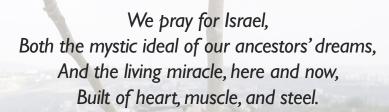


ITON TZIYON עיתון ציון

Mount Zion Temple Bulletin

May 2019 | *Nisan/lyar 5779* Vol. 163, No. 5



May this little country, so great, endure, Surviving the relentless, ago-old hate, And the rumblings that warn of war.

May Israel continue to embrace our homeless And bind the ingathered firmly into one people.

May we always dare to hope
That in our day, the tragic isolation will end,
That all the displaced, Arab and Jew,
will be rooted again,
That Israel and her neighbors
will touch hands in peace.

Excerpted from "To Touch Hands in Peace," in Contemporary Prayers and Readings for the High Holidays, Sabbaths, and Special Occasions, The Prayer Book Press of Media Judaica.

Yisrael

Israel

Wrestling with our Relationship

ישראל

L'Dor VaDor

From Generation to Generation

Mazel Tov To...

Our members who will celebrate a milestone anniversary in May Sasha Amnuel & Stephanie Lonetti, Steve & LoRene Leikind, Harvey & Leigh Cohen, Rick Linsk & Nancy Crotti, Steve & Lisa Banwell, Ron & Sherry Brooks, Don Greenebaum, Jr. & Beth Honetschlager, Joel & Marcia Stone, Phil & Renae Goldman, Orrin & Karen Mann, Evan & Jennifer Barshack, Joel & Jennifer Denenholz, Andrew & Lija Greenseid.

Dan Rybeck and Kate Searls, on the marriage of their son, *Eliot Searls*, to *Maria Dolores "Dolly" Dimaculangan* on December 31, 2018 and their son, *Samuel Rybeck*, to *Ruth Zwick* on March 19, 2018.

Judy Sagan and Mike Atherton on the birth of their granddaughter, *Brielle Audrey*, on March 21.

ZICHRONAM LIVRACHA...

May their memories be a blessing

We note with sorrow the passing of our members:

Willis "Bill" Forman

Our condolences to his family, including his son James (Karen) Forman and daughter Debby (Jeff) Arrigoni.

Carolyn "Carrie" Kahn

Our condolences to her family, including her husband Joe Kahn and daughter Barbara (Randy) Trefethren.

Howard Kuretsky

Our condolences to his family, including his wife, Elaine Kuretsky.

Orrin Sechter

Our condolences to his family, including his wife Beverly Sechter, daughters Jackie (Joey) Abrahamson and Nancy (Dan) Blodgett, and sister Pearl Rosen.

Stuart Weitzman

Our condolences to his family, including his wife, Mary Weitzman.

We Extend Condolences to...

Laurie Hadler on the death of her mother, *Miriam Hadler*, on February 27.

Alexandra Oppenheimer on the death of her mother, *Anna Frankel*, on March 27.

Martin (Ellen) Sampson on the death of his sister, Deborah Sampson, on March 4.

Honey (Larry) Zelle on the death of her sister Gayle Saeks, on March 21.

May God grant peace to all who mourn and comfort to all who are bereaved.

WELCOME...B'RUCHIM HA'BAIM... TO OUR NEW MEMBER!

Sarah Carpenter

Letter from the Rabbi



"We have many faults as Jews, but amnesia is not one of them."
- Isaac Bashevis Singer

After Passover comes Yom HaShoah (Holocaust Remembrance Day) then Yom HaZikaron (Israeli Memorial Day). We spend these early days of Spring remembering the lives of people cut short for no reason (Holocaust) and for a greater cause (Israel). Memory shapes our culture and identity.

As we remember, we also live and rejoice. This month is also full of celebration, from our Congregational Education Day and Yom HaAtzmaut to installing our new President, Michael Kuhne on May 10th. We know how to hold memory and mourning with life. I look forward to seeing you at all these important moments this month.

L'shalom,

Adam Stock Spilker, Rabbi

Mount Zion Temple

Strengthening the Future:

A Renewed Strategic Plan, 2019-2021

After reviewing the Strategic Plan 2014-18 at the December Kehillah Council Board meeting, a relatively quick process led to the Board of Directors adopting a renewed Strategic Plan at their March 12, 2019 meeting. With gratitude to Robert Garfinkle and Michael Kuhne's leadership shepherding the process. Stay tuned for updates in the months to come.

