

LIVING TORAH: *Truth*

We all have a **discerning heart**, though its voice may be quiet, or even muffled, or drowned out by other inner voices...One of our primary tasks on the **spiritual journey** is to **cultivate** and exercise that implement of skillful discernment, the **wise heart**. Only then will we become the **masters of truth**, with all the judgment, discernment, fearlessness, and **wisdom**, that mastery implies.

– Alan Morinis,
Seeking Everyday Holiness, 171



Phrase:

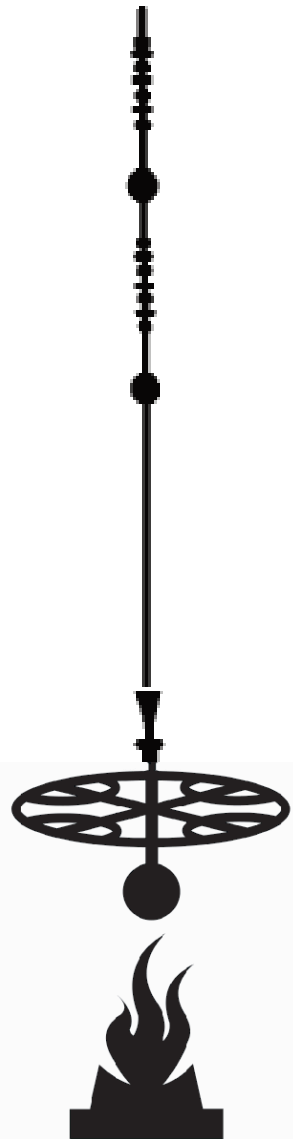
Truth stands forever; falsehood has no legs.

Based on the Hebrew word **אמת** (truth) whose Hebrew letters literally stand firm on the line, and **שקר** (falsehood) which rests on only one point.

Practice:

Be scrupulous in being truthful in an area that might be personally challenging: in your thoughts, or in your speech, or concerning your possessions.

*Mount Zion's Year of Connecting to Torah:
Take Hold of Torah - Take Hold of Mussar/Instruction*



ITON TZIYON

עֵתוֹן צִיּוֹן

*The Newsletter of
Mount Zion Temple*

August 2015
Av/Elul 5775
Vol. 159, No. 9

L'DOR VADOR

FROM GENERATION TO GENERATION

MAZEL TOV TO...

Our members who will celebrate a milestone anniversary in August: **Liddy Rich & Amy Ariel, Brian & Sara Borre, Marc & Sarah Paper, Daniel Steinhacker & Sara Mairs, Jamie Gerber & Lisa Hilbink, Daniel & Tanya Paley, Neil & Jessica Segal, Joe & Ellen Konstan, Seth Levin & Mia Nosanow, Eric & Celita Levinson, Matt & Nina Cooper, Tom & Randy Edelstein, Michael & Julie Kogan-White, Gary & Cheryl Sankary, Andy Keith & Laurie Swabey, Zinovy & Marina Tashlitsky**

Bonnie & Al Abrahamson on the marriage of their grandson, son of *Rabbis Abrahamson and Zinkow, Elan to Orly Nussbaum*, on June 14.

George & Barbara Barany on the marriage of their daughter, *Deborah*, to *Logan Fiorella* on June 20.

Karmit & Charlie Bulman on the marriage of their daughter, *Elana*, to *Mark Laichena*, on June 7.

Leigh & Harvey Cohen on the birth of their grandson, *Bryce Alexander Hannan*, on June 26.

Mitzi & Richard Gramling on the marriage of their daughter, *Alicia*, to *Derrick Wash* on July 3.

Cole & Savannah Hanson on their marriage on June 14.

Amy Kampf, daughter of **Janet Kampf**, and **Rich Hefferan** on their marriage on July 18.

Annette & Thaddeus Lerew-Zimanski on their marriage on May 17.

Rebecca and Rene Schwengber on the birth of their daughter, *Charlotte Alice Suzanne*, on May 10.

Sam & Reine Shiffman on the marriage of their daughter, *Jessie*, to *Joe Bergman* on June 6.

Steve Silverman on the marriage of his daughter, and **Fern Silverman** on the marriage of her granddaughter, *Yael*, to *Oren Klass*, on June 7.

Sue Winthrop on the marriage of her son, and **Barbara Winthrop** on the marriage of her grandson, *Josh Crist*, to *Heidi McCoy* on July 20.

"The giving of Torah happened at one specific time, but the receiving of Torah happens all the time, in every generation."
- Meir Alter, the Gerer Rebbe

We welcome two people, **Karen Kaplan** and **Rich Hefferan**, who have completed our conversion program in the past weeks and have thus chosen Judaism: **May they go from strength to strength!**

WELCOME...B'RUCHIM HA'BAIM... TO OUR NEW MEMBERS!

**Joanne Fox
Cole & Savannah Hanson
Amy Kampf & Rich Hefferan
Marissa Milstein**

LETTER FROM THE RABBI



It has been a very full summer. We saw photos of a heart on the surface of Pluto and an international deal with Iran, a racial massacre in Charleston, and the historic lowering of the Confederate flag. The American women won the World Cup, and we celebrated marriage rights for all. Presidential candidates inundate our screens and papers, and we wonder what the next term will bring. Locally, Minnesota hosted the 2015 National Senior Games and the Saints got a new home (but nobody could get there because of road construction). We took trips, sent kids to camp, enjoyed picnics in the summer sun. We celebrated weddings, births, and B'nai Mitzvah, worshipped together on our lovely patio. We comforted our friends in their losses and illnesses. The summer is flying by, and we begin the transition to Fall with mixed feelings of reluctance and expectation.

At the midpoint of August, we begin the Hebrew month of Elul. The last month of the Jewish year, Elul is the first month of the High Holy Day season. It is a time to prepare for the coming period of celebration and repentance, to reflect on the past and imagine the future, to reconnect both with loved ones and with God. Modern Psalmist Debbie Perlman offers us these words of preparation:

A Song of Preparation

As a mother draws her child beside her, so will You draw us near to You;
As a father swings his child upon his shoulder,
so are we lifted onto the shoulder of the Eternal.
Succored by the fullness of Your love, we enter into Your family,
Striving as children strive to blossom beneath Your smile.

As a grandmother croons an ancient lullaby, so do You sing the songs of our ancestors;
As the uncle tells of past glories, so do You recall the victories of Your people.
When we remember our stories, we continue the chronicle of Your people,
Adding our new life to their tales, making new again the ancient miracles.

As the brother shields us from the bully, so do You humble our enemies;
As a sister shares her treasured secrets, so do You relay the message of Your care.
Through the daily acts of our lives, You allow us to praise You,
Making our kindnesses holy, binding us together.

-Debbie Perlman, *Flames to Heaven*

May the end of your summer bring cool days and warm hearts, until we begin again at Rosh Hashanah.

B'racha,

Esther Adler, Rabbi

ZICHRONAM LIVRACHA...*May their memories be a blessing*

We note with sorrow the passing of our member:

Steven Applebaum

Our condolences to her family, including his sister Mary (Bob) Mersky.

WE EXTEND CONDOLENCES TO...

Glenn Hardin (Allyson Perling) on the death of his mother, *Ann Crow*, on July 12.

Orin (Karen) Mann on the death of his father, *Arie Mann*, on June 20.

Stefan Plambeck (Sharon Arad) on the death of his mother, *Sandra Plambeck*, on June 9.

Michelle (Gary) Pulford on the death of her father, *David Kazen*, on June 1.

Howard (Jill) Stang on the death of his father, *Howard Stang*, on May 11.

Sheri (Scott) Yarosh on the death of her mother, *Pauline Salloway*, on July 14.

May God grant peace to all who mourn and comfort to all who are bereaved.

