

Panim el Panim

Connecting Face to Face

פְּנִים אֶל פְּנִים



ITON TZIYON

עֵתוֹן צִיּוֹן

*The Newsletter of
Mount Zion Temple*

April 2014

Nisan 5774

Vol. 158, No. 6



L'DOR VADOR

FROM GENERATION TO GENERATION

MAZEL TOV TO...

Our members who will celebrate a milestone anniversary in April: **Dan & Denise Jacobus; Jay Horvath & Nancy Mendelsohn; Steven & Carrie Siegel; Yefim & Tatyana Taler.**

Emily and Howie Paper on the birth of their daughter, and **Raline Paper** on the birth of her granddaughter, *Billie Ava Paper*, born on March 4.

Sue and Pete Stein on the birth of their grandson, *Theo Stein Dittberner*, on March 8.

ZICHRONAM LIVRACHA

May their memories be a blessing

WE EXTEND CONDOLENCES TO...

Dee Albert (Shel Finver) on the death of her father, *Leo James Albert*, on February 7.

Ronna Hammer (Roman Soto) on the death of her mother, *Ruth Hammer*, on March 7.

Betsy Rest (Mike Bander) and **Pola Rest** on the death of their sister-in-law, **Lenore Hauser** on the death of her daughter-in-law, *MJ Tucci*, on February 15.

May God grant peace to all who mourn and comfort to all who are bereaved.

Clergy Visits



Our clergy would like to visit or call you if you are ill or homebound. To be sure we visit all of our members in need, please call us at 651-698-3881 and let us know the name of the person who needs a visit and all available information such as location (home or specific hospital or nursing home) and phone. **Thanks for helping us make connections!**

Mount Zion's Online Calendar!

www.mzion.org



The Mount Zion electronic calendar shows worship services, school dates, programs and events through next year! This calendar is updated daily!

FROM THE RABBI



Spring is around the corner. It may be a stretch after this winter, but it is coming. And we are ready.

Each year, we celebrate this rebirth through the deliverance of Passover/Pesach. The tastes and tales of an extraordinary seder night imprint memories that last a lifetime. We retell our core stories of our people and ourselves.

Last month, many of us heard the impassioned speech of Ari Shavit speaking about our people's history of triumph and tragedy in Israel. One of his points was that early Zionism's leaders may have been blind to some of the challenges of co-existence in Palestine. Today we live with the consequences of their brilliance, bravery, and perhaps blindness. They may not have had full foresight, but shortly after the Arab uprisings of 1936, hear the eloquence of Israel's first Prime Minister, David Ben Gurion as he speaks before the British Peel Commission in 1936:

300 years ago, there came to the New World a boat, and its name was the Mayflower. The Mayflower's landing on Plymouth Rock was one of the great historical events in the history of England and in the history of America. But I would like to ask any Englishman sitting here on the commission, what day did the Mayflower leave port? What date was it? I'd like to ask the Americans: do they know what date the Mayflower left port in England? How many people were on the boat? Who were their leaders? What kind of food did they eat on the boat?

More than 3300 years ago, long before the Mayflower, our people left Egypt, and every Jew in the world, wherever he is, knows what day they left. And he knows what food they ate. And we still eat that food every anniversary. And we know who our leader was. And we sit down and tell the story to our children and grandchildren in order to guarantee that it will never be forgotten. And we say our two slogans: 'Now we may be enslaved, but next year, we'll be a free people.'

We know our stories. May your Pesach conversations be vibrant and nuanced. May they convey the fullness of our extraordinary, challenged, and miraculous history. And may they be served with delicious food!

Wishing you a *zissen*/joyful Pesach,

Adam Stock Spilker, Rabbi

Passover Festival Morning Services



Join us for Coffee & Fruit

*before our Passover morning services...
and before the rest of your day....*

Tuesday, April 15 &

Monday, April 21 (Yizkor)

8:00 a.m. - Coffee and Fruit

8:30 a.m. Festival Service

Honoring our Milestone Members

You or someone you know!

Friday, May 16, Shabbat Dinner and Services (see p. 7)

We are inviting and honoring all from our community who have belonged to Mount Zion for at least 18 years. It is a reunion, a celebration! Re-connect to old friends. We will honor three groups on this Shabbat eve: all who have been members 18+ years, 36+ years, and 54+ years. And you can help choose the music of the service! See page 7.

MAKE SHABBAT YOUR SANCTUARY

Iton Tziyon Cover: I am Mount Zion

By Fred Amram



I'm a member of Mount Zion because I cherish the embrace of a caring community. In April I'll be speaking about my memories of the Holocaust (see p.17) because I want my Temple family to join me in opposing genocide everywhere.

Fred M.B. Amram and his wife Sandra Brick are long-time members of Mount Zion. Fred is the Morse Alumni Distinguished Professor Emeritus of Creativity and Communication at the University of Minnesota.

Cover photo credit: Jennifer Baddin

Where Was Everyone? A Survivor Remembers

Pulpit Guest: Fred Amram

Friday, April 25, 7:30 p.m.

During Shabbat Services, the Shabbat before Yom HaShoah

For more details, see p. 17.

Why Cook?

Spend Shabbat with Friends!

Congregational Shabbat Dinner

May 2, Dinner: 5 p.m.; Service: 6:30 p.m.

Cost by April 25: \$9 adults; \$5 kids under 13

Cost after April 25: \$12 adults; \$8 kids under 13

Sponsored by an anonymous donor.

Register at www.mzion.nirsham.com/events. For more information, contact Jennifer at jbaddin@mzion.org or 651-698-3881.

Save the Date for the next Mount Zion Shabbat Dinner:

Friday, June 6, Dinner: 5 p.m.; Service: 6:30 p.m.



Mount Zion Helps Make Mother's Day Meaningful!

Plan to spend at least part of the morning at Mount Zion.

If you do, you will bring added joy to this day!

Yom Ha'aym - Mother's Day Service

Sunday, May 11

9:30 a.m. Music and Prayers

(including a prayer to honor fathers as well)

10:00 a.m. Complimentary Brunch

Sponsored by Brotherhood

The **service** is led by our clergy and includes guitar accompaniment and participation of Shir Tzion, our kids' choir. The **brunch** that follows is sponsored by Brotherhood, many in tuxedos, waiting on beautifully set tables and serving a delicious, complimentary brunch. **The brunch is for all in our congregation** – daughters, sons, mothers, fathers, grandmothers, grandfathers! Confirmation students will sell roses to fundraise for their class gift.



APRIL

FRIDAY SHABBAT EVENING SERVICES

April 4, 6:30 p.m.

Shir Tzion Participates

Soul Food Friday, 7:30 p.m. (see p.5)

April 11, 7:30 p.m.

Professional Quartet Participates

April 18, 7:30 p.m.

Birthday Blessings

Volunteer of the Quarter

Food for Thought (see p.9)

April 25, 7:30 p.m.

Pulpit Guest: Fred Amram (see p.17)

SATURDAY SHABBAT MORNING SERVICES

April 5, 10:00 a.m.

*Metzora – Lev. 14:1-14:32**

Celebrate Shabbat!

April 12, 10:00 a.m.

*Acharei Mot – Lev. 16:1-34**

Shabbat Hagadol

Gabriella Harmoning, Bat Mitzvah

April 19, 10:00 a.m.

Shabbat Chol Hamoed Pesach –

*Ex. 33:12-34:26**

Celebrate Shabbat!

April 26, 10:00 a.m.

*Kedoshim – Lev. 19:1-37**

Micah Gwin, Bar Mitzvah

Schedule Every Shabbat Day

9:00 a.m. *Open Torah Study* - Drop in any time to study the week's Torah portion (listed above).

