.

Noah and Friends: Let's Get on the Ark!

Saturday, October 13, 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.

Daily Services

Going strong after 64 years!

Monday-Thursday, 5:45-6:00 pm; Sunday, 9:45-10:00 am.

Led by members of our congregation in the Harris Chapel.

Please contact Janet at 651-482-9951 / janetkampf@hotmail.com or John Mast at 612-270-6191 / johnlmast@yahoo.com if you would like to help lead (can be a one-time commitment to four services in a month).

September

Friday Shabbat Evening Services

Saturday Shabbat Morning Services

September 1, 10:00 am

Ki Tavo – Deut. 26:12-28:6*

Maxwell Mogelson, Bar Mitzvah

September 7, 6:30 pm

Celebrate Shabbat!

September 8, 10:00 am

Nitzavim – Deut. 29:9-30:20*

Celebrate Shabbat!

September 14, 7:30 pm

Shabbat Shuvah

Food for Thought, 5:45 p.m. (p. 14)

Professional Quartet

September 15, 10:00 am

Vayeilech – Deut. 31:1-30*

Celebrate Shabbat!

September 21, 7:30 pm

Birthday Blessings

September 22, 10:00 am

Ha'azinu – Deut. 32:1-52*

Celebrate Shabbat!

September 28, 7:30 pm

Shabbat for the Soul

September 29, 10:00 am

Shabbat Chol Hamoad Sukkot –

Ex. 33:12-34:26*

Avery Wallen, Bat Mitzvah

October

Friday Shabbat Evening Services

Saturday Shabbat Morning Services

October 5, 6:30 pm

Shir Tzion Participates

October 6, 10:00 am

B'reishit – Gen. 5:1-6:8*

Emma Messinger Post, Bat Mitzvah

October 12, 7:30 p.m.

Food for Thought, 5:45 p.m. (p. 14)

Professional Quartet

October 13, 10:00 am

Noach – Gen. 11:1-11:32*

Dina Kaufman, Bat Mitzvah

October 19, 7:30 pm

Birthday Blessings

October 20, 10:00 am

Lech L'cha – Gen. 16:1-17:27*

Sage Levine, Bar Mitzvah

October 26, 7:30 pm

Shabbat for the Soul

New Member Dinner, 6 pm (p. 15)

Celebrate Shabbat!

October 27, 10:00 am

Vayeira – Gen. 21:1-22:24*

Lacey Thomas, Bat Mitzvah

Schedule Every Shabbat Day

9:00 a.m. Open Torah Study - Drop in any time to study the week's Torah portion (listed above). *Using a triennial [3 year] cycle, we are reading the second third of each *parashah* through September 29 and the last third beginning on October 6.

10:00 a.m. Shabbat Morning Service

Exciting news: beginning Sat, Sept 1, Mount Zion is officially offering complimentary Saturday morning childcare in room 102 during all the Saturday mornings when there is a Bar or Bat Mitzvah!

High Holy Days

High Holy Days Service Schedule

- Selichot -

Saturday, September 1 - Elul 22

Havdalah, Movie, and Discussion	8:30 p.m.
Reception	9:45 p.m.
Selichot Service	10:15 p.m.

- Erev Rosh Hashanah -

Sunday, September 9 - Tishrei 1

Cemetery Memorial Service	11:00 a.m.
Service	7:30 p.m.
Teen Service (Grades 7-12)	7:30 p.m.

- Rosh Hashanah -

Monday, September 10 - Tishrei 1

Early Service (Gr. 2-6 Program during Sermon)	8:30 a.m.
Tot Program & Service (Birth-Grade 1)	10:30 a.m.
Late Service	11:45 a.m.
Teen Program (Hidden Falls Park)	3:30 p.m.
Yoga for the New Year (Hidden Falls Park)	3:30 p.m.
Tashlich (Hidden Falls Park)	4:30 p.m.

- Shabbat Shuvah -

Friday-Saturday, September 14 - 15 - Tishrei 6

Food for Thought: Israeli Poetry	5:45 p.m.
Shabbat Service	7:30 p.m.
Shabbat Morning Service	10:00 a.m.

- Erev Yom Kippur - Kol Nidre -

Tuesday, September 18 - Tishrei 10

Early Service	6:00 p.m.
Late Service	8:30 p.m.

- Yom Kippur -

Wednesday, September 19 - Tishrei 10

Early Service (Gr. 2-6 Program during Sermon)	8:30 a.m.
Tot Program & Service (Birth-Grade 1)	10:30 a.m.
Late Service	11:45 a.m.
Teen Service (Grades 7-12)	11:45 a.m.
Poetry Session	11:45 a.m.
Chair Yoga	12:45 p.m.
Chant Circle	1:30 p.m.
Rabbi's Study Session	2:30 p.m.
Healing Service	2:30 p.m.
Yizkor	3:15 p.m.
Kids' Program (Grades 2-6; from 3:15 to end of Ne'ilah)	3:15 p.m.
Afternoon Service (approx)	4:15 p.m.
Teen Program (Grades 7-12)	4:15 p.m.
Ne'ilah Service (approx)	6:15 p.m.
Break-the-Fast (Following Havdalah)(approx)	7:15 p.m.

Sanctuary services will be live streamed.

See right for details.

ASL Interpreters are available for the following services: Rosh Hashanah (Evening and Late Morning); Yom Kippur (Kol Nidre Late Service; Late Morning Service through rest of the day).

High Holy Day Services Live Streamed

Mount Zion has the technology to live stream services anywhere with Internet access. This year we will again live stream High Holy Day services instead of televising them. You can view services directly on a computer or by connecting your computer to a television. If you have family or friends who usually watch the services on television you may want to help them by making a computer available for their viewing. Live stream services can be viewed at mzion.org/pray/live-streaming. Contact the office at 651-698-3881 if you have any questions.



Yoga for the New Year

Monday, Sept 10, 3:30 pm (Rosh Hashanah)

at Hidden Falls

Led by Chris Gordon of Big River Yoga and Cantor Spilker

Chair Yoga

Weds, Sept 19, 12:45-1:20 p.m. (Yom Kippur)

at Mount Zion

Join Mount Zion member and yoga teacher, Anna Schorer, and Cantor Spilker for a "7th Inning Stretch." All movements will be done in a chair, will be accessible, and can be done in dress clothes.



The Poetry of the Prayer Book

Michael Kuhne, Ph.D.

Yom Kippur Morning, 11:45 am - 12:30 pm



Michael has assembled a cast of Mount Zion congregants who will lead an inspiring exploration of the poetry and prose in the new prayer book, *Mishkan HaNefesh*.

Michael Kuhne, President-Elect of Mount Zion, is a Professor of English at the Minneapolis Community and Technical College.

Healing Service with Harp and Flute

Please join in a comforting worship experience for anyone seeking healing and wholeness. Members of our clergy will lead, along with the soothing sounds of the harp and flute.

NEW TIME: Yom Kippur Day, 2:30-3:00 p.m.

- Sukkot -

Monday, September 24 - Tishrei 15

Festival Service 10:00 a.m.
at Sholom East (740 Kay Ave., St. Paul)

- Shmini Atzeret/Simchat Torah-

Sunday, September 30 - Tishrei 21

Consecration Service 11:30 a.m.
Simchat Torah Service 6:00 p.m.

Monday, October 1 - Tishrei 22

Festival Service (including Yizkor) 10:00 a.m.

Selichot: Israeli movie about Yom Kippur War

Saturday, September 1

Featuring the short film *Unetannah Tokef*

The story of Yom Kippur on Kibbutz Beth Hashita

What happens to a small close-knit community when 11 of its members are buried in one day? What forms of mourning and meaning are available to this community, when religion is foresworn? And when the 11 young men all died fighting for Israel in the Yom Kippur war, how should their secular kibbutz now relate to Yom Kippur?

