



# ITON TZIYON

## עיתון ציון

**Mount Zion Temple Bulletin**

Summer | May - August 2023 | Iyar - Elul 5783  
Vol. 167, No. 4

## Kivvun La'Atid: Mount Zion 2040

The strategic plan is almost done; now the exciting work really begins!



In March, the 35 members of the Kivvun Task Force invited input from the entire congregation on a draft final vision and strategic plan for Mount Zion. Hundreds of people offered their ideas in interactive in-person and online Future Fairs/Town Hall meetings and through a survey. All the input was read, categorized, and synthesized. Many of the ideas were about programs desired and these have been kept for the implementation stage.

A draft will be shared with the congregation at the Annual Meeting on May 12 (see p. 8) and by email/mail before the Board votes on it in June. Everyone is invited to learn about the changes in the final draft at an open conversation on Monday, May 22 at Mount Zion (7 pm) in person and via zoom. There will be informal "conversation tables" with Kivvun La'Atid leaders on Sunday, May 14 at the Yom Mishpacha brunch (see p. 6) and on Friday, May 19 before and after Shabbat services.



*These pictures are from the Future Fairs/Town Halls in March.*

# L'Dor VaDor

From Generation to Generation

## Mazel Tov To...

**Matt Rubenstein & Julia Heneghan** on the birth of their son, *Liam*, on February 22.

### ZICHRONAM LIVRACHA...

*May their memories be a blessing*

We note with sorrow the passing of our members:

**Sue Leonard**

Our condolences to her family including her children Terri (Brooks) Edwards, and Cindy (Michael) Garr.

**Martin "Marty" Livingston**

Our condolences to his family, including his wife Gloria Livingston and daughter Michelle Livingston (Adam Lindberg).

**Victor "Vic" Rosenthal**

Our condolences to his family, including his wife Christine "Chris" Rosenthal.

### We Extend Condolences to...

**Andy (Karen) Kaplan** on the death of his father Edward Kaplan on March 18.

**Susan (Dan) Levey** on the death of her brother William "Bill" Applebaum on February 7.

**James (Wendy) Shapiro** on the death of his mother Marilyn Shapiro on March 30.

**Terri (Charles) Stander** on the death of her father Watson Fearing on March 5.

*May God grant peace to all who mourn and comfort to all who are bereaved.*

## Caring Community

We are here to help! We provide meals, calls, technology advice, and other support. Please be in touch to let us know how we can lighten your burden. Contact Mandy Roll-Kuhne, Caring Community Chair, [mzcaringcommunity.mandy@gmail.com](mailto:mzcaringcommunity.mandy@gmail.com).

## Welcome to our new members!

Taylor Crain and Benjamin Bailka

Rebekah Jacob

Ellen Kennedy

Phyllis Robinson

Dan Sperling and Kristina Geiger, and their children Simon and Cora.

*Correction from the Spring bulletin:*

Laurie Robinson Perez listing included her three adult children.

## Letter from the Rabbi



They say Minnesotans like to talk about the weather. But how can we not when it is 90 degrees on Friday, and snowing on Sunday?!? That's what happened this mid-April weekend, as I write this message. I'm sure you remember. Is it Spring? Winter? Summer? They say April showers bring May flowers; what does April snow bring in May?

At Mount Zion, May brings many opportunities to gather in community for comfort, support, celebration, learning, and fun. Which is really important in these topsy-turvy times when it seems nothing is as it should be. While the weather is predictably unpredictable, while our world seems to be growing ever more fraught, one thing we can count on is Mount Zion Temple. From special events like Mitzvah Day at Neighborhood House (Yom Ma'asim Tovim) or the Annual Meeting, to ongoing opportunities like Torah study and daily services, from joyous celebrations of weddings and B'nei Mitzvah to shiva gatherings to offer comfort, we will be here. I encourage you to give this bulletin a close read. Take advantage of the many things to do with your community.

Soon, God willing, snow will be a distant memory, summer will arrive and we'll be welcoming Shabbat outdoors on the patio every Friday evening. With that hope, I share this prayer for summer by Alden Solovy:

### For Summer

Alden Solovy

Heat and light,  
Day overtakes night,  
Warm air settles over the earth,  
The land vibrant with growth.  
Your creatures build and thrive.  
Mornings, alive with motion,  
As warmth surrenders to heat.  
Nights, bursting forth with wonder.  
Bless this day, God of seasons,  
Bless the summer with energy and vitality  
So that all of Your creatures  
Enter the coming seasons  
With the fullness of Your bounty.

God of time and space,  
May this season be a blessing and a teacher.  
Make me like the land,  
Fertile with sustenance and beauty.  
Make me like the midnight sky,  
Sparkling with ancient gifts.  
Bless my days with service  
And my evenings with rest.  
Make me like the summer dawn,  
Vibrant, awake, vital and ready.

© 2017 CCAR Press from This Grateful Heart: Psalms and Prayers for a New Day

*Esther Adler, Rabbi*

*An invitation for members who joined since February 2021*

## New Member Shabbat Nosh

Shabbat afternoon, Saturday, May 20, 4:00 – 6:00 pm

Please join us on Shabbat afternoon at Rabbi and Cantor Spilker's home. We will have nosh with clergy and staff, synagogue leadership, and all members who joined Mount Zion since 2021. Please come with your entire household for a time of connection.



# Make Shabbat Your Sanctuary

## Join for Engaging, Musical, Inspiring Shabbat Services Friday Night

**Kabbalat Shabbat Service:** 6:30 pm — Join in person or online ([Zoom](#); [Livestream](#); [Facebook](#))



### Summer Shabbat Service Times Friday Shabbat Evening Services June 2 - September 1 at 6:00 p.m.



5:30 p.m. Kabbalat Panim – Greeting Time | 6:00 p.m. Shabbat Service | Following the Service—Approx 7:30 p.m. Oneg Shabbat

## Saturday Morning

**Torah Study:** 9:00 am - In person or online via [Zoom](#)

**Shabbat Shacharit (Morning) Service:** 10:00 am — In person or online

(Online options for Saturday morning: with B'nei Mitzvah: [Livestream](#) or [Facebook](#); without B'nei Mitzvah: [Zoom](#)).

**Tot Shabbat:** 10:30 am - In person (second Saturday of every month) *Designed for families with children from birth through 6 years old.*

### Celebrate the conclusion of the first year of **First Friday Family Shabbat Dinner**

**Food, Friends, Family: Shabbat!**

Friday, May 5

- Meet and Greet at 5:15 pm
- Blessings and Dinner at 5:30 pm
- Services at 6:30 pm

\$18 for a household; \$9 for an individual

Register at [mzion.org](#) by May 1 for the May 5 dinner.

### **Camp Send-Off Shabbat Service**

Friday, June 2, 6:00 p.m.

All youth attending Jewish Summer Camps and Israel and Mitzvah Programs will be honored. Youth attending overnight programs will receive a special gift. To learn more about camp, see p 15.



### **Shabbat for the Soul**

Friday, May 19, 6:30 pm

Live from Margolis Hall (live streamed and on zoom)

We move from the formality of the sanctuary to our social hall to create a more intimate service. Our singing is accompanied by violin, guitar, keyboard, and percussion. **The evocative music opens our hearts and awakens our spirits.**



Shabbat is always for the soul, but there is a particularly soulful atmosphere at “Shabbat for the Soul” services. It is a more contemplative worship style with the congregation sitting in the round. We use a single page handout for the prayers. A slower pace enables us to focus on the meditative effect of the music, the potential for deeper awareness and prayer, and the feeling of community.

### **Daily Services - on Zoom!**

**All welcome!**

**Monday through Thursday at 5:45 pm Sunday at 9:30 am**

**No Daily Service on Thursday, May 25 (Shavuot) and Monday, May 29 (Memorial Day).**

**New:** If you would like to attend in person, we can arrange a service in the Chapel with a week's notice. Please contact the office.

The tradition of Daily Services at Mount Zion goes back to the 1950s and has been uninterrupted ever since. Since the pandemic began, a rotation of lay leaders and Rabbis Adler and Spilker lead the brief and meaningful connection. You are welcome to join once or more! An important mitzvah is to participate on the day of a loved one's yahrzeit.

**Monday through Thursday:** [Join via Zoom](#) or call 929-205-6099 and then enter the meeting ID 727 277 057.

**Sundays:** [Join via Zoom](#) or meeting ID 545 289 167.



After a hiatus of a few years, the soundtrack to the musical *Hamilton* is once again on heavy rotation at the Strauss-Klein household. What this means is that even when it's not playing, I constantly have phrases from the show running through my head: "I am not throwing away my shot...history has its eyes on you...you will never be satisfied...look around, look around, at how lucky we are to be alive right now..."

