

עיתון ציון עיתון ציון אין

Mount Zion Temple Bulletin

March/April 2019 | Adar I & II/Nisan 5779 Vol. 163, No. 4



Know that each and every shepherd has his or her own unique tune.

Know that each and every blade of grass has its own unique song.

And from the songs of the grass, the tune of the shepherd is created.

How beautiful, how beautiful and fine when we hear their song.

It is very good to pray between them and to labor for God with awe.

And the song of the grass causes the heart to awaken and to long.

And when, from the song, the heart awakens and longs towards the Land of Israel,

A great light is drawn out and rises because it has the holiness of the land upon it.

And from the song of the grass the tune of the heart is fashioned.

- Nachman of Bratzlav "Song of the Grass" (Shirat Ha'asabim)



Israel



Wrestling with our Relationship

L'Dor VaDor

From Generation to Generation

Mazel Tov To...

Our members who will celebrate a milestone anniversary in March & April Richard & Dawn Weintzweig; Dan & Denise Jacobus; Bruce & Laurie Goldfarb; Lloyd & Vicki Stern; Steve & Carrie Siegel; Yefim & Tatyana Taler.

Darlene Levenson, on the birth of her granddaughter, *Zivah*, on December 25.

Jessica and Daniel Schroeter on the birth of their granddaughter, *Alina*, on December 19.

ZICHRONAM LIVRACHA...

May their memories be a blessing

We note with sorrow the passing of our members:

Paul Ross

Our condolences to his family, including his wife Connie Ross.

Jill Swiler

Our condolences to her family, including her husband Richard Swiler and children Rebecca Swiler and Julie Swiler.

Victor Vital

Our condolences to his family, including his son, Demetrios (Talia) Vital.

We Extend Condolences to...

Maria (Matt) Fiereck on the death of her mother, Rose Lewis, on December 19.

Jennifer (Geoff) Mason on the death of her father, *Elliot Farber*, on January 10.

Joel (Nancy) Miller on the death of his father, *Paul Miller*, on December 17.

Lanie (Curt Sward) Paymar on the death of her brother, *Jeff Paymar*, on February 17.

Dana (Jeffrey) Prottas, Paula (Howard) Roston, and Susan (Ronald) Schwartz on the death of their father, Dr. Yale Kanter, on February 8.

Marilyn Salmon on the death of her brother, *Roger Salmon*, on January 22.

Brian Serle on the death of his mother, *Iris Serle*, on February 15.

David (Marissa) Upin on the death of his mother, *Vivian Leith*, on December 5.

WELCOME...B'RUCHIM HA'BAIM... TO OUR NEW MEMBERS!

Carla Grosmann
Daniel & Tatyana Gelb
Norman & Marcey Mastbaum
David & Heather Bensussan,
and their children Lucianna and Imogen
Janet Cass

Isaac Marshall & Emily Upin

Letter from the Rabbi



"It's Complicated." These might be considered the watchwords of our Israel Kivun and Myth-Conceptions series. Over the past many months, we have learned about Israel from so many different perspectives – from the IDF (Israeli Defense Forces) to Baseball, from cooking to music, book group to panel discussions and lectures. And if there is anything we can all agree on, is that it's complicated.

Below is a blog-post written by Rabbi Josh Weinberg, president of ARZA, the Israel arm of the Reform Movement. Rabbi Weinberg will be our pulpit guest at Mount Zion on Friday, April 12, as the last presenter in our Myth-Conceptions Series.

What do we mean when we say, "It's complicated"? It is, in fact, a true statement, but tone and intention and context can lead these two little words to have many meanings.

"It's complicated" can be said to express the fact that the greatest minds of several generations have tried to resolve the Israeli-Palestinian conflict and have failed. Diplomats, academics, think tanks, and politicians have dedicated their careers to solving this bloody conflict. Speeches have been given, books and articles have been written, and yet we do not appear to be anywhere near the end of the conflict nor is there an obvious path to this endpoint that so many desire.

"It's complicated" can be an invitation to learn, to engage deeply with complex issues and multiple narratives. Read the Torah and the Koran, memorize major and minor historical dates and figures, dive into specific issues like borders, refugees, settlements, Jerusalem, water, security concerns, and ideologies. Understand where compromise is possible and what the general public on both sides is willing to accept.

Yet sometimes "it's complicated" is not used to express any of these nuances.

To those with absolutist views, this phrase can be used to placate and dismiss those with whom they disagree. There is no intention of diving into the complications, and these two words are a polite-sounding way to say, "be quiet, you just don't understand" or put more bluntly, "shut up, you're wrong." Still others mean, "you're not able to comprehend what is going on, and I don't have the patience to enter into a debate with you." When used in these ways, "it's complicated" become words that lead to alienation, creating ruptures in the community.

The Israeli-Palestinian conflict is indeed complicated. Serious Israel education must involve a deep dive into the complexity of the conflict, the current reality in Israel/Palestine, and the geo-politics of the broader Middle East. It must also involve an intricate reading and internalizing of multiple narratives. It must assume that the learner has capacity and commitment to engage with complexity in ways that are age appropriate, expanding and adding more each year.

As with any argument for the sake of heaven, let us approach this with passion and conviction in our positions, and a genuine thirst for knowledge. Let us also approach this with a desire to understand how our partners in conversation are approaching the issue, because, after all, it is quite complicated.

On April 12, Rabbi Weinberg will speak during services about ARZA and our role in promoting religious pluralism and democracy in Israel, and after services he will lead a conversation about the Israeli elections which will have just taken place. Join us to learn from and engage with this thoughtful leader on the topic of Israel, so dear to our hearts, and so complicated.

Learn more at www.arza.org

L'shalom,

Esther Adler, Rabbi

Honoring "Women of the Wall" on their 30th Anniversary

Honoring International Women's Day and Rosh Chodesh Adar II Shabbat Services, March 8, 7:30 pm

Women of the Wall is a group of Jewish women from Israel and around the world who strive to achieve the right to wear prayer shawls, pray and read from the Torah collectively and out loud at



the Western Wall (Kotel) in Jerusalem, Israel. The Western Wall is Judaism's most sacred holy site and the principal symbol of Jewish peoplehood and sovereignty, and Women of the Wall works to make it a holy site where women can pray freely. Women of the Wall is comprised of women from all denominations of Judaism – Orthodox, Reform, Conservative, Masorti, Renewal and Reconstructionist.

Friday, March 22, 7:30 pm

Honoring Brotherhood and the Mensch of the Year Award (p.17)

During Shabbat Services, Pulpit Guest: Shmuel Havilio

Twenty Generations in Jerusalem:

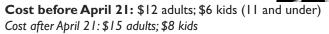
My Family's Story

Shmuel Havilio has been an attorney in Israel for over 20 years. This year his family is living in Minneapolis while his wife Cantor Tamar Havilio is on sabbatical serving Temple Israel. He was born and raised in Jerusalem, part of the Havilio family whose roots in Israel go back over 600 years.



Spend Shabbat with Friends! Congregational Shabbat Dinner





This Shabbat Dinner has been generously subsidized by the Women of Mount Zion Temple.(The unsubsidized cost is \$23 adults; \$12 kids)

Register at www.mzion.nirsham.com/events. For more information, contact Tymina at office@mzion.org or 651-698-3881.

Daily Services

Going strong after 64 years! All welcome!

Monday-Thursday, 5:45-6:00 pm; Sunday, 9:30-9:45 am.

There will be no Daily Services on Erev Purim, March 20. Led by members of our congregation in the Harris Chapel.

Please contact Janet at 651-482-9951 / janetkampf@hotmail.com or John Mast at 612-270-6191 / johnlmast@yahoo.com if you would like to help lead (can be a one-time commitment to four services in a month).

