



ITON TZIYON

עיתון ציון

Mount Zion Temple Bulletin

January/February 2019 | Tevet/Shevat/Adar I 5779

Vol. 163, No. 3

*The almond tree is growing.
A golden sun is glowing.
Birds sing out in joyous glee
from every roof and every tree.
Tu BiSh'vat is here, Holy Day of the Trees.*

*- From a popular song for Tu BiSh'vat, New Year of the Trees.
All Jewish holy days are connected to Israel's agricultural cycle.*

Yisrael

Israel

ישראל

Wrestling with our Relationship

L'Dor VaDor

From Generation to Generation

Mazel Tov To...

Our members who will celebrate a milestone anniversary in January and February: **Walter & Lois Baum; James & Judith Orner; Ellen & Martin Sampson.**

Suzanne and Ryan Carlson on the birth of their twins, *Barney and Edith*, on November 18.

ZICHRONAM LIVRACHA...

May their memories be a blessing

We note with sorrow the passing of our members:

Alvin "Al" Abrahamson

Our condolences to his family, including his children Rabbi Elka Abrahamson (Rabbi Misha Zinkow), Margie Abrahamson, and Steve (Ruth) Abrahamson.

Naomi Birger

Our condolences to her family.

Ida Rapoport

Our condolences to her family, including her son Andrew Rapoport.

Walter Schwarz

Our condolences to his family.

We Extend Condolences to...

Celita (Eric) Levinson on the death of her sister, *Lydia Ann Huguez*, on December 5.

Judi (Todd) Marshall on the death of her mother, *Bette Levin*, on November 6.

Joel (Nancy) Miller on the death of his father, *Paul Miller*, on December 17.

Bonnie Resnick (Alan Milavetz), on the death of her sister, *Heidi Resnick*, on September 12.

Judi Orland (Jeff Sims) on the death of her father, *Dr. Frank Orland*, on December 23.

WELCOME...B'RUCHIM HA'BAIM... TO OUR NEW MEMBERS!

Bennett Clark & Ariel Williams,
and their kids Seren and Wesley

Brooks & Terri Edwards

J.R. & Gabby Minkus

An Invitation for New Members!

New Member Havdalah

Saturday, February 2, 4:30 – 6:00 p.m.

Rabbi and Cantor Spilker's Home



Please come to Rabbi and Cantor Spilker's home for a special Havdalah with clergy and staff, temple leadership, and members who joined Mount Zion in 2018/19. Together, we will celebrate the transition from Shabbat to the new week, and from strangers to friends. Child care will be provided. Contact Shai Avny at savny@mzion.org with questions.

Letter from the Rabbi



"More than the people Israel has kept Shabbat, Shabbat has kept the Jewish people."

– Ahad Haam, "Father" of Cultural Zionism

Shabbat in Jerusalem is as beautiful as you can imagine. An air raid siren is the sound that announces that Shabbat has begun. Instead of evoking fear, that siren arouses spiritual renewal. Only in Jerusalem because of its centrality for the Jewish people, Shabbat arrives forty minutes before sundown, a practice called

tosefet Shabbat, a bonus time of Shabbat.

Wherever we are, as Shabbat arrives Friday eve, we are renewed and bound by our Jewish identity, connected to the Jewish people in Israel and around the world.

We focused on Shabbat a couple years ago at Mount Zion. Many of you may have the book we gave as a gift, *A Day Apart: Shabbat at Home*. Even as we focus this year on "wrestling with our relationship with Israel," winter is a good time to renew your Shabbat. Take out the Shabbat book or look at our resources on Mount Zion's website. Think about one way to enjoy observing Shabbat. This is not an "all or nothing" proposition. In some ways it is simple to do but not necessarily easy. It takes practice.

On Friday, February 15th, we will again have "Shabbat at Home". On this one Shabbat, we invite you to stay home from services or go to someone else's home. You can take the time to talk with others about Israel. We will be sending out more information by email in the new year. Please consider opening your home and please do not be shy to ask Shai to be a guest. (Shai Avny, Congregational Engagement Director, savny@mzion.org).

It is not that communal prayer isn't central to how we celebrate Shabbat. Rather, we want to emphasize the elements of Shabbat that are outside the sanctuary – and to make that point boldly. It is certainly possible to celebrate both at home and at the synagogue, and many do. For this one night, we will tip the scales toward the home ritual, toward more intimate gatherings *panim el panim*, face to face. In keeping with our daily service tradition, there will be a 5:45 p.m. service on Friday night who wish to pray together and to recite kaddish.

Next time you see our Mount Zion Mosaic in the Pistner Lobby, see if you can find the Hebrew words in our Shabbat section that come from this Reform Movement statement:

Shabbat calls us to bring the highest moral values to our daily labor and to culminate the workweek with (*kedushah*), holiness, (*menuchah*), rest and (*oneg*), joy.

These three values: *holiness, rest, and joy*, are the antidote to modernity, to the hectic pace of our technologically-bound lives. May you experience a renewal of Shabbat and connection during these cold winter months.

L'shalom,

Adam Stock Spilker, Rabbi

March Food Drive

February 25 - April 7, 2019

Hunger forces Impossible Choices

20% of families struggle to feed their families. Neighborhood House distributes almost 1 million pounds of food per year through their Food Markets.

How YOU can make a difference in combating Hunger in Minnesota

- Your gift of \$36 can feed a family of 4 for a week!
Give online: mzion.nirsham.com/form/donate.
- Drop off food donations February 25 - April 7 at the Mount Zion Mitzvah Food Shelf Project table. A complete list of needed items will be at the food donation table located in the main lobby.

Questions? Contact Sue Grupe at 651-503-1382 or susangrupe@comcast.net.



Make Shabbat Your Sanctuary

Spend Shabbat with Friends!

Congregational Shabbat Dinner

February 1, Dinner: 5 p.m.; Service: 6:30 p.m.

Cost before Jan 20: \$12 adults; \$6 kids (11 and under)

Cost after Jan 20: \$15 adults; \$8 kids



This Shabbat Dinner has been generously subsidized by Brotherhood.
(The unsubsidized cost is \$23 adults; \$12 kids)*

Register at www.mzion.nirsham.com/events. For more information, contact Tymina at office@mzion.org or 651-698-3881.

**Keeping our dinners affordable is a goal because they are opportunities for community building and celebrating Jewishly together. We are grateful for Brotherhood's support. We are also seeking individual donors for future dinners; please be in touch with Larry (Isolomon@mzion.org) if you'd like to help.*

A Window into Parenting a Child with Special Needs

Pulpit Speaker: Stacey Dinner-Levin

Friday, February 22

During Shabbat Services, 7:30 p.m.

See p. 14 for more details.



Water: Israel's Gift to the World

Pulpit Speaker: Laura Salzer, Jewish National Fund

Friday, January 25, 7:30 pm

(during Shabbat services).

The organization that gives all generations of Jews a unique voice in building a prosperous future for the land of Israel and its people.



Tot Shabbat

*Tot Shabbat is the second Saturday of every month.
For families with children from birth to seven years old.*

Tu BiSh'vat: Happy Birthday Trees!

Saturday, January 12, 10:30 a.m.

Terumah: Generosity is Sharing

Saturday, February 9, 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.

Daily Services

Going strong after 64 years! All welcome!

Monday-Thursday, 5:45-6:00 pm; Sunday, 9:30-9:45 am.

Led by members of our congregation in the Harris Chapel.

Please contact Janet at 651-482-9951 / janetkampf@hotmail.com or John Mast at 612-270-6191 / johnlmast@yahoo.com if you would like to help lead (can be a one-time commitment to four services in a month).

January

Friday Shabbat Evening Services

January 4, 6:30 pm

Celebrate Shabbat!