MAKE SHABBAT YOUR SANCTUARY

Summer Services at Six Music and Meaning

Every Friday Night at Mount Zion – June 5-August 28

In lieu of a sermon, we will learn the melodies and the powerful messages of our prayers. We will explore the liturgical tradition of Kabbalat Shabbat, the welcoming of Shabbat through psalm and melody.



August

- 7 Shabbat Nachamu
Sabbath of Comfort after Tisha B'Av – Focus on Lecha Dodi
- 14 Psalm 92: “Mizmor Shir”
- 21 Psalm 93: “M’kolot Mayim”
- 28 V’shamru

Meet **SUE SUMMIT**, new **RELIGIOUS SCHOOL DIRECTOR** at the

Mount Zion Picnic

Friday, August 7

following Shabbat services (approx 7 p.m.) *Come rain or shine!*

See p. 13 for more details.

Restoring the Vision of a Liberal, Pluralistic Israel

with **Talia Sasson**, President of the New Israel Fund

Friday, August 7, 5:00 pm at Mount Zion (Before Services)

Attorney Talia Sasson, President of the largest organization advancing democracy and social justice in Israel, comes to Twin Cities at a time when the very concepts of liberal Zionism and Jewish democracy are being examined and questioned, both in Israel and here at home.



Join us for a conversation about how American progressives, and our partners in Israel, are working to reclaim Israel’s founders’ liberal and democratic vision.

New Children’s Book Carts in the Sanctuary!



The **Mount Zion Inclusion & Accessibility Task Force** along with **Parents and Tots** has set up a children’s book cart in the sanctuary. Children attending worship services can borrow a book or two to read in the sanctuary. The books are located in the back of the sanctuary on the right side. Most books are geared toward young and school-aged children, but there are a few for older kids as well. We hope these books will be loved and enjoyed!

AUGUST

FRIDAY SHABBAT EVENING SERVICES

August 7, 6:00 p.m.

Guest Speaker: Talia Sasson, 5 p.m.

Picnic, 7 p.m.

Soul Food Friday will join congregational festivities.

August 14, 6:00 p.m.

Celebrate Shabbat!

August 21, 6:00 p.m.

Birthday Blessings

August 28, 6:00 p.m.

Celebrate Shabbat!

SATURDAY SHABBAT MORNING SERVICES

August 1, 10:00 a.m.

*Va-etchanan – Deut 5:1-6:25**

Shabbat Nachamu

Louis Feiges, Bar Mitzvah

August 8, 10:00 a.m.

*Ekev – Deut. 9:4-10:11**

Celebrate Shabbat!

August 15, 10:00 a.m.

*Korach – Num. 16:20-17:24**

Yuval Lerman, Bar Mitzvah

August 22, 10:00 a.m.

*Reeh – Deut. 12:29-14:29**

Celebrate Shabbat!

August 29, 10:00 a.m.

*Ki Tetze – Deut 23:8-24:13**

Celebrate Shabbat!

In September, Shabbat eve service times return to 6:30 pm on first Fridays and 7:30 pm on all others.

Schedule Every Shabbat Day

9:00 a.m. Open Torah Study - Drop in any time to study the week’s Torah portion (listed above). *Using a triennial [3 year] cycle, we are reading the second third of each *parashah* this year.

10:00 a.m. Shabbat Morning Service

Daily Service Schedule

Daily services are held in the Harris Chapel, *Monday through Thursday at 5:45 p.m., Sundays at 9:30 a.m.*

August

Mondays: Janet Kampf, Kurt and Anne Schaeffer

Tuesdays: John Mast, Jean King Appelbaum, Stuart Appelbaum

Wednesdays: Eric and Sue Lund

Thursdays: Rita Grossman, Raline Paper, Brian Krasnow

Sundays: Janet Kampf, John Mast, Charles Fodor

If you would like to participate in Leading or Greeting at daily services, contact Janet 651-482-9951 or Charles 651-646-6543.



Tot Shabbat



Tot Shabbat is the second Saturday of every month. For families with children from birth to seven years old.

Kef Tachat Hashemesh Fun in the Sun

Saturday, August 8 at 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.

HIGH HOLY DAYS

High Holy Days Service Schedule

- Selichot -

Saturday, September 5 - Elul 21 at Adath Jeshurun

Please note: this year Selichot will not be at Mount Zion.

Havdalah followed by program (see p.4)	8:30 p.m.
Reception	10:00 p.m.
Selichot Service with local cantors and choirs	10:30 p.m.

- Erev Rosh Hashanah -

Sunday, September 13 - Tishrei 1

Service*	7:30 p.m.
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- Rosh Hashanah -

Monday, September 14 - Tishrei 1

Early Service (Mount Zion Family Machzor)*	8:30 a.m.
Tot Service (Birth-Grade 1)	11:00 a.m.
Teen Service (Grades 7-12)	11:45 a.m.
Late Service (Gates of Repentance)*	11:45 a.m.
Yoga for the New Year (Hidden Falls Park)	3:00 p.m.
Tashlich (Hidden Falls Park)	4:30 p.m.

- Shabbat Shuvah -

Friday-Saturday, September 18-19 - Tishrei 6

Shabbat Service	7:30 p.m.
Shabbat Morning Service	10:00 a.m.
Healing Service	4:00 p.m.

Sunday, September 20 - Tishrei 7

Memorial Service at Cemetery (rain or shine)	1:00 p.m.
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- Erev Yom Kippur - Kol Nidre -

Tuesday, September 22 - Tishrei 10

Early Service*	6:00 p.m.
Late Service	8:30 p.m.

- Yom Kippur -

Wednesday, September 23 - Tishrei 10

Early Service (Mount Zion Family Machzor)*	8:30 a.m.
Tot Service (Birth-Grade 1)	11:00 a.m.
Study Session	11:45 a.m.
Late Service* (Gates of Repentance)	11:45 a.m.
Teen Service (Grades 7-12)	11:45 a.m.
Study Session	2:30 p.m.
Musical Meditation	2:30 p.m.
Yizkor*	3:15 p.m.
Afternoon Service* (approx)	4:00 p.m.
Teen Program (Grades 7-12)	4:00 p.m.
Kids' Program (Grades 2-6)	6:15 p.m.
Ne'ilah Service* (approx)	6:15 p.m.
Break-the-Fast (Following Havdalah) (approx)	7:15 p.m.

***Broadcast will be on Comcast Cable. Comcast will only confirm the schedule two weeks in advance. After September 9, you can access the TV schedule at mzion.org or by calling the Temple office at 651-698-3881.**

Opening the Gates of Teshuvah:

Mussar for the High Holy Days

A Congregational Program with Julie Dean

Thursday, August 27, 6-8 p.m. at Mount Zion



Take some time during this special month of Elul to begin the process of self-reflection that peaks during the High Holy Days. In this program we'll use Mussar teachings as a guide for personal introspection. Mussar is an engaging, Jewish path of reflection and practice that encourages ethical and spiritual growth. Experience Mussar as it relates to themes of the High Holy Days.

All members of our congregation are welcome whether or not you have prior Mussar experience.

Yoga for the New Year: Return to the Land of Your Soul

Led by Chris Gordon of Big River Yoga and Cantor Spilker



Rosh Hashanah Day

Monday, September 14, 3:00 p.m.

Just before Tashlich on the beach at Hidden Falls Park

Cemetery Memorial Service

Sunday, September 20, 1:00 p.m.

Come rain or shine!

As a people, we are eternally linked to those who came before us. As individuals, we are especially mindful of family and friends who have died in the past year. In the spirit of remembrance, we annually conduct a special service at our cemetery. Please join us for a meaningful and reflective service. The cemetery is located at the intersection of Payne and Larpenteur.