8:30 pm - Havdalah, Movie, and Discussion

9:45 pm - Reception

10:15 pm - Selichot Service

The service that ushers in the High Holy Days - This service is always the Saturday night before Rosh Hashanah (or if Rosh Hashanah falls on a Tuesday or earlier in the week, two Saturdays before Rosh Hashanah.) Traditionally, the service is meant to be held close to midnight.



Celebrate Simchat Torah

Shmini Atzeret/Simchat Torah

Sunday, September 30, 6:00 p.m.



Join us as we renew our Torah cycle, reading the end of the Torah and then the beginning with the entire scroll unrolled around Margolis Hall. Dance with the Torah scrolls to the infectious rhythm of Mark Stillman and his Klezmer band!

Learn the Hebrew of our Prayers

Taught by Kent Simon

Wednesdays, 6:00-7:15 pm.

September 5 (Rosh Hashanah prayers)

September 12 (Yom Kippur prayers)

Come to either or both. No registration or cost.

Using *Mishkan HaNefesh*, participants will go over the main prayers, learning Hebrew words, practicing reading, and engaging in discussion as a way to find more meaning in the High Holy Days.



St. Paul JEWISH Community Sukkot Festival

Sunday, September 30, 12:00 - 3:00 p.m. at the St. Paul JCC

The St. Paul Jewish Federation is organizing a fall festival hosted at the St. Paul JCC.

Enjoy music, food, games and more.

Meet our great St. Paul Jewish community organizations and see the renovated St. Paul JCC during its grand opening week!

Free and open to all. Food for purchase at kosher and vegan food trucks.

RSVPs requested: www.jewishstpaul.org/sukkotfestival

Participating organizations to date: Beth Jacob Congregation, Camp Butwin, Hadassah, Herzl Camp, It's Your Legacy, Jewish Community Action, Jewish Community Relations Council, Jewish Family Service of St. Paul, Jewish Historical Society of the Upper Midwest, Minnesota Jewish Theatre Company, Minnesota Hillel, Mount Zion Temple, National Council of Jewish Women Minnesota Community Choir, PJ Library, Partnership 2Gether, St. Paul JCC, St. Paul Jewish Federation, Sholom, Talmud Torah of St. Paul, Temple of Aaron, TCJewFolk.



My husband Nick and I are somewhat obsessive list-makers. I keep mine the old-fashioned way, handwritten on a yellow legal pad, while he has dozens on his phone, a separate "to-do" list for every foreseeable situation. He recently shared with me his "Prepare for the High Holidays!" list, which, perhaps not surprisingly, looks very different from mine. Whereas mine has music and liturgy and Religious School items, his contains things like "be off caffeine by 2.5 days before YK," "prepping for break-fast takes a lot of time," and "put name tag in wallet or car so you don't forget it." For the first time I realized that, while we both have the High Holy Days very much on the brain, and are acutely aware of how close they are (exactly five weeks from today as I write this...and yes, I am counting!) what that time means to each of us is a very different thing.

Leonard Bernstein, who would have celebrated his 100th birthday this August, said, "To achieve great things, two things are needed: a plan and not quite enough time." I can think of no better quote that isn't *actually* about *teshuvah*, ("repentance" or "returning") that so perfectly sums up the essence and "feel" of the time leading up to, during, and after the High Holy Days.

It's unclear which work Bernstein may have been referring to when he made that statement, but anyone who's been involved in a project or performance of any kind knows what he's talking about. Procrastination is such a prevalent human trait; how many among us would dutifully work towards something difficult were there no deadline? No time crunch? In cantorial school, we fifth-year students were not allowed to apply for congregational positions until we had finished our graduate thesis. Whereas I could have tinkered with concepts or language endlessly, I was, shall we say, *extremely* motivated after Mount Zion appeared on the placement list, and I wrapped mine up in less than a week.

Teshuvah, the act of turning towards our better selves, is perhaps THE greatest thing we seek to achieve in our lives. And our tradition, texts, and liturgy give us a beautiful plan to achieve it. But at the same time, our calendar gives us ample notice that, at least traditionally speaking, *teshuvah* is a limited-time offer: act now!

Tradition gives us several opportunities to get with the program, so to speak. I myself start the mental countdown at the 17th of Tammuz, which begins the Three Weeks of Affliction leading up to Tisha B'Av. This is followed by the Seven Weeks of Consolation from the end of Tisha B'Av to Rosh Hashanah, which includes the entire Hebrew month of Elul, traditionally meant for heightened spiritual preparation for the High Holy Days. Then there are the Ten Days of Repentance from Rosh Hashanah to Yom Kippur, concluding with *Neilah*, the symbolic "locking" of the gates of repentance. With all these deadlines, if *teshuvah* were a school project, and you were late handing it in, your teacher would have a hard time believing you didn't know when it was due! And yet, even for me, who is immersed in it in one way or another for months, there is a feeling of desperation, of not having enough time to prepare myself.

Mercifully, we are given an "out," so to speak: despite the concrete language of *Neilah*, tradition tells us that the gates of repentance are always open! I believe we are asked to hold this paradox in order

to motivate us to take on a very difficult task, at the same time giving us the space to forgive ourselves and try again when we inevitably fail. For after all, we are given a lifetime to do this, because it is the work of a lifetime!

Transformation takes time. Judaism has a plan! Trust me, it will never seem like enough time, but if you start, you *can* achieve great things.

Shanah Tovah!

Cantor Jennifer Strauss-Klein

Choirs at Mount Zion Come sing with us!



Shir Tzion, for 3rd - 6th graders

Led by Cantor Spilker

- ♪ Meets on Sunday when there is Religious School, 9-9:30 a.m.
- ♪ Participates in services the first Friday of every month
- ♪ Choir Camp - Sunday, September 16 - lunch at 12:15 p.m. followed by extended rehearsal/repertoire learning until 2:15 p.m.

Shir Chants, for 7th-12th graders

Led by Cantor Strauss-Klein

- ♪ Meets on Sunday when there is Religious School, 8:45-9:15 a.m.
- ♪ Participates in services regularly throughout the year
- ♪ Choir Camp - Sunday, September 16 - lunch at 12:15 p.m. followed by extended rehearsal/repertoire learning until 3:15 p.m.

Kol Tzion, for adults

Led by Cantor Strauss-Klein

- ♪ Meets on select Wednesdays, 7:30-8:30 pm
- ♪ Participates in a variety of events throughout the year

Questions? Interested? Contact Cantor Strauss-Klein jstraussklein@mzion.org or Cantor Spilker rspilker@mzion.org.

Trope Troupe

... the more Torah, the more life. -Hillel

Todah Rabah to our Junel/July/August Ba'alei Korei (chanting Torah): Sue Benfield, Anna Dreyfus, Todd Dreyfus, Brad Elkin, Moriah Elkin, Noah Gerber, Siana Goodwin, Elena Izaksonas, Yasmine Moideen, Shelley Robbins, Marilyn Salmon, Brian Serle, Sydney Sheinfeld, Kent Simon

Todah Rabah to our Junel/July/August Haftarah Chanters: Sue Benfield, Siana Goodwin, Alex Klass, Brian Serle

Todah Rabah to our Junel/July/August Eicha/Lamentations Chanter: Siana Goodwin

To sign up to chant Torah or Haftarah on Shabbat, e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org.

From the President



Welcome back – if you've been gone. Summer calls many of us to various adventures: camp, vacations, gardens.

You may notice some new faces at Mount Zion. We are thrilled that Shai Avny and Elyse Heise have joined us. Elyse is our new Youth Engagement Coordinator having come from Connecticut and Massachusetts where she was a lead teacher in an after-school program and for the past three years taught in the Hebrew School of Congregation B'Nai Shalom. She and her husband and young son have relocated to the Twin Cities. Welcome, Elyse!