January 11, 7:30 pm

Professional Quartet

January 18, 7:30 pm

Food for Thought (p.18)

Birthday Blessings

January 25, 7:30 pm

Pulpit Speaker: Laura Salzer (p.12)

Saturday Shabbat Morning Services

January 5, 10:00 am

*Va-eira - Ex. 8:16-9:35**

Celebrate Shabbat

January 12, 10:00 am

*Bo - Ex. 12:29-13:16**

Tyler Burbey, Bar Mitzvah

January 19, 10:00 am

*B'shalach - Ex. 14:26-17:16**

Shabbat Shira

Celebrate Shabbat!

January 26, 10:00 am

*Yitro - Ex. 19:1-20:23**

Celebrate Shabbat!

February

Friday Shabbat Evening Services

February 1, 6:30 p.m.

Congregational Shabbat Dinner

2nd Grade and Shir Tzion Participate

February 8, 7:30 pm

Teen-led Service

February 15

Shabbat at Home (p.5)

Brief Service, 5:45 p.m.

Saturday Shabbat Morning Services

February 2, 10:00 am

*Mishpatim - Ex. 23:20-24:18**

Ashley Denenholz, Bat Mitzvah

February 9, 10:00 am

*Trumah - Ex. 26:31-27:19**

Celebrate Shabbat!

February 16, 10:00 am

*T'tzaveh - Ex. 29:19-30:10**

Celebrate Shabbat!

February 22, 7:30 pm

Food for Thought (p.14)

Pulpit Guest: Stacey Dinner-Levin

February 23, 10:00 am

*Ki Tisa - Ex. 33:12-34:35**

Celebrate Shabbat!

Lunch & Learn (p.14)

Torah Study on Shabbat Morning

9:00 am Drop in any Shabbat to study the week's Torah portion.

**Using a triennial [3 year] cycle, we are reading the last third this year.*



Childcare

Mount Zion offers complimentary childcare in a safe, child-friendly environment on Friday evenings during Shabbat services and Saturday morning services when there is a Bar/Bat Mitzvah. Reservations are not necessary, but we suggest that parents or guardians of infants or children with special needs notify Mount Zion in advance. Feel free to drop by room 102 and check out our wonderful facility and staff!



I've never been one to make New Year's resolutions, but this being the January-February edition, I want to take advantage of the season and encourage you to make this resolution: commit to renewing or deepening your prayer practice.

Back in the fall of 2004 I was a first-year cantorial student at the Hebrew Union College campus in Jerusalem. You might think that people who had decided to pursue careers in Jewish education and the clergy wouldn't have to be required to attend prayer services, but you'd be wrong. Especially if some of them are at 7:45 in the morning. Yes, tefillah was mandatory, and for about the first three months of my time there, I couldn't stand it. Everything irritated me. The person shuckling right on the edge of my frame of vision was distracting and annoying. The sanctuary was utilitarian. I wasn't used to the music, and some people sang too loudly or out of tune. It was distressing, to say the least. Wasn't I there precisely because I loved prayer and believed in its power to transform? But if I couldn't "feel" it, how could I expect others to?

Thankfully, I had the great fortune to have a liturgy professor who had likely observed this phenomenon countless times, and therefore had us keep a journal of our prayer experiences. And guess what? After a few months, I noticed a change in myself. My first revelation was not an epiphany in the religious sense, but the realization that I was struggling with humility. I assumed that all my personal conditions around prayer had to be met for it to "work for me." I finally grasped that it was at least as much about what I was bringing to prayer as what was being brought to me.

Prayer can be difficult. It is both a skill that we develop, and a relationship that we nurture. Like other skills, it takes regular practice. Like other relationships, the level of closeness and ease depends on what we put into it. There are obstacles large and small if we let them get in our way. But I promise you, it is worth it. And I also promise you that you will need it sooner or later in your life, and wouldn't you rather that you had practiced it before you need it?

There are many entry points into prayer, but I want to suggest a few that have worked for me. In no particular order:

- Try "you" language to talk to God. Make it informal. I often tell my students that prayers, at their essence, say please, thanks, sorry, and wow. Find any moment like that and start a conversation with God.
- Learn some Hebrew if you haven't already. Even a few key words will help reveal the rich world of Hebrew prayers, and the mantra aspect of reciting them can unlock creative, personal prayer.
- Start outside of synagogue, in a place that feels meaningful to you, then bring your prayerful moments and feelings back to synagogue.
- Start with awareness and gratitude. Just being aware, and then grateful, leads to blessing. And blessing moves back to awareness and gratitude in a wonderful prayer mobius strip.

These are just starting points, and I'd love to hear what works for you! Please reach out to me and your fellow pray-ers and let us know about your journey!

Jennifer Strauss-Klein, Cantor

Trope Troupe

... the more Torah, the more life. -Hillel

Todah Rabah to our November/December Ba'alei Korei (chanting Torah): Shel Finver, Suzy Frisch, Siana Goodwin, Harriet Gutherz, Gabby Harmoning, Zelda Harmoning, Elena Isaksonas, Luciano Kolodny, Michael Kuhne, Marilyn Salmon, Dani Salus, Brian Serle, Batya Spector, Tobi Tanzer, Marcia Woods-Weisman

Todah Rabah to our November/December Haftarah Chanters: Siana Goodwin, Yasmine Moideen, Betsy Rest

To sign up to chant Torah or Haftarah on Shabbat, e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org.

Songs of Love

Choir Concert featuring **Mount Zion's adult choir Kol Tzion and The River Heights Chorale**
Saturday, February 23, 7:30pm at Mount Zion

This concert will feature songs of love from the Jewish tradition in Hebrew, Yiddish, and Ladino.

As a volunteer choir, *The River Heights Chorale* is committed to sharing quality music with the surrounding community and has made it a priority to help students, through scholarships, achieve their musical goals beyond high school. Director Aaron Kapaun is in his 9th season as Artistic Director for the River Heights Chorale. Mr. Kapaun taught vocal music for 16 years including 13 of those years as director of vocal music at Henry Sibley High School in Mendota Heights, Minnesota. Mr. Kapaun has been nominated for Minnesota Teacher of the Year three times and was named a District Innovator of the Year in 2008 in the West St. Paul School District.

Our Bodies, Our Souls

22nd Annual Jewish Retreat for Women

The Joys of Welcoming the Stranger

Connecting with Self, Others and God

Friday Evening to Saturday Evening
January 25-26, 2019

Cost: \$190, Includes lodging for one night, four delicious meals, and programming. Additional \$40 fee for those wishing to stay for a second night & depart on Sunday.

Confidential financial assistance is available to members. Contact Cantor Rachel Stock Spilker at 651-698-3881 for assistance.

OBOS is made possible, in part, by a generous donation from the Women of Mount Zion.

From the President



On October 27, 2018, 10 Jews were killed while worshipping in their synagogue on Shabbat in Pittsburgh, Pennsylvania.

In the days and weeks that followed, Jews throughout the world mourned and were joined in sorrow and solidarity by persons of conscience - of all faiths and no faith. I felt strongly that I could not write this column without writing about Pittsburgh.

I read news coverage and commentary for inspiration and soon concluded that I had nothing new to say, and that original words would not hallow the moment. To paraphrase the words written about another corner of Pennsylvania made sacred through bloodshed, the brave men and women, living and dead, who struggled there, consecrated it far beyond our poor power to add or detract.

In all my reading, I found words of comfort, troubling words, and words of profound eloquence. Some reflections follow.

First, nothing I read affected me as profoundly as what I heard from the Mount Zion bima on the night of the Interfaith Vigil from a young man who recited kaddish for his father, lost to gun violence; who consequently formed a deep bond with the minyan makers at his temple; and who shared that it was the minyan makers at Tree of Life, those who wake up early and every day to provide community for others, who were killed. It was a troubling truth that simply floated in the sacred air of Mount Zion when Sami Rahamim spoke.