March

Friday Shabbat Evening Services

March 1,6:30 pm

Shir Tzion Participates

March 8, 7:30 pm

Honoring Women of the Wall Professional Quartet

March 15, 7:30 pm

Pulpit Guest: Pastor Schmeling (p.9) Birthday Blessings

March 22, 7:30 pm

Pulpit Guest: Shmuel Havilio Honoring Brotherhood Mensch of the Year Award

March 29, 7:30 pm

Celebrate Shabbat!

Saturday Shabbat Morning Services

March 2, 10:00 am

Vayak'heil – Ex. 36:20-38:20 & Maftir: Ex. 30:11-16* Shabbat Shekalim Celebrate Shabbat!

March 9, 10:00 am

Pekudei - Ex. 39:22-40:38* Celebrate Shabbat!

March 16, 10:00 am

Vayikra - Lev. 4:27-5:26 &
Maftir: Deut. 25:17-19* Shabbat Zachor
Ellie Wickard, Bat Mitzvah

March 23, 10:00 am

Tzav – Lev. 8:1-8:36* Noah Damro, Bar Mitzvah

March 30, 10:00 am

Sh'mini – Lev. I I : I - I I : 47 & Maftir: Num. I 9: I - I 0* Shabbat Parah Henry Strauss-Klein, Bar Mitzvah (p.4)

April

Friday Shabbat Evening Services

April 5, 6:30 p.m.

Shir Tzion Participates

April 12, 7:30 pm

Pulpit Guest: Rabbi Josh Weinberg Professional Quartet

April 19, 6:00 pm

Shabbat Daily Service, 5:45 pm Congregational Passover Seder (p.14)

April 26, 7:30 pm

Chai School Graduation Birthday Blessings

Saturday Shabbat Morning Services

April 6, 10:00 am

Shabbat HaChodesh Maftir: Ex. 12 Mishpatim - Ex. 23:20-24:18* Arija Greenseid, Bat Mitzvah

April 13, 10:00 am

Shabbat HaGadol Trumah – Ex. 26:31-27:19* Eli Berg, Bar Mitzvah

April 20, 10:00 am

T'tzaveh – Ex. 29:19-30:10* Shabbat/Pesach Morning Services

April 27, 10:00 am

Ki Tisa – Ex. 33:12-34:35* Julia Levin, Bat Mitzvah

Torah Study on Shabbat Morning

9:00 am Drop in any Shabbat to study the week's Torah portion. *Using a triennial [3 year] cycle, we are reading the last third this year.

Childcare

Mount Zion offers complimentary childcare in a safe, child-friendly environment on Friday evenings during Shabbat services and Saturday morning services when there is a Bar/Bat Mitzvah in room 102. Reservations are not necessary, but we suggest that parents or guardians of infants or children with special needs notify in advance.





Most of you already know that my older son Henry will celebrate becoming Bar Mitzvah on March 30th, and hopefully, you have received the invitation in your email (if not, see the congregational invitation on the right). While Henry becoming Bar Mitzvah certainly didn't come as a surprise, it was only recently that it

really hit me about what this might mean for me, Henry, and our family, and in the past few months, many people have asked me what it feels like as a mom/cantor to be going through this process that I've experienced vicariously so many times.

It turns out that *Cantors:They're Just Like Us!* (They book caterers! They fret over centerpieces! They nag their children to practice!) is true, at least where I'm concerned. With the exception of the whole preparing-the-student-to-chant-and-lead-the-service part, I knew no more than the average parent as to what planning a Bar Mitzvah would entail. It's not unlike how I approached giving birth for the first time, initially taking the attitude that if everyone else seemed to be able to figure it out, I probably could too. Turns out, unlike labor, you actually can and should plan for a Bar or Bat Mitzvah, and that is both a relief and a stressor. I often struggle with maintaining the balance between an obsessive desire to take care of all the details and making sure I see the forest for the trees. As a result, the proverb "pray to God, but row toward shore," which has often comforted me in stressful times, has become something of a mantra for me these past few months.

But one aspect I didn't anticipate was how fulfilling it would be to actually work with Henry on his Torah and Haftarah. The Talmud abounds with striking quotes about teachers, students, and parenting, but this one I just recently discovered, and found to be particularly touching. In *Kiddushin* 30b, Rabbi Hiyya bar Abba says: "Even a father and his son, or a rabbi and his student, who are engaged in Torah together in one gate become enemies with each other due to the intensity of their studies. But they do not leave there until they love each other." Tutoring Henry has easily been the most pleasurable part of this process, even the times when we were "enemies in the gate." Having long ago surpassed my math abilities, lacking interest in my musical ones, and being generally scornful of my attempts to improve his grammar, Henry has admitted that he appreciates our time together working on Torah and Haftarah, and it feels AMAZING.

I fully expect Henry's Bar Mitzvah to be profoundly emotional, spiritual, and meaningful, but something I can already take away from this experience is the feeling I had recently, when Henry and I attended a regular Saturday morning service. We were two of a dozen or so "Jews in the pews," and hearing him chanting the prayers along with everyone else was among the most poignant moments of my life. If, as Rabbi Eliezer Wolf writes, "Bar Mitzvah preparations begin as soon as a child is born," then certainly they do not end after he or she becomes Bar/Bat Mitzvah. I realize that March 30th will be a special milestone in our family life, but it's the journey that matters, and that will certainly not end that day or the next.

Jennifer Strauss-Klein, Cantor

Trope Troupe ... the more Torah, the more life. -Hillel

Todah Rabah to our January/February Ba'alei Korei (chanting Torah): Sue Benfield, Ira Denenholz, Joel Denenholz, Sally Glick, Siana Goodwin, Alex Klass, David Knapp, Rick Linsk, Marilyn Salmon, Max Schibel, Brian Serle, Sydney Sheinfeld

Todah Rabah to our January/February Haftarah Chanters: Sue Benfield, Karen Gjerstad, Shelley Robbins,
Brian Serle

To sign up to chant Torah or Haftarah on Shabbat, e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org.

Tot Shabbat

Tot Shabbat is the second Saturday of every month. For families with children from birth to seven years old.

Get Ready for Purim! Saturday, March 9, 10:30 a.m.

Passover Prep!

Saturday, April 13, 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.



With pride and love, we invite you to join us as our son

HENRY NICHOLAS

נח בן יהודי שמחה והחזן פנינה

is called to the Torah as Bar Mitzvah SATURDAY, MARCH 30, 2019 \sim 23 ADAR II 5779 10:00 AM

KIDDUSH LUNCHEON TO FOLLOW

Henry will also participate in Friday night's service at 7:30 pm

MOUNT ZION TEMPLE 1300 SUMMIT AVE ST. PAUL, MN 55105

Nicholas and Jennifer Strauss-Klein Please RSVP by March 1

In lieu of gifts, please consider a donation to the **Mount Zion Mitzvah Food Shelf.**

An electronic invitation with the link for donations has been emailed to the congregation, or you can donate at mzion.org. Please put "In honor of Henry Strauss-Klein's bar mitzyah" on the memo line.

From the President



I start with a confession. I have not been to temple for a while. Last night, when I came to the temple for our monthly Board meeting, I realized that I had not been in the building for nearly two weeks. I have been on temple-related phone calls and attended offsite meetings. But travel and a work function kept me from Friday night services the last two weeks and my return to the cello, with

lessons on Saturday morning, has also kept me away on Saturday mornings. At least one of our leadership meetings took place completely in virtual space thanks to a terrific snowfall.

Looking back over my years as a temple member, I realize that my presidency has been the longest stretch of time in which I have averaged multiple weekly visits to our temple. There were years I was rarely in the building. There were years my children were here much more than me. There were years when I was at the temple for committee work more than for worship.

As a people, our relationship with buildings is a bit fraught. After all, we wandered in the desert with no house of worship beyond a temporary tent-like tabernacle. We survived the destruction of two Temples. Given our history as a people in exile, it may be a legitimate survival adaptation that so many modern Jews feel strongly about their Jewish identity but haven't been to shul in ages — and don't miss it.