Background:

In 2014, Mount Zion adopted a five-year strategic plan, entitled "Strengthening Connections." This ambitious plan was crafted to meet the needs of a changing membership within our larger Jewish community. Building on Mount Zion's many strengths, the 2014 Plan identified four areas of need and opportunity:

- 1. Finding better ways to support **relationship building** among congregants and with clergy;
- 2. Creating more opportunities for **participation** and ways to support each other;
- 3. Improving digital communications; and,
- 4. Inspiring a culture of giving, shifting how Mount Zion invites financial giving.

Our Plan:

Today, initiatives from the 2014 plan are well underway. This 2019-21 Strategic Plan broadens and extends the previous plan, allowing expanded implementation of these initiatives and setting the stage to more fully examine Mount Zion's priorities.

For 2019–2021, Mount Zion will strengthen the future by building on the substantial successes and ongoing work towards three goals:

- 1. Fostering Congregational Engagement (which combines goals I and 2 from above)
- 2. Enhancing Communications
- 3. Sustaining Financial Strength

In the coming years, as we prepare for a 2022 plan, Mount Zion will create a special *kivvun*, a congregational focus, to explore creative models of thriving Reform congregations and other faith communities. Learning about best practices, changing trends in American Jewish life and synagogue affiliation, and the unique circumstances of the Twin Cities will help Mount Zion boldly situate itself to serve our community for generations to come.

To read the entire plan, please go to mzion.org/about/strategic-plan.

Thank you to all who donated to the Mitzvah Food Shelf!

This year, Mount Zion donated a 1,551 pounds of food and \$9,263.

Make Shabbat Your Sanctuary

Summer Shabbat Eve Service Times

Every Friday night, From Memorial Day to Labor Day May 31 - August 30 at 6 p.m.



Spend Shabbat with Friends!

Congregational Shabbat Dinner May 3, Dinner: 5 p.m.; Service: 6:30 p.m.



Cost: \$15 adults; \$8 kids

This Shabbat Dinner has been generously subsidized by the Women of Mount Zion Temple. (The unsubsidized cost is \$23 adults; \$12 kids)

Register at www.mzion.nirsham.com/events. For more information, contact Tymina at office@mzion.org or 651-698-3881.

Camp Send-Off Shabbat Service

Friday, May 31, 6:00 p.m. (Note time!)

All youth attending lewish Summer Camps and Israel and Mitzvah Programs will be honored. Youth attending overnight programs will receive a special gift.



SPUI These students will be joining Rabbi Spilker (on faculty the last two URJ OLIN-SANG-RUBY UNION INSTITUTE weeks of July) at OSRUI: Joshua Cohen,

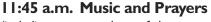
Samuel Cohen, Avital Coleman, Talia Gore, Adam Griffith, David Griffith, Jonah Hutchison, Evie Hutchison, Miles Hutchison, Morgan Johnson, Nadav Kanzer, Maurice Kolodny, Amelie Koven, Elan Levine, Sage Levine, Abigail Long, Nico Ostrov, Sylvia Redish, Becca Richman, Ayden Rubinstein, Max Schibel, Liam Spilker, Benjamin Strauss, Evie Swenson, Sydney Zimmerman. Our teachers Lily Alexandroff and Devin Wolf will be on staff.

Mount Zion Helps Make Mother's Day Meaningful! Yom Ha'aym - Mother's Day Service

Sunday, May 12

10:30 a.m. Complimentary Brunch

Sponsored by Brotherhood



(including a prayer to honor fathers as well)

The service is led by our clergy and includes guitar accompaniment and participation of Shir Tzion, our kids' choir. The brunch is sponsored by Brotherhood, waiting on beautifully set tables and serving a delicious, brunch. It is for all in our congregation daughters, sons, mothers, fathers, grandmothers, grandfathers!

Visual T'filah

Friday, May 17, 7:30 p.m.

In these services, we forego the black and white of the prayer book and focus instead on projected images of beautiful artwork or scenes from nature as backdrop for our words. We take time with the prayers and the music, engaging our senses more fully than usual. We sit in rounded rows in Margolis hall, so as to more fully appreciate the community around us.

Friday Shabbat Evening Services

May 3, 6:30 pm

Shir Tzion Participates Grades PreK, K, and I Participate Congregational Shabbat Dinner

May 10, 7:30 pm

Annual Meeting & Dinner (p.5) **Professional Quartet**

May 17, 7:30 pm

Visual T'filah Birthday Blessings

May 24, 7:30 pm

Celebrate Shabbat!