- Sukkot -

Sunday evening, September 27 - Tishrei 15

Sukkot Open Houses *More information to come!*

Monday, September 28 - Tishrei 15

Festival Service at Sholom East 10:00 a.m.

- Shmini Atzeret/Simchat Torah-

Sunday, October 4 - Tishrei 22

Consecration Service (Tishrei 21) 11:30 a.m.

Simchat Torah Service 6:00 p.m.

with Klezmer band and unrolling of the Torah

Monday, October 5 - Tishrei 22

Festival Service (including Yizkor) 10:00 a.m.

HIGH HOLY DAYS



Selichot

A Night that Ushers in the High Holy Days



**Held at
Adath Jeshurun**

IN[HEIR]ITANCE PROJECT THE GENESIS PLAYS

Saturday, September 5

8:30 pm Havdalah followed by

The inHEIRitance Project: The Abraham Play, with Jon Adam Ross

followed by an audience conversation with Jon

10:00 pm Reception

10:30 pm Selichot Service with local cantors and choirs



The entire community is invited for this evening which will be held at Adath (10500 Hillside Ln W, Minnetonka)

If you are interested in carpooling, please contact Julie Beckman, Mount Zion Clergy Assistant, jbeckman@mzion.org.

Selichot marks the period of reflection just before for the High Holy Days. Join us for an interactive evening, previewing excerpts from a new work by playwright Jon Adam Ross (JAR). The play, inspired by Abraham's story, utilizes shared stories of the Twin Cities Jewish community as it explores who we are, stories we tell and what we want to hold onto in the future.

The inHEIRitance project creates new plays collaboratively with communities, opening up the creative process so the audience can participate and ultimately have a deeper connection to the performance. Inspired by the matriarchs and patriarchs of Genesis, the Inheritance Project team is currently creating five pieces of theater in

five cities over three years. The process includes text study, workshops, and the collection of stories and insights from local Jews in each city.

Jon Adam Ross performed in *Relics* at the Guthrie Theater in 2014. Based in New York City, he has performed his one-man shows in over 90 cities. He is a founding company member of StorahTelling and the Northwoods Ramah Theater Company. His new play is the first production of the inHEIRitance Project: The Genesis Plays, www.inheritance.org, a project of the Covenant Foundation. Each performance is inspired by a patriarch or matriarch of the first book of the Torah and is created collaboratively with local community members.

Participating Congregations: Adath Jeshurun Congregation, Beth El Synagogue, Mayim Rabim Congregation, Mount Zion Temple, Sharei Chesed, Temple Israel, Temple of Aaron.

Shabbat Shuvah – Mussar for Thought

Friday, September 18

6:15 p.m. ***The Making of a Mensch***

13 minute film by the director of "the Tribe" Tiffany Shlain, followed by discussion led by Rabbi Spilker. The film is based on the teaching of Mussar.

7:30 p.m. **Shabbat for the Soul** in Johnson Social Hall

A Shabbat service with a different atmosphere, designed to touch our souls in new ways. This service will be led by clergy, professional musicians, and Guitar Corps.





What was the last piece of music you listened to, and where were you when you heard it? Was it in your car, on the radio or CD player? Your iPod? Your phone? Are you streaming it, right now? One day in college, while studying Mozart's opera *The Marriage of Figaro*, I learned that Emperor Joseph II banned all encores after a performance of Figaro that lasted nearly twice as long as the opera itself due to all the repetitions the audience demanded. It hadn't dawned on me until then that of course people asked for encores—without recordings, that was possibly the only way they would ever hear a piece of music for a second time!

The ability to access recorded music has never been more widespread than it is right now. When I first started music school in the mid-90s, I spent hours and hours in the music library, listening to LPs (yes, LPs!) for my music history exams. By the time I was a graduate student, just about everything I needed was available on CD, and now, whenever I want to listen to something, I head to YouTube, iTunes, SoundCloud, Spotify, or Oysongs. The other day my voice teacher suggested I learn a certain song, and within minutes, I had found over a dozen performances by various singers from this decade to sixty years ago, available on my phone, literally at my fingertips!

We have the luxury nowadays of being able to listen to just about anything we want, anywhere we want, however many times we want. But this doesn't take into account the thrill of participating in live music. Whether we're listening to it, making it ourselves, or joining with the performers, there is something indefinable about live music.

Or is it indefinable? Steve Waksman, a professor of music at Smith College, is currently writing a book about the history of live music in America, and asks the question: what happens in a live music setting that doesn't happen elsewhere? In an interview he says: "In any kind of live music situation, people are experiencing very powerful things. They're experiencing something that I would describe as a sense of community; they're trying to find a place where they are connected to something."

I would venture to say that this is exactly what Mount Zion's music program provides: a sense of community, a place where people are connected to each other, the congregation, and God. I know that singing Jewish music was my entrée into Judaism, and continues to be the most immediate way for me to commune with the Divine. It is available to you as well, every Shabbat and Festival, whether you are on the bima or sitting in the pews. I invite you to lift your voice together with those of our wonderful choirs, and help put the "chai" into music at Mount Zion!

Jennifer Strauss-Klein, Cantor

New Torah Tones Choir Director!



Jayson Rodovsky is a graduate of Yale University's School of Music and holds graduate degrees in choral conducting and organ performance.

CHOIRS AT MOUNT ZION

Come sing with us!



Shir Tzion, for 3rd - 6th graders

Led by Cantor Spilker

- ♪ Meets on Sunday when there is Religious School, 9-9:30 a.m.
- ♪ Participates in services the first Friday of every month
- ♪ Choir Camp - **Wednesday, September 9, 6:00 - 7:00 p.m.**

Shir Chants, for 7th-12th graders

Led by Cantor Strauss-Klein

- ♪ Meets on Sunday when there is Religious School, 8:45-9:15 a.m.
- ♪ Participates in services regularly throughout the year
- ♪ Choir Camp - **Wednesday, September 9, 6:00 - 8:00 p.m.**

Torah Tones, for adults

Led by Jayson Rodovsky

- ♪ Meets on Wednesday evenings, 6:15-7:15 p.m.
- ♪ Participates in services regularly throughout the year
- ♪ High Holy Day Rehearsals:
Wednesdays, August 19, 26, & September 2 6:15-8:15 p.m.;
Wednesday, September 9, 6:15 - 7:15 p.m.

Trope Troupe

... the more Torah, the more life. -Hillel

Todah Rabah to our June/July Ba'alei Korei (chanting Torah): Siana Goodwin, Glenn Hardin, Rick Linsk, John Mast, Brian Serle, Mirit Spilker

Todah Rabah to our June/July Ba'alei Haftarah (chanting Haftarah): Siana Goodwin, Alex Klass

Todah Rabah to our Eicha (Lamentations) chanters: Siana Goodwin, Maria Rubinstein

To sign up to chant Torah or Haftarah on Shabbat,
e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org

FROM THE PRESIDENT



In mid-July I had the pleasure of attending one of the many Tzedek house meetings that have been scheduled over the summer to wrestle with the topic of economic justice *panim el panim*, face-to-face. You will find more details about the house meetings and Tzedek Summit elsewhere in the Bulletin but I'd like to share some personal reflections about the experience in the hope it may inspire you to attend a house meeting if you haven't already... or continue the conversation if you have:

- Our hosts, Dan and Susan Levey, opened their lovely home to our group of 9; their warm hospitality provided nourishment for both soul and belly! Scores of Mount Zion households have volunteered to help make the house meetings comfortable and convenient for congregants to enjoy.
- The talent and commitment of our facilitator, Michael Kuhne, was an essential part of the experience. We arrived not knowing exactly what to expect and, speaking for myself, with some trepidation. Michael "set the table" for the honest conversation that followed and guided us seamlessly through a sequence of structured activities and more free-form sharing of experiences and ideas.
- For such a politically charged topic, I was pleasantly surprised at how the format allowed for sharing our experiences and points of view without rancor. And many points of view there were! There are many facets to being "diverse and inclusive"; I am proud to be part of a community that can appreciate the vast range of attitudes surrounding this complex topic.
- Although our group trended toward (pardon my euphemism) late middle age and we all appeared to be part of that nebulous cohort called the "middle class", to a person our stories included some point in our lives where we lived under the yoke of economic uncertainty.
- No surprise in a room full of Jews, the conversation often turned to the importance of education and the key role it can play in encouraging both economic well-being and hope for the future.
- As we talked about some of the factors that can inhibit economic mobility, I was struck by a comment that "imagining yourself in circumstances other than you were born to is an *act of creativity*".