But I missed it. Last night, it was a few simple pleasures. Where else can I see the inspired drawings of kindergarteners on the walls sharing where and how they experience G-d? Where else can I see the weak winter light amplified by stained glass? Where else can I smile and laugh and argue with people who care about the temple deeply?

We have a beautiful temple, enlivened by wonderful people. Come to pray, come to dance, come to break bread together, come to sing, come to argue, come to learn.

L'Shalom

Susan Robiner, President

New Step Stool



Don Novak, our Building Services Associate, is always handy with projects for our congregation. His most recent effort was self-initiated. He built a new step stool with a small railing, complete with matching wood and carpet, for our Margolis Hall stage.

Thank You, Don!

New Executive Committee Candidates

We are pleased to announce the candidates for the Executive Committee. These candidates will be approved at the annual meeting in May. However, by simply accepting the nomination, these congregants should be applauded for their willingness to serve the Mount Zion community. The slate of candidates includes:

President Michael Kuhne
President-Elect Michael Wall

Vice-Presidents Amy Moore (second term)

Vicki Long (second term)

David Kristal (Currently treasurer; this will be his first term as vice-president)

Treasurer Robert Garfinkle (Currently secretary;

this will be his first term as treasurer)

Secretary Alison Mellin (first term as secretary)

Nominated for President Elect: Michael Wall



Michael and his wife Jennifer and 10th grade twins Max and Sadie have been members of Mount Zion since 2010. Michael is a beloved teacher in our Religious School and currently chairs our Membership Council.

You are condially invited to

MOUNT ZION'S 163RD ANNUAL MEETING Friday, May 10

5:30 p.m. - Annual Meeting

Honoring incoming/outgoing Board members

6:00 p.m. - Shabbat Dinner

Honoring MZ Small Group Leaders and Volunteer of the Year

7:30 p.m. - Shabbat Services

Installation of Michael Kuhne, President; Honoring Milestone Members

Followed by Festive Oneg honoring Rabbi Adler's 18 years at Mount Zion

Honoring our Milestone Members

You or someone you know!

We are inviting and honoring all from our community who have belonged to Mount Zion at least 10 years. It is a celebration! Reconnect to friends. A reunion.

Help choose the music of the Shabbat service!

During Shabbat dinner you will vote on the musical setting that will be sung for 1) L'cha Dodi, 2) Mi Chamocha, 3) Closing Song. Our Cantor, Professional Quartet, Kol Tzion and Guitar Corps will be at the ready!

We will honor four groups on this Shabbat eve: all who have been members 10+ years, 18+ years, 36+ years, and 54+ years. RSVP to Julie jbeckman@mzion.org by May 6 for a special certificate.

PURIM at Mount Zion:

The Best Jewish Holiday for All Ages!

Purim commemorates the story of Esther, who rescued the Jews of ancient Persia (now Iran) from persecution. Traditions include dressing in costume and eating hamantaschen (triangular stuffed pastries). It is our Spring time (!) chance for some fun!



Wednesday, March 20

For all ages!

COMING SOON!

Are You **Under Pressure**?

Do You Want to Break Free?

Do You Want It All?

THEN WE WILL ROCK YOU at PURIM.

5:00 p.m. - A Crazy Little Thing Called Deli

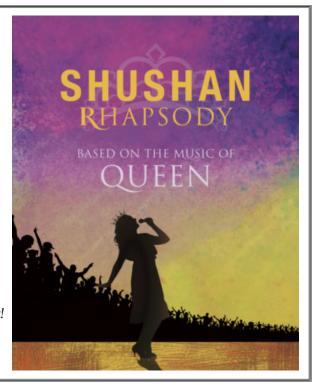
Bohemian Wraps(ody) and more! Food available for purchase

The Show Must Go On, so Don't Stop Us Now!

5:45 p.m. - Service, Megillah Reading, and

Shushan Rhapsody - Peter Bloch directs an (almost) all congregant cast!

Join us because We are the Champions and It's All Worth It.



Purim Carnival



Sunday, March 24



10:30 - 11:00 a.m. - Morning Service - Purim Style - and reprise of a song from Shushan Rhapsody
 11:00 a.m. - 1 p.m. - Purim Carnival - Open to Everyone! Invite your Friends!

Purim is right around the corner! We need YOUR help to make the carnival a success!



Booth Sponsorship You can sponsor all or part of an inflatable, game, food, and more. **Yolunteers** We're looking for lots of help to run all the fun activities, as well as set-up and clean-up volunteers! Choose the booth and time that works best for you. To sign up, go to mzion.nirsham.com or the bulletin board by the alley door.

Questions? Contact Sue Summit ssummit@mzion.org.



Mishloach Manot Exchange

This year we started a *Mishloach Manot* ("Gift to Friends" - one of the four mitzvot of Purim) Exchange at Mount Zion. Every family got the opportunity to prepare and receive *Mishloach Manot*. Thank you for being part of our Exchange and we hope next year every member will create *Mishloach Manot*! Don't forget to attend the Purim Carnival for more surprises.



Did you know 1 in 9 residents and nearly 1 in 6 children in Ramsey County struggle with hunger? Even today, food insecurity continues to be a critical issue affecting children, adults, and seniors throughout our community.

In 2018, Neighborhood House shared nearly 1 million pounds with families throughout St. Paul. This March, we need your help to raise 194,000 dollars – or pounds of food – to keep our shelves stocked for the thousands of families who rely on our Food Markets each year.

All contributions received by Neighborhood House by April 7 will be eligible for a matching donation through the Minnesota Food Share Program. Please give generously!

February 25-April 7, 2019

How YOU can make a difference in combating Hunger in Minnesota

- Drop off food and cash donations in March at the Mount Zion Mitzvah Food Shelf Project table. A complete list of needed items can be found at the food donation table located in the main lobby.
- Give online: mzion.nirsham.com/form/donate.
- Your gift of \$36 can feed a family of 4 for an entire week!

Questions? Contact Sue Grupe at 651-503-1382 or susangrupe@comcast.net

Religious School News

Religious School Calendar Highlights

March		
March 2	B'nei Mitzvah Sefer Seminar	
March 3	12:15 Noar Tzion Science Spectacular!	
March 6	6:00pm Chai School Tri III Begins	
March 8-10	NFTY-NO JYG Kallah – OSRUI (6-8th grade)	
March 10	12:30pm LirdofTzedek 11th/12th Grade Class	
March 17	11:45am All-School T'filah & Purim Song Session	
	12:30pm Lirdof Tzedek 11th/12th Grade Class	
March 20	5:00pm Erev Purim Shushan Deli	
	5:45pm Service, Megillah Reading & Shpiel	
March 23	SPORTY Overnight at Mount Zion	
March 24	10:30am Purim Service, 11:00am Purim Carnival	
March 27	No Hebrew & Chai School—Spring Break	
March 31	No Religious School—Spring Break	
April		
April 4-7	NFTY-NO Spring Kallah – Minneapolis	
April 7	10:30am PreK/K Model Passover Seder	
April 12-14	Sacred Choices Gimmel	
April 14	9:45am 5th Gr. Parent/Guardian	
	B'nei Mitzvah Orientation	
	11:45am All-School T'filah & Passover Song Session	
	12:15pm Noar Tzion Chocolate Seder	
April 19	Passover Begins at Sundown—First Seder	
April 21	No Religious School–Passover	
April 26	7:30 Chai School Graduation & Senior Send-Off	
April 28	9:30am 6th Gr. Family Workshop -	
	Putting God on the Guest List	
	I I:45am All-School T'filah &	
	Yom HaShoah Commemoration	

May

May I	5:15pm 9th Gr. Parent/Guardian Meeting
May 3	5:00pm Congregational Dinner
	6:30pm PreK, K, & I Shabbat Service Participation
May 5	Z. Willard Finberg Congregation Education Day
-	(p. 13)

What are you doing this summer?