May 31, 6:00 pm

Summer Services Begin

Shir Tzion Participates Camp Send-off

Saturday Shabbat Morning Services

May 4, 10:00 am

Acharei Mot II - Lev. 17:1-18:30* Riley Spieler, Bar Mitzvah

May 11, 10:00 am

K'doshim - Lev 19:15-20:27* Raymond Strauss, Bar Mitzvah

May 18, 10:00 am

Emor - Lev. 23:23-24:23* Elly Schibel, Bat Mitzvah

May 25, 10:00 am

B'har - Lev. 25:1-25:28* Eliana Mann, Bat Mitzvah

Torah Study on Shabbat Morning

9:00 am Drop in any Shabbat to study the week's Torah portion. *Using a triennial [3 year] cycle, we are reading the last third this year.

Childcare

Mount Zion offers complimentary childcare in a safe, child-friendly environment on Friday evenings during Shabbat services and Saturday morning services when there is a Bar/Bat Mitzvah in room 102. Reservations are not necessary, but we suggest that parents or guardians of infants or children with special needs notify in advance.

Daily Services

Going strong after 64 years! All welcome!

Monday-Thursday, 5:45-6:00 pm; Sunday, 9:30-9:45 am. Led by members of our congregation in the Harris Chapel.

Please contact Janet at 651-482-9951 / janetkampf@hotmail.com or John Mast at 612-270-6191 / johnlmast@yahoo.com if you would like to help lead (can be a one-time commitment to four services in a month).

Tot Shabbat

Tot Shabbat is the second Saturday of every month. For families with children from birth to seven years old.

Yom Ha'Atzma'ut: Happy Birthday Israel! Saturday, May 11, 10:30 a.m.

Please bring a healthy, nut-free vegetarian dish to share.



Mount Zion's Trip to the Civil Rights South

By Rachel Stock Spilker, Cantor

The whole world is a narrow bridge, the important thing is not to be afraid.

—Rabbi Nachman of Bratslav



In mid-March a group of nearly 30 Mount Zion members, along with some of their friends and family, traveled to Atlanta, Selma, Birmingham, and Montgomery on a deeply meaningful and transformative tour. We were led by a talented guide from Etgar 36, an educational tour company that takes participants on a journey through the history of the Civil Rights Movement

by visiting sites, hearing stories, and meeting people who were active in the Movement.

In Montgomery, we visited the Rosa Parks Museum and stood in the spot where the Civil Rights Movement began. The Equal Justice Initiatives Legacy Museum brought us through the history of racial oppression in America, from slavery to mass incarceration. At the National Memorial for Peace and Justice, also known as the Lynching Memorial, we walked through a striking and painful architectural reminder of the more than 4,000 lynchings that took place in the United States between 1877 and 1950, including one in Duluth.

On Shabbat evening, we joined in a service at Reform congregation Temple Beth Ohr in Montgomery, and on Shabbat morning we filled an otherwise empty Selma synagogue with the sounds of a creative, social justice-oriented service. There we learned the history of the synagogue from one of its four remaining members.

Perhaps one of the most memorable parts of the tour was meeting JoAnn Bland, who grew up near Brown Chapel where the famous voting rights march started, and was an integral part of the Civil Rights Movement for most of her life. She was beaten on the Edmund Pettus Bridge on Bloody Sunday and endured multiple stints in jail as a child. Ms. Bland continues to be an outspoken social activist to this day, making important statements on how we are still fighting for equal rights in our country. She told our group, "It's not 'Black Lives Matter,' rather, 'Black Lives Should Matter.'"

The Birmingham Civil Rights Institute gave us a good overview of the Civil Rights movement, which was all brought to life when we met Bishop Calvin Wallace Woods Sr. He worked alongside Martin Luther King and was beaten, arrested, and convicted for participating in boycotts against segregation. He ended his talk by getting us to join his rousing rendition of the Pete Seeger song, "If You Miss Me at the Back of the Bus."

One of the main takeaways from our tour was the emphasis on the continued fight for equal rights in the United States. Seeing the AIDS Quilt in Atlanta brought this message home. We heard about the politics of the early days of raising awareness about AIDS and fighting for the rights of the people who were dying of the illness.

Our few days in the South were packed with information and emotion. This history is painful to confront, and it hurts to know

that, while we have made strides, we are far from being a country free from oppression and inequality. With the heaviness of all we had taken in in such a short time, I can't think of any better way to end our trip than the way we did - we went to the Sunday morning service at Ebenezer Baptist Church, the only church where Martin Luther King served as a full-time minister. The service was uplifting and joyful, replete with a 50+ person choir, trumpeters, a hand bell choir, a drummer, dance ministers waving colorful banners. People dressed in beautiful suits and women with elegant hats joyfully walked all around the sanctuary to shake hands with congregants and guests. As it was the church's 133rd anniversary, the minister asked all who had been members for over 50 years to stand. I couldn't help but imagine that these were the freedom riders, the marchers, and the demonstrators who fought peacefully, but fervently for their basic civil rights. They were history-makers, and their past infused their prayers. And it was inspiring.