Second, there is a movement to place mezuzot as an "I am Spartacus" gesture. This could be done by Jews and non-Jews alike. It parallels the acts of solidarity 25 years ago in Billings, Montana, a town with only 50 Jewish families at the time. There, after an anti-Semitic rock-throwing attack, an estimated 6000 Billings residents lit menorahs and placed them in their windows. I am heartened and uplifted by these acts of "upstanders" just as I was heartened and uplifted when I came to the interfaith vigil and saw my dear non-Jewish friends and neighbors among those who poured into and filled every corner of Mount Zion and overflowed into the streets.

Third, in the shadow of Pittsburgh, we celebrated Hanukah - the Festival of Lights. The holiday brings so many beautiful images of light: lights in the darkness of winter; lights of justice, lights of joy, lights of hope, and lights of peace. And the image of light harkens to God's command that Israel be a light to the nations. How do we do this? How do we celebrate and grieve at the same time? And mean both - as we surely do? It is, in fact, a human superpower, both beautiful and horrible.

Finally, I had originally thought I would leave the column blank - holding open a space for people to reflect, as our Reform liturgy often does. I didn't do that. But I worked hard to simply express an experience without dictating what message, if any, it should convey. I hope I did not impose.

L'Shalom

Susan Robiner, President



Creating Your Jewish Legacy

We have all heard the story of the man who plants a tree, knowing he will not live to see its fruit. Jewish tradition recounts throughout the generations the story of this man who plants selflessly for the generations to come. When we contribute to our congregation's endowment, we plant a tree - carrying on a legacy through our children and grandchildren, sustaining our traditions through an uncertain future.

By participating in Mount Zion Temple's Legacy Campaign, we can speak to our children in a way that is louder and clearer than mere words could ever be.

Many of our members have told us that Mount Zion is already in their will. However, we don't know that is the case and we do not get credit through the community-wide Legacy program if we do not have you listed as a member of our Legacy donors. If Mount Zion is already in your will, please notify a Giving Committee member (listed below) and complete a Letter of Intent (LOI) document. By achieving our annual goal of LOIs, Mount Zion receives a cash award from the Grinspoon Foundation and from the Twin Cities Federations. If you don't already have Mount Zion in your will, it is easy to make a bequest to Mount Zion can be made with a simple codicil (amendment).

Thanks to your foresight and generosity, we can ensure that our grandchildren and *their* grandchildren will enjoy a flourishing Mount Zion community, in a world where Jews can hold their heads high, and we can joyously celebrate our magnificent heritage and traditions.

To learn more about giving an endowment gift that fits your budget, please contact Larry Solomon at lsolomon@mzion.org.

Giving Committee members: Harold Katz, Mary Ann Wark, Brian Serle, Bob Mast, Liz Krelitz, and Adam Garen.

Brotherhood event

Dessert and Game Night

Saturday, January 12, 7:00 pm
Everyone welcome!



Last year, over 70 Mount Zion members attended this fun evening. Bring a dessert to share, and your favorite game. Music provided by Renae Goldman. Price of admission: one dessert!

HEADING HOME

THE TALE OF TEAM ISRAEL

Co-sponsored by St. Paul JCC and Temple of Aaron.

Sunday, January 13 - Two Showings

Tickets at mzion.org: \$10/adult; \$5 child

11:30 am at Mount Zion (includes lunch) - *We will end Religious School early this day.*

See p.7 for additional details.

7:30 pm at the newly renovated St. Paul JCC Theater - *Snacks available for purchase.*

Special Guests at both showings: Josh Zeid, Team Israel star, Ryan Lavarney, Catcher, Team Israel and New York Yankees, and Jonathan Mayo, MLB Reporter.

Heading Home: The Tale of Team Israel is a spirited documentary about a group of nice Jewish American baseball players who take on the world competing for Israel's national baseball team. It is a David-and-Goliath story as they head to the World Baseball Classic in 2017.

HEADING HOME

THE TALE OF TEAM ISRAEL

A Note to Parents: This movie is 90 minutes long and ends with the exciting drama of Israel's baseball team winning beyond expectations. However, it is a documentary so the pacing may be slow for some kids. There is some swearing in the film (three times the "F" word is used) but no nudity, drugs, violence, etc.

Mount Zion showing schedule:

11:30 Brief Conversation with Israel Baseball Players (Sanctuary)
 11:45 Lunch (Margolis Hall)
 12:00 Movie (Margolis Hall)
 1:30 Q & A and Autographs (Margolis Hall)

Shabbat at Home

Friday, February 15



Shabbat at Home is just that: a Shabbat we set aside to invite people into our homes (or to go to someone else's home) for a more intimate Shabbat experience.

We are actively seeking families who are willing to host a Shabbat at Home.

(If that thought makes you break out in the cold sweats, fear not: there are many online sources we can make available to help you host. For those of you with a Shabbat ritual that works for you, we invite you to share that ritual with your guests. Potluck dining is, of course, perfectly acceptable!)

If you are interested and able to host or wish to be a guest, please contact Shai Avny at savny@mzion.org.

February is Jewish Disability Awareness Month!

Please join us for the following JDAIM-focused services and events at Mount Zion:



Friday, February 1, 6:30 p.m.

Family service featuring a story related to inclusion.

Sunday, February 3, 11:45 a.m.

Religious School t'filah with an inclusion-related teaching.

Food for Thought

Friday, February 22, 5:45 p.m.

Mount Zion member Stacey Dinner-Levin will read from her play **Autistic License: Normal Isn't for Everyone** (called "a transformative piece of theater" and described by the Pioneer Press as "a true-to-life play that takes audiences on the rollercoaster ride of raising a child with autism").

A Window into Parenting a Child with Special Needs

Pulpit Speaker: Stacey Dinner-Levin

Friday, February 22

During Shabbat Services, 7:30 p.m.

Mount Zion member Stacey Dinner-Levin received her MA in Human Development from St. Mary's University and BAs in Social Work and Women's Studies from the University of Minnesota. For five years she led the PACER Center "Count Me In" program promoting disability awareness to schoolchildren. She is the mother of four boys, the eldest of whom was diagnosed with autism in 1993. *Autistic License*, Dinner-Levin's first full-length play, was named one of the Ten Best Plays Of 2007 by the St. Paul Pioneer Press and was featured American Theater Magazine in 2010. Dinner-Levin is a Disability Council Member for Mixed Blood Theater and an Advisory Board Member for the Reelabilities Film Festival.



Saturday, February 23

10:00 a.m. — Shabbat morning service

11:30 a.m. (approximately) — light lunch

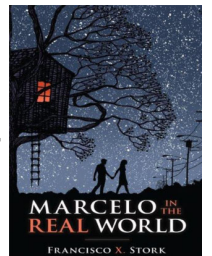
Noon (approximately) — **Discussion of**

the book *Marcelo in the Real World* by

Francisco X. Stork, a young adult novel that

tells the story of 17-year old Marcelo

Sandoval, a boy with Asperger-like characteristics who seeks guidance and mentorship from a local rabbi. The discussion will be facilitated by Jasper Hardin, Sarah McVicar, and Joan Ostrove and will include the perspectives of Jewish autistic people. Complimentary copies of the book are available at Julie Beckman's desk in the clergy office.