As we departed, I was reminded of the phrase from Psalms that we sing as a congregation prior to our Summer Shabbat services: *Hineh mah tov umah na'im shevet achim gam yachad!* Behold, how good and how pleasant it is for people to come together in unity!

Thanks again to the Tzedek Committee for organizing these events. I look forward to seeing you at the Tzedek Summit at Mount Zion on Sunday, August 30.

Dan Rybeck, President



Annual Kehillah Council/ Board of Directors Retreat

Year 2 of the Strategic Plan:
*How to Staff Mount Zion for
Greater Member Participation?*

Sunday, August 30

1:00 - 5:00 p.m.

at St. Paul JCC (1375 St. Paul Ave.)

All congregants are welcome.

Please RSVP to Jennifer Baddin at jbaddin@mzion.org.

Mount Zion's Board of Directors passed a Strategic Plan entitled "Strengthening Connections" in September 2014. In year two of the plan, we are beginning conversations about one of the pillars of our plan, strengthening member participation in Temple life, including a possible new staff position to lead (or, support) this effort. Come learn the reasons **why** we are having this conversation, **what** a new position might be look like, **how** we would fund this position, and discuss the best way(s) to move forward. The meeting will be facilitated by Gary Stern, the consultant who has facilitated our Board Retreat for the past two years, and Judy Sharken Simon, Mount Zion's Kehillah Council Facilitator.

Invite Your Friends to Meet Mount Zion!

An Open House and Brunch for Unaffiliated Jews in Our Community



Sunday, September 20, 10:30 a.m. to 12:15 p.m.

New in 2015: Members whose invitees come to the Open House will be invited to a "Lunch With The Clergy" event later this fall!

RSVPs can be made online at mzion.org. Complimentary High Holy Day tickets will be given to Open House guests after registration. Attendees can call the Temple with questions or to request their tickets at 651-698-3881.



BIENNIAL 2015

NOVEMBER 4-8 • ORLANDO, FL

BRINGING CONGREGATIONS TOGETHER

For details and registration:
urj.org/biennial15

CARING COMMUNITY

Mount Zion Cares!

The Caring Community Program is here to help Mount Zion Temple members in their moments of need. We reach out to you with a helping hand when there is injury, illness, grief or other life stressors.

We provide meals, rides, visitors, and shiva support.

To get help contact the program at caringcommunity@mzion.org or call 651-698-3881.

MAZAL

LIFE LONG LEARNING ■ ONE STEP AT A TIME

Library News



New Books in the Library

Several dozen titles have been added to the collection this summer. Among the recently published titles in adult fiction are: Aharon Appelfeld's *Suddenly Love*; Nicole Dweck's *The Debt of Tamar*; Nomi Eve's *Henna House*; Judith Frank's *All I Love and Know*; David Grossman's *Falling out of Time*; Michal Hartstein's *Hill of Secrets*; Gina Nahai's *The Luminous Heart of Jonah S.*; Zeruya Shalev's *The Remains of Love*; and Ayelet Waldman's *Love & Treasure*. Adult nonfiction titles include: Steven Grineski's *Talking About Race: Alleviating the Fear*; David Landau's *Arik: the Life of Ariel Sharon*; Steven Pressfield's *The Lion's Gate: on the Front Lines of the Six Day War*; Charles Sherman's *The Broken and the Whole: Discovering Joy After Heartbreak*; Moulie Vidas's *Tradition and the Formation of the Talmud*; and David Wolpe's *David: the Divided Heart*. These and many other titles await you in our Library; please stop by – we'll be happy to help you read more about it!

Bob Epstein, Librarian (librarian@mzion.org)

An Israel Book Discussion *Between Friends*

by Amos Oz

Monday, September 21, 7:00 p.m.

at Mount Zion

Join us for an engaging conversation about Israeli life through its literature. Even if you cannot read the book in advance, you are welcome. Questions? Contact Charles at CS-Fodor@aol.com or Jonathan at jkeisenthal@comcast.net.

Volunteer Adult Advocate Needed

During Torah Tones rehearsals on Wednesday evenings Sept-May and performances as scheduled.

We are looking for an adult volunteer interested in helping an adult with disabilities during Torah Tones rehearsals (Wednesdays from 5:45 - 7:15 pm) and performances as scheduled. This volunteer should be kind, understanding and able to be firm when needed. No experience necessary as there will be on the job training. Additionally, no singing skills needed although if you are looking for a great way to join the Torah Tones choir this would be a fantastic opportunity. To hear more about this very rewarding opportunity please contact Paula Roston at proston@msn.com for more information.

BROTHERHOOD

Men's Retreat

We set another record with 35 attendees at this year's retreat. Thanks to all the Brotherhood members who contributed to the weekend's planning and success. Next year we will return to Cedar Valley Resort for our 5th retreat – Mark your calendar for May 13-15, 2016.



Save these dates for other upcoming Brotherhood events:

Brotherhood Meetings All Mount Zion men are invited to these monthly meetings; check your e-mails for dates and join us for a light supper and discussion. The next dinner meetings are August 25 at the Tea House on Suburban Ave. and September 29 at Mount Zion Temple, both at 6 p.m.. Please let us know if you can join us. Please RSVP to bkserle@yahoo.com

Brotherhood Speaker Series & Bagel Brunch – October 11

All are welcome to join us for a bagel breakfast, and to hear Steve Hunegs – Executive Director of the Jewish Community Relations Council (JCRC) of Minnesota and the Dakotas. Steve will discuss recent events of impact to the Jewish community both here and abroad.

Brotherhood Membership forms were mailed to all men in the Temple in June. Please sign up and send your annual dues to the Temple to support our mitzvot, from providing books for B'nei Mitzvah and confirmation celebrations to supporting the Purim Carnival, Temple dinners and the Mother's Day brunch. If you have any questions about membership, please e-mail me at bkserle@yahoo.com

A hearty Thank You and *Yosher Koach* to **Richard Newmark** for his dedication and long service to Brotherhood. We will look for his continued advice and involvement as Past President.

Shalom and L'hitraot,

Brian Serle, *Brotherhood Presidents*

BAR MITZVAH

Yuval Lerman

August 15, 2015

Picture removed
online

Yuval is the son of Shirly and Gilad Lerman. He is the grandson of Maya Lerman and Miriam and Uri Tramer. Yuval has a younger brother named Eithan. Yuval is attending Highland Park middle school and will be heading into 8th grade in the fall. Yuval's favorite subjects are PE and Math. Yuval loves to play baseball, basketball and soccer. Yuval has a second degree black belt in Taekwondo and he is on the Taekwondo leadership team coaching Taekwondo, encouraging physical workout habits and teaching Taekwondo tenets to younger kids. In honor of his Bar Mitzvah, Yuval will be donating a portion of his gift money to the university of Minnesota Children hospital.

Mount Zion Temple Visits the Jewish Community of Cuba

March 13 – March 21, 2016

La Habana, Cienfuegos, Trinidad de Cuba

Join Cantor Spilker on this trip of a lifetime!