Shai joins us as our new Congregational Engagement Director. Shai spent two years as youth group coordinator for the Masorti (Conservative) Movement in Israel and directed education and community programs for Magen Avraham Synagogue in Omer, Israel for the last five years. Like Elyse, Shai has relocated to Minnesota with his family, including his wife, Minnesota native Mirit, and their two young children. Welcome, Shai!

Searching for some inspiration, I came across an article on the URJ website entitled "3 Lessons for All of Us, from HUC-JIR's Founders' Fellowship." The fellows described are college students who have received fellowships to develop or expand Jewish initiatives on their campuses. The article describes three traits that these students embody: "can-do" optimism; a commitment to use the search for meaning and purpose to bring people together; and radical inclusivity.

I commend the article to your reading but here's what I borrowed:

The call for can-do optimism buoys me as I work with a strong team here at Mount Zion to address our financial challenges. Last spring, the Board concluded that current revenue and expense trends were not sustainable. A devoted work group led by our treasurer is working to identify and recommend creative, sustainable revenue opportunities, and secondarily expense management opportunities.

Our engagement work, in which we are imagining and realizing more opportunities for connecting with one another, offers all of us the incredible opportunity to search for meaning and purpose together. And, as the article states "when we join together in our shared searching, we can create powerful relationships."

Finally, the call for radical inclusion can inform so many of our activities. A willingness to extend audacious hospitality, to welcome the stranger, and to seek to understand multiple perspectives will be particularly important both as we continue to serve as a B'rit Olam and Immigrant Justice congregation and as we embark on our Israel Kivvun (Focus) in which we hope to explore respectfully Israel's multiple political, social, religious, and ethnic dimensions.

Susan Robiner, President

L'Chaim 5779 Annual Campaign

We are excited to launch the Mount Zion L'Chaim 5779 Annual Campaign this fall. Thank you to all who have helped to grow this annual campaign effort. Last year we had a record number of participants: 283! We are thrilled with the response and grateful for your support.

In this year's campaign, we are celebrating and honoring Rabbi Adler's 18 years of serving Mount Zion. We are grateful for her presence which has so deeply enriched the spiritual life at Mount Zion. Gifts to this year's Annual Campaign honor her tenure at Mount Zion.



We understand giving is a very personal decision, and we are grateful for each member's consideration. I invite you to make a contribution that is meaningful to you.

You will hear more about the campaign when it launches in October.

Thank you,
Harold Katz

If you have questions, please contact Jana Nelson, Annual Campaign Coordinator, 651-269-4381 / jnelson@mzion.org.

Mount Zion's *It's Your Legacy* Program



The second year of the Mount Zion "It's Your Legacy" program has been an overwhelming success! Many congregants have said they want to include Mount Zion in their estate and legacy planning.

The process is simple. All they did was complete a half-page "Letter of Intent" form which indicates a future commitment to our temple as well as, if desired, to other Jewish organizations throughout the Twin Cities.

Legacy commitments have been central to the financial stability of our congregation. Mount Zion's current endowments contribute over 32% of our income, allowing us to sustain our welcoming, vibrant congregation.

After signing the "Letter of Intent", the next step does not need to be onerous. It may only require changing a beneficiary on a life insurance policy, or adding a new beneficiary on an IRA account. These are only some of the ways to accomplish this important and holy giving.

Thank you to the many Mount Zion individuals and families who have already invested in the future of our community.

If you have any questions about Legacy or are ready to sign a "Letter of Intent", please contact Larry Solomon at lsolomon@mzion.org or 651-698-3881.

Religious School News

Lower School

Yom Rishon - First Sunday of Religious School

Sunday, September 16, 9:30 a.m. – 12:15 p.m.

Yom Rishon is the first day of Sunday Religious School classes for students in grades PreK-6.

8:45-9:15 Shir Chants Choir - HHD Rehearsal

9:00-9:25 Shir Tzion - Choir Rehearsal

9:30-10:00 Opening Ceremony with Parents/Guardians

10:00-10:30 Classroom Open House for Students & their Parents/Guardians in grades PreK-6

10:30-12:15 Mount Zion Open House for New Families We want to welcome new families to the Mount Zion Religious School! Stop by the Religious School table to speak with our director and religious school committee members to learn more about our program, philosophy and curriculum. We look forward to meeting you and answering all your questions!

10:30-11:15 Session 1

11:15-11:30 Healthy Snack – Provided by Mount Zion

11:30-12:15 Session 2

12:15-2:15 Shir Chants & Shir Tzion Choir Camps

Religious School Calendar Highlights

- Sept. 12 Confirmation Begins
- Sept. 19 NO SCHOOL - Yom Kippur
- Sept. 21-23 Confirmation Retreat
- Sept. 23 9:45 a.m. Kindergarten Consecration Workshop
12:15 p.m. Noar Tzion & Gesher JYG Opening Events
- Sept. 26 4:15 p.m. First session Pizza in the Hut
4:30 p.m. First session Hebrew School classes
5:30 p.m. Second session Pizza in the Hut
5:45 p.m. T'filah in the Sukkah
6:00 p.m. Second Session Hebrew classes
Chai School Sukkot Service
7:30 p.m. 11th & 12th Grade Tzedek Class
- Sept. 28-30 7th Grade A Day Apart Shabbaton
- Sept. 30 10:30 a.m. NYC Trip Mtg.
11:30 a.m. Consecration/School T'filah
12:30 p.m. Sukkot Community Gathering – St. Paul JCC
6:00 p.m. Simchat Torah Service – Mount Zion
- Oct. 5-7 NFTY-CANOE Fall Kallah
- Oct. 7 9:45 a.m. 2nd grade Parent/Guardian Mtg.
- Oct. 10 7:30 p.m. 11th & 12th Grade Tzedek Class
- Oct. 12-14 8th/9th Grade Torah & Teva Shabbaton
- Oct. 17 & 21 NO SCHOOL - MEA Weekend
- Oct. 17-21 11th Grade NYC Trip
- Oct. 24 7:30 p.m. 11th & 12th Grade Tzedek Class
- Oct. 28 9:45 a.m. 6th Grade Parent/Guardian
B'nei Mitzvah Orientation
12:15 p.m. Noar Tzion Event

Chai School

Chai School Opening Program

Wednesday, September 26

5:30-7:15 p.m. – Grades 7-10

We will kick off the school year at 5:30 p.m. with Pizza in the Hut! Following a brief 6:00 p.m. Sukkot Service, we will jump right into the first trimester.

8th and 9th grade students, be sure to register for school AND sign up for your first elective class of the year. School registration and class sign up are both available on our website, mzion.org.

8th & 9th Grade Chai School Electives

Conversational Hebrew, *Ophir Gilad* - All levels are welcome to begin this class in the fall – no experience necessary.

Sacred Choices Bet, *Ariana Lutze-Jahiel* - Continuing our values-based comprehensive sex education curriculum, Sacred Choices Bet tackles more issues surrounding sex and sexuality.

The Biblical Roots of Jewish Comedy, *Seth Berlin* - AKA Do we have to cross the Red Sea? Oy. The humidity.

How Israel Became Israel, *Tal Dror* - Learn, from an Israeli perspective, about the wars and the operations that led to the creation of the State of Israel.

Grade 11 & 12 Tzedek Class

Lirdof Tzedek:

Pursuing Justice in Challenging and Inspiring Times

7:30 – 8:30 p.m.

The prophet Amos envisions a world where "justice wells up like water, and righteousness like a mighty stream." We will study what the Jewish tradition has to teach us about some of the most pressing issues of our time, in our own community, in the United States, in Israel and beyond and how we can use the power each of us has to create the changes we want to see. This class will meet twice a month beginning on Sept. 26.

Consecration

Sunday, September 30

11:30 a.m. Service

Join our T'filah Service during which our newest students will receive their mini-Torah scrolls as part of Consecration.



Not Registered for School Yet? Do it Today!

Please register online for the upcoming school year! If you have any questions about the registration process, please contact Jen Baddin, Administrative Coordinator at jbaddin@mzion.org.