Religious School News

Religious School Calendar Highlights

January

Jan. 2	No Hebrew or Chai School – Winter Break
Jan. 4-6	NFTY-NO Winter Kallah
Jan. 6	Religious School Resumes Grade 6 Family D'var Torah Workshop & Interfaith Family Conversation
Jan. 9	Hebrew School Resumes Chai School Tri II Begins
Jan. 13	Grade 1 & 2 Tu BiSh'vat Program 11:30am Dismissal, Movie <i>Heading Home: The Tale of Team Israel</i>
Jan. 18-20	Grade 7 Sacred Choices Shabbaton
Jan. 20	No Religious School—MLK weekend
Jan. 21	Tu BiSh'vat
Jan. 26	6:30-8:30pm JYG Ice Skating
Jan. 27	Grade 6 Tallit Workshop

February

Feb. 1	5:00pm Grade 2 Shabbat Dinner 6:30pm Grade 2 Shabbat Service Participation
Feb. 1-2	Grade 5 Shabbaton
Feb. 3	Jewish Disability Awareness & Inclusion in School
Feb. 8	7:30pm Teen-Led Shabbat Service
Feb. 9	11:30am B'nei Mitzvah Sefer Seminar: <i>Devarim/Deuteronomy</i>
Feb. 10	Grade 6 Tallit Workshop Make-Up Session 12:15-3:00pm Noar Tzion Zero Gravity Trampoline Park 12:15-2:30pm JYG Peer-Led Event
Feb. 22	7:30pm Jewish Disability Awareness & Inclusion Shabbat
Feb. 15-18	NFTY Convention
Feb. 17	No Religious School— President's Day Weekend
Feb. 22	Jewish Disability Awareness & Inclusion Shabbat 5:45-7:15pm Food for Thought 7:30pm Shabbat Service
Feb. 23	11:30am B'nei Mitzvah Sefer Seminar: <i>Bereshit/Genesis</i>
Feb. 24	Grade 6 Tzitzit Tying Workshop

March

March 3	B'nei Mitzvah Sefer Seminar: Vayikra/Leviticus
March 4	10:15am T'filah & Purim Song Session 11:00am Purim Carnival
March 7	6:00pm Chai School Tri III Begins

Tri II Open to All St. Paul Jewish Teens!

January 9 - February 27 at Mount Zion!

A collaborative program bringing together Jewish high school students from across St. Paul for fun, food, friendship, community-building and learning.

5:45 p.m.

Grade 8-10 are invited to Margolis Hall to eat and schmooze before class. Dinner is FREE!

6:00-7:15 p.m.

Grade 7 & 10 Classes Continue as Usual
Electives for Grade 8 & 9 Mount Zion Students Joined by Talmud Torah Teens

Tri II Electives

Rabbi Yosi Gordon: *Speak Truth to Power: How to Fix a Broken World*
We will look at stories and documents of people who courageously stood up to oppressive authority, from biblical times, through the Shoah (Holocaust), and on to the present. Students will create scenarios and tweets based on these models to help them more effectively and courageously stand up against tyranny and cruelty today.

Arie Zmora: *Where Is Home and How Did I Get There?*

How, when and why did Jews from around the world find their way to Israel? What happened in the 19th century that caused Jews to embrace Zionism? How and why was Zionism founded in Europe and Tsarist Russia? How did Theodore Herzl create political Zionism and ignite the desire to regain political independence in their ancestral biblical homeland? We will examine these topics and their relevance to modern Zionism and our lives today.

Barry Golob: *Judaism and Science Through a Jewish Lens*

We will look at different scientific issues. Science is concerned with things we CAN do, but as Jews, we want to know what we SHOULD do. Looking at these issues and ethical dilemmas through a Jewish lens may open our minds about how we think and examine these issues.

Tal Dror & Habonim Dror:

Israel: What Do You Know? What Do You WANT to Know?

Let's talk to an Israeli! This elective is based on input from inquisitive students regarding their interests. Tal is St. Paul's shlichah working to create a "bridge of connection" between the Jewish community in St. Paul and Israel. Habonim Dror (Builders of Freedom) is a Progressive Labor Zionist Youth movement whose mission is to build a personal bond and commitment between North American Jewish youth and the State of Israel. Learn about them and their connection to Israel.

SCHOOL CLOSING DUE TO INCLEMENT WEATHER

Please tune to WCCO for Hebrew and Religious School closings (WCCO AM Radio 830, WCCO TV Channel 4, www.WCCO.com)



Snow cancellations will also be posted on the mzion.org home page, Mount Zion Facebook page, and you will receive a text message. Cancellation decisions will be made by: 1:30 p.m. for Wednesday Session I, 4:30 p.m. for Wednesday Session II, 8:00 a.m. for Sunday Session.

Youth Engagement News

Shabbatonim

Sacred Choices Aleph Shabbaton

Friday, January 18 - Sunday, January 20 at Camp St. Croix
Sacred Choices is our comprehensive sex ed curriculum framed in Reform Jewish values. This Shabbaton is something that makes Mount Zion unique in the Jewish world, is one of the most important parts of the 7th grade year, and is something 7th graders will remember for their entire lives. Don't miss out!

Youth Groups

Noar Tzion (4th-6th grade youth group)

Zero Gravity Trampoline Park

Sunday, February 10, 12:15-3:00pm

Spend the afternoon bouncing and having fun with your Noar Tzion friends at Zero Gravity Trampoline Park!

Gesher JYG (7th-8th grade youth group)

Ice Skating

Saturday, January 26, 6:30 - 8:30 pm

Don't miss ice skating with JYG. Glide into the last weekend of January with JYG for a light dinner, ice skating, and hot chocolate!

Peer-Led Event

Planned by JYG Advisory Committee

Saturday, February 10, 12:15-2:30 pm

This event will be planned and run by your peers. We can't wait to see what the JYG advisory committee organizes!

SPORTY (9-12th grade youth group)

NFTY NO Winter Kallah

January 4-6 in Madison, WI.

Homestays with members of Temple Beth El.

Thai, Tye, Tie

Saturday, January 26, 5:00-6:30 pm

Eat Thai food, tye dye shirts, and make tie blankets for charity.

Teen Rock Climbing Trip with Tal

In memory of Nadav

Saturday, February 2 - Bus leaves from Mount Zion 5pm.

Contact Tal for more info: TalDror1995@gmail.com

SPORTY Movie Night

Saturday, February 9, 5:00-8:30 pm

Come vote on a movie to watch with SPORTY here at Mount Zion.

NFTY Convention in Dallas, TX

February 15-18

Minne-Con

February 23

USY, BBO, NFTY joint-event at Adath.

More information to come.

Grade 5 Shabbaton:

Friday, February 1 - Saturday, February 2

During the Shabbaton, students will pray, sing, eat, play, laugh and learn together. They will experience Shabbat as a community and make positive connections with their peers, teachers, and madrichim. In their Judaic Studies classes this year, our fifth graders are learning about Jewish History from Ancient Israel to the 19th Century. To expand on what they are doing in class, we will do some activities to further explore Jewish Ancestry.

SPORTY Ice Skating!

The SPORTY kids held an ice skating trip to WinterSkate in downtown Saint Paul. The weather was perfect for skating and everyone had a blast. We even had visit from a Professional skater! We had 19 kids show up! Skating, and hot chocolate and general hanging out, what could be better?



What are you doing this summer?

From our regional Reform Jewish camp, OSRUI, to the teen social justice program, Mitzvah Corps, everyone can find an engaging summer opportunity perfect for them!

OSRUI
osrui.org

OSRUI
URJ OLIN-SANG-RUBY UNION INSTITUTE



Kutz Leadership Camp
kutzcamp.org



Camp Chi
campchi.jccchicago.org



Herzl
herzlcamp.org



Camp Butwin
campbutwin.org



Mitzvah Corps
mitzvahcorps.org



URJ 6-Points Sci Tech
6pointsscitech.org



URJ 6-Points Sports Academy
6pointssports.org



URJ 6-Points
Creative Arts Academy
6pointscreativearts.org/

Jewish Summer Camp Scholarship Funds

Mount Zion is fortunate to have significant funds to make Jewish summer camp affordable. To learn more about scholarships, go to mzion.org/learn/summer-camp/. Deadline for our summer camp scholarships is **February 26, 2019**.