*Using a triennial [3 year] cycle, we are reading the first third of each *parashah* this year.

10:00 a.m. *Shabbat Morning Service*

Daily Service Schedule

Daily services are held in the Harris Chapel, *Monday through Thursday at 5:45 p.m., Sundays at 9:30 a.m.* **Please note: On April 15 (the first day of Passover), Daily Services will be at 5:00 p.m.**

April

Mondays: Rita Grossman, Batya Spector, Lee Litman

Tuesdays: John Mast, Deb Bachrach, Sarah Schaleger

Wednesdays: Eric Lund, Steve Silverman, Margie Abrahamson

Thursdays: Patrick Zimmerman, Stuart and Carol Foss

Sundays: Rita Grossman, Lindsay Nauen, Ray Sevett, Gloria Levin, Kurt Schaeffer

If you would like to participate in Leading or Greeting at daily services, contact Janet 651-482-9951 or Charles 651-646-6543.



Tot Shabbat

Tot Shabbat is the second Saturday of every month. For families with children from birth to seven years old.

Prepare for Passover
Saturday, April 12 at 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.





CHAI NOTES



“For, lo, the winter is past, the rain is over and gone; the flowers appear on the earth; the time of singing is come, and the voice of the turtle is heard in our land.”

Song of Songs, 2:11-12

As I write these words, it is mid-March, and yet more snow has fallen on the Twin Cities. My kids said this morning, only half-jokingly, that we’ve gone back in time to December. I hope that by the time you read this article, the above words from Shir HaShirim, the Song of Songs, are true, but I’m not making any bets!

Shir HaShirim is one of the five *megillot* (scrolls), and just as Ecclesiastes, Esther, Ruth, and Lamentations are associated with Sukkot, Purim, Shavuot, and Tisha B’Av, respectively, Shir HaShirim is associated with Pesach. That Shir HaShirim is chanted at the Shabbat morning service during the seven days of Pesach is typically explained by citing the verse above—essentially, that the link between Shir HaShirim and Pesach is springtime. But, as Rabbi Benjamin Edidin Scolnic points out, there are plenty of texts about spring, the Exodus, and Pesach. Why choose Shir HaShirim to link the three?

One interpretation Rabbi Scolnic cites references the act of singing itself. Shir HaShirim, the song of songs, the song above all songs, is itself the *ultimate* song: “a song about singing.” Why Shir HaShirim at Pesach? Because the act of singing is a natural response to the act of redemption that Pesach celebrates: one that we reenact every time we sing *Mi Chamocha*, the Song of the Sea that the Israelites sang after they crossed the Sea of Reeds. Song, and singing, are expressions of radical amazement and wonder at such a miracle—ones that we can bring into our daily lives. He writes: “We sing because we are thrilled that we can sing. We’re so busy running around with our intense schedules that we need to remember that we have the ability to sing, to wonder, to appreciate... We should be amazed that we were given this gift.”

I invite you to join us at Passover services (see page 8) to hear these beautiful words of the Song of the Sea and Shir HaShirim chanted and to lift up your voices in radical amazement!

Jennifer Strauss-Klein, Cantor

Trope Troupe

... the more Torah, the more life. -Hillel

Todah Rabah to our March Ba’alei Korei (chanting Torah): Sue Benfield, Siana Goodwin, Andrew Greenseid, Leah Kanihan, David Lipset, Maria Rubinstein, Kent Simon

Todah Rabah to our March Ba’alei Haftarah (chanting Haftarah): Andrew Greenseid, Leah Kanihan

Todah Rabah to our Megillat Esther chanters: Rachel Glick, Sally Glick, Karen Gjerstad, Siana Goodwin. Ethan Levin Mia Nosanow

To sign up to chant Torah or Haftarah on Shabbat, e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org

FROM THE PRESIDENT

Changes in our Religious School



There is still snow on the ground as I write this column but I am hoping that all will be melted by the time you read this, meaning that spring is well underway. We are soon approaching the end of the school year. Dana Prottas, our Lower and Hebrew School Director, has informed us that she will be leaving at the end of this school year. She will be the Director of Yachad, a new cooperative teen education initiative in Minneapolis. This is a good opportunity for Dana and her family. We wish her the best in this endeavor and appreciate all that she has done for our community over the past 5 years. We will be celebrating Dana’s time with us and bidding her *l’bitraot* on May 18.

We are very fortunate that Ana Apter, our current Teen and Chai School Director has agreed to be our Interim Religious School Director for the upcoming year 2014-2015. Ana’s background is well suited to this position especially after running half of our Religious School (grades 7-12) over the past few years. Ana’s undergraduate degree is in elementary education from Brandeis University which she graduated *summa cum laude*. She has been involved in Jewish education ever since teaching 7th grade in her synagogue in Duluth, when she was in 9th grade! We welcome Ana in her new role!

A change in personnel is a good time for re-evaluation. Our clergy and religious school committee, chaired by Sarah Elkin, will be evaluating our current and future needs in the religious school. They will ask for input from our parents and teachers. As our needs become clarified, we will be searching for a permanent director for our school. We plan to have someone in place by the beginning of the 2015 school year. Our religious school is a significant entry point to our Mount Zion community for many households and we strive to maintain an excellent and progressive school. The careful way that we search for a permanent director will help ensure that we continue to be an excellent school. If you have input for the Religious school committee, please contact Sarah Elkin sarahelkin@gmail.com.

Betsy Rest, President

Now online!

Looking At (Dis)ability Through a Jewish Lens



Written and Delivered By
Allyson Perling

on February 21

To read her D’var Torah, go to
www.mzion.org, under “News”

Letter of Gratitude

For the past several months Mount Zion has been sending books, documents, and religious items no longer in use to Bet Yisrael Jewish Community in Nigeria.



BET YISRAEL JEWISH COMMUNITY

Ibiakpan Nto Akan, Ikot Ukpong, P. O. Box 627,
Ikot Ekpene, Akwa Ibom State - Nigeria.

We, the members of Bet Yisrael Jewish Community, thank the members and Clergy of Mount Zion Temple in St. Paul, Minnesota, for your generous donation of Jewish Prayerbooks, Audio CDs, Jewish Calendars, Kippot, and other Jewish materials which you sent through the agency of Anthony Obot.

The materials have been very useful not only for the Jewish education of the children of the community, but also for the continuing education of the adult members of the community.

May *Hakadosh Barukh Hu* bless and safeguard you, your loved ones, and the House of Israel, now and always.

Yours faithfully,

Eliezer Yisrael Binyomin

Lay Leader of the Community

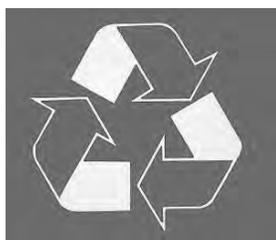
An update from the Yarok (Greening Mount Zion) Committee

Have you seen the new window in the hallway behind the sanctuary? The old energy wasteful, leaky one has been replaced at the recommendation of both the Building & Grounds and Yarok (Green) Committees. The new window mimics the old one in style but is insulated with special coatings and gas between panes of glass to be energy efficient.

Exterior doors have new weather stripping and closer arms to minimize loss of heat in winter and cool air in summer. Almost all of our light fixtures have florescent bulbs, and some have been changed to LEDs. We have even installed new curtains in the Sisterhood Lounge that look great and are lined and coated to be energy efficient.

Remember Earth Day, April 22.

Reduce, reuse, recycle, compost.



