MZ Small Groups are a part of
MZ Connect
Our New Portal for Online and
In-Person Engagement

MZ Connect is a way to connect to existing groups from Torah Study to Book Clubs, Worship Committee to Tzedek (Justice) Committee, Choir to Guitar Corps, Parents & Tots to Prime Timers, Women of Mount Zion Temple (Sisterhood) and Brotherhood.

MZ Connect is a way to connect to existing activities like chanting Torah, leading daily services, and volunteering for our homeless shelter – Project Home.

MZ Connect is a way to connect to other members online in conversation, sharing pictures and videos.

MZ Connect is also a way to join or create new gatherings through MZ Small Groups!

Ask Questions or Find out More
Shai Avny
Congregational Engagement Director
savny@mzion.org | 651-698-3881
mzion.org/connect/mz-small-groups

Mount Zion Small Groups
is an engagement initiative of
Mount Zion Temple
1300 Summit Avenue, St. Paul, MN
www.mzion.org

Better Together!
What are MZ Small Groups?

Many of us yearn for enriching ways to spend time with others. Sometimes we desire events surrounded by our robust community. At other times, we want smaller settings.

MZ Small Groups are a great way to get to know a small group of people. Formed around interests, needs, geography, life stage, or profession, they can be done in the home, in an office, or anywhere in the greater Twin Cities.

Some groups might focus on a topic of support, learning, or a Jewish experience. Others might be about sports, making crafts, attending arts events, and more! It’s up to you!

Consisting of anywhere between 3-18 people, groups meet regularly, with the number, frequency, dates, and location of meetings determined by the group.

Groups can include our members or friends. They are encouraged to meet at least four times a year. At the end of a year, they can either end or renew for another year. The group leader will be trained to facilitate positive group dynamics and to be sensitive to the needs of all participants.

These groups are designed to inspire us and transform our lives and the world around us, with deeper relationships and a greater experience of joy and meaning.

How Do I Join a Group?

- Go to mzion.org/connect/mz-small-groups to browse current offerings.
- Find one that interests you and fill out the form to contact the Group Leader. Someone will get back to you within a few days.
- Didn’t find the one you were looking for? Consider starting your own!
- Don’t use a computer? Call Shai at 651-698-3881.

How Do I Start a Group?

MZ Small Groups can be started by any Mount Zion member. If you would like to lead a group, we are happy to offer you training, workshops, and ongoing coaching support. You'll never be alone in this process. We will launch the first MZ Small Groups twice in Fall 2018, first in September and then in November. If you want to be a group leader, simply go to mzion.org and fill out the “Start a new group” form so that we can help you get started! Or contact Shai!

MZ Small Groups Possibilities

Current Events Discussion
Cycling to Jewish MN Historic Sites
Empty Nesting: Now What?
Jewish Foodies Tour
Israel Book Club
Knitting Healing Shawls
LGBTQ Journey Group
Mah Jongg, WORD Games, Bridge
Mussar Groups
Minnesota Jewish Theater Series
Scotch Tasting
Shabbat Basketball, Racquetball
Sharing the Holidays
Woodbury Chavurah
Women’s or Men’s Spirituality Group

What’s your idea?

Any questions?
Want to join or start a group?
Contact our Congregational Engagement Director Shai Avny at 651-698-3881 / savny@mzion.org
Or go to mzion.org/connect/mz-small-groups.