Grover's Grub

SPORTY Youth Group sells snacks on Wednesdays before each session. Arrive 15 minutes prior to the start of class/T'filah to purchase: \$2.00 cheese pizza and baby carrots, \$2.75 pizza & Izzy or applesauce, \$1.00 Izzy (1-drink limit), \$1.00 applesauce or popcorn (gluten, dairy and nut-free), \$.25 small candy (2-piece limit).

Youth Engagement News

We are so excited for another great year at Mount Zion!

Our youth engage in Judaism in many different ways. From Hebrew School to Camp, Youth Group to serving as Madrichim, there is something for everyone! If you aren't sure where to start, are unsure if a program is a good fit for you/your student, or simply have a question, contact Elyse Heise, Youth Engagement Coordinator, at ehaise@mzion.org or 651-698-3881.

Madrichim Orientation & Training

September 5 & 12, 5:30 - 7:15 pm

This orientation is very important and will give madrichim a chance to learn about their roles, build skills, and work with their faculty to get ready for an amazing year of teaching and learning together! RSVP to Jen Baddin at jbaddin@mzion.org

Teen High Holy Programming!

September 9	7:30 pm	Erev Rosh Hashanah Teen Service
September 10	3:30 pm	Teen Program at Hidden Falls followed by Tashlich
September 10	11:45 am	Yom Kippur Teen Service
	4:00 pm	Teen Program

Youth Groups

Noar Tzion (4th-6th grade youth group)

We welcome our new Noar Tzion advisor, Abby Gore! Abby was an advocate at Mount Zion last year and has staffed many other events with our youth. She is a student at Macalester. You can contact her at abbygorez@gmail.com.



Opening Activity

Sunday, September 23, 12:15 p.m.

Save the dates for the year!

Oct 28 – TBD; Nov 18 – TBD; Dec 9 – Chanukah Party;
Feb 10 – Painting Party; March 3 – TBD; April 14 – Chocolate Seder
May 5 – Closing Activity

Gesher JYG (7th-8th grade youth group)

We welcome our new Gesher JYG advisor, Rebecca Lubar! Rebecca has served in many roles at Mount Zion over the past couple of years. She is a student at the University of MN.



Save the dates for the year!

Students will be planning their own programs with Rebecca's guidance.

September 23 (Opening Program); November 4; December 2;
January 6; February 10; April 28

SPORTY (9-12th grade youth group)

ValleyScare

Saturday, October 27

Join SPORTY for Havdallah and a spooky night of rides and fun.

Help SPORTY's High Holy Day Food Drive!

Pick up a bag from SPORTYites on Rosh Hashanah and bring it back on Yom Kippur full of food for Neighborhood House! Together we can make a huge impact! Monetary donations also accepted.

NFTY-CANOE Fall Kallah at OSRUI!

Save the Date: October 5-7

Shabbatonim

A Day Apart: 7th Grade Shabbaton

Friday, September 28 – Saturday, September 29

Spend Shabbat bonding with your class. During this Shabbaton we will truly take a day to enjoy Shabbat separate from the rest of the week while we get ready for an amazing year in 7th Grade!

Torah and Teva: 8th/9th Grade Shabbaton!

Friday, November 16 – Sunday, November 18 - Join your best Mount Zion friends for a weekend in the woods! We will spend the weekend at Audubon Center of the North Woods exploring the outdoors, celebrating Shabbat, and challenging ourselves while supporting each other! More info coming soon!

Confirmation Retreat

Friday, September 21-Sunday, September 23

Led by Rabbi Spilker; this retreat is held at OSRUI.

New York 11th Grade Trip

Wednesday, October 17-Sunday, October 21

Led by Rabbi Spilker and Elyse Heise

This annual trip explores Jewish identity in the modern world and in our immigrant past.



**GERMAN CITIZENSHIP FOR
HOLOCAUST SURVIVORS-
and Challenges of Statelessness Today**



Fred Amram, 1936



Fred Amram, 2018

Renaturalization Ceremony and Talk
Tuesday, September 25, 3:00-5:00 pm
Germanic American Institute (301 Summit Avenue)
Free and open to the public. No reservations necessary.

Jews in Germany, 1933-1945, were stripped of citizenship. The Nazis took Fred Amram's citizenship. It will be restored. Speakers: German Consul General Herbert Quelle, Holocaust survivor Fred Amram, and World Without Genocide director Dr. Ellen Kennedy. Co-sponsors: Global Minnesota, Minnesota Chapter of the Federal Bar Association, Mount Zion Temple, and the United Nations Association of Minnesota.

Information at www.worldwithoutgenocide.org.

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In honor of:
Adam & Rachel Stock Spilker's 20 years of dedicated service
 Aron Kahn
 Barbie Levine & Sara Lynn Newberger
 Cissy Ravits
 Martin & Ellen Sampson
 Lois Seltzer
 In memory of:
Jerome Adler
 Harvey & Judy Arbit
 Jules & Janice Goldstein
 Rita Grossman
 Daniel & Susan Levey
 Bill & Gloria Levin
 Joseph Maddy & Lisa Taran-Maddy
 Lois Moheban
 Martin & Ellen Sampson
 Lois Seltzer
 Marilyn Silver
 Liz Stein & Rob Larson
 Erica Stern
Eleanor "Honey" Finn
 Brad Finn & Family
 Mary Finn Shapiro
 Sheri Warshawsky
Charles Fodor
 Victoria Fodor
 Bill & Gloria Levin
 Daniel Sogin & Emily Duke
Mark Levenson
 Darlene Levenson
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 Ron & Sherry Brooks
 In yearzeit memory of:
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 Ralph Birnberg
Kenny Canter
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 Aron Kahn

Cissy Ravits
 In memory of:
Jerome Adler
 Walter & Lois Baum
 Barry Beloff
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Eleanor "Honey" Finn
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Charles Fodor
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 In honor of the wedding of:
Garrett Brooks to Allie Schumacher
 Ron & Sherry Brooks
 In yearzeit memory of:
Leo Levey
Shirley Levey
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 Donation:
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MAXINE APPLEBAUM ART ENHANCEMENT FUND

In honor of the wedding of:
Zach Leonard
 Sally & Jimmy Beloff
 In honor of the engagement of:
Charlie Post
 Sally & Jimmy Beloff
 In honor of the special birthday of:
Kristi Bader
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 In memory of:
Jerome Adler
 The Beloff Family
Barry Beloff
 Patti Goldberg
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 Sally & Jimmy Beloff
 In yearzeit memory of:
Herman Goldberg
 Stuart Applebaum
 The Beloff Family

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In memory of:
Eleanor "Honey" Finn
 Phyllis ZaiKaner Miller & Scott Miller

BLOOM LIBRARY FUND

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 Sherman & Marty Rogoff
 Marjorie Sherman
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Jerome Adler
 Dorothy Lipschultz
Charles Fodor
 Daniel & Susan Levey
 Mitch & Sally Rubinstein
 Mary Ann & David Wark
 In yearzeit memory of:
David Levey
 Steve & Susan Levey

BROTHERHOOD FUND

In memory of:
Charles Fodor
 Charles & Terri Stander

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In honor of:
Judi Marshall's dedicated service
 Jillian Holiday
 In memory of:
Jerome Adler
 Beth El Synagogue - Rabbi Davis
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 Mildred Miller
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 Ed, Jane, Rachel & Matthew Zeman
 In yearzeit memory of:
Hirschel Martin
 Leslie Martin & Fred Haeusler
Dori Pelz-Sherman
 Batya Spector
Jean Taylor
 Jillian Holiday

CEMETERY MAINTENANCE & BEAUTIFICATION FUND

In yearzeit memory of:
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 Stanley Burstein
Irene Rivka Chayka-Lev
 Gene, Asher, Rafail Lev & Family
Bess W. Cowan
 Barbara Winthrop
David Epstein
 Howard Epstein & Sara Sternberger
Leo Fox
 Bill Fox Family
William G. Heifort
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EDELSTEIN GARDEN FUND