NOAZIM - 20s/30s GROUP

Making Judaism relevant to 20- & 30-somethings at Mount Zion!

For more information on upcoming events, to get involved, or to simply get on our mailing list, email Aimee Gonzalez at agc0610@gmail.com or find our group on Facebook!



Soul Food Friday

Come for the food, stay and feed your soul!

First Friday of every month.

April 4

Shabbat Dinner* @ 7:15 p.m.

Kabbalat Shabbat Service @ 8:15 p.m.

Connect with new people at this friendly and inviting service! Singles, couples, partners, ALL are welcome! *For dinner, RSVP to noazim.mz@gmail.com (\$5).



Join Rabbi Spilker on a:

Parashah Pedal Pub

Some Exercise, Some Torah, Some Beverage (*including non-alcoholic*)

What more could you want?

\$18/Person

Participants must be 21 and over regardless of beverage choice.

Saturdays, April 26 & May 17, 5:30-7:00 p.m.

RSVP Required! Limited to first 15 to sign up. More information when you sign up at www.mzion.org

Co-Sponsor an Oneg Shabbat



Sponsoring an Oneg Shabbat after Friday evening services is a lovely way to honor or remember a loved one or to celebrate an upcoming simcha. When you sponsor an Oneg Shabbat you help our community connect in the way that is part of our Mount Zion culture. For more details please contact Larry Solomon at lsolomon@mzion.org or 651-698-3881.

Follow us on

twitter



"like" us on
facebook

Have you been following Mount Zion on Twitter? Have you liked us on Facebook? To follow us on Twitter go to [@mountziontemple](https://twitter.com/mountziontemple) or go to twitter.com/#!/mountziontemple. To like the Mount Zion Facebook group, just search for Mount Zion Temple. We will post links to stories, events, and updating the congregation on the latest news and events.

A FROZEN PURIM



Tuesday, June 3 - 6 Sivan

7:30 p.m. - Midnight

7:30 p.m. Shavuot/Confirmation Service

10:30 p.m. Tikkun Leil Shavuot

Join us for Torah Study on the Festival of Shavuot
More details in the May Bulletin.

Wednesday, June 4 - 6 Sivan

Shavuot Festival Service (Yizkor)

8:30 a.m.

We celebrate the final festival of the year with our newest members of Mount Zion.

B'ruchim Ha Ba'im

Welcoming the First Fruit

All babies born since May 2013
Part of Shavuot morning services

CELEBRATING OUR MOUNT ZION COMMUNITY



Our Members

Friday, May 16

Honoring our Milestone Members

You or someone you know!

We are inviting and honoring all from our community who have belonged to Mount Zion at least 18 years. It is a reunion, a celebration! Re-connect to old friends. Help choose the music of the Shabbat service (see below). We will honor three groups on this Shabbat eve: all who have been members 18+ years, 36+ years, and 54+ years.

Honoring our Volunteer of the Year

Herman Birnberg

We will honor Herman for his contributions to our community that have spanned for many decades. Herman is chair of our Arts and Décor Committee and has secured many donations of art for our congregation during his tenure. Herman tirelessly assures that our buildings' furnishings, art collection, and landscaping are of top-quality and with aesthetic taste.



Shabbat Dinner, 6:00-7:30 p.m.

A quiet, congregational dinner by candlelight catered by Spirit of Asia
\$18 adults; \$12 children (under 13) Sign up by May 13 at www.mzion.org (after May 13, \$20/adult; \$14/child).
We will honor Herman Birnberg during the dinner.

Shabbat Services, 7:30 p.m. including

Music Memories: You choose the melodies of the Shabbat service!
We will be sending information by email so you can vote on the musical setting that will be sung for 1) *L'cha Dodi*, 2) *Mi Chamocho*, 3) *Ritzei*, *Shalom Rav*, *Oseh Shalom*; and 4) Closing Song. Our Cantor, Professional Quartet, Torah Tones, and Guitar Corps will be at the ready!

My Mount Zion, featuring Holly Callen

Holly Callen was one of Mount Zion's cantorial soloists from 1976-1997. Her rendition of Janowski's Avinu Malkeinu is still remembered by those who attended services in her days. She will speak about her memories of Mount Zion and participate in the service.



Honoring our Leadership, Honoring current, out-going, and in-coming Board of Directors members.

Honoring our Members

See top of this page; this may be you!

Our Year in Review

Sunday, May 18

Mount Zion's 158th Annual Meeting

You are cordially invited

10:00 a.m. in the Harris Chapel, featuring:

Mount Zion's "Year-in-Review" Video

Back by popular demand after 7 years!

Highlights video footage from: the Homeless Shelter, the Garage Sale, the Shofar Blowing Workshop, Tzitzit Tying, Hamentaschen baking and much more! Come see your fellow congregants in ways you would never have imagined.

Passing the 2014-15 Budget

More information in May bulletin.

Reflections from Betsy Rest, President & Rabbi Spilker

Honoring outgoing Board; Installation of incoming Board

Yom Acharon:

Religious School Closing Program

For the entire congregation!

10:45 a.m. in the Sanctuary, featuring:

Honoring and Farewell to Dana Prottas

Lower and Hebrew School Director



Graduation

In a well-orchestrated program, we will begin with music from our youth choirs, witness our graduating 6th graders parade with their handmade tallitot and then surround our 2nd graders as they share a blessing for learning.

Community Picnic

Again, for everyone! Really!

11:45 a.m. in Margolis Hall, featuring:

Lunch! \$3/person for a light lunch

Music – Intergenerational Dance with a DJ

(It will only be intergenerational if the "older" generations join!)

PASSOVER

Passover Festival Morning Services

Tuesday, April 15, 8:30 a.m.

Monday, April 21, 8:30 a.m. (Yizkor)

Why is this night different from all other nights?

What makes it special, one could argue, is not the matzah or the Haggadah, but the fact that the family spends the evening at the table together, eating and talking. No one calls to say "I'll be late, start without me." Nobody leaves early for a meeting, a game, a favorite TV show. And the result is, what we do on all other nights of the year is forgettable, but the Seder leaves us with warm and precious memories.

The Voice of Turtledove is Heard

Shabbat Passover, Saturday, April 19, 10:00 a.m.



During the service, we will hear Shir Hashirim, the Song of Songs, along with songs inspired by this beautiful text sung by the Torah Tones. A Shabbat Passover potluck lunch will follow the service.

"With prices the way they are, my \$20 in food stamps doesn't buy much food. I am rich with friends, but my savings is gone."
-Normarose

NO KIT MAZEA: A Jewish Response to Hunger | Barbara Green

This Passover, join MAZON to end hunger for Normarose and the millions of Americans and Israelis who struggle with food insecurity.

MAZON
A Jewish Response to Hunger
mazon.org

Please help us end hunger. Donate today.

Passover Home Celebration

The First Seder is on Monday night, April 14



Mount Zion will not have a congregational seder. Instead, we want to make sure everyone has a place to go. If you have space for a guest at your Passover table or are looking for a home celebration, call Julie Beckman, 651-698-3881 or jbeckman@mzion.org.

Passover Prep Yoga Practice

With Cantor Spilker and Mount Zion member, Lela Wright

Friday, April 11, 6-7:15 p.m.

Come prepare for Passover and ease into Shabbat with yoga! All levels welcome. Please bring a yoga mat, but we'll have extras on hand if you don't have one. Following our practice, we'll have tea and light snacks together. Bring your Shabbat clothes if you can also join for the 7:30 service.