Mount Zion members, plus some of their families and friends, with Cantor Spilker in front of the Brown Chapel in Selma, Alabama with Civil Rights activist JoAnn Bland.

Friday, June 14 during the 6:00 Shabbat service

Cantor Spilker will give a short presentation about Mount Zion's Civil Rights Tour.

Trope Troupe ... the more Torah, the more life. -Hillel

Todah Rabah to our March/April Ba'alei Korei (chanting Torah): Sue Benfield, Alyssa Berg, Shel Finver, Siana Goodwin, Andrew Greenseid, Harriet Gutherz, Abbey Kanzer, David Knapp, Shelley Robbins, Marilyn Salmon, Kent Simon, Nick Strauss-Klein, Benjamin Wickard, Melissa Wickard

Todah Rabah to our March/April Haftarah Chanters: Shel Finver, Siana Goodwin, Alex Klass, David Knapp

Todah Rabah to our Megillat Esther Chanter:Siana Goodwin

To sign up to chant Torah or Haftarah on Shabbat, e-mail Cantor Jennifer Strauss-Klein at jstraussklein@mzion.org.

From the President



This is my last bulletin. Michael Kuhne becomes our Temple President effective May 10, 2019.

Temple members have been good heartedly asking me how I feel about my 2-year term expiring. They suggest, strongly and accurately, that I must be looking forward to the end of my term and ask how I plan to fill my new-found spare time. My re-

sponse to the last question usually amounts to my version of "I'm going to Disneyworld!" — a now 32-year old advertising slogan that captured a common truth. After you have worked hard over a long period of time on one set of tasks and the end has arrived, you want to experience something completely different, fun, relaxing, and organized by someone else.

As I step away from frontline leadership at Mount Zion, I have been thinking about how I will continue to be involved. I am ready to step away from daily leadership. But the temple I will return to as a non-leader is different from the temple I attended before my foray into lay leadership. And I am different.

One thing I am excited about is joining at least one small group and maybe more. These did not exist when I became President, although they were in the planning stages. Now, the array of groups is incredible. As of today's date, our website describes 23 different groups: some are strictly fun; some involve learning; some are overtly Jewishly themed; many are not. Some coalesce around support; others around a skill or sport. I urge you to look at the opportunities waiting for you, just as I have.

Houses of worship have been intentional about creating and supporting small groups for many years now. And, predictably, the internet is full of opinions about their degrees of success. I spent some time looking at what has been written. Most applaud small groups as wonderful gateways to more connections and houses of worship being more relevant to more people. But, among the myriad opinions, there is a strand of thought that small groups are failing in their mission. These articles, written from a pastoral perspective, complain that small groups have failed to create "disciples", meaning they have failed to create more persons who embrace and evangelize around the core tenets of the faith of the house of worship that hosts the small groups. The complaint is not that small groups are not thriving; but rather that they are not succeeding in the way that the author hoped.

Interesting. Personally, I am going to join. And I may be a failure by some standard. I may not experience a deepening of my discipleship. But I am OK with that. And I think Mount Zion is OK with that too. And, you just never know. We have all either heard or lived those stories where, in a time of crisis, the person you can lean on is often not the person you expect; and conversely, the person you thought you could rely on falls short. Maybe that person who helps me deepen my faith, or feel G-d's presence more profoundly, will be someone I meet in a small group. Maybe one of our small groups contains a lamed vovnik! You just never know. I am open to finding out.

Susan Robiner, President



You are condially invited to

MOUNT ZION'S 163RD ANNUAL MEETING Friday, May 10

5:30 p.m. - Annual Meeting

Honoring incoming/outgoing Board members

6:15 p.m. - Shabbat Dinner

Cost before May 6: \$25 adults & \$10 kids (11 and under)
Cost after May 6: \$30 adults & \$12 kids (11 and under)

Honoring MZ Small Group Leaders

Wendy Rubin



We honor Wendy Rubin as this year's Volunteer of the Year for her role over the past four years as a benevolent "Czar" of Mount Zion's Décor efforts. Working with many others, including longtime friend and designer Katie Brandt, Wendy's most visible recent project has been the renovation of the Lipschultz Lounge, dedicated by and named

after her grandparents Sam and Ruth Lipschultz. Every detail was carefully considered, both with respect to our current needs and budget, while also staying true to the original vision of architect Erich Mendelsohn. Now joined with the beautiful mosaic created by Sue Koch and others, our entryway and lounge provide a welcoming first impression for those visiting our synagogue. Wendy's next, and final, project before stepping down, has been to renovate and update the Melamed Boardroom, including to re-purpose the large table, in order to provide a more versatile space for meeting and working together. We recognize Wendy for her passionate and hard work and for carrying on the traditions and continuing the legacy that her family so generously began.