These last two phrases caught my attention, just having read an article about happiness entitled "How to Have it All" in the most recent issue of *On Wisconsin*, the UW-Madison alumni magazine. At least in material terms, experts consider our present time to be the most conducive to happiness in human history. And yet, the phrase "you will never be satisfied" seems to apply to many Americans: satisfaction in marriages, financial situations, the government, the health care system, standard of living, and "life in general" declined across the board in the past several years. Pelin Kesebir, one of the "happiness experts" cited in the article, says "instead of looking at how much better we have made life, we wonder why life is not perfect."

To be fair, we come by this tendency honestly. As human animals we're evolutionarily primed to remember all the bad things that have ever happened to us, so we can be on guard for and size up similar scenarios to avoid getting hurt again. This is, of course, a very useful instinct in threatening situations; nonetheless, it means that being attuned to the negative comes more easily, and often criticism and judgmentalism follow rapidly.

Of course, if we focus on all that is not perfect in the world, we will never be satisfied. But *Hamilton* gives us the counterpoint to dissatisfaction as well: "look around, look around, at how lucky we are to be alive right now." From a neuroscience perspective, it is entirely our interpretive response to a stimulus that colors an experience positively or negatively, and we *can* change our brains, our perceptions, and our responses to orient to the positive.

Judaism provides us so many ways to do this, but I'll focus on one foundational concept: that Judaism is a religion of joy. (In fact, "Joy" recently made it into the draft for Mount Zion's Vision!) Joy is a powerful antidote to our tendency to focus on threats and lack, a reori-

enting of our propensity to evaluate and judge. Becoming aware of and naming moments of joy is a powerful way to reframe the very same world we just felt so irritated with/dissatisfied by/afraid of.

One of my favorite books is *Jewish Spiritual Parenting* by Rabbi Paul Kipnes and Michelle November. In Chapter 11, entitled "Living Joyfully: Finding *Simcha* at the Center of Life," they cite *Avot D'Rabbi Natan* 34:10, a minor tractate of the Talmud, which lists ten Hebrew words used to describe joy. They add four more, each of which illuminates another facet of joy: **Simcha**—considered the broadest word for joy, it also notes complete happiness in its fullest sense; **Chedva**—pure and unfiltered, expressing the happiness of being with others; **Ditza**—awe-inspiring, related to dancing; **Gila**—a stronger sensation that bursts forth but is more transient and worldly (related to *gal*, meaning "wave"); **Hana'a**—enjoyment of something specific; **Nachas**—prideful joy brought on especially by our children; **Osher**—deeper, abiding, connected to a yearning for inner peace and a life of meaning; **Ora**—signifying both "light" and "joy," suggesting an interplay between awareness and uplift.; **Pitzcha**—bursting into song; **Ranan**—being so overcome as to cry or shout out in joy; **Rina**—related to singing and shouting, often very revitalizing; **Sasson**—happiness coming on unexpectedly; **T'rua**—joy expressed in a shout or cheer (like a shofar); **Tzahala**—combining both happiness and dancing.

As part of a joy-seeking practice, I would invite you to consider the following questions: What are some recent experiences or moments where you experienced joy? How did it feel in your heart? In your body? Was it private, or did you want to share it with others? What did you—or someone else—do to make that joy happen? Did any of the Jewish words for joy describe that feeling?

The next time you experience joy, practice naming and describing it. In this way, you can make a spiritual practice of highlighting your joy, living life as Judaism intended it to be lived!

*Jennifer Strauss-Klein, Cantor*

J-Pride will be hosting a booth at

## Twin Cities Pride

**Saturday, June 24 and Sunday, June 25**  
and joining in the Parade on Sunday morning!

Details and opportunities for volunteering and marching to come. To learn more about J-Pride, check them out on Facebook at [facebook.com/JPrideMN](https://facebook.com/JPrideMN) or contact Isaac Ezra Jennings, J-Pride Program Coordinator, at [ijennings@jfcsmpls.org](mailto:ijennings@jfcsmpls.org).



## Trope Troupe

**... the more Torah, the more life. -Hillel**

**Todah Rabah to our Feb-April Ba'alei Korei (chanting Torah):** Seth Berlin, Michael Chauss, Jonathan Eisenthal, Emme Goldhardt, Siana Goodwin, Harriet Guthertz, Netta Hardin, Abbey Kanzer, Luciano Kolodny, John Mast, Shelley Robbins, Kent Simon

**Todah Rabah to our Feb-April Haftarah chanters:** Siana Goodwin, Glenn Hardin, Netta Hardin

**Todah Rabah to our Megillat Esther chanters:** Karen Gjerstad, Siana Goodwin, Shelley Robbins

**Todah Rabah to our Shir HaShirim chanters:** Siana Goodwin, John Mast

To sign up to chant Torah or Haftarah on Shabbat,  
e-mail Cantor Jennifer Strauss-Klein at [jstraussklein@mzion.org](mailto:jstraussklein@mzion.org).

# From the President



I disagree with Albert Einstein. Not on anything scientific, but about the future. He said, “I never think of the future, it comes soon enough.” If my time as Board President has shown me anything, it is to listen, instead, to Gifford Pinchot, “The vast possibilities of our great future will become realities only if we make ourselves responsible for that future.”

We — the Mount Zion family — have made ourselves responsible for our great future. I am proud to have been a part of some of it, and witness to some of it as well. As it is with voting, the participation of every individual makes a statement, and makes a difference. I invite you to reflect on a few examples of the work that has been done on behalf of all of us- listed below- and to ponder not only what you want our future to look like, but what role you will play in making that great future a reality.

- Make Firm Our Steps Endowment Campaign
- Kivvun La’Atid
- Mount Zion 2023 Mission, Vision, and Derech
- Strategic Directions, 2023-2028

In addition, it is my honor to make an announcement that greatly enhances our future. Mount Zion has worked together with Rabbi Spilker to envision the “Some Day” of his retirement and an ongoing relationship that will maintain his engagement. In what we imagine will be fourteen years from now, he will be the first Mount Zion rabbi to hold the position of Emeritus Rabbi. This, in addition to Mount Zion’s decision in 2014 to make Rabbi Spilker’s agreement a lifetime contract, deepens our relationship with him and enriches the future of Mount Zion’s spiritual life beyond measure.

It is gratifying to be a part of a community working to be the best version of itself, putting real effort into practicing self-examination, engaging Jews of all beliefs and experiences and their families, and looking for opportunities to support those in need. I will continue to be involved in the religious, social, and educational life of Mount Zion after my Presidency ends in May. Why? Because it’s just what we do at Mount Zion.

*Michael Wall, President  
Outgoing Board President*

## Mount Zion’s L’Chaim 5783 Annual Campaign

Thank you to all who have contributed to our Mount Zion L’Chaim 5783 Annual Campaign, From Strength to Strength, honoring both Larry Solomon and Shai Avny. We’re proud to report that more than 223 households have participated and your generosity has raised over \$142,219 so far!



There is still time to contribute. **All who participate by May 5 will have their names included in this year’s Annual Report to be published in May.** Please visit our website [mzcion.org/donate](http://mzcion.org/donate) to participate. The goal for our Annual Campaign is broad participation; all contributions are welcome from \$10 on up. Thank you!

*Lija Greenseid, Chair, Giving Committee*



It is my distinct honor to be writing to you as president of our board, and I am excited about what lies ahead. Though I’ve met many of you in the 15+ years our family has been a part of this congregation, I’m new to others, so let me introduce myself. I’m a native of Georgia, having grown up in Atlanta in the Driving Miss Daisy neighborhood, Druid Hills. We were members of The Temple and my

siblings and I all attended religious school through confirmation. I’ve been in Minnesota since 1996, and like many Mount Zion families, we lurked until the beginning of religious school for our older son (2007) and have been members ever since. Both of our sons became Bar Mitzvah here and one continued through confirmation. My own involvement with the congregation has been gradual – from several years on the religious school committee, a term on the board, involvement with the dues committee, then the Executive Committee, and after leading Kivvun La’Atid as president-elect for the past 2 years, I find myself now president, prepared to serve you and the congregation as a whole.

My journey of becoming part of the Mount Zion community is, however, more complex than merely through the committee work I mention above. There have been so many components of this process, and it has evolved. I’ll mention a few here, in hopes that some of this resonates. In my first visit to an open house, Eric Lund took me on a breathless tour of the building. When I came to the pre-consecration workshop for my older son, Judi Marshall, who was helping sign folks in, was loving and supportive when I said I didn’t have a Hebrew name for my child. Rabbi Spilker recognized my husband David from their overlapping time at Duke University; Charlie Levine invited my son and I to sit with him at a TuBishvat seder which we had come to accidentally. And when I said I couldn’t possibly chant Torah at my son’s bar mitzvah, because I never had before, Rabbi Spilker said, “of course you can.” These moments have made a difference. I have been drawn in. And it has been the acts of many who have made me and my family feel strongly about our connection and commitment to the Mount Zion community.