"My life is my practice — My practice is my life"



After studying yoga for many years, Lela decided that she could not keep yoga to herself. Teaching yoga philosophy to others became a passion. Not a practice goes by where the word "connect" is absent. We have the opportunity to connect with our breath, our body, and with one another. She can be found guiding practices around the twin cities area at Big River Yoga, the YMCA, local high schools, and wherever she is needed. Lela believes that we learn most through our life experiences and she guides her practices the way she lives her life—with a big smile and a joke or two. When Lela is not teaching she can be found finishing up her undergrad at St. Catherine University, gardening, reading, perusing through antique stores, playing volleyball, and enjoying time with her husband, three children, 2 cats, and 5 chickens

Mount Zion Temple Sisterhood's

Women's Seder

April 16, 6:30 pm at Mount Zion Temple

\$5/person

Light Dinner and Service led by Cantor Jennifer Strauss-Klein

Please invite the women in your life to come with you!

RSVP by April 9 to:

Peggy Kipp 2273 Wagon Wheel Ct., Mendota Hts., MN 55120.

Any questions, pegk56@comcast.net



For excellent resources on Passover and all other Jewish learning, go to: www.myjewishlearning.com

Food for Thought

Learn and Nosh before Shabbat Services

5:45 - 6:15 p.m. Gathering and a Light Nosh

6:15 - 7:15 p.m. Food for Thought Discussions

Discussion over wine, juice, and light appetizers. Child care available.

Friday, April 18

The Jewish Approach to Grieving

A Discussion with the Rabbi

Rabbi Esther Adler



Sooner or later someone we love will die and we will grieve. It is the human condition. As with almost all life experiences Jewish rituals and wisdom have been developed by sages, rabbis and others to help us along our journey. Learn about traditional and creative ways of observing from the practice of shiva to observing a yearzeit. Join Rabbi Esther Adler as we learn more about the Jewish approach to death and grieving and how it can help us move from despair towards healing



Friday, May 9

Fleyshik und Fishn (meat and fish)

Guest Speakers:

Suzanne Weinstein, founder and President of Coastal Seafoods

Jimmy Biglow, longtime local butcher and meatcutter, currently at Kemp's Market in St. Paul

Phil Goldman, moderator and consumer of both

Our busy lives often mean we neglect to think about how the food we eat gets to our plate, including the animal itself or the many people that help get it there. Rarely, if ever, do we stop to think where that food came from, or how it got to that point. Let alone do we consider just who those people may be behind the white coat and apron - if we even see those people. The stories they have to tell are amazing. The lessons we can learn all the more so. Join us as we explore the ins and outs of buying, storing, cooking, and eating meat and fish - from the very people that have been providing us for over 40 years.



Jimmy Biglow (originally Belofsky) has been a butcher in St Paul for over 40 years, including for many years as owner of Capital Meats on Wabasha, and later Rice Streets. Jimmy has seen the meat business change and evolve dramatically, through different ethnic cultures and traditions, including Jewish. And he is still going strong, as one of the last remaining butchers in town.



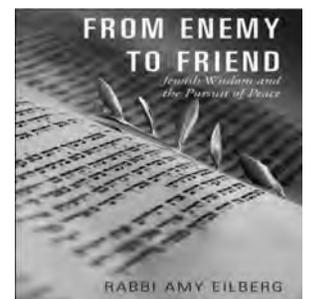
Suzanne Weinstein is originally from Skokie, by way of UW Madison, and moved here in the 1980s, when she began what would eventually become Coastal Seafoods, a local landmark and 'go to' destination for anyone looking for the freshest fish in town.

The 35th annual Goodman Lecture Series presents

From Enemy to Friend: Featuring Rabbi Amy Eilberg Jewish Wisdom and the Pursuit of Peace

Thursday, May 1, 7:00 p.m. at St. Catherine University - St. Paul campus
A reception and book signing will follow the lecture. Free and open to the public.

Rabbi Amy Eilberg will discuss her new book, *From Enemy to Friend: Jewish Wisdom and the Pursuit of Peace* (Orbis Books, 2014). The book examines how ancient Jewish texts and traditions offer a guide to reconciliation and peace building in our lives, our communities and the world. A visiting professor in the Department of Theology, Rabbi Eilberg is the first woman ordained as a Conservative rabbi by the Jewish Theological Seminary of America. She directs interfaith dialogue programs in Minneapolis/St. Paul and teaches at United Theological Seminary. **For more information call St. Catherine's at 651-690-6017.**



ARZA presents:

An update on Religious Pluralism in Israel

Marlene Dodinval, Central District Director for ARZA

Featuring a Torah scroll that will be going to Israel

Tuesday, April 8, 6-7 pm at Mount Zion

Dinner - \$10 person.

RSVP by Monday, April 7 at 3 p.m. to sschuman@mzion.org.

Please indicate whether you would like

a) turkey; b) tuna; or c) veggie. *If you miss the deadline, you're welcome to bring your own dinner or just come for the talk.*

Marlene Dodinval, Central District Director for ARZA (Association for Reform Zionists in America) will provide a brief update on ARZA's effort to support and grow religious pluralism in Israel and will discuss the importance of growing our membership base as we plan for the upcoming WZO elections. Marlene is not coming alone – she will be bringing a very special Torah scroll from Congregation Beth Israel in San Diego, CA which is being donated to Kehilat Sha'ar HaNegev, a Reform congregation near Israel's border with Gaza that has no Sefer Torah of their own. The Torah scroll is traveling to 20 communities across North America, enabling American Reform congregations to celebrate and be a part of this historic event. At 7 pm, Marlene will join the Board of Directors and offer a brief D'var Torah.



ARZA: Then and Now

When ARZA began there were 6 Reform Congregations in Israel, the IMPJ was five years old and the Hebrew Union College- The Jewish Institute of Religion, the rabbinical college of Reform Judaism, was brand new.

36 years later, there will be 43 Reform communities and congregations in Israel as of their coming convention. This movement runs about 50 pre-school classrooms, provides school-run educational programming; an active and growing youth organization, "Noar Telem," a summer camp, a fully subscribed Mechina (pre-army leadership program), a Youth, Adult, And Students Forum for 20-30 year-olds, as well as four Batei Midrash, Jewish study centers. With 100 ordained Rabbis, they are ready to grow!

Yom Ha'Zikaron – Israel's Remembrance Day

Sunday, May 4, 7:00 - 9:00 p.m.

Minneapolis @ Adath Jeshurun Synagogue *led by the USY Youth Group.*
St. Paul @ Beth Jacob Congregation



An evening for our community to remember those who have fallen in the defense of the State of Israel and to honor those who played an integral role in the establishment of the State of Israel.

See insert for more details.

Yom Ha'atzmuat

Twin Cities Celebration Israel@66

Monday, May 5, 5:00 - 7:00 p.m.

Sabes Jewish Community Center (4330 Cedar Lake Road S,)



This Twin Cities event celebrates 66 years of Independence for the State of Israel at the Sabes JCC! Israeli food, crafts, carnival, dancing, songs and more! *See insert for more details.*



An Israel Book Discussion

The Immortal Bartfuss

By Aharon Appelfeld

Monday, May 12, 7 p.m.

in the Mount Zion Library

Join Charles Fodor and Jonathan Eisenthal as well as members of Mount Zion's Israel book club for an engaging conversation about Israeli life through its literature. Questions: Contact Charles at CSFodor@aol.com or Jonathan at jkeisenthal@comcast.net.

The Triumph and Tragedy of Israel: Ari Shavit Visits Mount Zion Temple!