7:30 p.m. - Shabbat Services

Installation of Michael Kuhne, President;
Honoring Milestone Members
(Members 10+ years, 18+ years, 36+ years, and 54+ years).

Followed by Festive Oneg honoring Rabbi Adler's 18 years at Mount Zion

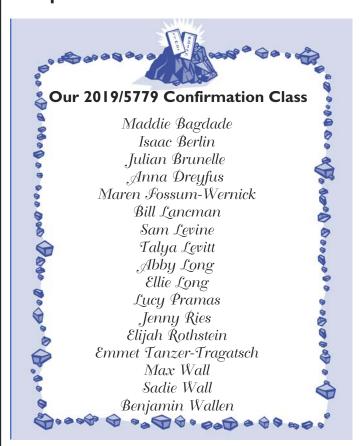
Share your memories and pictures of Rabbi Adler to Jana at jnelson@mzion.org.



Shavuot is the Hebrew word for "weeks" and refers to the Jewish festival marking the giving of the Torah at Mount Sinai, which occurs seven weeks after Passover. Shavuot, like many other Jewish holidays, began as an ancient agricultural festival that marked the end of the spring barley harvest and the beginning of the summer wheat harvest. In ancient times, Shavuot was a pilgrimage festival during which Israelites brought crop offerings to the Temple in Jerusalem. Today, it is a celebration of Torah, education, and actively choosing to participate in Jewish life.

Saturday, June 8 / 6 Sivan

7:30 p.m. Shavuot/Confirmation Service



Tikkun Leil Shavuot

Join us for Torah Study on the Festival of Shavuot 10:00 p.m.- Midnight



10:00 pm Place and Displacement: What does the Book of Ruth teach us about Immigration?

11:30 p.m. Rabbi Adler brings us a Shavuot ritual standing together on the Mount Zion Bima

Sunday, June 9 / 6 Sivan

Shavuot Festival Service (Yizkor) - 10:00 a.m.

YOM HA'ATZMAUT

★ CELEBRATING ISRAEL THROUGH THE ARTS ★

SUNDAY, MAY 19 3-5 PM @ ST. PAUL JCC

Performances • Music • Exhibits • Demonstrations • Family Activities
Food Vendors • Artists' Shuk • Tel Aviv Pool Party
Plus, an art activity led by Israeli artists from the Minneapolis/Rehovot Partnership2Gether!

FREE FOR ALL AGES

YOM HAZIKARON (Israeli Memorial Day) TUESDAY, MAY 7 • 7 PM

An evening of remembering Israel's fallen soldiers and victims of terrorism.

IN ST. PAUL: Temple of Aaron IN MINNEAPOLIS: Beth El Synagogue

Proudly presented by St. Paul JCC, Sabes JCC, Minneapolis Jewish Federation and St. Paul Jewish Federation.



Religious School News

Join us for Yom Acharon The Last Day of School! Sunday, May 19

9:30 a.m. Students Attend Class 10:45 a.m. Religious School Celebrations

(Parents/Guardians and Congregants invited)

B'ruchim Ha Ba'im - Welcoming the First Fruit

Join us as we welcome the youngest members of our Mount Zion community. Families with babies born or adopted since last Shavuot (May 2018) will be honored with a special ceremony and gift.

II:45 a.m. End-of-Year Picnic

Second Grade Mechina Hagigah (Celebration)

Celebrate the culmination of the first year of Hebrew studies with our second grade Mechnia class.



Sixth Grade Dalet Siyyum/Completion Ceremony

Sixth graders will show off their beautiful handmade tallitot and mark the culmination of five years of Hebrew Study.

Teacher/Staff Appreciation

Please come to show your support and appreciation for the faculty and staff who create a vibrant Jewish learning environment at Mount Zion. Special tributes will be given to staff reaching special milestones. We will also celebrate and thank our graduating Madrichim!

Please watch your e-mail for more information about this amazing event!