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In memory of:
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 Gloria & Martin Livingston
Shirley Berdie
 Reine Shiffman
H. Victor & Ann Marie Bauman Kerns
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 Janice LeBlanc
Bette Levin
 Eric Freudenheim & Rebecca Peterson
Walter Schwarz
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Mordecai Shallom
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 In appreciation of:
Rabbi Adam Stock Spilker
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 In honor of the conversion of:
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Maxwell Mogelson
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CANTORS' DISCRETIONARY FUND

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MAXINE APPLEBAUM ART ENHANCEMENT FUND

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BLOOM LIBRARY FUND

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 In yearzeit memory of:
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Ben A. Rubinstein
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In memory of:
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 Judith & Arnold Brier
 Michael, Stephanie & Ida Jo Chaus
 Stephanie & Jeremy Fink
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 Lois Moheban
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 Mitchell Wittenberg & Jaine Strauss
Dr. Frank Orland
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Ida Rapoport
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Constance Goodman
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 Donation:
 Steve Levey

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MANDEL MUSIC FUND

In honor of:
Dr. Jerry Brakke's 36 years of dedicated service
 Bruce & Alice Gaarder
Jerry Brakke's beautiful music
 Gloria & Martin Livingston
 In yearzeit memory of:
Stelle Mandel
 Rokelle Lerner
Dr. Raphael Weisberg
 Rokelle Lerner

MITZVAH FOODSHELF FUND

In memory of:
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 Ellen & Martin Sampson
Lydia Ann Huguez
 Leslie Martin & Fred Haeusler
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Bonnie Resnick
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Janet Kampf
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 In honor of special anniversary of:
Larry & Margie Solomon
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 In honor of the birth of:
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 Dr. Stan & Sue Leonard
Emmy Lou Jacobson
 Vic & Susan Levy
 In celebration of Chanukah:
Wark Family
 Jemie & Bruce Thorvig
 Donation:
 Rose Krawetz

OUR BODY OUR SOULS FUND

In honor of:
Cantor Rachel Stock Spilker
 Leslie Martin

RALINE & BILL PAPER EMERGENCY FUND

Continued good health to:
Joel Paper
 Gloria & Martin Livingston

PRESIDENT'S DISCRETIONARY FUND

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 Jane Mercier

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In yearzeit memory of:
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 The Oppenheimer Family

TORAH RESTORATION MAINTENANCE & IMPROVEMENT FUND

In memory of:
Al Abrahamson
 Stephanie & Jeremy Fink

THANK YOU...FOR YOUR CONTRIBUTIONS

Yahrzeit Fund

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LoRene Leikind
Lisa Rose Appelbaum
Jean King & Stuart Appelbaum
Phyllis Balmat
Rachel & Ben Haney
Irwin Barshack
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Stephanie Wolkin
Suzanne Wolfe
Thomas Wolfe & Sally Silk
Bob Wolfson
Dede Wolfson
Dorothy H. Zidel
Dede Wolfson

ZAIKANER-PERWIEN TERRACE FUND

In yahrzeit memory of:
Amy ZaiKaner Levey
Arvin B. ZaiKaner
ZaiKaner Family



Mount Zion Receives Recognition Grant

Through wonderful member participation in Mount Zion's Life & Legacy campaign, Mount Zion has met and exceeded the goals for Year Two of the Twin Cities "It's Your Legacy" program. Many Jewish synagogues and agencies are active in this program to ensure a bright future for the next generations of Jews in the Twin Cities. The Life & Legacy program is sponsored by the Grinspoon Foundation, and the St. Paul and Minneapolis Jewish Federations. We

are pleased to announce that through the generosity and efforts of our members, Mount Zion has received a grant in the amount of \$8,500 for exceeding the 2018 program goals. This grant will be used to support and enhance our Life & Legacy campaign.

With great appreciation to our Legacy members.

Mount Zion's 2018-19 (5779) Focus on Israel

Classes by Arie Zmora

Wednesday nights, 7:45-9:15 pm

Cost per class: \$54 Member / \$100 Public (scholarships available)

Arab-Israeli Conflict since 1917: Israeli and Palestinian Narratives - Jan 9-Feb 27

Israeli Democracy under Stress: What is Israel's Political System? - Mar 6-May 15

More info at mzion.org/learn/adult-learning.

Israel Book Club Brunch

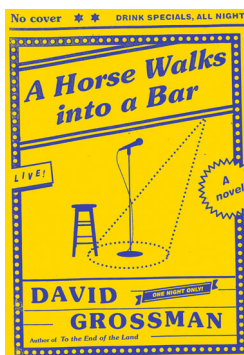
Book: *A Horse Walks into a Bar* by David Grossman

Sunday, January 6, 10:30 a.m.

Bring fruit or dessert to share if you wish. Bagels, lox and cream cheese will be provided.

Israel's master novelist, David Grossman's latest book is a tale told in the course of a comedian's two-hour stand-up show, in which he experiences a life crisis and reveals intimate and surprising details of his life's journey.

Questions, call Jonathan Eisenthal at 651-260-6263 or Charlie Levine 651-303-6031.



Jewish Cooking:

Tastes from the Mideast to Midwest

Sundays, 2:30 - 4pm

Feb 3 (Mount Zion), Feb 17 (Temple of Aaron), March 3 (Mount Zion), March 31 (Beth Jacob), & April 14 (Talmud Torah of St. Paul)

Taught by Tal Dror, St. Paul Shlichah and Zehorit Heilicher



Tal will teach about the impact of Mideast and Midwest kitchen on Israeli culture. Zehorit will teach by cooking, baking, flavors, and discussion. Each meeting is about a different cultural dish from the Mideast/Midwest. For program costs and to register, contact Tal Dror at taldror1995@gmail.com.

Co-Sponsored by Jewish Federation of St. Paul, Beth Jacob, Mount Zion, Temple of Aaron, Talmud Torah of St. Paul.

Myth-Conceptions Series:

Who are the Jewish Organizations speaking about Israel? What are the myths about each organization? What are the realities?

All sessions held at Mount Zion Temple moderated by Rabbi Spilker.

Jewish Agency, (JAFI)

Guest Speaker:

Shaylee Cioban



JAFI Regional Director for the Midwest

Date: Sunday, January 13, 10:00 am

Since 1929, The Jewish Agency for Israel has been working to secure a vibrant Jewish future. They were instrumental in founding and building the State of Israel and continue to serve as the main link between the Jewish state and Jewish communities everywhere.

Jewish National Fund

“Water: Israel’s Gift to the World”

Guest Speaker: Laura Salzer



Friday, January 25, 7:30 pm

(during Shabbat services).

The organization that gives all generations of Jews a unique voice in building a prosperous future for the land of Israel and its people.

Students Supporting Israel

Guest Speaker: Ilan Sinelnikov, Founder

Sunday, February 3, 10:00 am

Students Supporting Israel says their mission is to be a clear and confident Pro-Israel voice on college campuses, and to support students in grassroots Pro-Israel advocacy. Founded at the University of Minnesota in early 2012 by Ilan Sinelnikov and Valeria Chazin, it currently has multiple chapters across the United States and Canada.



ARZA

Guest Speaker: Rabbi Josh Weinberg

Executive Director

Friday, April 12, 7:30 pm (during Shabbat services).

The Association of Reform Zionists of America is part of an international network of like-minded, progressive Jewish voices, working in unison, to build a better Israel.



Beginning Adult Hebrew

Taught by Siana Goodwin

Wednesdays, January 9 - March 13

6 - 7:15 p.m. (ten classes)

Introduction to the aleph-bet, basic grammar and Hebrew roots. Acquire the tools to participate with the siddur and our sacred Hebrew texts.