On Sunday, March 9, 2014, Mount Zion Temple and the Jewish Community Relations Council of Minnesota and the Dakotas Ari Shavit, author of *My Promised Land*. Over 600 attended from across the Twin Cities. JCRC and Mount Zion continued with this lecture a tradition of open and informed dialogue on Israel. **If you were unable to attend, go to www.mzion.org to view the full video of this event.**

Photos by: Phil Goldman





Join Rabbi Spilker on a: Parashah Pedal Pub

Some Exercise, Some Torah, Some Beverage (including non-alcoholic)
What more could you want?

\$18/Person

Participants must be 21 and over regardless of beverage choice.

Saturdays, April 26 & May 17, 5:30-7:00 p.m.

RSVP Required! Limited to first 15 to sign up. More information when you sign up at www.mzion.org



Learning Liturgy: Understanding God and Ourselves through Prayer

Shabbat Morning Learners' Services Led by our Rabbis

Saturday, April 5, 10 a.m.

What we learn about God and ourselves in the Torah service.

(The prayers and choreography of the Torah service offer many insights into our relationship with God.)

The Purpose of Mount Zion Temple's Library



The mission of the Mount Zion Melamed-Bloom Library is to enhance and facilitate the study, teaching, and practice of Judaism. The Library provides materials in a variety of formats on Jewish culture, history, ethics, and theology to assist the rabbinic and teaching staff, congregants, and students in these endeavors. In addition, the Library maintains resource materials for b'nai mitzvot, curricula support, and conversion. The Library also acts as an archive, housing transcripts of congregational oral histories, video recordings of temple events, and materials and works considered classic and theologically, historically, and culturally useful in the study of Judaism.

The Library also serves as a community resource with materials on Jewish holidays, liturgy, worship, anti-Semitism, feminism and women's studies, Israel, adult and juvenile literature, novels and other material related to past and current Jewish and Israeli life; art, comparative religion, and Judaism vis-à-vis contemporary culture.

Charles Fodor and Pam Margolis Co-Chair the recently re-activated Library Committee. This Committee will assist Bob Epstein in his role as our Librarian, in book selection and purchase, library sorting and shelving and in deciding which materials/books will be removed from our collection. Please contact the Temple Office if you are interested in being involved on this Committee.



MIRIAM'S WELL

Sisterhood's Judaica Shop News

Passover begins April 14th at sundown. Come check out the Passover Mart for all your Pesach needs! Wednesdays 4:30 – 7:15pm; Fridays 30 minutes before services; Sundays 9:20am-12:15pm. Our volunteers are the reason we can keep our doors open. All Volunteers are invited to the Mount Zion Sisterhood Closing meeting, May 4th so we can honor you. We are grateful for your service!

Mount Zion Sisterhood Board

Proposed Slate 2014-2015

Co-Presidents: Michelle Morris, Sheri Frisque; **Past President:** Gail Gendler; **President Elect:** Ruth Garner; **VP Religion and Education:** Edith Pang; **VP Marketing:** Ashley Burbel; **VP Human Relations:** Liz Stein; **VP Membership:** Margie Abrahamson; **VP Programming:** Berneen Rudolph; **Programming Chairperson:** Amy Kaufman; **VP Finance:** Penny Drucker; **Auditor:** Terry Stander; **Correspondence Secretary:** Deb Bachrach; **Recording Secretary:** Stacy Kanihan; **Membership Secretary:** Peggy Kipp; **Treasurer:** Liz Stein; **WRJ Board Member:** Diane Frichol; **WRJ Midwest Area Directors 2013-2015:** Sue Stein and Diane Frichol

Upcoming Events

The Women's Seder April 16, 7:00 p.m. (See p.8)

Create a Bigger Impact with Your Business

Women's Networking Group

Tuesday, April 29, 6:30 - 9:00 p.m.

Barb Zuleger, Business Growth Specialist and founder of Performance Partners, will discuss how to start creating a bigger impact with the work you are doing one day and one decision at a time. As a longtime entrepreneur and business coach, her passion is improving the quality of life for business owners and their families through business growth that is sustainable, leveraged and profitable for years to come. Please join us for networking, beverages and desserts at 7 pm. RSVP@tinyurl.com/wpng-apr2014. Questions, contact Sandra Brick at sandra.brick@gmail.com or call Gail Gendler at 651-210-1699. *Sponsored without charge by the Sisterhoods of Mount Zion, Temple Israel and Bet Shalom.*

Red Cross Blood Drive

Wednesday, April 23, 2:30-7:30 p.m. at Mount Zion

Register for an appointment by going online at www.giveblood-givelife.org. (Zip code 55105 or call 651-260-2966). Matzah ball soup, veggies, fruit and beverages provided by the kind members of our congregation. And good feelings! Donors have to be 16 with photo id and weigh at least 110 pounds. Can't donate? Work at the blood drive or donate food. Questions? Contact Terry tstander@aol.com.

"Give Blood? Dam Right I do!" T-Shirts: First Time Donors get a FREE tee shirt! Past donors: Suggested donation of \$5. (Dam is the Hebrew word for blood!)



Closing Meeting & Board Installation

Sunday, May 4, 10 a.m., Margolis Hall

Meeting Topic to be announced. **SAVE THE DATE!**

TAKE HOLD OF TORAH - PANIM EL PANIM

Partner-style Torah study: the ultimate in *Panim el Panim*

This monthly column features the reflections of a Mount Zion study group including Jonathan Eisenthal, Sue Lund, Bonnie Resnick, and Steve Silverman. This year they are studying Proverbs. Here are some reflections on Chapter 8.

Proverbs, Chapter 8: Measuring Wisdom

Proverbs, 8:8 “All the words of my mouth are correct. Nothing among them is twisted or perverse.”

Wisdom, Why bother? By Steve Silverman

I admit it. I'm a cynic. I don't trust anyone who claims to have a corner on the truth. Perhaps that's why I struggle with certain verses in Proverbs, Ch. 8. Some character identifying herself as 'Wisdom' presents herself at "the crossroads" (v. 2) (as though I should know what two roads intersect where she is), claiming that "for my mouth speaks the truth" (v. 7). Haughtily, she shouts "All the words of my mouth are correct. Nothing among them is twisted or perverse." (v. 8) I roll my eyes. "Look, Wisdom calls out and understanding sends forth her voice." (v.1)

Can you imagine your reaction if someone came up to you at your crossroads, likely blocking your ability to move forward, claiming complete understanding and truth?

For me, the challenge in integrating the text into my life is to first figure out how to accept the message as helpful without first dismissing it as meddling interference. The first step is to determine what my 'crossroads' are. Next, decide that there must be value underlying the text, if only because scores of generations of Jews have relied on it before me, and gave it credence. That may involve opening my head and heart to possibility. That, in turn, depends on my ability to admit that I'm neither as smart nor self-reliant as I'd like to believe. Finally, I need only heed the words of text which outline a life of righteous conduct.

I admit that it's all easier said than done. But reading text and opening up to possibility are exemplary first steps.

Proverbs, 8:19 “My fruit is better than gold, yea, than fine gold; And my produce than choice silver.”

Faithfully yours, by Sue Lund

Who is the "My"?.. Why Wisdom of course! The whole of Proverbs, as we have been studying together, centers around wisdom. Which begs the question: What is wisdom? Is it better than gold? Who is Wise?

One of my favorite answers to the question of "Who is Wise?" comes from another text: Pirkei Avot: Who is Wise? The one that listens to everyone.

But back to the question of: What IS Wisdom? As we read further onto verse 8:22: "The Lord made me as the beginning of His way, The first of His works of old." ("me" again is Wisdom..) Okay, so I get it: Wisdom came first: Before Creation even! Really? Wow! So, here we learn that wisdom is so important, it even preceded the creation of the world! When we studied this passage, we looked at the Hebrew associated in the verse, and in this case the word for "made me," is the verb "kanah." We looked up this word in the Hebrew/English dictionary and it can mean either create or acquire. Which led us to talk about whether G-d had created or acquired wisdom!