In yearzeit memory of:
Ann Mendelson
 Tom, Randy, Henry & Elisa Edelstein

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 Marc & Mayda Raffe
 In yearzeit memory of:
Barry Kantor
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In honor of:
Adam & Rachel Stock Spilker's 20 years of dedicated service
 Mildred Miller
 In memory of:
Mark Levenson
 Mary Ann & David Wark
Cynthia Margolis
 Mildred Miller

GENERAL ENDOWMENT FUND

Welcome to Mount Zion:
Shai Avny & Family
 Evan Stern

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In memory of:
Lois Jacobs
 Mildred Miller

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 In memory of:
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Gloria Chernin
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Charl Coetzee
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Howard Fischbein
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Roberta Mandel
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 Laurie Hadler

KULAM FUND

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 Toba Lazor
Sandra Spinks
 Toba Lazor
 In yearzeit memory of:
Julie Lazor
 Morton Lazor
 Toba Lazor

LEVINE CHOIR FUND

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 Robyn Cohen Hannan,
 Andrew, Isaac & Bryce Hannan
 In yearzeit memory of:
Annette K. Levine
 James A. Levine

MAZAL FUND

In yearzeit memory of:
Harriet Meyers
 Batya Spector

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In memory of:
Jerome Adler
 Emmy Lou Jacobson
Linda Druck
 Janice Hoffman
Eleanor "Honey" Finn
 Rita Grossman
Charles Fodor
 Rita Grossman
Molly Silver
 Lois Moheban
 Wishing a speedy recovery to:
Sue Druck
 Janice Hoffman
 In yearzeit memory of:
Harry Brand
 Morton Brand
Shirley M. Brand
 Steve & Gail Brand
Esther Breitman
 Shalom Shachneh Breitman
 Rolla Breitman
Helene Frank
 Gloria & Martin Livingston
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Irene Greenspoon
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Matti Hoffman
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THANK YOU...FOR YOUR CONTRIBUTIONS

Brenda Mattis
Gloria & Martin Livingston
Dorothy Sains
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Rose H. Shine
Steve & Gail Brand
Hannes Stransky
Walter Schwarz
Hanna Suess
Gloria & Martin Livingston
L'Shanah Tovah to:
Varda Nauen & Jeff Burton
Sally & Mitch Rubenstein
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Shirley Kulevsky
Mildred Miller
Mordecai & Elsie Shallom
Marilyn Silver

RALINE & BILL PAPER EMERGENCY FUND

Wishes for a speedy recovery to:
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Rita Grossman
Marilyn Silver
In memory of:
Jerome Adler
Charles Fodor
Sandra Spinks
Raline Paper
In honor of the engagement of:
Sharon & Josh Engman's daughter
Raline Paper

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Sherri & Scott Yarosh Family
In memory of:
Charles Fodor
Carol Gurstelle

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Bill Fox & Kathy Kuhl
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In yahrzeit memory of:
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Mabel Sutton
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Our Bodies, Our Souls

22nd Annual Jewish Retreat for Women

The Joys of Welcoming the Stranger

Connecting with Self, Others and God

Friday Evening to Saturday Evening

Save the Date: January 25-26, 2019

Twin Cities Jewish Community 18th Annual Conference on Mental Health



Hope, Humor and Healing: Finding Light in Dark Places

Keynote: John Moe

Host of the podcast, *The Hilarious World of Depression*

Sunday, October 21, 10am-4pm at Temple Israel

Free and Open to all. Registration will open in September.

Mount Zion's 2018-19 (5779) Focus on Israel

Highlights of Fall Classes and Events

For the Goals of the Year and Full Offerings,
see our MaZAL Brochure to be published in September.

A Mount Zion Community Book Read

Kick-Off Engagement for Year-long Focus on Israel

Letters to My Palestinian Neighbor by Yossi Klein Halevi

Books are available in the Mount Zion office for a subsidized cost of \$5 if you attend one of the following discussion groups:

Sunday, November 4, 10 am

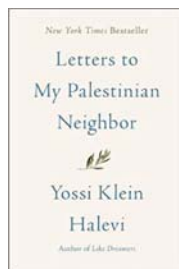
Facilitated by Michael & Hannah Kuhne

Monday, November 5, 7 pm

Facilitated by Jonathan Eisenthal and Charlie Levine (part of the regular Israel Book Club; all are welcome)

Wednesday, November 7, Noon

Facilitated by Jessica Griffith



Myth-Conceptions Series:

Who are the Jewish Organizations speaking about Israel?

All sessions held at Mount Zion Temple moderated by Rabbi Spilker.

AIPAC - promoting the US-Israel relationship. Sunday, October 14, 10-11:30 am. Sponsored by Brotherhood. (See p. 17)

J-Street - Guest Speaker: Jeremy Ben-Ami, President. Tuesday, October 23, 7:30-9:00 am.

IfNotNow? - Guest Speakers: Leah Soule, Ari Jahiel, and Ethan Levin. Sunday, December 2, 10-11:30 am.

Being a Teen in the Army: Four first-hand views on the IDF (Israel Defense Forces)

Wednesday, November 14, 7:30-8:45 pm

Pizza and dessert will be served.

Nir Leshem, Shai Avny, Shaked Danai, and Shirly Tramer will talk about how being part of the IDF affected their psychological growth and character development. They will offer their different views of the Israeli-Arab and Israeli-Palestinian conflict.

Israel's Milestones and Their Meanings

Mondays, 7-9 pm taught by Rabbi Spilker

An iEngage Hartman Institute Program

Cost for the series: \$36 Member / \$72 Public

Oct 8: 1917 -Balfour Declaration: The Idea of a Homeland for the Jewish People

Oct 29: 1947 -The United Nations Partition Plan: The Jews in the World

Nov 12: 1967 -The Six Day War: Power, Land and God

Nov 26: Judea and Samaria: Occupation or Liberation

Jan 14: One State, Two States: Moral Red Lines

Jan 26: Jerusalem of God, Prayer and Peoplehood

Israel Book Club

Led by Jonathan Eisenthal and Charlie Levine;

Shimon Peres by Michael Bar-Zohar

Monday, September 17, 7-9 pm

This biography sheds light on one of the founding parents of modern Israel, the man who established critical early relationships with France and Germany, a...and then he transformed himself into one of the great doves of Israeli-Palestinian relations. All are welcome (whether or not you read the book).

Classes by Arie Zmora

Wednesday nights, 7:45-9:15 pm

Cost per class: \$54 Member / \$100 Public (scholarships available)

The Biblical and 19th century Roots of Zionism

Sept 26-Dec 12

Arab-Israeli Conflict since 1917: Israeli and Palestinian Narratives - Jan 9-Feb 27

Israeli Democracy under Stress: What is Israel's Political System? - Mar 6-May 15

A Secure Israel: How we address the challenges of today and the future.

Jeremy Ben-Ami (President of J-Street) and

Michael Makovsk (JINSA president – the Jewish Institute for National Security of America)

Monday, October 22, 7 pm – Mount Zion

The discussion will cover the security challenges facing Israel, and what the United States can do to help insure the future security and safety for the Jewish homeland. Moderated by Rabbi Spilker.

Co-sponsored by Beth Jacob, Federation of Greater St. Paul and JCRC.

Heading Home – A Tale of Team Israel

Sunday, Jan 13, 4 pm – St. Paul JCC

Special Guests: St. Louis Cardinals' **Josh Zeid**

and MLB Reporter **Jonathan Mayo**

This documentary is about a team of nice Jewish baseball players takes on the world. *Heading Home: The Tale of Team Israel* is the David-and-Goliath story of Israel's national baseball team as it competes for the first time in the World Baseball Classic.