I hope you will all find opportunities to reach out to others and know that your simple acts of generosity and loving kindness make a difference. They touch people in deep ways, whether you realize it or not. And you might not. And they might not, for years. I hope that I can live up to this commitment to support you with loving kindness during my term as President. Please be in touch. You can reach me at [asmmtzion@gmail.com](mailto:asmmtzion@gmail.com), or 651-503-6292.

*Amy Schwartz Moore  
Incoming Board President*

## Kivvun La’Atid: Mount Zion 2040

Open Conversation on MZ’s New Vision and Strategic Plan  
Monday, May 22, 7:00 pm *In Person at Mount Zion and via Zoom*

Everyone is invited to learn about the changes in the final draft at an open conversation in person and via zoom. There will also be informal “conversation tables” with Kivvun La’Atid leaders on Sunday, May 14 at the Yom Mishpacha brunch (see p. 6) and on Friday, May 19 before and after Shabbat services.



# MOUNT ZION BOARD OF DIRECTORS

## New Executive Committee Candidates

We are pleased to announce the candidates for the Executive Committee under the leadership of President Amy Schwartz Moore. These candidates will be approved at the annual meeting in May. However, by simply accepting the nomination, these congregants should be applauded for their willingness to serve the Mount Zion community. The slate of candidates are listed in the Nominating Committee report.

## Nominated for President Elect: Jon Strauss



Jon and his wife Kay, along with their teenage sons, Raymond and Benny, have been members of Mount Zion since 2011. Jon is a long-time participant in the weekly Rashi study and currently a member of our Giving Committee and Kivvun La'Atid.

## Honoring Outgoing Board Members! Todah Rabah!

Deb Moses  
Lija Greenseid  
Isaac Marshall  
Yasmine Moideen  
Judi Orland

## Nominating Committee Report 2023

The following persons have been nominated in accordance with Article XV, section 4 of the bylaws to serve as Officers for a two-year term from June 2023 – May 2025.

Jon Strauss, President-Elect	Alison Mellin – Vice President
Adam (Garen) Greenleaf – Vice President	
Vicki Long - Treasurer	Paul Bagdade - Secretary
Chad Weinstein - Vice President	

The following persons have been nominated in accordance with Article XV, section 4 of the bylaws to serve as Directors for a two-year term from June 2023 – May 2025. They are eligible to run for a second two-year term in 2025.

Mark Goldberg	Elizabeth Martinez-Podolsky
Julia Stein	Avalon Taylor

The following people have been nominated in accordance with Article XV, section 4 of the bylaws to serve as Directors for a second two-year term from June 2023 – May 2025. They are ineligible for additional consecutive terms as Directors.

Richard Cohen	Todd Dreyfus
Stephanie Fink	Eric Rice
Kathleen Riley	Jennifer Schneider

The above people have been contacted and have agreed to accept their respective nominations.

n.b. Lija Greenseid. Lija was duly nominated to serve a second term but chose to step down from serving a second term after the nomination process.

n.b. Deb Moses. Deb decided to step down from the Executive Committee and Board after the nomination process. The Nominating Committee reconvened and nominated Chad Weinstein as Vice President.

*Respectfully submitted by Susan Robiner, Chair*

# Yom HaMishpacha Honoring those who raised us on this Mother's Day

**Sunday, May 14 - 23 Iyar - at Mount Zion**

## 10:30 a.m. Complimentary Brunch

*Sponsored by Brotherhood*

Why wait in a line at a restaurant? Bring your family to this complimentary brunch.

## 11:30 a.m. An uplifting, brief, and musical service honoring all Parents and those who raised us

The service, led by our clergy, is for all in our congregation, a way to honor or remember your parents and/or those who raised you. This year we will also welcome the youngest members of our Mount Zion community! Families with babies born or adopted since last May will be honored with a gift in a special ceremony.

*This service will also be available livestreamed on our website.*



# Mount Zion Community

## SUMMER PICNIC!

Sunday, August 20, 11:30 am

at Camp Butwin (945 Butwin Rd, St. Paul)

Sponsored by Mount Zion Brotherhood, Begeenen, SPORTY,  
and the Women of Mount Zion Temple.



### Begeenen! (Mount Zion Active Adults) is looking for your programming ideas!



Email Phil Goldman at [pgold1926@gmail.com](mailto:pgold1926@gmail.com).



Two events made possible with a  
“You Belong Here! MZ Microgrant”!

### Rock and Roll Karaoke, Trivia and Dancing!

A Long Live Rock! MZ Small Group event. Everyone welcome!

**Saturday, May 13 at Mount Zion**

Havdalah at 7:00 pm; Music starts at 7:30 pm

Light refreshments and snacks provided.

RSVP to [yasminemoideen@gmail.com](mailto:yasminemoideen@gmail.com).



### Havdalah Concert Series

MZ Patio - Perwein-ZaiKaner Terrace (weather permitting).

**Performances begin at 7:00 pm**

Bring a blanket, lawn chairs, and a picnic!

Arrive any time after 6:45 pm. We'll gather at approx. 7:30 pm to create havdalah, and then the performers will continue to play. All performances will end no later than 8:30 pm.

Questions? Suggestions for future performers? Contact Michael Kuhne at [michaelckuhne@gmail.com](mailto:michaelckuhne@gmail.com). Additional concerts for August are being planned. More details will be at [mzion.org](http://mzion.org).

#### Trevor and Mary

**June 17**

MZ's own Trevor McSpadden teams with Mary Cutrufello to form Trevor and Mary. You can read about their story and sample their music at [trevorandmary.net](http://trevorandmary.net). Their honky tonk-inspired music will put a smile on your face and put a little giddyup in your step (Midwestern translation – you might want to start dancing). Join us for this great Father's Day eve havdalah gathering.

#### Double Paradox

**June 24**

Double Paradox is a quartet of musicians with day jobs in healthcare. They are pleased to perform at Mount Zion's intersection of havdalah and all that jazz. Bass: Jim Pacala; Piano: Andy Vaaler; Sax: Scott Sponheim; Drums: Bill Robiner

Have you ever dreamed of a behind-the-scenes tour of Target Field? Want to learn more about how technology is used in baseball? Then this is your lucky day! Join other Mount Zion members for a:

### Tour of Target Field, and Baseball Technology Conversation

**Monday, June 26, 1:30 pm at Target Field**

Plan for about 2.5 hours. Note: This event occurs on a non-game day.

Minnesota Twins Chief Technology Officer John Avenson will overview the fascinating, innovative technology initiatives and programs with the MN Twins, followed by a behind-the-scenes tour of Target Field.



**Included:** Parking, Tech Talk, Tour, Bottled Water, and a Twins giveaway

**Number of People:** Up to 12. Note: A lot of walking involved for the tour, and Target Field is wheelchair accessible.

**Cost:** FREE to Mount Zion members! Thank you to the Microgrants Committee for approving this event.

**Notes on Tour:** Will include Champions Club, Broadcast Booth, Keg Room, etc.

**Notes on Baseball Tech Talk:** This should be of general interest to anyone. It will include overview of the new scoreboard control room, recent upgrades, WiFi 6, and motion analytics of batters and pitchers.

**How to sign up:** Email Varda Nauen at [vnauen@genesis10.com](mailto:vnauen@genesis10.com). Questions? Text Varda at 952-221-2273. Details (like where to park and meet) will be sent a few days prior. Go Twins!

You are cordially invited to

**MOUNT ZION'S**  
**167<sup>TH</sup> ANNUAL MEETING**

**Friday, May 12, 5:30 pm**

**5:00 pm Kabbalat Panim - Greeting Time - Hors d'oeuvres**

**5:30 pm Mount Zion's Annual Meeting**

*Our Annual Meeting will include honoring our Volunteer of the Year, Siana Goodwin, reflections by President Michael Wall and Rabbi Spilker on this past year, appreciation to outgoing Board members and committee chairs, and a presentation of the FY24 Budget.*

**Honoring our Volunteer of the Year**

**Siana Goodwin**



We honor Siana Goodwin as this year's Volunteer of the Year for the multiple ways her contagious enthusiasm and active participation in diverse areas of Jewish programming and worship at Mount Zion enrich our community. Siana's leadership in the Torah Trope Troupe as one of its most consistent and reliable chanters would, by itself, set her apart, but her ability to sightread Torah trope

reveals a rare talent very few (apart from clergy) ever master. She leads worship services on a regular basis, acting as Shlichah Tzibur for Shabbat morning services and Zoom leader for daily services. Her immersion in Purim is legendary; once people hear her unique vocal interpretation of the Megillah, they aren't likely to forget it, even if they want to! Siana has taken on additional responsibilities at Mount Zion: she is the in-house Hebrew teacher for adults, leads the MZ Small Group on Climate Change, and is a member of the Tzedek Committee. We recognize Siana for her passionate commitment to Mount Zion and the dedication she brings to all her volunteer activity.