Still we have not answered the question: What IS wisdom! Stay tuned as we continue our way through the book of Proverbs, with many questions unanswered (the beauty of study and learning...) Having studied this por-

tion, I can honestly say that LEARNING.. which I believe leads to WISDOM.. IS better than any wealth one could acquire, especially when we listen to one another and answer the call...

...*Sh'ma Israel Adonai Eloheinu Adonai Echad...* Just listen... to the still clear voice... if only we pay attention.. listening to both ourselves and those around us, we will have acquired something far better than gold or silver: LOVE. For by listening, and doing acts of loving kindness - gemilut chasidim - we have answered the call. We are wise.

Proverbs, 8:30 “I (Wisdom) was with Him as a craftsman, I was His delight every day, frolicking before Him at every time.”

(Prov. 8:30, Translation, Aryeh Kaplan, Bahir. p. 20)

Notes from a desultory mystic, by Jonathan Eisenthal

God's creation was no rash act, no whim of the moment. But then again, playful delight evidently informed the process. So, let's join the sages on their mystical journey, looking for God's trade secrets. How did He do it? (Actually, the mystics thought of it more as He and She doing it together...but I don't want to get off track here...)

Robert Alter usually has an apt comment: "In rabbinic tradition, (this verse) was a trigger for the idea that God made the world by following the blueprint of the Torah, which pre-existed creation; and later the Kabbalah would elaborate this notion..." (*Alter, Robert. "The Wisdom Books." W. W. Norton & Company, Inc., 2010.*)

And how! How long did God look into this heavenly Torah before getting to work? An ancient mystical text called the Bahir seizes on the literal Hebrew for "every day" in our verse — "yom yom" — they say, Aha!!, two yoms!! and since, in Psalm 90 we learn that for God "a thousand years is but a day" Proverbs is obviously talking about 2,000 years that God sat around, pondering the blueprint, scratching His Head, getting ready.

Zohar further elaborates: "Come and see: With Torah the blessed Holy One created the world. This has been established, as is written, 'I was with him as a nursling, I was a daily delight (Prov. 8:30).' He gazed upon her once, twice, three and four times, then spoke, creating through her. To teach human beings not to err in her (Torah learning), as is written: 'Then He saw and declared her, arranged her and probed her. (Then) He told humanity (Job 28:27)' The blessed Holy One created what He created corresponding to those four times (saw, declared, arranged, probed). (*Matt, Daniel. Zohar, vol. I, p. 29, Stanford University Press.*)

The rabbis of the Talmud argued that if God took four looks at Torah before creating, then all the more so, human beings require four looks in order to understand a passage. Ideally, a person then teaches what he or she has learned. (*See the fascinating discussion in Babylonian Talmud, Erwin 54b.*)

The Sages probed the stories of Creation to understand their own creativity. The Creation is not a fairy story from long ago. It's the ongoing potential of every moment, made of delight, on a foundation of wisdom.

TEEN AND YOUTH ACTIVITIES

Chai School (7th-12th Grade)

7th Grade (Gesher)

Final Mitzvah Trip: Scott Fried on Thursday, May 1.
Mitzvah Board Presentation: Friday, May 9.

7th-12th Graders

Chai School Graduation and Senior Send-off!

Friday, May 9

6:00 p.m. – Join us for a spaghetti Shabbat dinner to introduce our seniors. RSVP at mzion.nirsham.com.

7:30 p.m. – Continue the special evening at Shabbat Services as we honor our Chai School graduates who have continued with their Jewish education through 12th grade and send-off our High School Seniors! 7th graders will participate and will present their Mitzvah projects during Oneg. All Mount Zion teachers and specialists are invited to celebrate with us!

11th-12th Grade

Bowling for Hillel

Sunday, April 6, 2:00 - 5:00 p.m.

Sign up online at mzion.nirsham.com. Contact Ana Apter at aapter@mzion.org with an questions.



Yom HaShoah Program Wednesday, April 30, 6-7:15 p.m.

Chai School parents/guardians are invited to join our teens as we hear the powerful story of Holocaust survivor, Erwin Farkas. **For more details, see p. 17.**

Spring Kallah

All 8-12th Graders are invited to Spring Kallah, **April 10-13, at Temple Israel in Minneapolis.**

Sign up at nfty.org/no/events/spring.



Madrichim Training



Tri II Class



Tri II Cooking Class

Those Who Can, Teach!



Are you passionate about Jewish life? Ever thought about how much fun it would be to spend your Wednesday evenings with 7th, 8th, and 9th graders? If you or someone you know would be a great Chai School teacher, e-mail Ana Apter at aapter@mzion.org!

Noar Tzion

(4-6th Grade Youth Group)

Sunday, April 27, 12:15 - 2:30 p.m.

Sweeping Sidewalks

Let's celebrate Spring by sweeping away winter. Join your friend for a Spring clean-up in the neighborhood around Mount Zion.

Gloves and trash bags will be provided – wear clothes/shoes that can get messy.

SPORTY News and Events

Saturday Night Lights

(9-12th Grade)

Twin Cities-wide Jewish Prom

Saturday, April 5, 9:00 p.m. - 12:00 a.m.

at the Radisson Blu Hotel

Register at besyn.org/saturday-night-lights



SPORTY Elections



Want to plan teen events? Want to bring the teen perspective to the Mount Zion Board? Run for SPORTY Board! Watch your e-mail for more information!

SPORTY Board Meetings

All Meetings are from 7:30 - 8:30 p.m.

April 2, 9, 23, 30



11th/12th graders go rock climbing!



Parents and Congregants

Join us for Yom Acharon The Last Day of School!

Sunday, May 18

9:30 a.m. Students Attend Class

10:00 a.m. Annual Meeting

10:45 a.m. Religious School Celebrations (see p. 7)

Second Grade Mechina

Hagigat HaSiddur Ceremony

The Celebration of the Siddur

Celebrate the culmination of the first year of Hebrew studies with our second grade Mechnia class.

Sixth Grade Dalet Siyyum/Completion Ceremony

Sixth graders will show off their beautiful handmade tallitot and mark the culmination of five years of Hebrew Study.

Teacher Appreciation

Please come to show your support and appreciation for the faculty and staff who create a vibrant Jewish learning environment at Mount Zion.

Special tributes will be given to staff reaching special milestones. We will also celebrate and thank our graduating Madrichim! And a special honoring of Dana Prottas (see pages 4 & 7)

Picnic, DJ, Raffle, and more fun!

Following Annual Meeting and
Closing Religious School Program

Please watch your e-mail for more information about this amazing event!

The Religious School Satisfaction Survey!



As part of our ongoing efforts to continually improve our programming in the Religious School, we will again be conducting an evaluation survey this spring. This survey will be sent to all Religious School parents and guardians during April to gather additional

information and suggestions for our program. As you can see from our improvements during the 2013-2014 school year, we value your thoughts and opinions! We can only make our programs better with input from YOU. Thank you advance for taking the time to fill out this survey. Questions? Please contact the Evaluation Committee Chair, Lija Greenseid at lijagreenseid@gmail.com.

Registration Coming Soon to a Computer Near You!

Back by popular demand! Registration for the upcoming school year will again be available online. An email with the registration link will be sent by the first week of May!

Upcoming Events

Sunday, April 6

Kindergarten Model Seder

6th Grade – Putting God on the Guest List, 9:30 a.m.-12:15 p.m.