2019-2020

Religious School Registration

Register Online by June 7.

Please register online for the upcoming school year! An email with the registration link will be sent by May 10! If you do not receive this email, please contact Tymina Howerton, Administrative Coordinator at office@mzion.org.



Sign up by June 7 and save \$50!

Tuition will increase \$50/student after June 7.

Save the Dates!		
May		
May I May 3	5:15 p.m. 9th Gr. Parent/Guardian Meeting 5:00 p.m. Congregational Shabbat Dinner 6:30 p.m. PreK/K/I Participation in Shabbat Service Dror Sinai Israeli Musician-in-Residence	
May 5	Z.Willard Finberg Congregation Education Day Dror Sinai Israeli Musician-in-Residence I I:30 All-School T'filah & Song Session	
May 12	10:30 a.m. Mother's Day Brunch for Adults 11:45 a.m. Mother's Day Service	
May 15	Last day of Wednesday Classes	
May 19	Yom Acharon—Last Day of Religious School 9:30 a.m. Students attend class 10:45 a.m. Closing Ceremony/Shavuot Service 2nd Gr. Hagigat (Celebration) & 6th Gr. Dalet Siyyum (Graduation) 11:45 a.m. End of School/Community Picnic	
May 31	6:00 p.m. Shabbat Evening & Camp Send-Off Service See page 3 for details	
<u>June</u>		
June 8	5:00 p.m. Confirmation Pictures 6:00 p.m. Confirmation Dinner 7:30 p.m. Erev Shavuot & Confirmation Service	

Youth Groups

Noar Tzion (4-6th grade youth group) Closing Celebration: Beach Day at MZ!

May 5, 12:15–2:30 p.m. Celebrate a fun year of youth programming and welcome the rising 4th graders to Noar Tzion! We will have a picnic, play games, make a splash with water balloons, do art and jam out to Israeli music! All 3rd-6th graders are welcome.

SPORTY (9-12th grade youth group) Israel: A Conversation by and for Teens

Speakers: Benny Yushkevich & Yuval Lerman
May 5, 10:00 a.m. as part of Congregation Education Day

End of Year Event: LAG-APALOOZA!

May 18, 5:30 - 9:45pm

Lag B'Omer themed event open to 8-12th graders! Meet at Mount Zion at 5:30 for a Bus to Inver Grove Heights Community Center. We will play Bubble Soccer and Archery Wars. A Pizza dinner will also be provided. We will end with a bonfire, snacks, songs, and games at Mount Zion.

Camp Scholarship News

Five \$500 Jean and Roger Harris Campership Awards given to first-time campers at OSRUI. \$29,150 was given to 39 students attending OSRUI, Kutz, Chi, Herzl, Butwin, and the Maccabi Games. We are so grateful to have the Harris Fund to encourage students to attend OSRUI. We are so grateful to have the Bentson, Finberg, and Sinaiko Funds to make camp possible for students whose families have financial need.

Mount Zion is Going Green(er)!

When God created Adam and Eve, God led them around the Garden of Eden and said, "See how beautiful are all My works. Everything I have created has been for your sake.

Think of this and take care of this world; if you destroy it,

there will be no one to set it right after you." -Midrash



Mount Zion has received a Ramsey County BizRepcycling Grant. With this grant, we have enhanced our sustainability/recycling activities by buying additional bins and **adding composting to our ongoing recycling efforts**. To make composting easier for members and guests, we have switched to compostable cups, plates and forks, knives and spoons. We have placed compost bins in the restrooms to enable composting of all paper towels. Our goal is to be nearly zero-waste (trash)! Please help us in this goal.

Throughout the building, especially in Margolis and Johnson Halls, the kitchens, and in the Administration office, you will find DIVIDED, COLOR-CODED RECEPTACLES for recycling, organics, and trash.

Please use these receptacles for your disposables according to the appropriate classification.

The Yarok (Green) Committee has completed many other projects this year including installing more LED lighting in the building and making heating and air systems even more efficient. The Committee welcomes new ideas and suggestions on achieving our greening goals, and the Committee is always open to new members! If you are interested in joining, please contact Larry Solomon at Isolomon@mzion.org or 651-698-3881.