Food for Thought

Learn and Nosh before Shabbat Services

5:45 - 6:15 p.m. Food before the Thought

6:15 - 7:15 p.m. Food for Thought Discussions

Friday, September 14 -

Shabbat Shuvah, Sabbath of (Re)turning

Israeli Poetry of *Mishkan HaNefesh*

Read by Mount Zion Israeli Congregants

Connected to our Israel focus this year, and on Shabbat Shuvah, this session will feature beautiful poetry from *Mishkan HaNefesh* (our High Holy Day prayer book) written by Israeli Poets, and read by Israeli congregants. Come hear and discuss inspiring poetry, some in English and some in Hebrew, from the literary treasure trove that is our *Mishkan HaNefesh*.

Friday, October 12

Dialogue in a time of Hyper-Partisanship: Rediscovering Civic Engagement in 2018

Moderated by Larry Jacobs

Hubert Humphrey billed himself as the "happy warrior" who welcomed disagreement but insisted that colleagues from both parties refrain from being disagreeable. By contrast, American politics today is more divided than at any time since just after the Civil War. Many voters and political activists identify with their political parties with ferocious attachment and demand pure victories. Compromise has become a dirty word for some. And, too many citizens have lost interest in today's fractious politics while others seem content to observe from the sideline while occasionally writing checks and casting ballots.

We will have high-profile guests from different political parties join Larry for an engaging hour: What are the opportunities for working toward our shared hopes? And, how can we engage citizens to become engaged and part of building a civic culture of disagreeing without being disagreeable?

Larry Jacobs is the Walter F. and Joan Mondale Chair for Political Studies and director of the Center for the Study of Politics and Governance in the Hubert H. Humphrey School and the Department of Political Science at the University of Minnesota.

Friday, November 9

Judaica Roadshow*

Do you have an special item with a Jewish story to tell, or a story you'd like to know? Join us for this fun Food for Thought, in which Rabbi Spilker will add his insights to the stories behind congregants' Judaica items. More details to come! *A *Prime Timers* "Begegenen" (ba-gey'gen-en (Yiddish), noun - meeting, encounter, gathering)

A Taste of Honey: An Introduction to Judaism

Member: \$36, Public: \$75

Mondays, October 8 - December 17, 7-8:30 p.m.

Rabbi Esther Adler

This course provides students with a basic understanding of Jewish practice and belief. Topics include Jewish history, life cycle, Shabbat, theology, home observance and more! For anyone interested in learning more about Judaism and/or thinking about conversion.



Learn Hebrew This Year!

To register for classes, go to mzion.org. Tuition (includes all materials): \$75 members/\$100 non-members (Min 5 students in each class).

Beginning Adult Hebrew

Taught by Siana Goodwin

Introduction to the aleph-bet, basic grammar and Hebrew roots. Acquire the tools to participate with the siddur and our sacred Hebrew texts.

Weds, Oct 3 - Dec 19, 6:00 - 7:15 p.m. (ten classes)

Weds, Jan 9 - March 13, 6:00 - 7:15 p.m. (ten classes)

Intermediate Adult Hebrew

Taught by Kent Simon

Sundays, October 7-January 6, 10:00-11:15 am (ten classes)

University Adult Hebrew – at the JCC!

Tuesdays & Thursdays, October 2018 – May 2019, 7:00-8:30 PM

Taught by Rabbi Yosi Gordon

\$450 per semester (doesn't include the cost of the textbook)

Acquire the ability to speak, understand, read and write Israeli Hebrew! Class will meet twice a week. Homework will be assigned. Students will self-test to monitor their own progress. Please go to www.tsp.org to use our short placement tool.

Library Happenings

Welcome back! It's been a busy summer in the Library. New and newly acquired titles include the most recent editions of Fodor's Essential Israel and Insight Guides' Israel and several books about Israel in time for our focus on Israel this year. Check out the display shelf when you come in. Other titles/subjects include Mitch Albom's *The Next Person You Meet in Heaven*; Amanda Sthers' *Holy Lands* (a humorous novel); Abigail Pogrebin's *My Jewish Year* (recommended by Shel Finver); Daniel Silva's latest Gabriel Allon novel and more including donated books from the Women of Mount Zion Temple (from the Garage Sale) and from non-member Carol Zazove Logan. These donations and gifts are greatly appreciated as they fill gaps in the collection. Lastly, on a sadder note, we acknowledge the passing of Charles Fodor, the Library Committee's long-time chair. Charles was the driving force behind the scenes for improved library operations and services for Mount Zion Temple members. He will be missed.

Bob Epstein, Librarian

MOUNT ZION TEMPLE
June 19 - July 1, 2019

THE ISRAEL TRIP

JUNE 19 – JULY 1, 2019

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- Experience Israel from ancient history to high-tech innovation
- Jerusalem, Masada & much more: encounter authentic Israel
- Explore the diversity, challenges and triumphs of the nation
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Israel Trip Information Meeting

Sunday, November 4, 11:30-12:30 pm at Mount Zion

RSVP to Julie Beckman, Rabbis' and Cantors' Assistant, at jbeckman@mzion.org.

Mount Zion Staffing Updates

Say hello to our newest employees!

Shai Avny

Congregational Engagement Director

savny@mzion.org



Shai grew up in Israel and served in the IDF, where he rose to the level of Staff Sergeant. In this role Shai managed and supervised logistic operations for a 120 member company. Shai also served for two years as a Youth Group Coordinator for the Ma-sorti (conservative) Movement in Israel. For the past five years Shai was the Education Director for Magen Avraham Synagogue in Omer, Israel, where he oversaw education and community based programs.

Shai holds a B.A. in Management from Ben Gurion University. Four months ago, Shai and his family, wife Mirit and children, Gev and Tzuk, relocated to the United States.

Shai will spearhead our congregational engagement work, taking on primary responsibility for implementing our Strategic Plan's engagement initiatives starting with MZ Small Groups, a program to support congregant-led affinity groups. In addition to introducing our small groups initiative, his initial assignments will include assisting in the coordination of the September Open House, and helping to successfully transition Caring Community as Judi Marshall steps away from her leadership role.

Elyse Heise

Youth Engagement Coordinator

eheise@mzion.org



Elyse grew up in New England. She holds a Journalism degree from the University of Massachusetts-Amherst with a Jewish Studies minor. She has served as a lead teacher in an after-school program and for the past eight years, and she has taught Hebrew School at Congregation B'Nai Shalom. Elyse will be stepping into the role that Liza Henry played so ably and that has been critical to the success of our youth education. Elyse is joined by her husband

Steven, and their son, Max.

Our Youth Engagement Coordinator designs and implements teen-specific programming, oversees the temple's teen youth groups, teaches in our religious school, and most importantly, builds critical personal relationships with our teens as they navigate through and past their b'nei mitzvah years.

Caring Community

Mount Zion Cares!

The Caring Community Program is here to help Mount Zion Temple members in their moments of need. We reach out to you with a helping hand when there is injury, illness, grief or other life stressors.

We provide meals, rides, visitors, and shiva support.

To get help contact either Rabbi Adler at eadler@mzion.org or Cantor Spilker at rspilker@mzion.org or call 651-698-3881.

If you joined Mount Zion since January 2017, join us for a

New Member Shabbat Dinner

Friday, October 26, 6:00 p.m.

This congregational Shabbat dinner is free for new members.

If you are not a new member you are welcome to join us. The cost will be only \$5. Kids are free!

Join us for a Congregational Shabbat dinner as we meet and welcome our newest members. This dinner will be made by members of Mount Zion. We'll get to know each other, share some great food, and build our community! Please RSVP at mzion.nirsham.com by Wednesday, October 24.

Questions? Contact Shai Avny at savny@mzion.org or Ellen Konstan at ellen.konstan@gmail.com.



WELCOME...B'RUCHIM HA'BAIM... TO OUR NEW MEMBERS!