From Camp Butwin to OSRUI to URJ's 6Points Specialty camps and from Israel to Mitzvah Corps Ecuador, there are so many amazing opportunities! Contact Sue to discuss what your Jewish Summer could look like and how Mount Zion can help you get there!

- Mount Zion Scholarship and Harris Award Applications are due February 28, 2019.
- St. Paul Federation Scholarship Applications are due March 29, 2019

Find information about these and other scholarships on our **website** (mzion.org/learn/summer-camp)!

Chai School Graduation and Senior Send-off! Friday, April 26, 7:30 pm

7-12th graders attend with congregation. A special Shabbat evening to celebrate with and honor ALL the seniors, including those graduating from Chai School, who are a part of our MZ community!

MAZEL TOV

MOUNT ZION HIGH SCHOOL SENIORS!

*INDICATES A CHAI SCHOOL GRADUATE

Androus Abrahamaan	lachus MacCraser
Andrew Abrahamson	Joshua MacGregor
Charles Baker Brailovsky*	Joshua Miller
Zipporah Cohen*	Peter Moore
Samantha Elwood*	Samantha Ries
Jennifer Friedman	Isabel Robbins-Plano
Stephanie Frisch	Ruthie Salita
Jonathan Galyan	Hannah Segal
Micah Gwin	Jennifer Sogin
Gabriella Harmoning*	Corey Steinhauser
Daniel Kool*	Rachel Turin
Annie Kristal	Samuel Weber

Youth Groups

Noar Tzion (4th-6th grade youth group)

Science Spectacular

Sunday, March 3, 12:15 p.m.

Explore, concoct, and create cool science experiments.

Chocolate Seder

Sunday, April 14, 12:15 p.m.

Join Noar Tzion for this annual tradition where you will learn about and participate in the traditional elements of a Passover Seder while eating many forms of chocolate!

Gesher JYG (7th-8th grade youth group)

NFTY-NO JYG Kallah at OSRUI (6-8th grade)

February 23-25

6-8th grade students will get the chance to do social action, learn from older teen leaders, make new friends, hang out with old friends, sing, pray and have a blast at a water park!

SPORTY (9th-12th grade youth group)

SPORTY Lock In

Sat, March 23, Overnight at Mount Zion

Join SPORTY for a sleepover at Temple the night before the Purim Carnival. We will eat dinner, do Havdalah, learn about Purim traditions and jump on the Purim carnival bouncy houses.

NFTY-NO Spring Kallah

April 4-7 at Temple Israel

REMEMBERING: PULPIT EXCHANGE

Reflections on how we remember our histories.

Shabbat Service Mount Zion Temple

Friday, March 15, 7:30 pm 1300 Summit Avenue, St. Paul

Sunday Services Gloria Dei Lutheran Church

Sunday, March 17, 8:15 and 10:45 am 700 Snelling Avenue South, St. Paul



REJOICING: BIBLE & TORAH STUDY

As we study our sacred texts together, we reflect on the meaning of the season.

Study of Exodus, Chapter 12

Saturday, April 13, 9-10 am Mount Zion Temple 1300 Summit Avenue, St. Paul

Study of Luke, Passion Narrative

Sunday, April 14, 9:30-10:30 am Gloria Dei Lutheran Church 700 Snelling Avenue South, St. Paul

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In memory of: Naomi Birger Diane Goldenburg Ida Rabobort Andrew Rapoport

Paul Ross Michael & Cindy Garr Sally Lorberbaum

Art Rybeck Rybeck/ Searls Family

Walter Schwarz Kent Simon & Karen Gjerstad

Victor Vital Family of Victor Vital

In appreciation of: Rabbi Adam Stock Spilker Richard & Elizabeth Charlson Devora Harris

Rabbi Esther Adler Judith Orland

Donations: Allyson Perling & Glenn Hardin Anonymous

Richard & Pamela Strauss

CANTORS' DISCRETIONARY FUND

In memory of: Naomi Birger Diane Goldenburg Ida Rabobort Andrew Rapoport

Kay & Ronald Mogelson Walter Schwarz

Sylvia Schwarz Stephan Weingarten

Connie Dickson

In yahrzeit memory of: Hessel Abramson

Ed & Sandy Abramson Mollie Abramson

Ed & Sandy Abramson

In honor of: Dr. Jerry Brakke

Kent Simon & Karen Gjerstad Donation:

Richard & Pamela Strauss

MAXINE APPLEBAUM ART ENHANCEMENT

In memory of: Blake Nordstrom Sally & Jimmy Beloff loe Perrone Sally & Jimmy Beloff

Paul Ross Judy & Bevan Marvy In yahrzeit memory of:

Leah Penn

Judith & Bevan Marvy The mother of the Grobovsky Family Sally & Jimmy Beloff The mother of the Moss Family

Sally & Jimmy Beloff The mother of the Pohland Family

Sally & Jimmy Beloff In honor of the anniversary of:

Mr. & Mrs. Ronald Harris Stuart Applebaum Sally & Jimmy Beloff

BENTSON **COMMEMORATIVE GARDEN FUND**

In memory of: Tzvika Danai

Shaked Danai & Charley Smith Victor Vital

Patrick Tracy & Erin Davis Donations:

Tom & Janine Braman Shaked Danai & Charley Smith

BLOOM LIBRARY FUND

In memory of: Paul Ross

Roberta H. Schwartz In honor of the birthday of: Joyce Nauen

Sally & Mitch Rubinstein In honor of the B'nei Mitzvah of: Isabella Bloom

Bette Ann & Richard Bloom Samuel Bloom

Bette Ann & Richard Bloom In vahrzeit memory of: H. Rosenblum

Steve Levey Lenore Gallop Steve Levey

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Todd Johnson Cynthia Ann Fister

Michael & Todd Johnson

Rafael Frullon

Michael & Todd Johnson

Edward Golden Michael Johnson

Mark Johnson

Lois Johnson Mitchell Johnson

Lois Johnson

Natalie Saxon

Michael & Elaine Johnson Rabbi Fred Schwartz

John Mast In honor of the birthday of:

Jenne LeVine

Gloria Johnson Wishes for the speedy recovery of:

Kitty Goodrich Gloria Johnson

Nancy Karasov Gloria Johnson

KALLAH & ISRAEL SCHOLARSHIP FUND

In memory of: Paul Ross Steve & Mimi Levin

KOLTZION FUND

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In yahrzeit memory of: Irving W. Levine James A. Levine

MARGOLIS CHILDREN'S EDUCATIONAL FUND

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MITZVAH FOODSHELF FUND

In memory of: Vivian Leith

Janet, Amy & Jennifer Kampf Paul Miller

Janet Kampf Paul Ross

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Rita Grossman Neal & Charlotte Hubbard

Connie & Harry Katz Martin & Ellen Sampson Ellen Seesel

Barbara Weiss Victor Vital

Arnold & Judith Brier Steve & Wendy Rubin

Martin & Ellen Sampson In yahrzeit memory of:

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Gail & Steve Brand Dr. A. Jay Garitz

Betty & Ron Ellis Mary Gittleman

Lois Seltzer & Family Bessie Greensboon

Gail & Steve Brand Ralbh Iacobus

Dan & Denise Jacobus Draza Malinoff

Gail & Steve Brand Harry Malinoff

Gail & Steve Brand B. Odland

Lois Seltzer & Family In honor of the birthday of:

Salome Noun Lois Seltzer & Family

In honor of the anniversary of:

Lois & Walter Baum Connie Ross

In honor of the Bar Mitzvah of: Henry Strauss-Klein

Cristiana Giordano & David Kristal

Jennifer Seeger Donations: Steven Kloner

Shirley Kulevsky

RALINE & BILL PAPER EMERGENCY FUND

In memory of: Al Abrahamson Raline Paper In yahrzeit memory of:

Dr. Lewis Taich

Raline Paper leffrey Herzberg

Raline Paper

In honor of:

Dr. Jerry Brakke

Raline Paper Ed Abrahamson

Dr. Stan & Sue Leonard & Family

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WOMEN OF MOUNT ZION **TEMPLE FUND**

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YAHRZEIT FUND

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Mildred Miller

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Seymour Epstein Harvey & Christine Epstein Paul Fink

Henry Fink Harold Frishberg

Joan & Paul Wernick Gay Forbes

Judi Levin Marshall

Lenore Gallob Steve Levey

Cerna Gendler Her family

Dr. Melvin H. Goodwin, Jr. Siana Goodwin

Linda Gordon Stuart Block & Julie Ostrowsky

Harold Grossman Dale Grossman

Albert Halber Harvey & Christine Epstein Bertha Halper

Harvey & Christine Epstein Gertrude B. Henly

Mildred Miller Donald G. Horwitz

Dee Horwitz

CONTRIBUTIONS (CONT.)