Sunday, April 13-Sunday, April 20

No School – Passover Break

Sunday, April 27

5th Grade – B'nei Mitzvah Orientation (parents/guardians only),
11:00 a.m.-12:00 p.m.

4th-6th Grade St. Paul Community-Wide Yom HaShoah Program at the St. Paul JCC, the play The Children's Republic

Friday, May 2

Congregational Shabbat Dinner featuring PreK, K, & 1st grade classes,
Dinner at 5 p.m., Service at 6:30 p.m. For more details, see page 3.

An Amazing Day of Learning

Z. Willard Finberg Congregation Education Day

On Sunday, February 23, our congregation joined together with educator, musician and performer Naomi Less for an engaging day of soulful music and learning. Adults and children had the opportunity to study with some of our core prayers in order to connect on a personal level with the meaning and intent behind the prayers. While thinking about being thankful, some students were thankful for their lives, family, DNA, and chocolate chip cookies. Our community gathered together mid-morning for a soulful tefillah. Thank you for joining together to make this day of learning an amazing experience!



B'NEI MITZVAH

Gabriella Harmoning

April 12, 2014

Gabriella Harmoning is the daughter of Rebecca Wilson Hernandez and Matthew Harmoning. She is the older sister of Zeldia Harmoning and Elijah and Robert Peres. She is the grand-daughter of Jill Wilson, Robert and Betsy Wilson, Connie and Jeff Berdass, Sally and Arlen Harmoning and Laura Torres. Gabby is a 7th grader at St. Paul Academy. She is passionate about soccer and music. She plays on the soccer team at SPA. She also plays the violin in the orchestra. Gabby will be donating a portion of her gift money to the Humane society as she is passionate about animals.

Micah Gwin

April 26, 2014

Micah is the son of Sanders and Doreen Gwin and the older brother of Isaac. He is the grandson of Hal Gwin (of blessed memory) and Joy Gwin and the grandson of David and Barbara Lader. Micah is currently in the 7th grade at St. Paul Academy. His favorite subjects are Science and English. Micah enjoys sports and participates in the soccer, basketball and track teams for his school. In honor of his Bar Mitzvah, Micah will be donating a portion of his gift money to Feed My Starving Children.

Hannah Segal

May 3, 2014

Hannah is the daughter of Neil and Jessica Segal. She is the granddaughter of Jerome (a blessed memory) and Lana Segal and Richard (a blessed memory) and Vickie Splinter. Hannah is the great granddaughter of Wayne (a blessed memory) and Fern Forseth. Hannah is in 7th grade at Dodge Middle School in Farmington where she enjoys band, science, and math classes. Hannah also enjoys singing in choir, dance classes, and learning piano, flute, and guitar. For her Mitzvah Project, Hannah chose to work toward improving the environment in her local community by adopting a park and by cleaning up litter in public areas and along the Vermillion River. In honor of becoming a Bat Mitzvah, Hannah will be donating a portion of her gift money to Make-A-Wish Foundation, an organization that grants wishes to children with life-threatening medical conditions.

Men's Retreat

Friday, May 2 - Sunday, May 4



See column at the right for details.

BROTHERHOOD

Shalom Friends,

Brotherhood Brunch

Sunday, March 30, 9:45 a.m.

Join Brotherhood for an opportunity to relax at Temple over a delicious complimentary breakfast and reconnect with your friends in the Mount Zion congregational community in Johnson Social Hall. We will provide bagels, cream cheese, lox, eggs, and fruit.

Mother's Day Brunch

Sunday, May 11, 10 a.m.

Following the joyous, meaningful, and thoroughly musical Yom Ha'aym service, mothers and fathers (in fact, our entire Kehillah!) are invited to Brotherhood's complimentary holiday brunch which celebrates Mount Zion's parents. Gents, a team of volunteers (food prep and serving) is needed to move this outstanding production along. Please contact Shel (finvers@comcast.net) if you're available to roll up those sleeves.

Brotherhood Men's Retreat

Our third annual retreat in Lanesboro, MN, is Friday May 2 - Sunday May 4. A few spots may remain for the second annual Brotherhood Retreat. We have arranged for additional rooms at the Resort this year to allow for greater flexibility in accommodations including some single room and additional dorm space to permit an increase in the number of participants. This year's theme: Exploring Jewish Manhood: Creating Jewish Manhood and Brotherhood in a Free World. The program includes dinner, services, and informal discussions on the porch overlooking the Root River ravine on Friday night. Saturday includes services, Torah study and discussion in the morning, recreational activities in the afternoon, and Havdalah and our program with the rabbi in the evening. The registration fee covers lodging for both nights, 5 delicious meals, snacks, and drinks. Check-in time for the retreat will begin at 4 p.m., with Shabbat dinner to start at 7 p.m. There will be additional recreational activities Friday afternoon and Sunday after check-out at 9 a.m. Registration is now open at mzion.org, click on Register, or call Sheila in the Temple Office 651-698-3881.

Brotherhood Office Elections will be held at the early May Brotherhood Board meeting. If you're interested in serving as a member of our 2014-2015 leadership team or would like to nominate someone, please contact President Richard Newmark. We are looking for a secretary and vice-presidents of membership and events. Input on future Brotherhood initiatives and programs is also welcome.

Brotherhood continues to sell bagels and coffee at the new "Wi-Fi Pop-Up Café" at the Summit Avenue entrance. Please sign up with Arnie Krohn (askrohn@comcast.net) for a shift or two to help sell the coffee and bagels. Bagel sales serve our community and give us an opportunity to socialize with fellow congregants.

B'Shalom, **Richard Newmark**, *Brotherhood President*
(ranewmark@yahoo.com or 651-340-3487)

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In Memory of:
Maxine Applebaum
 Hal & Kathy Gershman
Gus Gutman
 The Family of Gus Gutman

In Yahrzeit Memory of:
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In Honor of the Birthday of:
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In Appreciation of:
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 Anne Starr

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In Memory of:
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ELSA BRONSTIEN MEMORIAL FUND

In Memory of:
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CARING COMMUNITY FUND

In Appreciation of:
Those who supported me during my recent illness
 Anne Starr

In Memory of:
Marlene Iochpe Kolodny
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 Jessica Griffith
 The Family of Gus Gutman

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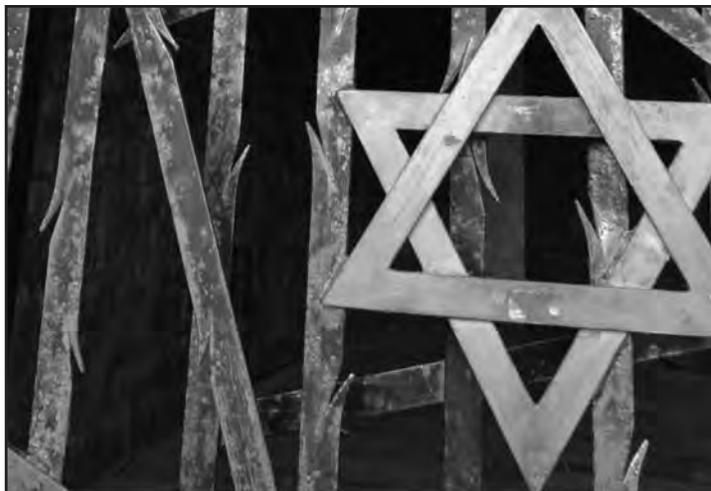
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Dr. Eric Stein
 Jill Stein Lipset
Ted Stover
 Rachael & Ben Haney
Dr. Fritz Stransky
 Walter Schwarz
Sylvia Taran
 Lisa Taran-Maddy
Emanuel Verbin
 Janice & Henry Snyder
Sophie Weissman
 Anne Starr

YOM HASHOAH



2014 TWIN CITIES ANNUAL YOM HASHOAH COMMEMORATION

Sunday, April 27, 7:00 p.m.