Brian and Marci Karch,
and their kids Simon, Viveca, and Liza

Michelle Silverman & Leslie Shore

David Geddes & Sheila Stanton

Elaine Steinman

Miriam and Dao Yang, and their daughter Mai Joua

B'nei Mitzvah

Maxwell Mogelson
September 1, 2018

Picture removed
online

Maxwell is the son of Megan and Douglas Mogelson of Mendota Heights, MN. He is the grandson of Kay and Ronald Mogelson of Mendota Heights, MN and John and Susan Fahey of Inver Grove Heights, MN. Max has an older brother Abraham and a younger brother Solomon both of whom he is very close. This year he will be in the 7th Grade at Friendly Hills Middle School in Mendota Heights, MN. Max plays basketball for the Mendota Heights Warriors and baseball for the West Saint Paul Stars. He enjoys cooking, playing football, hanging out with his friends, swimming and traveling. Max has enjoyed helping to gather produce at the Farmers Market and stocking the food shelves for the Neighborhood House, in West Saint Paul, MN this summer. A portion of his gifts will be donated to the Neighborhood House.

Emma Messinger Post
October 6, 2018

Picture removed
online

Emma is the daughter of Nicole Messinger Post and Perry Post and stepdaughter of Amanda Rupe. She is the granddaughter of Joyce and Roger Nelson, Michael Messinger and Garielle Whittle, Don and Pat Post, and Perry and Sam Matsa. Emma is a rising eighth grader at Lake Harriet Community School in Minneapolis. She loves art, cooking, music, campfires, horseback riding, her family, her friends, and her pets: dogs Copper and Todd, cats Patches and Tiger. Last year as a madricha, Emma enjoyed working with Mount Zion's preschoolers so much that she plans to resume working with them this fall in kindergarten. Emma cares deeply about homelessness, hunger, women's issues, and social justice, and she is deciding where best to donate a portion her Bat Mitzvah gift money.

Lacey Thomas
October 27, 2018

Picture removed
online

Lacey (Tova) is the daughter of Michelle and Raj Thomas and sister to Jake (15). She is the granddaughter of Margaret & Rod Hyde, Judy & Allan Strauss, Elaine & Jim Sweet and Varkie Thomas, z"l. Lacey is a 7th grader at Woodbury Middle School where her favorite classes are math, social studies and gym. Lacey competes on the Diamond Team for Rising Stars Gymnastics. In addition to gymnastics, Lacey loves water sports and hanging with friends in her free time. Lacey chose to help serve her community in a few Mitzvah projects by volunteering with Mount Zion & Project Home at their homeless shelter, at the Special Olympics Summer Games, and at Feed My Starving Children. In memory of her Auntie Tracy, Lacey will be donating a portion of her gift money to the Tracy Sweet Camp Interlaken JCC Scholarship Fund, which has allowed hundreds of kids to experience a Jewish camping experience they would not otherwise be able to.

Avery Wallen
September 29, 2018

Picture removed
online

Avery Wallen is the daughter of Chris and Jennifer Wallen, sister to Ben and Ella Wallen. Her grandparents are Doug and Liz Wallen and Joe and Pat Simmon. Avery attends Lake Middle School and will soon be starting 8th grade where she will resume her interest in Science on the road to becoming a Marine Biologist (maybe). When she's not in school or studying, she's playing basketball or softball, reading, watching TV with her family, or snapchatting with her friends. One thing Avery would love to do in the future is study in Florida for college. Avery has always been compassionate but her work with Project Home opened her eyes to the injustice of homelessness, especially the children, and the struggle to maintain a standard of living above the poverty line. Through her studies and awareness, she also knows how important clean oceans are for world health as well as global ecology, so she is donating a portion of her gift money to Oceana.

Dina Kaufman
October 13, 2018

Picture removed
online

Dina Kaufman is the daughter of Amy and Jason Kaufman. She is the granddaughter of Barbara and Steve Wolf and Glenda and Harvey Kaufman. Dina has a younger sister Mira. Dina is in 7th grade at Highland Park Middle School in Saint Paul. Her favorite school subjects are French and Math. Dina also plays clarinet in her school's intermediate band. Outside of school, Dina takes dance and enjoys camping, kayaking, and reading. She is looking forward to her Bat Mitzvah.

Sage Levine
October 20, 2018

Picture removed
online

Sage Montgomery Levine is the son of Mollie Levine and Daniel Dietzman. Sage's grandmothers Lori Levine-Ford, Jill Jezerski-Johnson and grandfather Scott Johnson have been so supportive for him on this journey towards his Bar Mitzvah. Sage has a little brother Isaiah Levine-Malush. Sage attends 7th grade at Twin Cities Academy where he enjoys a lot of subjects; his favorite being math. Sage has many interests, he speaks fluent French, loves sports but basketball is his passion. He also did some volunteer work at Aleph preschool through Beth El synagogue over the summer.

Maurice Kolodny
November 3, 2018

Picture removed
online

Maurice Bernard Kolodny is the son of Luciano and Adriana Kolodny. He is the grandson of Leandro and Marlene Kolodny (z"l), Eleu Pinto Da Silva (z"l) and Magali Storck Da Silva, all from Porto Alegre, Brazil. Maurice is in 8th grade at Oak-Land Middle School in Lake Elmo, MN. His favorite subjects include History, Math, and Computer Design. He loves to do downhill skiing in the winter and sailing in the summer. Maurice has been inducted into the National Junior Honor Society while in 7th grade and holds several leadership positions at his school. He plays the piano, enjoys spending time with his friends and traveling, particularly overseas. He also enjoys volunteering and has spent quite a bit of time doing so at various shelters in St. Paul in the last year. He will be donating part of his gift money to Jewish Family Services.

Women of Mount Zion Temple

Sukkot Under the Stars

Tuesday, September 25, 6:30-9 p.m.

Join us for an amazing event! Enjoy an evening of food, wine, and fabric dying. We will be creating hand-dyed silk shawls that can be used as tallits if desired. This will be potluck style so bring a dairy-free dish to pass. Beverages included. \$25 fee covers all the supplies for the silk shawls, dyes, tzitzit and stabilizer. Reservations are a must! RSVP to MZSisterhood@yahoo.com.

Travelogue:

Mount Zion's Trip to Morocco

Sunday, October 14, 10:00 a.m. - 2:30 p.m.

Join participants of the March 2018 trip to Morocco as they take you on a journey through photos, stories, and music. Mount Zion member Phil Goldman will present during a delicious Moroccan lunch, which you can help prepare!

10am - 12pm: Sheri Frisque will be leading a cooking demo on Moroccan cuisine. All are welcome to attend and help prep and cook.

12:30 - 2:30 pm: Cantor Spilker and Phil will do a presentation on their trip while we eat the lunch that has been prepared. There is a charge of \$18 for this portion of the program.

Please direct any questions and RSVPs to pegk56@comcast.net. Checks made payable to WMZT and mail to Peggy Kipp, 2273 Wagon Wheel, Mendota Heights, MN 55120. Payment by credit card can be made at the gift shop. PayPal: paypal.me/mzsisterhood. Scholarships are available if needed.

Prime Timers

Members 55 and older

WORD - This interactive game, continues bi-monthly in the Sisterhood Lounge on Mondays from 1:30-2:30 pm. Come play our version of Password on October 8, 22, November 5, 19, December 3, 17.

Ageless Grace® with Pola Rest

(seminars + exercise sessions)

Dates TBD

Food for Thought: Judaica Roadshow

Friday, November 9, 5:45 pm

See page 14.

Chanukah Party with Gift Exchange

Wednesday, December 5, 11:30 am

Potluck lunch at 11:30 am with gift exchange to follow at noon in Margolis Hall. Please bring a dish to share.

If you are interested in learning more about the Prime Timers, please contact a Jill Spanier at 651-493-1959 or js020907@gmail.com

Brotherhood

Greetings from Mount Zion Brotherhood!