**6:30 pm Shabbat Service**

Installation of Amy Schwartz Moore, President; and all new Board of Directors and leaders of affiliate groups at Mount Zion  
**Gratitude to all of our Volunteers**, especially all **First Friday Family Shabbat Dinner** volunteers.



**Please Join us in honoring Sue Summit, Religious School Director**

Come show your support and appreciation for Sue and her eight years of dedicated service to Jewish education and inclusion at Mount Zion!



# Shavuot / Confirmation

**Thursday, May 25 / 6 Sivan**

**7:30 pm Shavuot/Confirmation Service**

*In Person and via Livestreaming.*

**Our 2023/5783 Confirmation Class**

Lucia Thompson Luepker  
Nico Nathaniel Zen Ostrov  
Robert Manuel Peres  
Georgia Duckstad Ross  
Nathaniel Morris Rothstein  
Evelyn Mae Swenson  
Ziva Zoar Westreich  
Sydney Quinn Zimmerman

**Mazel tov!**

## Tikkun Leil Shavuot

Engaging Study on the night of Shavuot

**9:15 Shavuot Oneg** – Cheesecake and Refreshments  
(dairy free and gluten free options)

*Experience deep learning that touches the soul. We will have paired learning on a text (chevruta) followed by a lesson (shiur). The texts come from Hadar Institute's Project Zug program. Zoom or in person. (Zoom links will be available a week before Shavuot.)*

**9:45 Arguments for the Sake of Heaven –  
How to argue Jewishly** – texts from Pardes Yeshiva;  
*Taught by Rabbi Spilker*

**10:15 To Share or Not to Share:  
The Torah of Social Media** - texts from Yitzhak  
Bronstein; *Taught by Abby Gore*

**10:45 Tzedakah: The Jewish Approach to Giving**  
– texts from R. Elie Kaunfer; *Taught by Rabbi Adler*

**11:15 The Torah of Music** – Texts from Joey  
Weisenberg; *Taught by Cantor Strauss-Klein and Cantor Spilker*

**11:45 Standing at Sinai** – A brief ritual on the ark  
steps in the Sanctuary (also Livestreaming)

**Friday, May 26 / 6 Sivan**

**10:00 am Shavuot Festival Service**

*In Person and via Zoom (with Yizkor prayers)*

## Counting the Omer with Mount Zion



Join the members of our congregation in an uplifting practice of marking each day between Passover and Shavuot with an inspiration that raises our awareness and guides us

in the practice of cultivating a wise heart. Tune in to [Mount Zion Conversations Group](#) on Facebook each day. Special thanks to Sue Lund for coordinating the counting!



**Shavuot** is the Jewish festival marking the giving of the Torah at Mount Sinai and occurs seven weeks after Passover. At Mount Zion, we celebrate Shavuot by honoring our confirmands (10th graders) at a service on Erev Shavuot. Following the confirmation service, we have a Tikkun Leil Shavuot service, which has a different Torah Study theme each year. On Shavuot morning, we have a Festival Service that includes Yizkor prayers which are said four times a year – at each season - in memory of loved ones. For more information, go to [reformjudaism.org](http://reformjudaism.org) or [myjewishlearning.com](http://myjewishlearning.com).

# THANK YOU...FOR YOUR CONTRIBUTIONS

## RABBIS' DISCRETIONARY FUND

In honor of:  
*Rabbi Adam Stock Spilker*  
 Amanda S Roll-Kuhne  
*Rabbi Esther Adler*  
 Daniel & Susan Levey  
*Rabbi Spilker & Rabbi Adler*  
 John Mast  
 In celebration of:  
*Avital Coleman Bat Mitzvah*  
 Mayda & Marc Raffé  
 In memory of:  
*Fred Amram*  
 Susan Amram Summit & Jeff Summit  
*Mildred Lapidos*  
 Joanne Gillman  
 Stanley Lapidos  
*Milton Smith*  
 Judith Smith & Howard Tomar  
 In yahrzeit memory of:  
*Gerald Druck*  
 Jim Druck  
*Mildred Kirsch*  
 Steven J Kirsch  
*Harry Johnson*  
 John Mast  
*Esther Titow*  
 Arlene Spilker  
 Donations:  
 James Druck  
 Carolyn Silverstein

## CANTORS' DISCRETIONARY FUND

In honor of:  
*Cantor Rachel Stock Spilker*  
 Amanda S Roll-Kuhne  
*Cantor Strauss-Klein & Cantor Spilker*  
 John Mast  
 In celebration of:  
*Avital Coleman Bat Mitzvah*  
 Mayda & Marc Raffé  
 In memory of:  
*Fred Amram*  
 Susan Amram Summit & Jeff Summit

## BLOOM LIBRARY FUND

In memory of:  
*Fred Amram*  
 Sally & Mitch Rubinstein  
 In yahrzeit memory of:  
*Othniel Izakson*  
 Elena Izaksonas & Woody Smith

## CARING COMMUNITY FUND

In yahrzeit memory of:  
*Steve Gurstelle*  
 Carol Gurstelle  
*Jack & Julia Wark*  
 David Wark & Family

## CEMETERY MAINTENANCE & BEAUTIFICATION FUND

In memory of:  
*Richard B Baer*  
 Marsha Baer-Dennis

## FUND FOR MOUNT ZION

In yahrzeit memory of:  
*Dr Robert Cutts*  
 Howard & Barbara Cutts

## IRENE FINBERG CAMP SCHOLARSHIP FUND

In celebration of:  
*Avital Coleman Bat Mitzvah*  
 Ellen & Martin Sampson  
 In memory of:  
*Art Rudick*  
 Dee Dee Harris  
*Honey Zelle*  
 Dee Dee Harris  
 In yahrzeit memory of:  
*Rhoda and Seymour Kantor*  
 Mayda & Marc Raffé

## GENERAL ENDOWMENT FUND

In appreciation of:  
*First Friday Dinner Volunteers*  
 Ruth & David Olkon  
 In memory of:  
*Fred Amram*  
 Margie Abrahamson  
*Watson Fearing*  
 Margie Abrahamson  
*Diane Mast*  
 Margie Abrahamson  
*Fern Silverman*  
 Margie Abrahamson  
*Miriam Tramer*  
 Margie Abrahamson

## HARRIS CHAPEL FUND

In memory of:  
*Millie Lapidos*  
 David & Mary Ann Wark

## SARA AND YALE JOHNSON MEMORIAL FUND

In memory of:  
*Donald Hess*  
 Michael & Todd Johnson & Family | Johnson Brothers  
*Mrs. Brigida Ramos Murphy*  
 Michael & Elaine Johnson & Family  
*Mrs. Betty Myers*  
 Michael & Elaine Johnson & Family

## THE KIPP FAMILY BUILDING AND GROUNDS BEAUTIFICATION FUND

In yahrzeit memory of:  
*Kipp*  
 Kipp Family  
 Donation:  
 Kipp Family

## KULAM

Well wishes to:  
*Stan Karon*  
 Ira & Peggy Denenholz

In memory of:  
*Bill Applebaum*  
 Ira & Peggy Denenholz  
*Phil Dugan*  
 Ira & Peggy Denenholz  
*Allen Friedman*  
 Ira & Peggy Denenholz  
*Reva Posnansky*  
 Ira & Peggy Denenholz  
*Shelly Singer*  
 Ira & Peggy Denenholz  
 In yahrzeit memory of:  
*Josefine & Sandor Csillag*  
 Alexandra Oppenheimer  
*Anna Frankel*  
 Alexandra Oppenheimer

## JULIE LAZOR CONFIRMATION AWARD

Well wishes to  
*Susan Levey*  
 Sheila Schuman  
 In memory of:  
*Barbara Ettinger*  
 Sheila Schuman  
*Martin Livingston*  
 The Ettinger Family  
 Eileen & James Mitson  
 Sheila Schuman  
 In yahrzeit memory of:  
*Seymour Lazor*  
 Toba Lazor

## MANDEL MUSIC FUND

In memory of:  
*Harvey Bream*  
 Roxy Lerner  
*Barbara Melamed*  
 Roxy Lerner  
*Ron Mogelson*  
 Roxy Lerner

## THE MARGOLIS CHILDREN'S EDUCATIONAL FUND

In memory of:  
*Perry Goldberg*  
 Marsha Baer-Dennis

## MITZVAH FOODSHELF

In honor of your birthday:  
*Betty Fantle*  
 Sheri & Scott Yarosh  
 In memory of:  
*Kathleen Baer*  
 Marsha Baer-Dennis  
*Millie Lapidos*  
 Judi Levin Marshall & Todd Marshall  
*Phillip Benjamin Litman*  
 Lee Litman  
*Martin Livingston*  
 Lois Moheban  
*Jerry Ludwig*  
 Jan Hoffman  
 In yahrzeit memory of:  
*Sylvia Taran*  
 Lisa Taran-Maddy  
 Donations:  
 Gloria & Bill Levin  
 Sue Winthrop