Lee Litman

Member of Mount Zion Legacy Circle



Lee Litman is an active member of Mount Zion Temple. A native of Saint Paul, Lee grew up with conservative Jewish background and was originally an active member at Shaare Shalom of St. Paul. Lee and her husband Jim raised their three boys, Phillip, Edward and David through Bar Mitzvah at Mount Zion. Lee and her family found a warm, supportive home at Mount Zion. Two of her sons were campers at OSRUI, the Reform summer camp in Wisconsin. Lee was very involved with Sisterhood (now Women of Mount Zion Temple) and enjoyed participating in the Sisterhood Shabbat. Perhaps Lee's deepest connection was the Daily Service and Shiva services, which she experienced firsthand through the loss of her son Phillip and former mother-in-law. Lee came to realize what a valuable service the Temple provides for families in mourning, and for Yahrzeit commemoration. After reading Phil Goldman's Iton



article about how easy it to reposition the beneficiaries in her estate planning, Lee decided to include Mount Zion Temple in her legacy and became a member of Mount Zion's Legacy Circle. She also continues to be active as a Shamash in Mount Zion's daily services.

If you have already included Mount Zion Temple in your will or as a beneficiary, or would like to consider it, please let us know. Call Larry Solomon at 651-698-3881.

THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS' DISCRETIONARY FUND

In memory of: Bill Forman

> Deborah Arrigoni lames Forman

Miriam Hadler

Pearl Rosen Carolyn Kahn

Harold & Barbara Melamed

Howard Kuretsky

Elaine Kuretsky

Vivian Leith

David Upin

Dr. Frank Orland

Allyson Perling, Glenn Hardin, Aaron, Jasper & Netta

Jean King Appelbaum & Stuart Appelbaum

Carla Feldhamer Connie Ross

Iris Serle

Adele Gottfried

Jill Swiler

Jean King Appelbaum &

Stuart Appelbaum The Family of Jill Swiler

Victor Vital

Jean King Appelbaum &

Stuart Appelbaum In yahrzeit memory of:

Rose G. Brown

Judith Hoffman

Archie Gingold

Carla Feldhamer

Milton Smith Judy Smith

Ted Stover

The Haney Family Tracy Jo Sweet

The Thomas Family

In honor of:

Rabbi Esther Adler

Eunice Gelb

Jerry Helfand & Joan Cleary The Family of Jill Swiler

Rabbi Adam Stock Spilker

John Mast

Barbara Sarapas

Zivah Mayket

Darlene Levenson Shira Levenson-Mayket &

Michael Mayket In honor of the brit milah of:

Lori Laster & Stanton Wood

Donation: Jeffry Jeanetta-Wark Adele Porter

Brian Serle

Edith Smith Rachael Stover-Haney

CANTORS

DISCRETIONARY FUND

In memory of: Carolyn Kahn

David & Mary Ann Wark Paul Ross

Connie Ross Victor Vital

Kent Simon & Karen Gjerstad In yahrzeit memory of: Blake Swartz

Emily Herr

Sylvia Wilensky

Scott & Ioan Wilensky In honor of the Bar Mitzvah of:

Henry Strauss-Klein Susan Benfield

Larry & Margie Solomon

In appreciation of: Cantor Jennifer Strauss-Klein Rabbi Mark Peilen

MAXINE APPLEBAUM ART ENHANCEMENT

In memory of: Howard Kuretsky

Stuart Applebaum The Beloff Family

Marilyn Greenberg

Stuart Applebaum

The Beloff Family Marvin Greenstein

Stuart Applebaum

In memory of the father of: The Schwatzman Family

The Beloff Family In yahrzeit memory of:

Jerry Ann Applebaum Stuart Applebaum

David Beloff

The Beloff Family

Rose Beloff

The Beloff Family In honor of the special birthday of:

Rita Cohen Stuart Applebaum

In honor of:

The Beloff Family

BENTSON COMMEMORATIVE **GARDEN FUND**

In yahrzeit memory of: Heather Young

> Rob Lebowitz & Rabbi Esther Adler

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Jane Trosdahl

FINBERG CAMP SCHOLARSHIP FUND

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Tom Perbix

Mayda & Marc Raffe Mae Tanick

Peggy & Ira Denenholz In honor of the 50th anniversary of:

Ellen & Martin Sambson Mayda & Marc Raffe

In honor of the 80th birthday of: Mariam Zamansky Peggy & Ira Denenholz

For the speedy recovery of: Harvey Defren

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In yahrzeit memory of: William Houle

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Walter Pistner



Financial Giving: The ways we invite your support

We appreciate the generosity of our members who sustain Mount Zion year to year.