Twin Cities Annual Holocaust Remembrance Day
Featuring voices of Twin Cities Holocaust Survivors
Temple of Aaron (616 S. Mississippi River Blvd.)

The 2014 Yom HaShoah Commemoration is free of charge and open to the public.

For more details, e-mail susie@minndakjrc.org.

The Yom HaShoah Commemoration is co-sponsored by the Jewish Community Relations Council of Minnesota and the Dakotas, Children of Holocaust Survivors Association in Minnesota (CHAIM), Temple of Aaron, the Minneapolis Jewish Federation, and the Jewish Federation of Greater St. Paul.



Where Was Everyone? A Survivor Remembers

Pulpit Guest: Fred Amram

Friday, April 25, 7:30 p.m.

During Shabbat Services before Yom HaShoah



The Holocaust is remembered for its atrocities – the millions murdered by the Nazis. But how did it begin? Were there warning signs? Where were our friends? Why do we continue to allow new genocides? Fred Amram relates some of his experiences in Nazi Germany and explores some lessons learned.

For the last four years at Mount Zion on a Shabbat before Yom HaShoah, we have invited members of the second generation to speak and share their parent's stories and their own.

We did so to help the children of survivors find their own voice, their own story. This year we return to listening to a person who was himself an eye witness and survivor. May we continue to find opportunities to truly hear the stories of all in our congregation.

Fred M.B. Amram and his wife Sandra Brick are long-time members of Mount Zion. Fred is the Morse Alumni Distinguished Professor Emeritus of Creativity and Communication at the University of Minnesota.

Chai School Yom HaShoah Program

Wednesday, April 30, 6-7:15 p.m.

Guest Speaker: **Erwin Farkas, Mount Zion Member**

Mount Zion member Erwin Farkas was sent to Auschwitz- Birkenau when he was 15 years old. He will tell the story of what he endured and how he survived. There will be time for questions from the students. All Mount Zion members are welcome to attend Erwin's talk as well.



SOCIAL ACTION UPDATE

Donations Needed for Family Shelter in June

The guests at the Mount Zion Family Shelter have no home, but they are also in need of many other things. Can you help by donating a few items?

Please consider donating an item or two!



New underwear & socks for children of all ages and adults of all sizes



Sample size toiletry articles like deodorant, soap, shampoo and toothbrushes



Gently Used or New Summer clothing for all ages and sizes: boys, girls, men and women

Place donations in bin by Cantor's office.
Thanks for your generosity!

Tzedek=Justice

INTERFAITH CONNECTIONS

Mount Zion welcomes everyone in our community. If a Mount Zion member is Jewish and others in her or his household are not Jewish, all of them are welcome to be involved in our congregation.

Mount Zion has many households with mixed religious backgrounds. This fact alone suggests what many personally attest to: interfaith families feel comfortable being part of the Mount Zion community.

Our doors are open. We invite you to make Mount Zion your spiritual home. We look forward to meeting and getting to know you.

I am here to hear your ideas for programming or concerns you may have as an interfaith family member.

Maureen Davidson, *Interfaith Coordinator*
reendavidson@yahoo.com 651-645-9244



InterfaithFamily.com is the premiere resource supporting interfaith couples exploring Jewish life and inclusive Jewish communities. We offer educational content; connections to welcoming organizations, professionals and programs; resources and trainings for organizations, clergy and other program providers; and our new InterfaithFamily/Your Community initiative providing coordinated comprehensive offerings in local communities.

CARING COMMUNITY

Pikuach Nefesh Saving a Life!

Seeking a Kidney Donor

My Story



My name is Margo Friedman. I have been a member of Mount Zion for 53 years. I attended OSRUI as teen and it was "my home away from home"! I have been involved at temple in Religious School teaching, Torah Tones, Sisterhood, Blood Drives, Daily Services, and the Caring Community. I was in the Adult B'nei Mitzvah Class of 1981. I taught children with learning disabilities for 36 years in Saint Paul. When I retired, I volunteered at Galtier Community School in the library, but I can no longer do that due to the severity of my kidney disease.

Looking for a Donor: You've got what it takes!

I have been an insulin dependent diabetes for 26 years. My kidneys are almost nonfunctional (Stage 4 kidney failure) and I am in need of a kidney transplant. I am looking for a live kidney donor. Living donor kidney transplants offer better outcomes for kidney patients. There is less chance of rejection and a greater chance of long-term success. You must be healthy to donate. Although B or O blood type is preferred, your blood type does not need to match mine. My insurance will cover all of your examination and transplant costs. You would be evaluated by the University of Minnesota Kidney Transplant Team.

Just a few weeks ago I was extremely tired and unable to do many of my regular life activities because of my severely decreased kidney function. At my doctor's recommendation I started on kidney dialysis (a blood filtering process that takes 3-4 hours three times a week). Dialysis keeps me alive but is not as efficient as a donor kidney. A transplant from a live donor is much more desirable, and will ensure me a higher quality of life than dialysis. The estimated wait time for a kidney from a deceased donor is 5 to 6 years. There are 70,000 people in the United States that need kidney transplants. Now you know one! Having started on dialysis I am even more anxious to find a kidney donor.

Can you help? Have questions?

If you have any questions about donation or are interested in becoming a donor, please contact the UM transplant office at 612-672-7270 ext. 1 or 1-800-328-5465. Give them my name. You may also call or e-mail me at 651-455-2934 or margo.friedman@gmail.com.

Thank you very much for any help you can give by considering donation or passing this request along to friends, family and co-workers.

Margo Friedman
March 28, 2014

Mount Zion Cares!

The Caring Community Program is here to help Mount Zion Temple members in their moments of need. We reach out to you with a helping hand when there is injury, illness, grief or other life stressors.

We provide meals, rides, visitors, and shiva support.

To get help contact the program at caringcommunity@mzion.org or call 651-698-3881.

Mount Zion Temple
 1300 Summit Avenue
 Saint Paul, MN 55105

Address Service Requested

PRESORTED STANDARD
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 TWIN CITIES, MN

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 Rabbi Esther Adler
 Cantor Rachel Stock Spilker
 Cantor Jennifer Strauss-Klein
 Larry Solomon, Executive Director
 Dana Prottas, Lower School and Hebrew School Director
 Ana Apter, Teen and Chai School Director
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Israel Matters



Yom Ha'Zikaron
 Israel's Remembrance Day
Sunday, May 4, 7:00 - 9:00 p.m.

Yom Ha'atzmuat
 Twin Cities Celebration Israel@66
Monday, May 5, 5:00 - 7:00 p.m.
 See page 10 for details.

Yom HaShoah
 Holocaust Remembrance
 See page 17.



Passover



Begins Monday Eve, April 14



See page 8

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Honoring our Milestone Members
You or someone you know!
Friday, May 16, Shabbat Dinner and Services
 For more details, see page 7.

Food for Thought
 Friday, April 18, 5:45-7:15 p.m.
The Jewish Approach to Grieving
A Discussion with Rabbi Esther Adler



See page 12 for more details.



Spend Shabbat Dinners with your Mount Zion Family

Friday, May 2, 5:00 p.m. (see p.3)
Friday, May 16, 6:00 p.m. (see p.7)
Friday, June 6, 7:00 p.m. (see p.3)