## RALINE PAPER FUND

In memory of:  
*Terri Herzberg*  
 Raline Paper  
*Marty Livingston*  
 Raline Paper

## PARENTS AND TOTS FUND

Donation:  
 Alex Diimig

## TZEDEK FUND - SOCIAL JUSTICE

In memory of:  
*Vic Rosenthal*  
 Ellen Sampson  
 In yahrzeit memory of:  
*Archie Gingold*  
 Carla Feldhamer  
*Nathan Schneider*  
 Carol Gurstelle

## HARRY WARD FAMILY YOUTH AND TEEN DIRECTOR FUND

In honor of your birthday:  
*Byron Bluse*  
 Laurie Hadler

## YAHREZEIT FUND

In yahrzeit memory of:  
*Arlene Abramovitz*  
 Jaylene Karon  
*Morrie Abramson*  
 Joni Abramson & Dan Dudon  
*Samuel Dolinsky*  
 Pearl Rosen  
*Ida Dolinsky*  
 Pearl Rosen  
*Linda Druck*  
 Jan Hoffman  
*Lois Folger*  
 Michael & Jean Folger  
*Freda Hoffman*  
 Jan Hoffman  
*Harry Latts*  
 Mitzi & Terri Kane & Family  
 Bonnie & Herb Buchbinder & Family  
*Laddie Miller*  
 Jan Hoffman  
*Daniel Rosen*  
 Pearl Rosen  
*Max Schlesinger*  
 Jaylene Karon  
*Orrin Sechter, Sr.*  
 Pearl Rosen  
*Tracy Sweet*  
 Michelle Thomas  
*Julius Warren*  
 Mitzi Kane & Bonnie Buchbinder

Thank you to the Women of Mount Zion Temple for their generous donation of our new Mount Zion Grill! Thank you also to Trevor McSpadden for helping Shai assemble. We are looking forward to enjoying using it this summer (if summer ever comes!).



These donations were received between February 1 and April 15. Donations received after April 15 will be included in the next bulletin.



# Yom Maasim Tovim:

A Hands-On, All-Ages Mitzvah Day at  
Neighborhood House

Sunday, May 7, 9:30 am – 12:15 pm



In our vision, a core principle is *Gemilut Chasadim*: Acts of Loving Kindness. This is a day to put our vision into action together! Join us at Neighborhood House (179 Robie St., Saint Paul) to bring food to the Food Shelf, learn about Neighborhood House, and then pack 28,000 meals to be donated to **Rise Against Hunger**.

Childcare will be available from 9:30-12:15 pm at Neighborhood House.

Thank you to RBC Wealth Management, Kowalski's, Brotherhood, and the Women of Mount Zion Temple for their generous donations. We also have an anonymous donor who is matching up to \$6,000 of donations!

We are excited to be partnering with these amazing organizations to help locally, nationally, and globally as our Mount Zion Religious School works to help eliminate hunger and instill the importance of giving back!

- **Neighborhood House**, ([neighb.org](http://neighb.org)) founded by The Women of Mount Zion in 1897, mission is to help people gain the skills, knowledge, and confidence to thrive in diverse communities. Neighborhood House helps people with basic needs, education, multiple youth programs, and health and well-being. All programs are offered for free to participants.
- **Mazon** ([mazon.org](http://mazon.org)) a Jewish Response to Hunger is a national advocacy organization working to end hunger among people of all faiths and backgrounds in the US and Israel.
- **Rise Against Hunger** ([riseagainsthunger.org](http://riseagainsthunger.org)) is an international hunger relief organization that distributes food and life changing aid to the world's most vulnerable, mobilizing the necessary resources to work to end hunger by 2030.



# MAZON



The 25th Annual St Paul Communal Observance of

## Tisha B'Av

The day which commemorates the tragedies that have befallen the Jewish people.

Wednesday, July 26 / 9 Av at Mount Zion

**Timing TBD:** Evening will include a Learning Session led by our community rabbis followed by the evening Ma'ariv Service, chanting Eicha (Lamentations), and singing Kinot (songs of lament).

Candles will be provided.

Cosponsored by Beth Jacob, Mount Zion, and Temple of Aaron.

## Brotherhood

**Mother's Day Brunch - Sunday, May 14** - This is a complementary brunch for all Mount Zion Mothers and their families. (See p. 6).

**Memorial Day Flag Placement - May 26** - We'll begin the festivities with a noon lunch at Crooked Pint Ale House (1734 Adolphus St, Maplewood) and then head to the Mount Zion Cemetery (1670 Payne Ave. St. Paul) to place flags beginning at 1pm. Please RSVP to Jack Silverman at [jacksilverman@gmail.com](mailto:jacksilverman@gmail.com) to let him know if you are coming for lunch, flag placement, or both.

**Grand Old Day Parking - Sunday, June 4th** - Join Brotherhood in parking cars on our parking lot. Great way to build relationships and help raise funds for Brotherhood-sponsored activities.

**Men's Retreat - Friday, June 9 - Sunday, June 11**. One of our most popular annual events features the spirituality of Mussar, the bonding of friendships, and just a short ride to the Dunrovin Retreat Center just north of Stillwater. (See p. 12).

**Community Picnic - Sunday, August 20** - Family fun, picnic food, and snacks attended by over 100 members of Mount Zion. (See p. 6).



**Stop by the Bagel Bar!**

Open every Sunday during Religious School.





# Men's Retreat

## Friday, June 9 – Sunday, June 11

### Connect, Pray, Engage, Learn

Newcomers and returnees are encouraged to join the 12th Annual Mount Zion Men's Retreat. This year we are returning to the Dunrovin Retreat Center in Marine-on-Saint-Croix. Spend a weekend away from it all for some quiet with plenty of informal time for activities of your choosing – you can bike, yoga, hike, fish, play cards and games, and schmooze! We will be exploring Mussar (spiritual ethics in practice) with a focus on the character trait of *savlanut*/patience as a way to understand the range of how it manifests in our lives, from anger to its opposite, complacency.

After a weekend of enjoying time with other members from the Mount Zion community in the beautiful St. Croix River Valley, you will return with deeper relationships in our community.

### Cost

\$245 per person or \$145 for men under 40 and first time attendees. *Fees includes food and two nights lodging in a private room.*

Registration information at [mzion.org/event/mens-retreat-2023](http://mzion.org/event/mens-retreat-2023)

For more details contact Gary Sankary at [gsankary@outlook.com](mailto:gsankary@outlook.com).

# MEMORIAL DAY VETERANS' KADDISH LIST

*The following members valiantly served our country in the United States Armed Services. May their memories be a blessing.  
Names will be read at the Memorial Day service on May 29, 11:00 a.m.*