Tuition (includes all materials):

\$75 members/\$100 non-members

(Minimum 5 students).



Contemplative Chanting

Second Wednesday of the month, 7:00-8:00 p.m. at Mount Zion

Jan 9, Feb 13, March 13, April 10, May 8, June 12

Led by Sara Lynn Newberger. Co-sponsored by Hineni & Beth Jacob

Chanting helps to clear the mind of chatter, open the doors of the heart, and focus attention on the present moment. Drop in, no experience necessary.

ENGAGE: An Evening of Jewish Learning

Saturday, February 2, 7:00 p.m. at Talmud Torah of St. Paul

\$20 in advance; \$25 at the door (under 30 - free)

First-rate teachers, wonderful learning, wide-ranging topics – from cerebral to hands-on! Round out the evening with schmoozing, live music, and refreshments...and all that in the middle of the winter. Registration starts Dec. 10. Register at ttsp.org.



Co-sponsors: Hineni and St. Paul JCC; Community Partners: Adath Israel, Beth Jacob, Mount Zion Temple, Temple of Aaron

University of MN - Center for Jewish Studies Presents

Orange Trees in Blue and White:

The Beginnings and Politics of Zionist Private Enterprise

Wednesday, March 13, 7:30 - 9:00 p.m. at Mount Zion

People think of kibbutzim, socialist agricultural collectives, as the first Zionist agricultural settlements. But kibbutzim were preceded in the late 19th century by a small network of privately owned agricultural colonies like Petach Tikva and Zikhron Yaakov. How did these settlers think of themselves as the “first” Zionists, promoting an image of a Zionism they claimed was prior to and outside politics, one that continues to influence Israel today.



Liora Halperin is Associate Professor of International Studies, History, and Jewish Studies at the University of Washington.

Cosponsored by: History, Institute for Global Studies, and Political Science

Building a Jewish Home, Creating a Jewish Family

Mondays, Feb 4, 11, & 25, 7:00-8:30 p.m.

Rabbi Adam Stock Spilker

\$36 members/\$50 public per person

Ready to take a positive step in your life?

- Explore ways to bring Jewish traditions into your home in a judgement-free class.
- Hear from others about their decisions or practices.
- Make practical (small) decisions about holidays, values, and even artwork to hang on your walls.
- This open, guided class is for interfaith, same-faith, mixed roots, or single households.

What does it mean to have a “Jewish” home? This three-part class is for couples or single heads of households, who want an open and structured way to reflect. The emphasis of the class will be on making choices that are right for you after study and discussion on key questions of Jewish life. Examples: What Jewish values will we emphasize? What books and periodicals and art will be in our home? What rituals will we incorporate? What will Shabbat look like in our home?



Library Happenings

Biographies

The library has over 200 adult and children's biographies, autobiographies, collective biographies, and diaries, covering multiple Israeli, American, women's, authors', rabbis', scientists', athletes', spies', musicians', physicians', and historical individuals' lives. Everyone from Anne Frank, Albert Einstein, Theodor Herzl, Ariel Sharon, Yitzhak Rabin, Chaim Weizmann, Golda Meir, Shimon Peres, Moshe Dayan, Rebecca Gratz, Gluckel of Hameln, Ruth Brin, Emma Lazarus, Emma Goldman, Rachel Calof, Mary Antin, Marjorie Agosin, Abraham Joshua Heschel; Harry Houdini, Moe Berg, to Sandy Koufax, and dozens of others. We have The Jewish Child's Book of Sports Heroes; Heroes of Israel; The Lost: a Search for Six of the Six Million; The Jewish 100: a Ranking of the Most Influential Jews of All Time; and curiosities like Christopher Columbus's Jewish Roots. Please come to the library; we'll be happy to help you read more about it!

-Bob Epstein, Librarian

The Library Committee is looking for new members!

Contact Larry Solomon (lsolomon@mzion.org) or Bob Epstein (librarian@mzion.org) for more information.

PURIM at Mount Zion:

The Best Jewish Holiday for All Ages!

Purim commemorates the story of Esther, who rescued the Jews of ancient Persia (now Iran) from persecution. Traditions include dressing in costume and eating hamantaschen (triangular stuffed pastries). It is our Spring time (!) chance for some fun!

Erev Purim - Wednesday, March 20

Purim Carnival - Sunday, March 24



Open Auditions for the Purim Play!



Directed by Peter Bloch

This year's Purim Shpiel will be a congregant directed and acted spoof on *Bohemian Rhapsody*. The one-time performance will be on Purim eve,

Wednesday, March 20

Rehearsals will be Sunday afternoons and Monday and Tuesday evenings.

Do you want to audition for a starring or supportive role?

All ages may audition. Everyone gets a part!

Open auditions:

Sunday, January 27, 11 a.m.-3 p.m.

Please prepare a song to sing.

To sign up and for questions,
contact Peter (peter.bloch@gmail.com / 715-426-0866).



Mishloach Manot

A New Initiative from Shai

What is it?

Mishloach manot are gifts of food that are sent to family, friends and others on Purim. The mitzvah of giving *mishloach manot* derives from the Book of Esther. It is meant to ensure that everyone has enough food for the Purim feast held later in the day, and to increase love and friendship among Jews and their neighbors.

Growing up in Israel, we did this every year for as long as I can remember. It is so much fun to get *mishloach manot* from someone in your community, getting to see people from a different generation, and make them happy. It is also a great opportunity to get to know more people in our community.

How does it work?

Mount Zion will create a sign up in order to match others in a Mishloach Manot Exchange. Then you can make or buy items such as cookies, candy, wine, fruit, chocolate, and so much more! Usually people will put everything in a small basket and wrap it.



How do I participate?

We will have more details leading up to Purim about participating, but if you have any questions, contact Shai at savny@mzion.org.

Mount Zion Temple Board of Directors

As we find many ways to strengthen connections at Mount Zion, this column is a way to get to know members of Mount Zion's Board of Directors. We are grateful for all who serve in leadership and volunteer their talents for our community. We are blessed that Batya Spector volunteered to write these vignettes.



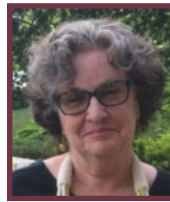
Steve Cohen

Steve's training in philosophy helped him hone thinking skills that have guided him in both professional and personal ways. The latter includes the decision on joining a synagogue as a married adult with two young daughters, Margaret (now 20) and Zipporah (now 18) in an interfaith home and providing them opportunities to thoughtfully choose a faith tradition to follow; this led Steve and daughters to join our congregation about eight years ago. Steve shared that Mount Zion Temple is now his home, not just the place for his children's Jewish education. He is a 'Shabbat-morning regular' and holds several synagogue volunteer roles. He emphasized that these roles, beginning with the Religious School Committee, followed by service on the Nominating Committee, and since 2015 as a member of the Board of Directors, reflects his deep-seated commitment to the Jewish value of "obligation to serve the community" (fulfill a mitzvah) and an opportunity to 'embrace how to do Tikkun Olam'. He now also serves on the Budget and Dues Committees, continues to serve on the Religious School Committee, and recently became one of seven congregants rotating weekly as point-person for Caring Community after Judi Marshall gave up her volunteer leadership. Steve volunteers with thoughtful intentionality, offering feedback in discussions with the same open spirit of engagement he does as a financial consultant to companies needing to address their various corporate accounting/financial concerns. Steve, wife Lisa Murphy, and Zipporah (until she leaves for college next year) live in St. Paul; Margaret attends college in New York City.