Fuji Izakson Ernest Smith & Elena Izaksonas Rubin Jurisz Sylvia & Michael Lotz

Norman Kulevsky Shirley Kulevsky Jean Lazarus

Leah Swiler Dvoyra Lisnyak

Rafail Lev & Family Marilyn Marcus Leslie Chudnoff

Mollie Abramson Marker

Edward & Sandy Abramson
Mike Moheban
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Lois Moheban Thelma Ostrowsky

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Emily Duke

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Stephanie Wolkin Arnold Swiler

Leah Swiler

Bess Rivkin Swiler Leah Swiler

Jan Swiler

Leah Swiler Julius Warren

Mitzi Kane & Bonnie Buchbinder

Marianne Willenson Daniel Linwick

Evelyn Ziven

Mark Ziven

Your Child's Healthy Sleeping Habits

Guest Speaker: Moran Gafni

Sunday, March 10, 10:00 am at Mount Zion (For parents/guardians with kids, newborn to five years old)

Cost per household: \$8/members; \$15/non-members Register at mzion.org. *Free childcare will be available*.

Moran Gafni will talk about her holistic approach to help parents accurately respond to their baby's needs at the right time. If you answer "Yes" to one or more of the following questions,



this seminar is for you: Does your baby need more than 15 minutes to fall asleep? Does your child (5 month - 5 year) have sleep issues? Does your baby wake up more than twice at night?

Moran Gafni is a proud mother of two young children, May (5.5) and Dor (3). She has a Bachelor of Science degree in Life Sciences from Ben-Gurion University, Israel. She is a certified parenting coach who specializes in identifying baby body language, a sleep consultant, a potty trainer, and the owner of Baby Needs, Ilc.



Mount Zion Temple Board of Directors



Getting to know your Board Members

These interviews were done by Batya Spector.

Shel and Michael are engaged in personal Jewish learning together through our weekly Shabbat morning Torah study, working through Abigail Pogrebin's "My Year of Living Jewishly", since Tisha B'Av last July. And, individually, the Mussar Va'ad (Michael) and the winter-spring Melton course at Talmud Torah (Shel).



Shel Finver

In May 2019 Shel Finver will complete four years of service on the Board of Directors. He reflected that it was a "great honor" to be part of a highly "motivated, educated focus group for congregational values". He enjoys both the

discussions during Board meetings and the panim el panim (face to face) individual conversations he has at other times, all with the intention to further clarify the Board's work and their own responsibilities focused on good decision-making and stewardship of the congregation's resources. Shel shared that attending the 2017 UR| Biennial was eye-opening; he was struck by the faith and spirituality expressed through communal Jewish song and prayer, contrasted with 'nuts & bolts' sessions on synagogue philanthropy, fundraising and engagement. He was the Brotherhood's Mensch of the Year in 2015 where his numerous volunteer roles were described. Currently, Shel meets monthly with congregant friends for 'Jewish Poker', long bike rides (weather permitting), attends the Israel Book Club and volunteers at both Sholom Home East and Project Home. Shel's parents survived the Shoah as young adults; the impact of that time on their lives and Shel's is one in which he continually wrestles for his sense of belonging and purpose. Shel, wife Dee Albert, and children Jared and Mara joined Mount Zion in early 2000 after re-locating from West Virginia where he'd been an Assistant Professor of Microbiology at Marshall University Medical School. Shel, Dee and Jared reside in Eagan and Mara lives in Be'ersheva, Israel with her husband and two sons.



Michael Kuhne

"What is my role?" is the question Michael asked himself in 2015 as a new member of the Board of Directors. Now, four years later he reflects it is to absorb and harness the wisdom of the "talented people in the room who put their skills to use." In

2017, he became President-Elect. In his role, he hopes will be to further "elevate" the Board's focus on congregational engagement, bringing our mission of "welcoming and vibrant Jewish community" to the doorstep of as many congregants that wish it. Michael, wife Mandy Roll-Kuhne and their three children, Ellie, Hannah, and Eamon, joined Mount Zion Temple in late 1994 where the childrens' enthusiasm for religious school quickly deepened the parents' engagement! One aspect was Michael's decision a decade ago to study for two years with Rabbi Adler and formally choose Judaism as his religious faith. Michael and Mandy have been members for five years of a congregational Mussar group. Michael has previously chaired our Tzedek Committee and during the last two High Holiday seasons, organized congregant-led readings of poetry selections from our new Rosh Hashanah/Yom Kippur prayer books, Mishkan HaNefesh. Since 1988 Michael has held a faculty position at Minneapolis College and currently teaches first-year college English courses. Michael and Mandy live in Shoreview and, when possible, are with daughter Ellie and three granddaughters either at Ellie's home in Denver, Colorado or here in the Twin Cities. Hannah is a graduate student at the University of Minnesota, and Eamon is a junior at DePaul University in Chicago.



LIFE LONG LEARNING — ONE STEP AT A TIME

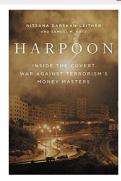
Israel Book Club

Harpoon by Nitsana Darshan-Leitner and Samuel Katz

Monday, March 4, 7:00 pm

Harpoon is a real life espionage and intelligence story. Mount Zion Library has several copies available.

If you have questions or need help finding a copy of the book, call/text Jonathan Eisenthal at 651-260-6263.



University of MN - Center for Jewish Studies Presents

Orange Trees in Blue and White:

The Beginnings and Politics of Zionist Private **Enterprise**

Wednesday, March 13, 7:30 - 9:00 p.m. at Mount Zion

People think of kibbutzim, socialist agricultural collectives, as the

first Zionist agricultural settlements. But kibbutzim were preceded in the late 19th century by a small network of privately owned agricultural colonies like Petach Tikva and Zikhron Yaakov. How did these settlers think of themselves as the "first" Zionists, promoting an image of a Zionism theyclaimed was prior to and outside politics, one that continues to influence Israel today.



Liora Halperin is Associate Professor of International Studies, History, and Jewish Studies at the University of Washington.

Cosponsored by: History, Institute for Global Studies, and Political Science

Jewish Cooking:

Tastes from the Mideast to Midwest

Sundays, 2:30 - 4pm

March 3 (Mount Zion), March 31 (Beth Jacob), & April 14 (Talmud Torah of St. Paul)

Taught by Tal Dror, St. Paul Shlicha and Zehorit Heilicher



Tal will teach about the impact of Mideast and Midwest kitchen on Israeli culture. Zehorit will teach by cooking, baking, flavors, and discussion. Each meeting is about a different cultural dish from the Mideast/Midwest. To register for any of these classes, go to jewishstpaul.org/tastes.

Co-Sponsored by Jewish Federation of St. Paul, Beth Jacob, Mount Zion, Temple of Aaron, Talmud Torah of St. Paul.