**Registration is full, but a limited number of people
can be put on a waitlist.**



For more information,
contact Cantor Spilker at rspilker@mzion.org

Interreligious Pilgrimage to Israel and Palestine

Led by Rabbi Amy Eilberg

Sponsored by United Theological Seminary of the Twin Cities

January 5-18, 2016

Deadline to register: September 6

Join in a groundbreaking interfaith pilgrimage and dialogue intensive in Israel and Palestine; the birthplace of three religions and two national groups. Be part of a multi-faith group practicing the art of dialogue as we travel through the land, experience one another's sacred sites and practices and learn from one another's reflections. Practice using the same skills of dialogue in considering the multiple national and political perspectives that surround and infuse the societies of Israel and Palestine. For more information or to book your tour, go to: goo.gl/6R9YWx

Mount Zion Temple Board of Directors

As we find many ways to strengthen connections at Mount Zion, this column is a way to get to know members of Mount Zion's Board of Directors. Our nominations process for the Board is very open and involves many people. Therefore our Board is as diverse and representative as can be. We are grateful for all who serve in leadership and volunteer their talents for our community. We are blessed that Batya Spector volunteered to write these vignettes.

Kent Simon



Kent credits the Cantor and Education Director of the small conservative synagogue in South Evanston, Illinois of his youth with kindling in him a life-long commitment to being a link in the chain of Jewish communal life and history. He thinks that today's synagogues "are the cornerstones of Jewish life in America," because, he says, "it is difficult to be Jewish without being a member of a congregation." He concludes that

our Board's mission is to "create opportunities for all members of the congregation to expand, plumb the depth of their Judaism". He appreciates the many opportunities Mount Zion Temple provides its young congregants to engage in Jewish learning and living so they carry this forward in their adult years.

Kent teaches Hebrew - both beginning and more advanced classes, such as the Book of Jonah - to congregants. Both he and his wife Karen Gjerstad regularly chant Torah and Haftarah during Shabbat morning and some festival services. Kent is also a board member of Jewish Community Relations Council of Minnesota and the Dakotas as well as actively following Israeli current affairs.

Kent is a partner in the architectural firm Miller Hanson Partners where he focuses on the design of affordable and supportive housing. His and Karen's daughter Alena is employed by the California Public Interest Research Group as a student organizer on the University of California at Santa Barbara campus.

New Online Directory Coming!

One of the most common questions that we receive from members is "When is the updated Member Directory coming out?" Not only is a revised, updated directory coming soon, but will be in an electronic format using ChaverWeb, the online version of our congregational database.

Chaverweb's online access will allow you to see and update all of your demographic information. You can access all of the information for any member of your household. We also will give you the opportunity to decide what information, if any, that you will allow to be viewed by other members. You will be able to access this information from any computer or tablet through a link on mzion.org. The Directory will be password protected and show data directly from our member database. All demographic changes that are done online get reviewed and approved by our Database Administrator. Of course we will be available to assist you through this process and will answer all of your questions.

More details will be sent by e-mail in the near future!

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In memory of:

Steve Applebaum
John Mast
Bob Mersky

In honor of our wedding:

Elana & Mark Laichena

Annette Lerew & Thaddeus Zimanski

In honor of the Bat Mitzvah of:

Netta Hardin
Glenn Hardin & Allyson Perling
Sophia Flaminio
Kathy & Tony Flaminio
Adrienne Kanihan
Stacey & David Kanihan

In yahrzeit memory of:

Ed Bronstien
Linda Kalin & Family
Sherman Winthrop
Susan Winthrop

In honor of the graduation of:

Eiden Spilker
John Mast

Donations:

Al & Dorothy Brodie
James Johnson
Lyle Steinfeldt

CANTORS' DISCRETIONARY FUND

In honor of our wedding:

Elana & Mark Laichena

Annette Lerew & Thaddeus Zimanski

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Sophia Flaminio
Kathy & Tony Flaminio
Adrienne Kanihan
Stacey & David Kanihan

In honor of the Bar Mitzvah of:

Micah Gwin
Barbara & David Adler

MAXINE APPLEBAUM ART ENHANCEMENT FUND

In honor of:

Bob Mersky
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In memory of:

Steve Applebaum
Stuart Applebaum
The Beloff Family

In yahrzeit memory of:

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Stuart Applebaum
The Beloff Family

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In yahrzeit memory of:

Lillian Rosenblum
Steve & Sue Levey

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In honor of the special anniversary of:

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Lois Moheban

In appreciation of:

Anne Schaeffer
Deb Bachrach

Yvonne Lerew
Mandy Roll-Kuhne
Susan Levey

Kate Cavett
Connie Dickson
Roxy Lerner
Anne Starr

Dee Albert/Shel Finver
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In honor of the special birthday of:

Laurie Hadler
Larry & Margie Solomon

CEMETERY MAINTENANCE & BEAUTIFICATION FUND

In yahrzeit memory of:

Fernand B. Baer
Barbara Braman Bentson
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Harriet Meyers
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Henry Oselka
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Barbara Winthrop

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Cynthia Gensheimer

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Abe Mendelson
Tom, Randy, Henry & Elisa Edelstein

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Mother of John Barker
Elaine, Michael, Yale, Andrew,
Nathan & Maggie Johnson

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Gloria Johnson
Phillip Snyder

Lois & Mitchell Johnson
Margaret Stone

Elaine & Michael Johnson
Larry & Shirley Zipkin's mother

Lois & Mitchell Johnson
In honor of the birthday of:

Toby Berman
Lois & Mitchell Johnson

DeeDee Harris
Gloria Johnson

Paul Kunin
Gloria Johnson

Barbara Winthrop
Gloria Johnson

In appreciation of:
Rita Grossman
John Mast

KULAM FUND

In honor of the Bat Mitzvah of:

Netta Hardin
Ed & Anne Rapoport

JULIE LAZOR FUND

In yahrzeit memory of:

Nancy & David Gang
Toba Lazor

Julie Lazor
Toba Lazor

Sandra & Murry
Toba Lazor

LEVINE CHOIR FUND

In honor of the birthday of:

James Levine
Leigh & Harvey Cohen
Robyn Cohen Hannan
Andrew & Isaac Hannan

In memory of:

Annette K. Levine
James Levine

Mike Moheban
James Levine

In yahrzeit memory of:

Robert Linn
James Levine

KIBUD MORIM TEACHER FUND

In appreciation of:

Ana Apter
Michael Grossman & Holly Church

MITZVAH FOODSHELF FUND

In appreciation of family:

Carla Feldhamer
Mimi Gingold
Sandy Iverson
Connie & Paul Ross & Family

In honor of the special birthday of:

Joel Miller
Janet Kampf
Mayda & Marc Raffé

Millie Miller
Emmy Lou Jacobson

In honor of her devotion and hard work during her Mount Zion presidency:

Betsy Rest
Judi & Todd Marshall

In honor of the special anniversary of:

Joan & Richard Newmark
Lois Moheban

In memory of:
Steven Applebaum
Honnen & Barbara Weiss

Kathleen Fena
Janet & Jennifer Kampf, Amelia Wise

David Stang
Hilary & Jerry Kobrin

Wishing a speedy recovery to:
Judy Katz
Sheila & Martin Schuman

In yahrzeit memory of:
Harry Brand
Steve & Gail Brand

Morton Brand
Steve & Gail Brand

Joanie Breitman
Shalom Shachmeh Breitman

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Lester Strouse Sr.