Amy Moore

Amy Moore views Board membership as the time to strengthen and deepen personal connections through conversations and careful listening to other members while sharing with them the responsibility of ensuring Mount Zion Temple's wellbeing. Amy, now an Executive Committee Vice President, joined the Board in 2016 following three years Religious School Committee service. Then, she wanted to bring the voice of children's age-appropriate learning needs into discussions while she developed an understanding of underlying curricular objectives. Amy's first-time chanting Torah was when son Peter (now 17) was called to the Torah as Bar Mitzvah, followed by a similar opportunity for son Alex (now 15) who, himself, continues to enjoy Shabbat Haftarah chanting; David, husband and father, gave the parent's *D'var Torah* for both *bnei mitzvah*. Amy shared she 'feels welcome simply because I am me' at Mount Zion Temple and said the connectivity she makes with fellow congregants is "not something I feel elsewhere." Amy has the focused energy for creative, positive change. A recent example was to put in the volunteer effort to ensure some longevity of a precarious outdoor cycling track which Peter avidly used. Working with others, Amy created a non-profit organization, raised money and provided management oversight so that the NSC Velodrome in Blaine, Minnesota had five additional years as a functional facility for its close-knit community of skilled athletes. She said this effort was, to date, one of her "greatest life accomplishments." In her 19th year with General Mills, Amy currently has management responsibilities for supply-chain cost-savings programs.



Sue Stein

Sue found a personal home at Mount Zion Temple in 1977 when she, husband Pete and son Seth joined as Seth prepared for becoming Bar Mitzvah. Congregational communal life felt natural to her although she came from a different faith tradition. Some years later she converted to Judaism during her participation in the congregation's first *Anshei Mitzvah* class of adults to be called to the Torah. Sue and Pete were also part of Mount Zion Temple's 'Mixed Doubles' for interfaith families (later 'Mingled Roots'). Today, Sue brings four decades of Mount Zion Temple membership and volunteer leadership to her congruent two-year terms on the Board of Directors (2015-2019). Previously, in 1991-93, Sue served as Board of Directors Vice President, followed by leadership roles, including President (2005-2007), of Mount Zion Temple Sisterhood (now Women of Mount Zion Temple) as well as National Sisterhood Board representative. Sue is a practical realist with a sense of congregational history; she noted the recurrent nature of Board discussions and decisions that reflect members' awareness to balance responsibly program idealism and passion with synagogue financial stability. Living Jewish values, including caring for others, is Sue's guiding moral compass; one example is her regular visits, over many years, with a non-relative elder congregant now in assisted living. Sue worked in human resources and communications for the State of Minnesota for 30 years and retired in 2011. Sue and Pete have called Highland Park home for 40 years, have three additional married children, Julia (John), Ben (Mary) and Adam (Crystal) and four grandsons.



Patrick Zimmerman

With Board membership Patrick approaches discussions through his scientific lens to ask, 'What is the Intent' or 'What's in the By-Laws', or 'What is the risk of implementing or not implementing this new policy' and 'How does it fit with Jewish values like *Kavod* (honor), *Kehillah* (community) and *Tzedek* (Justice)?' Patrick explained that through Board service, since 2015, he gives back to the community that has given his family much support. He joined Mount Zion Temple in 1997 with sons, Peter and Max, and enjoyed their journeys to becoming *b'nei mitzvah*. In 2007 as a member of the *Anshei Mitzvah* class, Patrick, too, was called to the Torah as a Bar Mitzvah. Soon after, he spent two weeks of intense adult study through the Alexander Muss High School in Israel. These days Patrick is a Daily Services reader and/or greeter as well as *Shliach-Tzibur* for Shabbat morning congregant lay-led services. As an undergraduate science major taking a liberal arts class, he heard his professor Rabbi Berry Silberg state, "when you study nature and science, you are studying God" and this helped him hold together his commitment to both science and religion. Patrick also was a St. Paul JCC Board member where his sons participated in day and after school programs. Patrick has been a 3M employee for 34 years; his current position is Aerospace application engineer. He and wife Liza Allen will very soon become grandparents when two of their five children become parents! Patrick and Liza live in Mendota Heights.

B'nei Mitzvah

Tyler Burbey
January 12, 2019

Picture removed
online

Tyler (Chaim Gibbor) is the son of Julie and Jonathan Burbey. He is the grandson of Lee and Bobbi Levitan and Rick and Mary Burbey. Tyler has one younger brother, Cameron. He is in the 7th grade at Black Hawk Middle School of Eagan, Minnesota. Tyler's favorite subjects in school are science and art. Tyler enjoys swimming with Blackline Aquatics and playing the flute. He takes pottery and drawing classes and spends as much time as he can creating art. Tyler has volunteered at Sholom Home East during bingo games, dinners, and field trips. In honor of his Bar Mitzvah Tyler will be donating a portion of his gift money to FARE (Food Allergy Research & Education).

Ashley Denenholz
February 2, 2019

Picture removed
online

Ashley is the daughter of Joel and Jennifer Denenholz. She is the granddaughter of Ira and Peggy Denenholz and Pat Pearce and Joe Pearce (of blessed memory). She is in 7th Grade at Friendly Hills Middle School. Her favorite subjects in school are math and social studies. She also enjoys playing the flute, soccer, basketball, skiing and dance. She has a little brother, Will, in 4th Grade and a cute dog, Belle. Ashley has been spending time volunteering at Joseph's Coat for her Mitzvah Project and will donate a portion of her gift money to support this organization. She is also a madricha on Sundays for the 2nd and 3rd Grade Hebrew class.

Caring Community Mount Zion Cares!

The Caring Community Program is here to help Mount Zion Temple members in their moments of need. We reach out to you with a helping hand when there is injury, illness, grief or other life stressors.

**We provide meals, rides, visitors,
and shiva support.**

To get help contact
Rabbi Adler at eadler@mzion.org or
Cantor Spilker at rspilker@mzion.org or
Shai Avny, Congregational Director, at
savny@mzion.org.

You can also reach them at 651-698-3881.

Women of Mount Zion Temple

Mid-Winter Shabbat Picnic at Como Conservatory Saturday, January 12, 12:30 pm

Warm Up This Winter! Meet the Women of Mount Zion Temple at the Zobota Café at 12:30 pm for lunch and walk with us as a group after as we tour the beautiful Como Conservatory. This is a popular annual event.

Wine and Wisdom

A Dip in the Waters:

The Progressive Mikveh Movement

Wednesday, February 13, 7:30 p.m.

Join Cantor Spilker as we learn about an old ritual updated for modern times. Hear about the many possibilities for how mikveh can be used to mark important life transitions in a meaningful way.



Theater Season is Back at the Orpheum!

Charlie and the Chocolate Factory, March 14 \$45.00

Hello Dolly with Betty Buckley, April 21 \$45.00

Fiddler on the Roof, July 31 \$45.00

Call Toba at 952-953-0228 or e-mail at tmlazor@charter.net.
No payment due until 5 weeks before performance.

Prime Timers

Members 55 and older

Sholom East History Slideshow

The Prime Timers have been asked to present a slide show for residents of Sholom East. This will include pictures and discussion of Minnesota's Jewish history. The date and time is not yet determined. If you would like to be part of this effort, please contact Phil Goldman at pgold1926@gmail.com.

WORD - This interactive game meets bi-monthly on Mondays, 1:30-2:30 pm. Come play our version of Password on January 7, 21 and February 4, 18 at 1:30 pm. Snacks, beverages, and a good time to laugh and schmooze.

Ageless Grace® with Pola Rest

Ageless Grace will return in the Spring of 2019. Dates TBD.

Nancy Rosen has graciously offered to be Co-Chair of the Prime Timers along with Jill Spanier. If you are interested in learning more about the Prime Timers and our programming, please contact Jill Spanier at js020907@gmail.com or Nancy Rosen at nerosen1947@gmail.com.