Library Happenings

Library's 90th Anniversary Celebration

Sunday, April 28, 11:00am - 12:15pm

We will be celebrating the library's 90th anniversary. Fred Amram, author of We're in America Now, has graciously agreed to speak, and coffee and refreshments will be served. Books from the library's original collection will be on display. Also through the end of April 2019, an amnesty has been declared. If you have any long overdue books, this is the time to return them. No fines will be assessed during this time.

Please come and help us celebrate this joyous event in our congregation's history!

An Evening to Celebrate the Life of Amos Oz Saturday, March 9, 7:00 - 9:15 pm at Mount Zion

Gather to hear some of Amos Oz's writings (in both Hebrew and in English) and watch the film A Tale of Love and Darkness. The film is based on Oz's memoir of the same title and written and directed by Natalie Portman, with special attention paid to the life of Oz's mother Fania Mussman (The film is rated PG-13, is in Hebrew with English sub-titles. and the running time is 95 minutes.) We will end the evening with havdalah.

Born in Jerusalem in 1939, Amos Oz's life spanned critical moments of Israeli statehood, from its conception as a nation in 1948, through the conflicts of 1967 and 1973, as well as the ongoing struggles of both the First and Second Intifadas. He was 79 years old when he died on December 28, 2018.

Israel National Trail

Sunday, March 3, 10:00 am in Lipschultz Lounge

Hosted by Congregational Engagement Director Shai Avny and Jessica Griffith as part of Mount Zion's yearlong celebration and study of Israel.

Take a break from the cold and explore the Israel National Trail, a 683-mile trek from the Kibbutz Dan to Eilat. You can hike for a day, a week, or the entire route. View pictures and maps, hear stories from the trail, and



share your own experiences and photos of hiking in Israel. Refreshments and coffee will be served.

Contemplative Chanting

Second Wednesday of the month, 7:00-8:00 p.m. at Mount Zion March 13, April 10, May 8, June 12

Led by Sara Lynn Newberger. Co-sponsored by Hineni & Beth Jacob

Chanting helps to clear the mind of chatter, open the doors of the heart, and focus attention on the present moment. Drop in, no experience necessary.

Israeli Musician-in-Residence

Dror Sinai May 3 - 5

Dror Sinai is an international performing artist of many different musical styles. He has performed as a solo artist and an ensemble player with other internationally known artists. Dror is also an educator, and he loves to share his joy of music with all people. His expertise, warmth, and joy provide an inspiring path to musical expression. Dror lives in Santa Cruz, CA and was the tour leader for the Mount Zion trip to Morocco.

Friday, May 3

6:30 pm Dror will participate in our Shabbat evening service, adding

rhythms of all kinds to our t'filah (prayer).

7:30-8:00 pm *Mizrachi** Shabbat music demonstration

*Mizrachi refers to Jews of Oriental/Middle Eastern background

Saturday, May 4 - LIFE ALIVE!

An afternoon of learning, socializing, fun, and entertainment. Register at mzion.nirsham.com/events.

2:30 pm Dumbek* lesson for registrants

4:00 pmNosh, including Dror's homemade hummus **5:00pm**"Desert Roots" house concert and Havdalah

*The dumbek is a goblet-shaped drum commonly associated with Middle Eastern music.

Culminating our Year of Israel: Learning and Talking Together

Whether you have participated in any program or not, please take this time to engage.

Sunday, May 5

Z.Willard Finberg Congregational Education Day

Working Schedule. Other plans are in the works:

9:45 Teens/Adults: Welcome and Introduction

During the morning, all religious school kids will be in programing with Dror Sinai as he tells stories about his and his family's Israeli background.

- 10:00 Workshops There will be two workshop times. Everyone will choose from among topics such as "What is BDS (Boycott, Divestment, Sanction) and how do I respond?", "New Israeli Literature", "The Israeli Electoral Process and Interpreting the Election", "Yom HaZikaron How Israel remembers its fallen soldiers", "Is the divide between American and Israeli Jews growing wider?" and more.
- 11:30 Everyone, all ages: Dror will lead a drumming and storytelling extravaganza!
- 12:30 Lunch: Falafel and more! (\$5/person) Wrapping up conversation: "How do we talk about Israel in 2019".
- 1:00 Dance Presentation / Israeli Dancing



Passover

The First Seder of Passover is Friday night, April 19 / 15 Nisan

Passover ends at sunset on Friday, April 26 / 21 Nisan

(According to the Torah, in Israel, and in the Reform Movement, Passover is 7 days)

Mount Zion's **Congregational Passover Seder**

Friday, April 19, 6:00 p.m.







Join us in a communal celebration of Passover led by Jonathan Eisenthal. A sumptuous Passover feast will be served!

Register at mzion.nirsham.com

Price: \$28 Adults (members) [\$36 non-members]; \$18 Children by Friday, April 5.

(After April 5 \$35 members, \$45 non-members, \$20 children)

Price includes having a filled Seder plate and grape juice at every table. Feel free to bring your own Seder plate or other Passover items to personalize your experience. If you wish to have wine, please bring your own kosher-for-Passover bottle.

Festival Morning Services

Both the 1st and 7th days of Passover are full holy days. The intermediate days are "regular festival days" and do not have a special service.

Ist Day Festival Service

The Voice of the Turtledove is Heard Saturday, April 20, 10:00 a.m.



During the service, led by our clergy, we will hear *Shir Hashirim*, the Song of Songs, along with songs inspired by this beautiful text sung by Kol Tzion, our adult choir. A Shabbat Passover potluck lunch will follow the service. When considering what to bring for the Passover Potluck, please avoid foods containing Chametz: anything from wheat, barley, rye, oats, and spelt (except for Matzah, of course). If you have any questions, please check with our clergy. See more at mzion.org

7th Day Festival Service (including Yizkor Prayers)

Friday, April 26, 10:00 a.m.

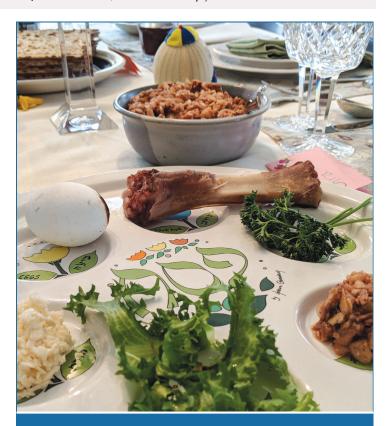
This service will be held at Sholom East.

740 Kay Ave., St. Paul

Clergy will lead a Festival service for Mount Zion at Sholom East. All are welcome to attend. The 7th day of Pesach features the commemoration of crossing the Red Sea which is the Torah portion that will be chanted.

For excellent resources on Passover and all other Jewish learning, go to:

myjewishlearning.com



Happy Passover • April 19–26, 2019

Get recipes, blessings, seder ideas, and more!

ReformJudaism.org

Jewish Life in Your Life

What is chametz?

Chametz is Hebrew for "leaven" or any food that we do not eat during Passover/Pesach. Specifically, it is anything with one of five grains (wheat, barley, oats, rye, spelt) mixed with water and not cooked within 18 minutes. If it is cooked within 18 minutes, it is matza! Ashkenazic tradition adds several other items (kitnayot) but they are not the essential prohibition during Pesach.



As we gather for our Passover meal, please remember those who face hunger insecurity. Give generously to our March Food Drive (p. 7) and Mazon: A Jewish Response to Hunger (mazon.org).

Jewish Men's Retreat Friday, May 17 – Sunday, May 19

Audubon Center of the North Woods (54165 Audubon Drive, Sandstone, MN 55072)

Join the men of Mount Zion for our 8th annual men's retreat – a weekend of fun, camaraderie, spirituality, and enjoying the great outdoors!











Featuring conversations with Shai Avny

Mount Zion's Congregational Engagement Director

"Experiences as a solider in the IDF" and "Israel's Borders and Neighbors"

Here are just some of the additional plans and activities that are available:

- Swimming, hiking, fishing, biking and boating (rowboats, canoes and kayaks).
- Optional group Friday and Shabbat afternoon bike rides.
- Yoga or Meditation Session!
- · Cards, games and schmoozing!