Sidney Abramson	Stanley Donsker	Joseph Harris	Mark Levenson	Benjamin H. Plechner	Charles M. Silverman
Ted Abrahamson	Bernard Druck	Lewis R. Harris	Leo Levey	Jack Pred	Irving M. Silverman
Ted Abramson	Gerald "Buddy" Druck	Michael Harris	Abraham I. Levin	William B. Randall	Jerome Silverman
Jerome Adler	Leonard Druker	Robert W. Harris	George L. Levin	Leonard Rapoport	Louis Silverstein
Robert Adler	Henry Edelstein	William B. Harris	Irving Levine	Harold Ravits	Sam Singer
Milton Altman	Jack Edelstein	Alvin Henle	Sheldon Levine	Eugene Rinkey	Jacob Sklar
Harry Applebaum	Dr. Jesse E. Edwards	Edward Henly	Louis Levitt	Irvin L. Robins	Edward A. Sloane
Samuel Asher	Karl Elsinger	Elkan Henly	Clarence W. Levy	Morwin Rockowitz	Samuel Sloane
Edwin B. Baer	Hyman Epstein	Harold J. Henly	James Levy	William Roof	Alvin C. Slonim
Ira B. Baer	Irwin Epstein	Harold Hoffman	Leonard Levy	Irv Rose	Alvin Z. Slonim
Jerome B. Baer	Seymour Epstein	Max H. Hoffman	Victor Levy	Dr. Milton Rose	James Jackson Smith
Jerome L. Baer	Herb Fantle	Donald G. Horwitz	E. D. Libbey	Norm Rose	Joseph H. Smith
Richard Baer	Bert Fein	James N. Jacobs	Leonard Lieberman	Daniel Rosen	Henry Snyder
Sidney Barrows	Charles Feit	Lynn Johnson	Irvin Liener	Isadore Rosen	Dr. Charles Steinberg
James H C Bentson	Victor E. Feit	Seymour Joseph	Albin Lindahl	Sam Rosenbaum	James Steinberg
Larry Bentson	Lawrence Felsenberg	Arthur Kahn	Albert Linsk	Nat Tony Rossman	Harry Stern
Jack Berc	Alex Fine	Leon L. Kahn	Hyman S Lippman	Jesse Rosten	Arthur Stone
Sydney Berde	Gerald Finn	Morris L. Kahn	Bay Lipschultz	Harold Rothschild	Dr. Edward Strem
Ben Berk	Allan Firestone	Norman Kahn	Samuel Lipschultz	Ann Rubinstein	Lester Strouse Sr.
J. P. Bieber	Charles Fodor	Stanley Kane	Tim Lipschultz	Harry Rubinstein	Lester Strouse Jr.
Charles F. Bierman	Willis Martin Forman	David Kanny	Murray Litton	Sidney Rubinstein	Arthur B. Summerfield
Ben Binstock	Leo Fox	Arthur Katz	Robert Lovich	Mandy Ruder	Harold C. Summerfield
Joseph M. Birger	Sol Fox	Maurice Katz	Robert Lowenstein	Burt Rudolph	Lewis B. Summerfield
Abraham Birnberg	Paul Fram	Morris Katz	William Lyone	Harold Ruttenberg	Samuel Swartz
William Blaine	Philip Freeman	Robert Katz	Samuel Margolis	Jack Ruvelson	Bert Tintner
Sylvia Blitz	Richard Freeman	Milton Kaufman	Donald Mark	Joseph Salper	Neal Tilsner
Joseph Bloom	Abraham Fremland	Sidney Kaufman	Jesse Marks	Richard Salper	Harry Ward
Edwin Braman	Allen L. Friedland	Bernard Kegan	Hillard M. Marver	Max Schlesinger	Jack Ward
Edward Bronstien, Jr.	Sidney Froman	Max Kipp	John Marver	Phil Schlesinger	William Weiller
Samuel Bronstien	Howard Gelb	Sidney Kline	Jacob Marx	Max Schnitzer	Harry Weinstein
Moses (Morrey) Brown	Jerry Gillman	Ivan Koppe	Lewis Miller	Martin Schuman	Sidney Weislow
William H. Bunin	Julius Gittleman	Sol Krawetz	Harold N. Nathanson	Frank Schwartz	Honnen Weiss
Harold Cantor	Maurice Golom	Marvin Kreidberg	Robert Newman	Walter Schwarz	Max M. Whitefield
Hart N. Cardozo	Harry Goldbarg	Mason Krelitz	Sidney Novak	Howard J. Seesel Sr.	Leonard Winterfield
Ralph N. Cardozo	Isadore Goldbarg	Hyman Krinsky	Joseph Okinow	Howard J. Seesel Jr.	Hyman Wolkoff
Ephraim Cohen	Joseph Goldbarg	Imy Kay Krinsky	Samuel E. Okinow	Isadore Segal	William Wolkoff
Jacob Cohen	Robert Goldman	Stanley Krinsky	Edward Orenstein	Avron "Bud" Seltzer	Nat Wolpert
Milton Cohen	Howard Goldstein	Burt Kyle	Fred Orenstein	Samuel Selzer	Arvin Zaikaner
Sydney Cohen	Norman Goldstein	Sidney Laskin	William Paper	Nathan Shapira	
Jay B. Cohler	Lawrence Goodman	Robert Launer	Joseph Pase	Milton Shapiro	
Michael J. Cohler	Fred Gordon	Jack Robert Lawrence	Louis I. Peilen	Harry L. Shepard	
Sidney Cohler	Allen Gray	Morton Lazor	Gerald Perelstein	Birch Shilkroun	
Samuel Corwin	Lionel Greenberg	Morris Leibovitz	Delores R. Perlman	Dr. Jacob Short	
Dale Cowle	Jerome Halper	Leo Legan	Raymond Perlman	Sam Singer	
Raymond E. Dana	Howard Harris	Stanley Leonard	Ed Pickett	Howard Silver	

## Memorial Day Observed

**Monday, May 29, 11:00 a.m.** at the Mount Zion Cemetery and via livestreaming

Mount Zion will honor the memory of all those who served our country. Please join us at Mount Zion Cemetery, located on Payne and Larpentour Avenues in St. Paul.





# Women of Mount Zion Temple

## The Mount Zion Temple Garage Sale 2023!

Join us for a **Garage Sale Planning Meeting** on **Wednesday, May 24, 7:00pm** at Mount Zion.

Bring your friends! Everyone is welcome! Start cleaning out your closets!

Sign up to volunteer to help set-up, help during the sale and/or help packing up at the end. Any and all help is greatly appreciated. Sign up genius will be used for work days and sale days. Link to follow. Please contact Linda Morgan at [lfmorgan@comcast.net](mailto:lfmorgan@comcast.net), Chris Epstein at [cepstein5@yahoo.com](mailto:cepstein5@yahoo.com), or Nancy Krohn, at [nmkrohn@comcast.net](mailto:nmkrohn@comcast.net) with any questions.



### Volunteers needed!

#### Collection and Set-up Dates

Sun. July 23	10:00 - 6:00 pm
Mon. July 24	3:00 - 7:00 pm
Tues. July 25	3:00 - 7:00 pm
Wed. July 26	10:00 - 3:00 pm
Thur. July 27	3:00 - 7:00 pm
Fri. July 28	10:00 - 3:00 pm
Sun. July 30	10:00 - 6:00 pm - <b>Last day to donate!</b>

**Set up continues!** (*Donations no longer accepted*)

Mon. July 31	10:00 - 6:00 pm
Tues. Aug. 1	10:00 - 6:00 pm
Wed. Aug. 2	10:00 - 6:00 pm
Thurs. Aug. 3	10:00 - 5:00 pm

#### Pack Up, Load Up, and Clean Up Days

Sun. Aug 13	10:00 - 3:00 pm	Clean Up Day
Mon. Aug. 14	8:00 - 2:00 pm	Donation pick up and Final cleanup

## Garage Sale Dates

Thu. Aug. 3. 6:00 - 9:00 pm - *Opening Night \$5*

Fri. Aug. 4 10:00 - 4:00 pm

Sun. Aug. 6 10:00 - 4:00 pm

Wed. Aug. 9 10:00 - 4:00 pm

Thu. Aug. 10 12:00 - 7:00 pm - *Half Price Day*

Fri. Aug. 11 10:00 - 4:00 pm - *Bag Day*

## Sacred Sites Tour

Sunday, June 4, 1:00 - 5:00 pm

**This is a unique opportunity to learn about the Native American heritage in our community. You will be grateful if you take advantage of this!**

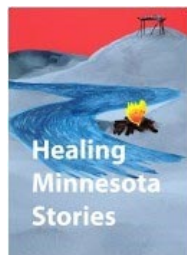
The tour offer an opportunity to learn about Minnesota history from a Native perspective through story-telling and experiencing the sites in silence/meditation/reflection.

The tour includes information on Dakota history, culture and sacred sites, as well as the oppression and genocide they faced, and ultimately their exile. Tours are led by Jim Bear Jacobs (Mohican) and Bob Klanderud (Dakota).

This tour is free, but we are recommending a donation of \$18. There are a limited number of available spots, so we are requiring RSVPs to Peggy Kipp at [pegk56@comcast.net](mailto:pegk56@comcast.net).

Sponsored by Mount Zion Temple, The Women of Mount Zion Temple, and Brotherhood.

**Everyone is welcome!**



## Women of Mount Zion Closing Meeting

Tuesday, May 16, 6:30 pm at Mount Zion

Starting with brief business session

### Guest Speaker: Kate Dietrick

Archivist for the Nathan and Teresa Berman Upper Midwest Jewish Archives at the University of Minnesota



Kate will share tidbits found in Mount Zion archives to tell the stories of fundraising, programming, advocacy, and leadership undertaken throughout the history of the Sisterhood.

**Please consider items for food shelf contribution.**

Contact Sheri Frisque with questions [Sherifrisque@yahoo.com](mailto:Sherifrisque@yahoo.com)



# Summer Baseball and Soccer!

## Going to the Games with the St. Paul Jewish Community

*Sponsored by Beth Jacob, Mount Zion, and Temple of Aaron*  
Save the Dates! More information to come.



## BASEBALL: The St. Paul Saints

**Thursday, August 10, 7:00 pm**

Join before the game at 6 pm for a special conversation with MLB writer Jonathan Mayo on *"Connecting to Judaism through Baseball"*



## Soccer: Minnesota United FC

**Wednesday, August 30, 7:30pm**



# Summer Camp

This Summer, **over 30 Mount Zion campers are going to OSRUI**, and many are going to Herzl, Camp Butwin, Camp Olami, URJ specialty camps, and Yallah! Israel trips! We will honor these kids and teens at the **Camp Send Off Shabbat on June 2, 6:00pm** (see p. 3) where all Jewish summer camp campers and trip participants will receive a blessing and all attending overnight camps will receive a gift as they embark on their summer adventure.