Anti-Semitism & White Nationalism UNDERSTANDING & UNDERMINING THE POLITICS OF EXCLUSION

Sunday, January 6, 10:00am - 12:00pm

at Sabes Jewish Community Center (4330 Cedar Lake Road, St. Louis Park)

This event is free and open to the public. Light refreshments will be served.

**JEWISH
COMMUNITY
ACTION**

Join Jewish Community Action for a conversation about the intersection of White Supremacy and Anti-Semitism with Eric Ward, Executive Director of the Western States Center.

This event is geared towards the Jewish community, and will center the experiences of Jews in dealing with, understanding, and ultimate dismantling anti-Semitism.

A long time civil rights strategist, Eric Ward is the Executive Director at Western States Center. He has worked extensively in community, regional, and national organizing, as well as in philanthropy.

From 2011-2017, Eric served as a Ford Foundation Program Officer for Gender, Racial, and Ethnic Justice, and as a Program Executive for The Atlantic Philanthropies, U.S. Reconciliation and Human Rights Programme.

Brotherhood

Bagel sales resumed in September and take place every Sunday when there is religious school.

Please join us in the Summit Avenue lobby for hot coffee or cocoa, fresh bagels and lox, and other treats. Men of Mount Zion take turns selling bagels to students and their parents in the Temple lobby. Bagel sales help to fund the many ways we support Mount Zion. Please volunteer to run the Bagel Bar during the coming season. Contact Bruce Noyes at brucenoyes@gmail.com and he will get you into the schedule. **Many thanks to Arnie Krohn** for his years of service in running bagel sales. How will he possibly enjoy Arizona without the cold and the snow?

Monthly Brotherhood Meetings - We meet the last Tuesday of each month at Mount Zion from 6:30-7:30. Join us as we plan our programs and enjoy a complimentary dinner of pizza and salad. Next meeting dates are: 1/27, 1/29, 2/26, 3/26, 4/30 – Elections and annual budget, 5/28, 6/25.

Dessert and Game Night Saturday, January 12, 2019 7:00-9:00 PM. A fun time of game and food for kids of all ages! See p. 4.

Brotherhood Honored at Shabbat takes place on **Friday, March 22, 2019**, featuring readers, musicians and a choir from the Brotherhood, and the presentation of the “Mensch of the Year” award.

Mother's Day Brunch at the Temple is a big event, with mothers

and spouses enjoying a big complimentary breakfast. Put it on your calendar for **Sunday, May 13, 2019 10:30-11:30 am.**

Men's Retreat, May 17-19, 2019 – Save the Date!

This exciting weekend of culture, camaraderie and nature continues to grow after 8 years.

Memorial Day Flag Placement: Friday before Memorial Day, May 24, 2019 – We go to lunch together, then place flags at **veteran's graves** at the Mount Zion Cemetery.

Grand Old Day parking - Sunday, June 2, 2019. A major fundraising opportunity for our Temple.

Mount Zion Family Picnic – August 2019

Always check *Iton Tziyon* – the Mount Zion newsletter - and *This Week at Mount Zion* for times and dates for Brotherhood events.

B'Shalom,
Brian Serle, *Brotherhood President*
bkserle@yahoo.com / 612-251-5045

Social Action Update

Tzedek = Justice

MLK Holiday Breakfast at Mount Zion

Monday, January 21, 7:00 a.m.

Mount Zion Temple is one of the locations this year.

Cost is \$5.

Sign up and details at interfaithaction.org/mlk.

Keynote speaker: Don Lemon

Emmy Award-winning news anchor and CNN journalist

Each year, the General Mills Foundation and UNCF present an annual MLK Holiday Breakfast to celebrate the life and legacy of Dr. Martin Luther King Jr.

The main event will be held at The Armory in downtown Minneapolis and with the help of countless volunteers, Interfaith Action of Greater Saint Paul hosts breakfasts at multiple neighborhood locations, featuring a live broadcast of the General Mills event as well as a hot breakfast and local programming. Join us for these inspiring community celebrations.

DOING FOR OTHERS

A Call to Social Action

29TH ANNUAL
Dr. Martin Luther King Jr. Holiday Breakfast



Get Involved at Neighborhood House



A good cup of coffee for a good cause can be found at Beamingful, Neighborhood House's new social enterprise. Located at Osborn 370 at Fifth and Wabasha in St. Paul (the old Ecolab building), Beamingful provides on-the-job training for Neighborhood House participants that gives them skills that will lead to meaningful long-term employment. Brake Bread supplies baked goods, and healthy snack options area available as well. Stop by and enjoy!

It's not too early to think about the March Food Drive. Neighborhood House has two food "markets" where participants can choose foods that are healthy and culturally-appropriate for their families. These markets are often the best hope for families who need help making ends meet, especially during winter months when heating bills can mount up and stretch budgets to the limit. To learn more about Mount Zion's efforts with the March Food Drive, see p. 3.

Neighborhood House welcomes volunteers for single events or on an on-going basis. For specific opportunities contact Vanessa Edwards at 651-789-2524 or vedwards@neighb.org.

Food for Thought

Learn and Nosh before Shabbat Services

5:45 - 6:15 p.m. Food before the Thought

6:15 - 7:15 p.m. Food for Thought Discussions

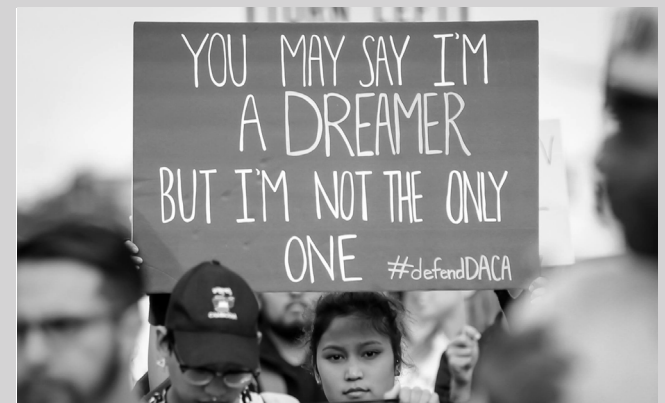
Discussion over wine, juice, and light appetizers. Child care available.

Friday, January 18 - 6:15 p.m.

Immigration Justice

Martin Luther King, Jr. Weekend

We will be focused on Immigration Justice. This is based on our value of Yitziat Mizrayim - We were redeemed from Egypt, we know what it is like to be the stranger. More information regarding the evening will be posted on-line and in our weekly shabbat card.



Mount Zion Temple
1300 Summit Avenue
Saint Paul, MN 55105

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Rabbi Adam Stock Spilker
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Cantor Jennifer Strauss-Klein
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Shai Avny, Congregational Engagement Director
Elyse Heise, Youth Engagement Coordinator
Susan Robiner, President
Michael Kuhne, President-Elect

Teresa Matzek, *Iton Tziyon*, editor
tmatzek@mzion.org
Phone: 651-698-3881
Website: www.mzion.org



Heading Home: The Tale of Team Israel

Sunday, January 13 - Two Showings

Tickets at mzion.org: \$10/adult; \$5 child

Co-sponsored by St. Paul JCC and Temple of Aaron.

See p. 6 for details

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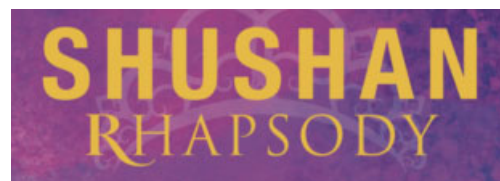
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Shabbat at Home Friday, February 15



See p. 14 for details.

Open Auditions for the Purim Play!



Sunday, January 27
11 am-3 pm

This year's Purim Shpiel will be a congregant directed and acted spoof on *Bohemian Rhapsody*.

See p. 7 for details.