- Shabbat services with creative participation, contemplative music, and Torah study.
- The movie, The Other Son, a story about two boys raised by Jewish and Palestinian families, who learn at the age of 18 that they were accidently switched at birth.
- Relax and make new friends from Mount Zion!

To register, go to:

mzion.nirsham.com/form/mens-retreat-2019

or contact the Temple office at 651-698-3881.

The retreat fills up quickly, so please register early to ensure your spot! For a single room, the cost is \$280, double room \$200. There is a discount for men under the age of 40 (single \$255; double \$175). The registration fee covers lodging for both nights, five delicious meals, snacks, drinks and all programming. For further information, please contact: Bruce Matza at 651-337-2543 or BruceMatza@InnovationsInManagement.com or Brian Serle at 612-251-5045 or bkserle@yahoo.com.



B'nei Mitzvah

Ellie Wickard March 16, 2019

picture removed online

Elizabeth is the daughter of Todd and Melissa Wickard, and the younger sister of Benjamin and Abby. She is the granddaughter of Robert and Marla Powers and Walford and Eva Wickard.

Ellie is in 7th grade at Friendly Hills Middle School, where her favorite classes are math and language arts. She enjoys playing soccer, reading, drawing, and spending time with her friends. She is part of the madrichim program at temple working with the 2nd and 3rd grade Hebrew classes, and volunteers at Feed My Starving Children. Ellie will be donating a portion of her gift money to a local food shelf.

Henry Strauss-Klein March 30, 2019

picture removed online

Henry Strauss-Klein (Noach) is the son of Nick and Cantor Jennifer Strauss-Klein. He is the grandson of Richard and Pamela Strauss of La Crosse, Wisconsin, and Leonard and Christa Klein

of Wilmington, Delaware. Henry has three younger siblings: Ari (4th grade), Zelda (Kindergarten), and Eve (2 years old). He is in the 7th grade at Dakota Hills Middle School in Eagan. Henry's favorite subjects in school are American studies, Reading and Writing, and Science. He enjoys reading, playing soccer, video games, and raising butterflies, and is interested in becoming a scientist. He participates in Mount Zion's youth group events and is on the JYG Advisory Board. In order to fulfill the mitzvah of ma'achil re'eivim, feeding the hungry, Henry has been volunteering with his family at Feed My Starving Children and is requesting donations to the Mount Zion Mitzvah Food Shelf in honor of his Bar Mitzvah. He has learned that helping pack meals is fun, and he was happy to discover that he could learn his prayers and Torah chanting relatively quickly.

Eli Berg April 13, 2019

online

picture removed Eli is the son of Alyssa and Doug Berg. He is the grandson of Judi and Buddy Tennebaum and Sally and David Berg (of blessed memory). Eli has a younger sister, Anna. He is in the 7th Grade at OWL. At school, Eli enjoys Math, Science and par-

ticipating in History Day. He is involved in Boy Scouts, and STAR Swim Team and has been volunteering at Second Harvest Heartland for his Mitzvah Project. Eli likes to relax by reading military history, seeing friends, and teaching his cats, Rosie and Claude, to fetch rubber bands. Eli's next project is learning to play the bugle. In honor of becoming a Bar Mitzvah, Eli will be making a donation to Neighborhood House.

Noah Damro March 23, 2019

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Noah Damro is the son of Nate & Melissa Damro. He is the loving grandson of grandparents Peter and Diane Stahl of Columbus, Ohio and David and

Linda Damro of Green Bay, WI. Noah has older brother Jacob, younger brother Eli and sister Samantha. Noah is a 7th grader at Blackhawk middle school in Eagan, MN. Noah enjoys basketball and baseball. Noah will be donating a portion of his Bar Mitzvah gifts to his love of animals to the Animal Humane Society.

Arija Greenseid April 6, 2019

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Arija (Aviva Miriam) is the daughter of Lija and Andrew Greenseid and best friend to her brother, Adam. She is the granddaughter of Linda and David Greenseid, Paula and George Lopuch, and

Juris Ozols. She is in the 7th grade at Yinghua Academy where her favorite subjects are math and Chinese. Arija enjoys aerial circus arts, reading, and baking. Arija has been volunteering with the toddlers at the Jeremiah program and has been a KULAM mentor on Sundays for the 4th grade. In honor of her Bat Mitzvah, Arija will be donating a portion of her gift money to her father's JDRF 100 mile bike ride to cure Type I diabetes. She will also use some of her gift money to support her school trip to China this summer.

Julia Levin April 27, 2019

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Julia Levin is the daughter of Al and Jill Levin. She is the granddaughter of Lenny and Dorothy Levin and Jerry and Mary Jorgensen. She is the oldest sister to Georgia, Isabel and Sam. Julia is

in the 7th grade at Sanford Middle School in Minneapolis. Her favorite subject is History. Outside of school Julia enjoys playing soccer for Southeast Minneapolis, swimming for the Minneapolis Otters, hanging out with friends, and spending time with family. She also enjoys experimenting with her baking skills even if it means a few failures in the process. For her Mitzvah Project, Julia is volunteering at the Greater Minneapolis Crisis Nursery. In an effort to end child abuse and child neglect, she will be donating a portion of her gift money to this organization.

Riley Spieler May 4, 2019

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Riley (Reuven) is the son of Eric and Vicki Spieler and the brother of Brooke. He is the grandson of Milt Spieler and Margaret Parks and Wayne and Carol Vissers. Riley is currently a 7th grader at

Twin Oaks Middle School in Prior Lake. His favorite classes in school are band and gym. Riley participates on the Prior Lake High School alpine ski team, plays lacrosse and football and he enjoys performing in the middle school jazz band. Riley loves playing piano and percussion instruments. Riley's other pastimes include fishing, making videos and following the Green Bay Packers. Riley plans to donate a portion of his gift money to Feed My Starving Children.

Women of Mount Zion Temple

Red Cross Blood Drive

Wednesday, April 17, 2:00 - 7:00 p.m.

Donation times are between 2:00 and 7:00 p.m. Our blood drives are recognized for our warm and welcoming approach. Appreciation to donors is expressed through the volunteer efforts of congregants while working the blood drive and the wonderful matzah ball soup, veggies, fruits, and desserts. Donors can also egister at redcross-blood.org and enter sponsor code is 4008. Our goal is 55 units per drive; double red cell donations count as two units. For details or to volunteer, contact Nancy Rosen at 651-341-7035.

Hamantaschen Baking

Baking dates: Sundays, March 3 & 10, 9am-12pm

Join us to roll, form, fill, bake, pack up and taste test our delicious hamantaschen. Please sign up at mzion.org & contact Sally Glick if you have any questions. (sallyoglick@gmail.com or 651-283-2139) Thank you for considering this mitzvah!

Prime Timers

Members 55 and older

Ageless Grace® with Pola Rest

A new series of Ageless Grace will meet on **Monday, March 11** and **April 15 at 1:30 pm**. Join us once a month for a short talk about brain and body health, plus 40 minutes of Ageless Grace brain and body exercise. All exercises are done sitting in chairs and to really great music. No equipment is necessary, come as you are and be prepared to have fun. We look forward to seeing you there!

Accessibility & Inclusion

Thanks to all of you who engaged with our Jewish Disability Awareness and Inclusion Month (JDAIM) services and other events during February. Although February has been set aside as a time to focus our attention on disability issues in our community, at Mount Zion we are always working toward being a congregation where everyone knows they are welcome and where everyone has an opportunity to participate. The Accessibility and Inclusion group is working not only to provide access to our building, services, and activities, but also to reduce stereotyping and stigma, remove attitudinal barriers, and build a community of mutual respect and engagement regardless of how our bodies and minds work.