We hope you had a good summer. With the fall comes a new season of fun events.

Part of the **Myth-Conceptions Series:**

Who are the Jewish Organizations speaking about Israel?

Sunday, October 14, 10-11:30 am. - **Bagel Brunch**

AIPAC Sponsored by Brotherhood.

The American Israel Public Affairs Committee, a bipartisan organization of US citizens committed solely to strengthening, protecting, and promoting the US-Israel relationship.

Mount Zion Bike Ride

Sunday, October 21 (MEA weekend)

All Temple members are invited to this exciting ride.

Meet at the Mount Zion Temple parking lot at 9:45 a.m.



This 21-mile loop ride will take us to the old Jewish neighborhoods of St. Paul, the site of the first Mount Zion Temple, Jewish cemeteries and Lakes Phalen and Como. There will be a break for lunch on the route. The ride will be on city streets and bike paths. Don't miss this great ride! RSVP to Andy at andrew.rapoport@aonbenfield.com or cell 612-308-2586.

Bagel Bar – Every Sunday when Religious School meets

Men of Mount Zion take turns selling bagels to students and their parents in the Temple lobby. Bagel sales help to fund the many ways we support Mount Zion. Please volunteer to run the Bagel Bar during the coming season. Contact Bruce Noyes at brucenoyes@gmail.com and he will get you into the schedule.

Monthly Brotherhood Meetings

We meet the last Tuesday of each month at Mount Zion from 6:30-7:30. Join us as we plan our programs and enjoy a complimentary dinner of pizza and salad. Next meeting is September 25.

Save the Date! Men's Retreat, May 15-17, 2019

Biking, boating, bonfires, Torah study, services, and discussions. Our 8th annual retreat is at the Audubon Center of the North Woods, just 90 minutes north of the Temple near Sandstone, MN. The retreat was a great success this summer, with the largest attendance ever. We wish all of our Mount Zion family a happy, healthy and prosperous New Year.

Shanah Tovah!

Brian Serle, Brotherhood President

bksrle@yahoo.com / 612-251-5045

Social Action Update

Tzedek = Justice

June 2018 Family Shelter

Mount Zion hosted a family shelter in June for the 18th (chai) year, and we extend a grateful "Thank you!" to the 99 adults and their young helpers who filled 129 evening, overnight, and moving shifts.

From June 1 to July 2, we provided emergency housing for seven families, including 11 parents and 15 children, ages nine months to 12 years. The average age among the children housed at Mount Zion was seven years old.

Guests spent a total of 475 nights in beds at Mount Zion.

No families transitioned to permanent housing in June but two families received referrals, one with the Wilder Foundation's ROOF program and the other with Solid Ground. They are now on wait lists for housing through those agencies. Two other families stayed briefly and then moved in with other relatives.

Mount Zion members also generously donated clothing, diapers, toiletries, and other supplies. Our partner for this annual effort is Project Home, an emergency shelter program run by Interfaith Action of Greater Saint Paul.



Thank you to the following volunteers:

Coordinators:

Sharon DeMark	Overall Shelter Coordinator
Jessica Griffith	Communications Coordinator
Elliot Krelitz	Shelter Leads Coordinator
LoRene Leikind	Move In/Move Out and Signage Coordinator
Carrie Siegel	Orientation Coordinator
Sara Wise	Donations and Supplies Coordinator
Pat Yoedicke	Sign Up and Scheduling Coordinator

Coordinators from prior years provided significant support:

Jessica Segal (Overall Shelter Coordinator), Jill Dreyfus (Communications Coordinator) and Jennifer Wallen (Sign Up and Scheduling Coordinator).

Shelter Leads: Judith Feldman, Julie Gartrell, Gail Gendler, Michael Kuhne, Shirley Kulevsky, LoRene Leikind, John Mast, Deb Moses, Jessica Segal, Brian Serle, Karen Suzukamo, and Michael Tortorello.

A special thanks to those volunteers who signed up for multiple shifts: Andrea Berg, Hana Bibliowicz, Chris Epstein, Shel Finver, Sarah Fox, Phil Goldman, Lija Greenseid, Cole Hanson, Julie Kogan-White, Lee Levitan, Nicole Messinger Post, Kelsey Pexa, Betsy Rest, Pola Rest, Jessica Segal, Karen Suzukamo, Michael Tortorello, Rene Tragatsch, Ellen Wersan and Pat Yoedicke.

Our move-in and move-out teams made sure Project Home could set up and take down supplies quickly: Sharon DeMark, Shel Finver, Cole Hanson, Mike Kranz, Sam Leikind, Jill Levin, Victoria Long, Kelsey Pexa, Emma Post, Nicole Messinger Post, Jessica Segal, Sarah Schaleger, Susan Summit, Ellen Wersan.

REVEL for a cause

An annual benefit for Neighborhood House

Thursday, October 4

The Wellstone Center (179 Robie St., St. Paul)

Reception – 5:30 p.m.

Global cuisine by local chefs and restaurants
Beer from Summit Brewing Company and Wine
Silent auction

Live Program and Dessert – 7:00 p.m.

Entertainment
Neighborhood House participant stories
Live auction and special appeal with Glen Fladeboe

For more details or to purchase tickets:

neighb.org/revel2018

Highlights of the Civil Rights Movement: A Jewish Tour of the South

Thursday, March 14-Sunday, March 17

Led by Cantor Rachel Stock Spilker



Travel with Cantor Spilker and Etgar 36 on an inspiring journey to Atlanta, Montgomery, and Selma. Visit historic sites, learn about people and events that shaped the early Civil Rights Movement, celebrate Shabbat in a Montgomery synagogue, attend a service at Ebenezer Baptist Church, and much more. **Limited space, registration on a first come first serve basis.**

Contact Cantor Spilker at rspilker@mzion.org with questions or to let her know you're interested in joining this trip!

Trip Informational Meeting

Wednesday, October 10, 7:30 pm.

Mount Zion Temple
1300 Summit Avenue
Saint Paul, MN 55105

Address Service Requested

PRESORTED STANDARD
US POSTAGE PAID
PERMIT NO. 814
TWIN CITIES, MN

Rabbi Adam Stock Spilker
Rabbi Esther Adler
Cantor Jennifer Strauss-Klein
Cantor Rachel Stock Spilker
Larry Solomon, Executive Director
Susan Amram Summit, Religious School Director
Shai Avny, Congregational Engagement Director
Elyse Heise, Youth Engagement Coordinator
Susan Robiner, President
Michael Kuhne, President-Elect

Teresa Matzek, *Iton Tziyon*, editor
tmatzek@mzion.org
Phone: 651-698-3881
Website: www.mzion.org

Travel with MZ

Israel

June 19 - July 1, 2019 (p. 14)

Civil Rights South

March 14-17, 2019 (p. 18)

High Holy Days Information

p. 4 & 5

Shabbat for the Soul

Friday, September 28 and
October 26, 7:30 p.m.

See p. 3



Focus on Israel Classes and Events

See p. 12

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Please Invite Your Friends and Acquaintances to

Meet Mount Zion!

An Open House and Brunch for Unaffiliated Jews in Our Community

Sunday, September 16, 10:30 a.m. - 12:15 p.m.

Mount Zion's annual Open Houses have been extremely successful in introducing our Temple to those seeking a welcoming and vibrant spiritual home. Please invite those you know who are unaffiliated so they can:

- ✧ Discover 160+ years of Mount Zion's rich history.
- ✧ Learn about Mount Zion's dedication to worship, learning, & social justice.
- ✧ Meet our clergy, lay leaders, and Temple members.

- ✧ Tour our building and religious school.
- ✧ Get a taste of our various organizations and activities.

Attendees can RSVP at mzion.org or contact the Temple with questions at 651-698-3881.

Complimentary High Holy Days tickets will be given to Open House guests in advance by RSVPing.
Childcare Provided.