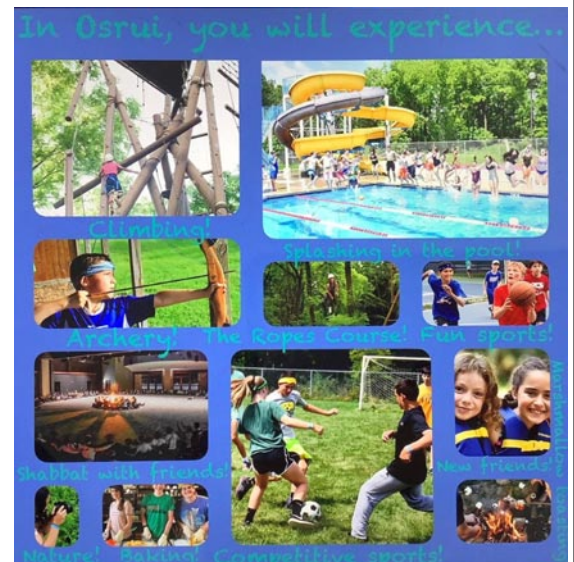
## Congratulations to our OSRUI Harris Award Winners!

Students receive these awards (\$500 for new campers and \$100 for returning campers) given in memory of Jean B. and Robert W. Harris by writing reflections and creating advertisements for OSRUI.

## Jean B. Harris and Robert W. Harris

**New Camper Award Winners:** Aria Borre, Eli Cherner, Theo Dittberner, Ella Kopidakis, Lilah McSpadden, Keelin Rice, Ben Schneider, Zelda Strauss-Klein, Harrison Swanson

**Returning Camper Award: Winners:** Charlie Grams, Matan Kanzer, Nadav Kanzer, Georgia LaMere, Josie LaMere, Ira Leff, Pearl McSpadden, Eliza Miller, Margaret Nathan, Siri Nathan, Ari Strauss-Klein



## Youth Engagement News

At our SPORTY Board Retreat in the Fall, our high school leaders strategized, made a calendar of events, got to know each other as leaders, and set goals. Two core concepts arose for what we wanted out of youth programming: participation and engagement. We hoped that people from all grades levels, people who have been part of our community for years, people who are brand new, and everyone in between would come to youth group programming, and we hoped that those participants would bring enthusiasm, openness, and curiosity. From Noar Tzion, JYG, and SPORTY, to Shabbatonim, to Madrichim and Gesher Mentors, we had a successful year! For a snapshot of what our youth were up to this year, our youngest youth group participants eagerly came to Noar Tzion (3rd-5th grade) events to bake bialys, paint, and participate in the annual favorite our Chocolate Seder. JYG (6th-8th grade) deepened their relationship with Mount Zion and each other as they roller skated, made pizzas, and participated in an intergenerational game night. SPORTY connected with teens from around the Twin Cities at an incredible interdenominational event and had a blast at the Purim Lock-In, energetically led by our amazing youth leaders on SPORTY Board. Thirty middle and high schoolers volunteered in our Pre-K through 6th grade classrooms to inspire and support the next generation of Mount Zion youth, and our students spent many nights at camp, on the Johnson Hall floor, and at the YMCA in New York for meaningful, joyful retreats and trips. The engagement will continue for so many of our kids and teens this Summer at OSRUI, in Israel, and at other amazing Jewish camps, and I already can't wait for another fantastic Fall of youth programming at Mount Zion!

Questions about youth groups? Email Abby, Youth and Young Adult Engagement Associate, at [agore@mzion.org](mailto:agore@mzion.org).

### Upcoming Events:

- April 30 – JYG, Tacos and Trivia, 12:15-2pm at Mount Zion - 6th-8th graders are invited to spend the afternoon eating delicious tacos and testing their trivia knowledge!
- May 19 – Noar Tzion Summer Celebration, 5:15-6:30pm at Mount Zion - 3rd-5th graders are invited for the last Noar Tzion event of the year. Pickup is at 6:30, and families are encouraged to stay for the Shabbat service!
- May 13 – SPORTY Beach Party, 4:30-7:30pm at Carver Lake - High Schoolers are invited for dinner, lawn games, and Havdalah at the beach!



Noar Tzion (3rd - 5th) baking bialys.

## Young Adult Engagement

Young Adults at Mount Zion have had a fantastic past few months of exciting events, meaningful connections, and engagement with the community. We have had 20s/30s Happy Hours as part of our congregational Gefilteria event and Purim Extravaganza, watched a play at Six Points Theater, and gone on multiple hikes. As we move into summer, there will be plenty of opportunities to enjoy warm weather together and engage with Mount Zion. See below for some dates to mark on your calendar. Please be in touch with Abby to learn more about 20s/30s opportunities at Mount Zion, get on the young adult email list, or to plan a time to meet for coffee! Questions about young adult engagement? Email Abby, Youth and Young Adult Engagement Associate, at [agore@mzion.org](mailto:agore@mzion.org).

### Upcoming Events:

- Monday, May 8 – Lag B'Omer bonfire on the MZ Patio, 7-8:30pm
- Saturday, June 3 – Shabbat Afternoon Hike, 4pm



Young Adults at 20s/30s Purim Happy Hour!



Young Adults celebrating Shabbat at Home!



SPORTY Board at the Teen Yom Kippur Service.



# Religious School News

## Join us for Yom Acharon **The Last Day of School!** Sunday, May 21

**9:30 am Students Attend Class**

**10:45 am Religious School Celebrations**

(Parents/Guardians and Congregants invited)

**Honoring and Farewell to Sue Summit**

**11:45 am End-of-Year Picnic**

**Second Grade Mechina Hagigah (Celebration)**

Celebrate the culmination of the first year of Hebrew studies with our second grade Mechina class.



**Sixth Grade Dalet**

**Siyyum / Completion Ceremony**

Sixth graders will show off their beautiful handmade tallitot and mark the culmination of five years of Hebrew Study.

**Teacher/Staff Appreciation**

Please come to show your support and appreciation for the faculty, staff, and madrichim who create a vibrant Jewish learning environment at Mount Zion. Special tributes will be given to staff reaching special milestones. *Please watch your e-mail for more information about this amazing event!*

**2022-2023**

**Religious School Registration**

**Registration Information Will Be Sent via Email**

This year we promise the same streamlined registration process as last year! An email with the registration link will be sent as we approach the end of the current school year.



## **MAZEL TOV**

**MOUNT ZION HIGH SCHOOL SENIORS!**

*\*INDICATES A CHAI SCHOOL GRADUATE*

Michael Barshack

Ilana Berlin

Maya Bond

Nathan Cohen

Nate Dreyfus

Lili Gerber

Lilith Greene-Friedman\*

Maurice Kolodny

Liam Luepker

Emma Messinger Post

Sarah Parker\*

Becca Richman\*

Elizabeth Rothstein\*

Sydney Sheinfeld

Brooke Spieler

Grace Swenson

Rachel Swenson

Avery Wallen



*PreK/K Students Preparing for the May 5th Shabbat Service with Music Teacher, Lily Alexandroff.*

## **May**

**May 3** 5:40 p.m. 9th Grade Parent/Guardian Meeting

**May 5** 5:15 p.m. Shabbat Meet & Greet

5:30 p.m. Blessings & Shabbat Dinner

6:30 p.m. Shabbat Service with PreK/K/I Participation

**May 7** 9:30 a.m. Yom Maasim Tovim at Neighborhood House

**May 14** 10:30 a.m. Yom Mishpacha – Family Day Brunch

11:30 a.m. Musical Service & Welcoming Babies

**May 17** Last day of Wednesday Classes

**May 21** Yom Acharon—Last Day of Religious School

9:30 a.m. Students attend class

10:45 a.m. Closing Ceremony - 2nd Gr. Hagigat

(Celebration) & 6th Gr. Dalet Siyyum (Graduation)

followed by End of School/Community Picnic

**May 25** 7:30 pm Erev Shavuot and Confirmation Service

## **June**

**June 2** 6:00 p.m. Shabbat & Camp Send-Off Service



# B'nei Mitzvah

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## Naomi Mann

May 6, 2023

Picture removed  
online

Naomi is the daughter of Emily Herr and Aaron Mann. She is the granddaughter of Amy Mann, Bruce Mann and Judith Florence, and Eric and Rebecca Herr. She is also the beloved younger sister of Eliana. Naomi is a 7th grader at St. Paul Academy and Summit School, where

her favorite subjects are Spanish and Math. Naomi is passionate about the sport of volleyball, and she plays on both her school's varsity volleyball team as well as for Kokoro Volleyball. Her other passions include traveling, volunteering and spending time with family and friends. Naomi also enjoys working as a madrichim in the 1st grade classroom at Mount Zion. For her Gemilut Chasadim Project, Naomi has been packing meals at Feed My Starving Children. Naomi plans to donate a portion of her gift money to Children's Minnesota (children's hospital) and to Helping Women Period (an organization working to provide no cost menstrual products to those experiencing homelessness or low-income disparity).