Joan Strouse
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Martin Suess

Gloria & Martin Livingston & Family
Louis Shine
Gail & Steve Brand

Hannes Stransky
Walter Schwarz

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Siana Goodwin
Eileen Kopman
Shirley Kulevsky
Elsie Shallom
Marilyn Silver

RUVELSON OUTREACH FUND

In honor of the wedding of:

Jennifer Ehrlich & John Kablan
Robin Ehrlich

SCHLESINGER MUSIC FUND

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Steve Applebaum
Mary Ann & David Wark

SHIR TZION CHOIR FUND

In honor of the confirmation of:

Noah Baum
Lois & Walter Baum

Mirit Spilker
Lois & Walter Baum

TORAH RESTORATION FUND

In honor of the special anniversary of:

Joan & Richard Newmark
Mary Ann & David Wark

In honor of the wedding of:
Yael Silverman & Oren Klass
Mary Ann & David Wark

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Yahrzeit Fund

In yahrzeit memory of:

Ruth Arbit
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Asya Astrakhan
Turin Family
Lazar Astrakhan
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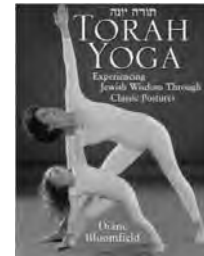
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Irving Zylber
Adela & Joseph Peskorz

Torah Yoga

With Diane Bloomfield

Tuesday, August 18, 7:00-9:00 p.m. at Mount Zion

Cost: \$18



Join St. Paul native (now Jerusalem resident), the founder of Torah Yoga, as we go deeply into yoga poses and Jewish text.

Please bring a yoga mat. All levels welcome.

Questions? Please contact Cantor Rachel Stock Spilker at rspilker@mzion.org

IN THE COMMUNITY

Voices on the River: The Meanings of Water

A unique evening of multi-faith learning on the Mississippi River

Sunday, August 9, 4:00-7:00 p.m.

\$36 per participant

Water is the essence of life and a powerful, universal spiritual symbol. Join us as we engage in discussion, text study and exploration of the centrality of water to both our physical and spiritual lives; from the perspective of various religious, environmental and spiritual practices. Our learning will



held on a three hour riverboat ride. Vegetarian snacks will be provided. Boarding 3:30 at Padelford Landing near Harriet Island in St. Paul. Payments can be made before boarding.

More info: bit.ly/Rivers_Info **Register at:** bit.ly/Rivers_Reg

Sponsored by the Jay Phillips Center for Interfaith Learning

Supported by: Hineni: A Center for Adult Jewish Learning and

Contemplative Practices; Wisdom Ways Center for Spirituality;

A Ministry of the Sisters of St. Joseph of Carondelet, Mount Zion Temple

Questions: classes@rabbishavitlonstein.com.



תגלית • TAGLIT
BIRTHRIGHT ISRAEL



Birthright Israel has launched an all new Pre-Registration. Now, you can tell your children, grandchildren or best friends/next door neighbors' children that they can pre-register for Birthright Israel TODAY and get PRIORITY STATUS. For more details, go to birthrightisrael.com or contact info@israelexperts.com.

RELIGIOUS SCHOOL NEWS

Back-to-School Information



We're excited for the school year to begin! Back-to-school information, including class assignments and other important information, will be emailed to registered families soon.

If you haven't registered for the 2015-16 school year, go to mzion.nirsham.com.

If you have questions about Religious School registration, Early Childhood programming, Lower School, Chai School or Family Education, please contact Sue Summit, Religious School Director, at ssummit@mzion.org. If you have questions about youth groups, Jewish camps, Shabbatonim, Geshet (7th grade), 11th & 12th grade programming, please contact Liza (Mole) Henry, Youth Engagement Associate, at lhenry@mzion.org. You can also reach Sue and Liza at 651-698-3881.

Lower School

Yom Rishon – the First Sunday of Religious School

Sunday, September 20, 9:30 a.m. – 12:15 p.m.

Yom Rishon is the first day of Sunday Religious School classes for students in grades PreK-6.

9:30-10:00	Welcome Back Assembly
10:00	Parents/Guardians escort child(ren) to classrooms, visit classrooms, meet teachers, and pick up classroom information.
10:00-11:15	Session 1
11:15	Healthy Snack – provided by Mount Zion
11:15-12:15	Session 2

New Family Welcome and Orientation (All Grades)

Sunday, September 20, 10:00-11:00 a.m.

We want to welcome new families to the Mount Zion Religious School! Join together for a brief information session where you can learn more about our program, philosophy and curriculum. Following the presentation there will be time for questions, as well as, a meet and greet with parents from a variety of grades. *Then stop by the New Member Open House beginning at 10:30 a.m.*

Save the Dates!

Monday, September 14

Rosh Hashanah services and kids programming*

Wednesday, September 16

First Night of Hebrew School

Sunday, September 20

Yom Rishon—First Sunday of Religious School

Wednesday, September 23

Yom Kippur services and kids programming*
No Hebrew School

Sunday, September 27

9:45-11:00 a.m. Kindergarten Back-to-School Sunday & Consecration Workshop

11:00a.m.-12:15 p.m. 2nd Grade Back-to-School Sunday & Welcome to Hebrew

*Sign up!

We are asking families to sign-up children in grades 2-6 for children's programming on both Rosh Hashanah and Yom Kippur. With your help, we will be able to plan and staff our programs accordingly. Make your reservation here: mzion.nirsham.com/events

Back-to-School Sundays!

Join us to learn more about your child's Religious School experience this year. You'll learn about curriculum, teachers, meet Sue, and have plenty of time to ask any questions. Coffee and light nosh will be served.

Kindergarten: Sunday, September 27, 9:45-11:00 a.m.
including Consecration Workshop!

1st grade: Sunday, October 11, 9:45-11:00 a.m.

2nd grade: Sunday, September 27, 11:00 a.m.-12:15 p.m.
including Welcome to Hebrew!

3rd grade: Sunday, October 11, 11:00 a.m.-12:15 p.m.

4th grade: Sunday, November 1, 9:45-11:00 a.m.

5th grade: Sunday, November 1, 11:00 a.m.-12:15 p.m.

6th grade: Sunday, October 25, 9:45 a.m.-12:15 p.m.
including B'nei Mitzvah Orientation

Chai School

Monday, September 14

Rosh Hashanah services & teen program

Wednesday, September 16

First Night of Chai School

Monday, September 20

12:30 - 2:00 p.m. 11th & 12th Grade Mentorship Program
Kick-off Meeting

Wednesday, September 23

Yom Kippur services and teen program
No Chai School

Friday-Saturday, September 25-26

7th grade A Day Apart Shabbaton

Sunday, September 27

11:00 a.m. 11th Grade New York Trip planning meeting

Early Childhood Education



Tot Shabbat



*Tot Shabbat is the second Saturday of every month.
For families with children from birth to seven years old.*

Kef Tachat Hashemesh Fun in the Sun
Saturday, August 8 at 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.

Congratulations to our OSRUI Harris Award Winners!

Students apply for this award (\$500 for new campers and \$250 for returning campers) given in memory of Jean B. and Robert W. Harris by writing essays or creating visual advertisements for OSRUI.

Returning campers

Abby Long
Ellie Long
Dylan Zimmerman
Sydney Zimmerman

New Campers

Leo Brunelle
Sebastian Brunelle
Julian Brunelle
David Griffith
Logan Murphy
Raymond Strauss

Mount Zion Youth at OSRUI this Summer!

Mount Zion sent 31 campers to camp this summer.