The introduction of FIDGET BAGS is one strategy we've undertaken that has helped many young people stay engaged during services and other events at Mount Zion. They are so popular, in fact, that almost all of the fidgets inside the bags have left Mount Zion! We are embarking on a new strategy that we hope will help the fidgets stay - attaching them to the bag itself. We'd love your help in ensuring that the fidgets stay in the building so they can be available for others, and we welcome your feedback about other creative ways to make that happen. If you would like to share any other thoughts about ways to increase accessibility and inclusion at Mount Zion, please feel free to contact Joan Ostrove (ostrove@macalester.edu) or Cantor Spilker.

MZ Programs Receive NCEJ Grant!



We are happy to announce that we applied and were approved for a grant from The National Center to Encourage Judaism (NCEJ) for our great programs, Taste of Honey and Building a Jewish Home.

NCEJ is a private foundation that funds efforts to help non-Jews, including those in interfaith marriages, to understand and appreciate what Judaism has to offer.

Brotherhood

<u>Bagel sales resumed</u> take place every Sunday when there is religious school.

Please join us in the Summit Avenue lobby for hot coffee or cocoa, fresh bagels and lox, and other treats. Men of Mount Zion take turns selling bagels to students and their parents in the Temple lobby.

Monthly Brotherhood Meetings - We meet the last Tuesday of each month at Mount Zion from 6:30-7:30. Join us as we plan our programs and enjoy a <u>complimentary dinner</u> of pizza and salad. Next meeting dates are: 3/26, 4/30 – Elections and annual budget, 5/28, 6/25.

Brotherhood Honored at Shabbat takes place on Friday, March 22, 2019, featuring readers, musicians and a choir from the Brotherhood, and the presentation of the "Mensch of the Year" award to Bruce Matza. The Pulpit Guest will be Shmuel Havilio (see p. 3).

Mother's Day Brunch at the Temple is a big event, with mothers and spouses enjoying a big complimentary breakfast. Put it on your calendar for Sunday, May 13, 10:30-11:30 am.

Men's Retreat, May 17-19, 2019 - Save the Date!

This exciting weekend of culture, camaraderie and nature continues to grow after 8 years. **Registration is now open for this exciting event.** See page 11 for details.

Memorial Day Flag Placement: Friday before Memorial Day, May 24, 2019 – We go to lunch together, then place flags at veteran's graves at the Mount Zion Cemetery.

Grand Old Day parking - Sunday, June 2, 2019. A major fundraising opportunity for our Temple.

Mount Zion Family Picnic - August 2019

Always check *Iton Tziyon* – the Mount Zion newsletter - and *This* Week at Mount Zion for times and dates for Brotherhood events.

B'Shalom,

Brian Serle, *Brotherhood President* bkserle@yahoo.com / 612-251-5045

Social Action Update

Tzedek = Justice

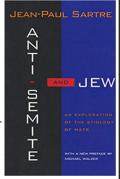
Antisemitism: A Perfect Storm

Guest Speaker: Mischa Penn

Sunday, March 3, 12:30 - 2:00 pm at Mount Zion Sponsored by the Tzedek Committee - All are welcome After the discussion, all are welcome to stay for the Tzedek meeting.

Mischa Penn will focus on Sartre's (1946) Anti-Semite and Jew with the goal of helping to deepen our understanding of the wider intersections of race and antisemitism. To receive the reading in advance, please email Tymina at office@mzion.org.

A Mount Zion member, Mischa is a Morse Distinguished Teaching Professor Emeritus of Social Science at the University of Minnesota. He taught courses focused on the history of race and racial thought throughout his long career.



In the Community



Registration located outside the Parkview Event Center in Nickelodeon Universe. For more information: **sabesjcc.org**

2019 Twin Cities Annual

Yom HaShoah Commemoration Never Again Begins with ME

Thursday, May 2, 7:00 p.m.

Bet Shalom Congregation (13613 Orchard Road, Hopkins)

The 2019 Yom HaShoah Commemoration is free of charge and open to the public. Limited on-site parking plus easy offsite parking at Hopkins West Junior High, 5 minute walk or free shuttle. For more information, email susie@minndakjcrc.org.

The Yom HaShoah Commemoration is co-sponsored by the Jewish Community Relations Council of Minnesota and the Dakotas, Children of Holocaust Survivors Association in Minnesota (CHAIM), Bet Shalom Congregation, Minneapolis Jewish Federation, St. Paul Jewish Federation, Generations After MN, and the Micki and Mort Naiman Holocaust Education Fund.

Caring Community

We'll be here for you...



Back row (L to R): Steve Cohen, Emily Herr, Robert Garfinkle, Shai Avny. Front row (L to R): Sara Rice, Mandy Roll-Kuhne, Ellen Konstan Not pictured: Karen Suzukamo

Caring Community supports Mount Zion congregants in times of challenge and joy. We can provide meals, rides, visits, shiva support, or work with you in other ways to help ease your burden. While it can be very difficult to ask for help, it is a mitzvah and a gift to others to give them the opportunity, and strengthens our community.

Please reach out to us: our Congregational Engagement Director Shai Avny (savny@mzion.org), clergy, staff, or any of the Caring Friends pictured above. If you hear of someone in need, let them know that we provide this support, or if appropriate, let us know. Let us know too if you would like to be a helper when needs arise.

Mount Zion cares!

The Twin Cities Jewish Community Alzheimer's Task Force Presents:

KEEPING THE SPIRIT ALIVE

Supporting a Loved One with Dementia

The Conference for Caregivers and Those

SUNDAY, APRIL 7, 2019 8 a.m. to 1:15 p.m.

> Beth El Synagogue 5225 Barry St. W St. Louis Park, MN 55416.

Featuring Keynote Speaker Dr. Vic Sandler Register by March 22, 2019 www.jfcsmpls.org

This conference is a collaboration of ST JFCS Service of Minnespolin



or call 952-417-2149

Mount Zion Temple 1300 Summit Avenue Saint Paul, MN 55105

PRESORTED STANDARD US POSTAGE PAID PERMIT NO. 814 TWIN CITIES, MN

Rabbi Adam Stock Spilker
Rabbi Esther Adler
Cantor Jennifer Strauss-Klein
Cantor Rachel Stock Spilker
Larry Solomon, Executive Director
Susan Amram Summit, Religious School Director
Shai Avny, Congregational Engagement Director
Elyse Heise, Youth Engagement Coordinator
Susan Robiner, President
Michael Kuhne, President-Elect

Teresa Matzek, Iton Tziyon, editor

tmatzek@mzion.org Phone: 651-698-3881 Website: www.mzion.org

Gloria Dei Lutheran Church and Mount Zion Temple in Dialogue

with Pastor Bradley Schmeling and Rabbi Adam Stock Spilker

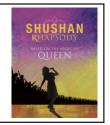


Pulpit Exchange: March 15, 7:30 pm & March 17, 8:15 &10:45am Bible Study: April 13, 9-10 am & April 14, 9:30-10:30 am

See p. 9 for details.

PURIM

Wednesday, March 20
Service, Megillah Reading and Shpiel
Sunday, March 24 - Purim Carnival
See p. 6 for details.





The First Seder of Passover is Friday night, April 19 / 15 Nisan

Passover ends at sunset on Friday, April 26 / 21 Nisan See p. 14 for details.



Rabbi's Letter Service Schedule Chai Notes From the President March Food Drive Religious School Contributions . 10-11 MaZAL 12-13 ✓ Men's Retreat 15 **Z** Women of MZT 17 Brotherhood Social Action Update 18

Rabbi Josh Weinberg

ARZA, Executive Director and Vice President of the URJ for Israel and Reform Zionism

Friday, April 12, 7:30 pm

Rabbi Josh Weinberg will speak during Shabbat services as part of our Myth-Conceptions Series.

The Association of Reform Zionists of America is part of an international network of like-minded, progressive Jewish voices, working in unison, to build a better Israel.

After services (approx. 9:15 pm)
The April 9th Israeli Elections:
What happened and what's to come