## Evan Hymes

May 27, 2023

Picture removed  
online

Evan Jeffrey Hymes is the son of Meagan and Brian Hymes. Evan has a younger sister, Arianna. He is in the 7th grade at Spectrum Middle School, where one of his favorite subjects is math. Evan is actively involved in competitive dance, art, music, and robotics. A portion of his

Bar Mitzvah gifts will be donated to Project Power, where Evan has been volunteering as a classroom assistant in a program that provides specialized classes for adults with special needs.

## Charlie Grams

August 5, 2023

Picture removed  
online

Charlie Grams (Cain Reuben) is the son of James and Heather Grams. He is the grandson to Jeff and Lori Marks and Tim and Michael Ann Grams. Charlie has one older sister, Alli and two younger siblings, Julie and Benny. Charlie is going to be an 8th grader at Black Hawk Middle

School this fall. Charlie loves to play tennis, the guitar, work on puzzles, and go on walks. Charlie is currently in Boy Scouts. Charlie will be donating a portion of his Bar Mitzvah money to Feed Our Starving Children.

## Asher Lindberg

August 26, 2023

Picture removed  
online

Asher Keats Livingston Lindberg (Asher Yitzhak) is the son of Michelle Livingston and Adam Lindberg. He is the grandson of Gloria Livingston and Martin Livingston of blessed memory, and Richard Lindberg and Claudia Lindberg of blessed memory. Asher is in the

7th grade at Nova Classical Academy, where his favorite subjects in school are Latin and history, and he enjoys running cross-country. Asher loves spending time with family, skiing, and playing Magic, Dungeons and Dragons, chess, and video games. Asher will be donating a portion of his gift money to Open Arms of Minnesota to help feed critically ill Minnesotans and their families.

## Jackson Mason

September 2, 2023

Picture removed  
online

Jackson (Yehuda Ziv) is the son of Jennifer and Geoff Mason. He is the grandson of Gladys and Allen Mason of Raleigh, NC and Joan Farber of Apple Valley, MN. Jackson's grandfather (of blessed memory) was Elliott Farber. He has an

older brother, Parker. Jackson will be in 8th grade at Friendly Hills Middle School this fall. His favorite subjects are math and history. He loves to read, play tennis, ski and especially loves gaming with his friends online. He works in the Madrichim program at Mount Zion. In honor of his Bar Mitzvah he will be donating a portion of his gift money to The Neighborhood House where he has enjoyed volunteering at this past year.

# Social Action Update

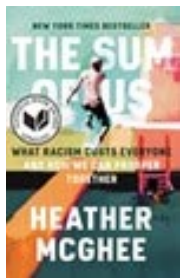
## Tzedek = Justice

### Justice! Justice!

Tzedek Committee continues its pursuit of justice, focusing on racial justice, climate justice and the work of welcoming refugees and asylum seekers.

This spring, Tzedek members participated in the Kivvun La'Atid Task Force Town Hall/Future Fair events and heard from congregants young and not-as-young regarding their priorities for future justice initiatives. Tzedek committee members will engage with these suggestions throughout the summer as we reflect on our past work, our community priorities, and our hopes for repairing the world.

With great sadness and heartfelt gratitude for a life well-lived, we mourn the loss of our Tzedek Co-Chair, Vic Rosenthal, who passed away on March 28, 2023. Vic shaped our Tzedek efforts for years, building on his long career as Executive Director of Jewish Community Action and a lifetime of advocacy and community organizing. May his memory continue to guide and inspire us.



**Racial justice** is at the forefront of our Tzedek efforts.

The work we have done in support of reparations for descendants of chattel slavery continues to develop. This summer we will be reading *The Sum of Us* by Heather McGhee and will host discussions for all those interested in deepening their reflections on the destructive legacy of racism in the United States.

MZ Small Group on Climate Action and Tzedek Committee sponsored a **Mount Zion Climate Action Fair: Living as If the Earth Mattered** in April. We plan to continue our climate action throughout the year, encouraging individual/household changes as well as congregational commitments.

In keeping with our commitment to **immigration justice**, the Tzedek Committee is excited to host a naturalization ceremony at Mount Zion on Wednesday, June 21, 10:00 a.m.

Mount Zion is also sponsoring an asylum-seeking family. Mount Zion Tzedek Committee has partnered with Gloria Dei Lutheran Church to house and help support an asylee family. During the past year, Gloria Dei transformed a classroom in their church into an efficiency apartment and welcomed a family referred to them by a local agency.

Luis, Stephanie and their young son, Sebastian, arrived in Minnesota last June after an arduous journey from Peru. The family is navigating the legal process outlined under U.S. and International Humanitarian law and Gloria Dei has secured legal representation for them.

Our goal at Mount Zion is to help support the family and their day-to-day needs. We are especially requesting Target gift cards so that the family can purchase food and household items. If you are interested in contributing, please contact Diana Dean at [dianamdean@msn.com](mailto:dianamdean@msn.com).

Mount Zion has also partnered with an interfaith coalition known as Asylum Coalition for Transition – Twin Cities (ACT-TC). This group has been supporting asylum seekers in the western suburbs and is expanding to help support a family in Saint Paul. ACT-TC is hoping for volunteers from MZ to assist a new asylum-seeking family as they settle into life in Saint Paul. Help will be needed in navigating the health care system, enrolling children in school, finding legal services, and help with acquiring basic household items. More specific information on volunteer opportunities will be forthcoming. Any questions or requests to volunteer can be directed to Mark Joffe at [marksjoffe@gmail.com](mailto:marksjoffe@gmail.com).

Tzedek committee welcomes all congregants to join us in these efforts!

Diana Dean, Tzedek Committee Co-chair



### Thank you for supporting the March Food Drive

We received **\$16,570** and delivered **332 pounds** of food/dry goods to Neighborhood House during the six-week March Food Drive period. The 332 pounds of food translated to \$332, bringing the **total dollar amount to \$16,902 (85% of our \$20,000 goal)**.

Thank you for your generosity!

### Neighborhood House Summer/Fall Fresh Produce Distributions

Neighborhood House's Fresh Produce Distributions are farmer's market style produce distribution events where our community can pick up produce for their households. These events happen throughout the year - typically 4-5 locations from July to October and one location from November to May. The volunteer events are great for individuals, teams, and families alike!

Volunteers will:

- help with set up of event
- package produce and hand out produce to participants
- help manage lines
- help clean up after event

As dates and details come together for summer distributions, please use this form to submit your interest! When the sign-ups become available, we will share everything you need to select a date/location, and share any group details. Interst form: [tinyurl.com/nh-interest](https://tinyurl.com/nh-interest).

Rabbi Adam Stock Spilker  
 Rabbi Esther Adler  
 Cantor Jennifer Strauss-Klein  
 Cantor Rachel Stock Spilker  
 Shai Avny, Executive Director  
 Susan Amram Summit, Religious School Director  
 Abby Gore, Youth and Young Adult Engagement Associate  
 Michael Wall, President  
 Amy Schwartz Moore, President-Elect

Teresa Matzek, *Iton Tziyon*, editor  
 tmatzek@mzion.org  
 Website: www.mzion.org

## Shavuot/Confirmation

Thursday night - Friday  
 May 25 & 26



See page 9 for details.

## Summer Shabbat Eve Service Times



Every Friday night, from June 2 - September 1  
 on the Pervien-ZaiKaner Terrace (weather permitting)

5:30 p.m. Kabbalat Panim – Greeting Time

6:00 pm Shabbat Services, followed by a half-hour Oneg

## You are cordially invited to Mount Zion's Annual Meeting

Friday, May 12, 5:30 p.m.

Honoring Michael Wall, outgoing President; Installation of Amy Schwartz Moore as President; Honoring Siana Goodwin, Volunteer of the Year; Honoring all First Friday Shabbat Volunteers; Honoring Sue Summit as she departs as our Religious School Director

5:00 pm **Kabbalat Panim** (Greeting Time) *Hors d'oeuvres*

5:30 pm **Annual Meeting**

6:30 pm **Shabbat Services**

See page 8 for more details

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## Mount Zion Community

# SUMMER PICNIC!

Sunday, August 20, 11:30 am

at Camp Butwin (945 Butwin Rd, St. Paul)

Sponsored by Mount Zion Brotherhood, Begegenen, SPORTY, and the Women of Mount Zion Temple.