They will be joined by faculty/staff from Mount Zion: Rabbi Spilker (Faculty for Gesher), Claire Krelitz, Noah Robiner, Josh Weisenfeld (Machon Staff), and our member and former Education Director, Stephanie Fink (Faculty for Kallah Atid)

Harrison Ash, Kallah Bet
Julian Brunelle, Kallah Bet
Leo Brunelle, Kallah Bet
Sebastian Brunelle, Kallah Bet
Benjamin Dubinsky, Kallah Bet
Moriah Elkin, Moshavah Aleph
Rebecca Elkin, Tiferet Aleph
Isaac Fein, Kallah Bet
Noah Gerber, Avodah
Lilith Greene-Friedman, Tzofim Bet
Adam Griffith, Kallah Atid
David Griffith, Kallah Atid
Noah Haney, Kallah Bet
Lexi Hilton, Avodah
Maurice Kolodny, Kallah Aleph
Claire Krelitz, Counselor

Miriam Lebowitz, Chalutzim
Abigail Long, Tzofim Bet
Eleanor Long, Tzofim Bet
Ezra Mogelson, Tzofim Aleph
Wyatt Mogelson, Tzofim Aleph
Logan Murphy, Kallah Aleph
Noah Robiner, Counselor
Max Schibel, Tzofim Aleph
Hannah Segal, Gesher
Liam Spilker, Tzofim Gimmel
Raymond Strauss, Kallah Aleph
Benjamin Wallen, Kallah Bet
Josh Weisenfeld, Counselor
Dylan Zimmerman, Tzofim Aleph
Sydney Zimmerman, Kallah Aleph



Making Camp Possible!

Mount Zion awarded \$14,725 in need-based scholarships to our youth for Jewish camp experiences this summer!

www.osrui.com

Essay Selections from Returning Harris Award Winners

It all started one morning when the skies were a magnificent shade of blue and I woke up with a smile on my face and my heart pumping, ready for another morning of activities at OSRUI. It started out well, our journey through the lake; we were gliding along like a figure skater on ice. I got a great new friend out of it.

-Ellie Long

The first night at OSRUI was very rainy. We were all in our tents finishing our unpacking, when our unit leader (Eliza) told us that we had to leave our tents and go upstairs. I shared a sleeping bag with 4 people and slept on bare ground. It was interesting night at OSRUI.

-Abby Long

As I got to OSRUI I knew this was going to be the best 2 weeks of my life. The lunch there is really good! Lunch is so good that if they had a restaurant and there were chefs, I would eat there every day. They even have Italian ice pops on Friday nights and donuts on Saturday mornings.

-Dylan Zimmerman

This past summer, I went to OSRUI for the first time. I was in Kallah Atid. My favorite part of camp was horseback riding. Something else I loved – tubing!

-Julian Brunelle



MIRIAM'S WELL

Summer Hours: Fridays 1/2 hr before services. **Contact** Ruth Garner 651-278-9596 OR Sheri Frisque 651-270-3352 with questions.

Join Sisterhood Today!

Come together with special women who share your values and concerns! The mission of Mount Zion Temple Sisterhood is to support, serve and enrich each other, Mount Zion Temple, Reform Judaism, and the greater community through service, education, leadership development and fundraising. Basic membership is \$40! Mail your check, payable to Mount Zion Temple Sisterhood to: Peggy Kipp 2273 Wagon Wheel Ct. Mendota Hts., MN 55120, or pay using cash, check or credit card at the gift shop. A new year of Sisterhood is upon us and we'd love to hear from you! We are now planning next year's fun and exciting calendar of programs and we look forward to seeing our old friends and making new ones. Contact co-presidents Sheri Frisque, sherifrisque@yahoo.com and Ruth Garner, ruthsg1966@comcast.net with ideas or questions. We are always looking for your input!

Sisterhood Opening Meeting: Photography Sunday, September 27, 10:00 a.m. at Mount Zion

Peggy Kipp will be talking about how to take/improve your pictures (not the technical stuff), using computer filing systems, sharing methods, and creating books to preserve your personal and Sisterhood's history. Peggy held this discussion at *The Art of Being Jewish Kallah* in May, and it was very popular! More information available soon!

2015 Mount Zion Garage Sale!

LARGE Multi-family Community Sale!

Opening Night

July 29, 6 p.m. - 9 p.m. (\$5 entry fee)

July 30, 4 - 8 p.m.

July 31, Noon - 4:30 p.m.

August 2, Noon - 4:30 p.m.

August 6, 4 - 8 p.m.

August 7, Noon - 4:30 p.m. (half-priced day)

August 9, 12-4pm (bag day)

Items include: furniture, small appliances, clothing for all ages and occasions, collectables, antiques, shoes, accessories, (jewelry, scarves, belts, ties, hats, gloves, etc.) toys, games, music, books, movies, sporting goods, office supplies, house wares, framed art, linens, and much, much more!



Sponsored by Mount Zion Sisterhood & Friends

Sale accepts Cash, Checks, and Credit Cards

For more information contact mzgaragesale@gmail.com.

PRIME TIMERS

Members 55 and older

Prime Timers Lunch and Learn with Rabbi Spilker: Talmud in the Eyes of a Secular Israeli Female Member of Knesset

Monday, August, 24

11:30 a.m. Potluck Dairy Lunch; Noon-1 pm – Program
All are welcome.



Ruth Calderon has a doctorate in Talmud from Hebrew University and was elected to the Israeli Knesset in January 2013. She is founder of Elul Beit Midrash in Jerusalem which promotes Talmudic study for secular Israelis. In this session, we will see a brief video of Calderon teaching Talmud in the Knesset and read one of the texts and commentary from Calderon's book, *A Bride for One Night: Talmud Tales*.



Prime Timers Volunteering at Second Harvest

Thursday, September 17, 1:30 - 3:30 p.m.

Second Harvest (1149 Gervais Ave.)

There is a maximum of eight people for a shift. If there are more who want to volunteer there will be a waiting list and a second event will be organized. Volunteers must be pre-registered. Register by Weds, Sept. 9 to Lanie Paymar at lanieclogs@gmail.com or 651-690-2515.

Dress comfortably. Layers are suggested. The building may be cool. Tee shirt, sweatshirt, jeans or shorts are fine. Closed toe shoes are required. Sandals are NOT allowed.

Just before volunteering there will be an optional lunch at 11:30 a.m. at Pizza Ranch (1845 East County Rd D, Maplewood).



L'Chaim 5775 Annual Campaign

L'Chaim 5775 inaugural Annual Campaign results with gratitude and appreciation to all who participated, we are thrilled to report that Mount Zion's first annual campaign has exceeded our goals! Our community raised over \$151,219 in contributions with 251 of our households participating. In addition to our member households, we had 100% Board participation, 100% clergy participation, and 100% Annual Campaign Committee participation! Thank you for helping keep Mount Zion vibrant and connected.



Al & Bonnie Abrahamson

Ed & Sandy Abramson

Rabbi Esther Adler

Jerry Adler

Sasha Amnuel & Stephanie Lonetti

Charles Anderson & Jeri Glick-Anderson

Anonymous(4)

Stuart Appelbaum & Jean King Appelbaum

Ana & Adam Apter

Harvey & Judy Arbit

Bernie & Deb Bachrach

Paul & Jennifer Bagdade

Nate Bander

Janis Batt

Walter & Lois Baum

Jim & Sally Beloff

Sue Benfield

Barbara Braman Bentson

Doug & Alyssa Berg

Jeff Murphy & Justina Bernstein

Robby & Andrea Bershow

Peter & Susan Bornstein

Brad Moore & Carolyn Borow

Anna Brailovsky

Steve & Gail Brand

Rolla Breitman

Arnold & Judy Brier

Al & Dorothy Brodie

Brotherhood

Chris Brunelle & Serena Zabin

Bill & Joni Burg

Kateleen Cavett

Michael & Stephanie Chauss

David & Amy Cherner

Mark & Jill Cohen

Steven Cohen & Lisa Murphy

Warren & Susanne Cohen

Matt & Nina Cooper

Chuck & Maureen Davidson

David Lipset & Diana Dean

Michael & Sharon DeMark

Joel & Jennifer Denenholz

Lisa & Paul Dorn

Tom & Randy Edelstein

Brad & Sarah Elkin

Phoebe Ellis

Ron & Betty Ellis

Ian & Betsy Ellis

Ben Elwood & Susie Steinbach

Bob Epstein

Rich Soule & Deb Fineman

Shel Finver & Dee Albert

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Ted & Jackie Flaum

Charles & Vicky Fodor

William S. Fox

Morley Friedman & Deidre Greene

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Roger Bjork & Gail Gendler

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Rozanne Glass

Phil & Renae Goldman

Jules & Janice Goldstein

Aimee Gonzalez

Siana Goodwin

Chris & Nora Gordon

Sue Gordon

Jeff & Susan Gottlieb

Donald Greenebaum & Beth Honetschlager

Andrew & Lija Greenseid

Brent & Jessica Griffith

Carol Gurstelle

Roman Soto & Ronna Hammer

Lenore Hauser

James & Lisa Heyman

Natalie Hopfield

Chad Weinstein & Cathy Huber

Jeff & Laurie Hunt

Dan & Denise Jacobus

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 Lennie & Helen Major
 Todd & Judi Marshall
 Isaac Marshall
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 Geoff Mason & Jennifer Farber Mason
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 Bob & Julie Mast
 John Mast
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 Herman Westreich & Dani Salus
 Sue Winthrop
 Harvey & Esther Winthrop
 Barbara Winthrop
 Mitch Wittenberg & Jaine Strauss
 DeDe Wolfson
 Gary & Lee Zechmann
 Daniel & Laura Zelle
 Larry & Honey Zelle

Todah Rabah! Thank you!



SOCIAL ACTION UPDATE

Tzedek = Justice

Mount Zion Ready for Next Step Toward Economic Justice

Thank you to everyone who participated in an economic justice house meeting this summer. Across the Jewish community, 40 meetings took place. More than half of those were hosted by Mount Zion members.

Conversations were the first step. Now, we are ready to take action in the Twin Cities. Help write the next chapter by attending the

Community-Wide Tzedek Summit on Sunday, August 30, 10 a.m.-Noon

Our discussions raised a number of important issues ranging from childcare and affordable housing to minimum wage and college loan repayment. The Jewish community can make a significant difference, but first we must decide on our direction.

We will:

- Reflect on the issues raised at our house meetings.
- Set some priorities and decide how we want to turn our energy into social action.

Whether you attended a house meeting or simply want to learn more about economic justice efforts in Minnesota, in the Twin Cities, and in our Jewish community, please bring your voice to the summit at Mount Zion. For more info, email JCA organizer Rachel English, rachel@jewishcommunityaction.org, or Tzedek Committee co-chairs Michael Kuhne, michael.kuhne@minneapolis.edu or Donna Koren, donna_koren@yahoo.com.

Haven't had a chance yet to attend a house meeting yet?

Mount Zion Temple President Dan Rybeck will be hosting the last house meeting for the year at his house on **Sunday, August 16, 6:30 - 9:00 pm.**

Contact Michael at michael.kuhne@minneapolis.edu or go to mzjustice.eventbrite.com to RSVP.

Neighborhood House Desperately Needs Food Shelf Volunteers

If you and your family are interested in helping people in need shop for culturally-sensitive food right at the Mount Zion-supported food shelf at Neighborhood House in St. Paul, please contact Anders at Neighborhood House at ARMayland@neighb.org. Volunteers are needed throughout the day and week.



June 2015 Family Shelter



Again this year in June we housed a shelter for families without homes. This is the 15th time that Mount Zion has hosted the Family Shelter. We provided a place to sleep for 9 families: 9 women, 4 men and 13 children. In total, 486 bed nights were provided...nights that these families might have spent on the street if we had not opened our doors. Like last year,

we had less turnover as families are allowed to stay longer in the Project Home system.

Judi Levin Marshall stepped out of organizing and managing Shelter. She divided the work she had done alone into ten positions, but she continued to be very involved with mentoring the new leadership coordinators this year. A SPECIAL THANK YOU to Judi for the tremendous amount of time and hard work she has put into Shelter on her own for so many years and for her mentoring efforts with the new coordinators!



A HUGE Thank You to the following volunteers:

Coordinators

Jill Dreyfus	Communications Coordinator
Maria Kirsch	Sign Up Board Coordinator
Susan Koch	Technical Coordinator
Ilona Rouda	Move In/Move Out and Signage Coordinator
Lisa Taran-Maddy	Shelter Leads Coordinator
Jennifer Wallen	Sign Up and Scheduling Coordinator
Sara Wise	Donations and Supplies Coordinator

Shelter Leads

Gail Gendler, Karen Gjerstad, Sue Gottlieb, Maria Kirsch, Shirley Kulevsky, Ilona Rouda, Laura Schauben, Carrie Siegel, Sue Stein, and Lisa Taran-Maddy.

Volunteers for Move In and Move Out

Move In: Deb Bachrach, Siana Goodwin, Jessica Griffith, Isaac Marshall, Tom Marver, and Ilona Rouda. Move Out: Deb Bachrach, Shel Finver, Robert Garfinkle, Sandra Lyksett, Ilona Rouda, Karen Suzukamo, Chad Weinstein, Jill Weiss, and Sara Wise.

Thank You to all the members who donated clothing, supplies and food for our guests and to the many volunteers, adults and children, who volunteered to help cover shifts for the Shelter. 83 Mount Zion households volunteered. 11 Mount Zion households volunteered for the first time. A SPECIAL thanks to the 22 households who volunteered more than once! Way to go!



Also, thank you to our wonderful building staff, Don and Elias, for making sure the Shelter space was clean each night. **We greatly appreciate everyone's time and effort to make the Shelter a success!**

Keep up to Date with Mount Zion's Online Calendar!

www.mzion.org



Mount Zion Temple
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 Saint Paul, MN 55105

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 tmatzek@mzion.org
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 Website: www.mzion.org





**Annual Kehillah Council/
 Board of Directors Retreat**

Sunday, August 30
1:00 - 5:00 p.m.
 at St. Paul JCC (1375 St. Paul Ave.)
 All congregants are welcome.
 See p. 7 for details.



High Holy Days Schedule *See pages 4-5*

 **Selichot** 
A Night that Ushers in the High Holy Days


IN[HEIR]ITANCE PROJECT
THE GENESIS PLAYS

Saturday, September 5

8:30 p.m. Havdalah followed by
The inHEIRitance Project: The Abraham Play
 with **Jon Adam Ross** followed by an audience conversation

10:00 p.m. Reception

10:30 p.m. Selichot Service with local cantors and choirs



The entire community is invited for this evening which will be held at Adath
 (10500 Hillside Ln W, Minnetonka). *See p. 5 for details.*

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**COMMUNITY-WIDE TZEDEK SUMMIT
 ON ECONOMIC JUSTICE**

HOSTED BY MOUNT ZION TEMPLE & JEWISH COMMUNITY ACTION
SUNDAY, AUGUST 30TH, 10am-12pm • MOUNT ZION • 1300 SUMMIT AVE., ST. PAUL

Conversation on economic justice and shmita (the Jewish sabbatical year) was the first step: 7 synagogue programs and 40 house meetings across the Jewish community.

Now, we are preparing to take action. Help us write the next chapter!

Whether you attended a house meeting or synagogue Shmita 5775 program or simply want to learn more about economic justice efforts in Minnesota, in the Twin Cities, and in the Jewish community, please bring your voice to the summit! For more information, please contact JCA organizer Rachel English, rachel@jewishcommunityaction.org or call 651-632-2184.



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WWW.FACEBOOK.COM/JEWISHCOMMUNITYACTION