Giving as a Responsibility - This is akin to the ancient half shekel offering. All Israelites gave a half shekel to be counted as part of the people. - *Exodus 30:11-15*

Dues:

- All members give according to their ability according to a Fair Share model.
- Dues alone cover less than 50% of our budget.
- **Building Assessment:** In the first five years of membership, all members contribute to a deferred maintenance fund for upkeep of our historic building

Giving as a Response to Gratitude - This is akin to the ancient free-will offering... "everyone whose heart so moves him/her shall bring them." - Exodus 35:4-5

Annual Campaign:

- All members are invited to give a gift of the heart at literally any level.
- All gifts go toward Mount Zion's essential needs in our annual budget including initiatives in Jewish education, innovative worship services, the pursuit of social justice, cultivating connections, and meeting strategic plan objectives.
- Special Funds: Mount Zion has nearly 70 funds from Mitzvah Food Shelf to Scholarship funds to the Rabbis' and Cantors' Discretionary funds. Many people give tzedakah after a life cycle event or to honor an occasion or remember a loved one or friend.

Giving as an Investment in the Present & Future - Giving significantly and imaginatively during our lifetime can feel so meaningful. In *Pirke Avot/Ethics* of our Ancestors, Rabbi Yosi ben Kisma reminds us that when a person passes from this world, neither silver, nor gold, nor precious stones, nor pearls accompany him, only Torah and good deeds. (6:9)

Endowment Campaign:

- Once a generation, members are asked to consider a significant investment in our Jewish community *l'dor vador* for the generations to come.
- This is above and beyond dues and giving through the Annual Campaign.
- This is a gift that involves thought, values clarification, and the joy of giving in a way
 that helps you feel you are doing something powerful, that makes a difference for
 yourself and for our congregation.

Giving as a Legacy with a Planned Gift - This is estate planned giving. In the Talmud, Honi the circle maker planted a carob tree for his grandchildren (it takes 70 years for the tree to bear fruit) because his ancestors did the same for him. – *Talmud*, *Taanit 23a*

Legacy Campaign:

• We are part of 28 Jewish organizations and synagogues in the Twin Cities who are partnering with the Harold Grinspoon Foundation on a coordinated "It's Your Legacy" program. At this time, over 55 Mount Zion households have completed a "Letter of Intent" saying that they intend for Mount Zion to be in their estate plan.

MEMORIAL DAY VETERANS' KADDISH LIST

The following members valiantly served our country in the United States Armed Services. May their memories be a blessing.

Names will be read at the Memorial Day service on May 27, 11:00 a.m.

Jerome Halper Morris Leibovitz Delores R. Perlman Dr. Jacob Short Sidney Abramson Raymond E. Dana Ted Abrahamson Stanley Donsker Howard Harris Leo Legan Raymond Perlman Sam Singer Ted Abramson Bernard Druck Joseph Harris Mark Levenson Ed Pickett Howard Silver Gerald "Buddy" Druck Michael Harris Benjamin H. Plechner Charles M. Silverman Ierome Adler Leo Levey Robert Adler Leonard Druker Robert W. Harris Jack Pred Irving M. Silverman Abraham I. Levin Milton Altman Henry Edelstein William B. Harris George L. Levin William B. Randall Jerome Silverman Louis Silverstein Harry Applebaum Jack Edelstein Alvin Henle Irving Levine Leonard Rapoport Samuel Asher Dr. Jesse E. Edwards Edward Henly Sheldon Levine Sam Singer Harold Ravits Edwin B. Baer Karl Elsinger Elkan Henly Louis Levitt Eugene Rinkey Iacob Sklar Ira B. Baer Hyman Epstein Harold J. Henly Clarence W. Levy Irvin L. Robins Edward A. Sloane Irwin Epstein Harold Hoffman Morwin Rockowitz Samuel Sloane Ierome B. Baer James Levy Seymour Epstein Max H. Hoffman Leonard Levy William Roof Alvin C. Slonim Jerome L. Baer Richard Baer Herb Fantle Donald G. Horowitz Victor Levy Irv Rose Alvin Z. Slonim Sidney Barrows Bert Fein James N. Jacobs E. D. Libbey Dr. Milton Rose James Jackson Smith James H C Bentson Charles Feit Lynn Johnson Leonard Lieberman Norm Rose Joseph H. Smith Seymour Joseph Victor E. Feit Daniel Rosen Larry Bentson Irvin Liener Dr. Charles Steinberg Jack Berc Lawrence Felsenberg Arthur Kahn Albin Lindahl Isadore Rosen Harry Stern Sydney Berde Alex Fine Leon L Kahn Albert Linsk Sam Rosenbaum Dr. Edward Strem Ben Berky Gerald Finn Morris L Kahn Hyman S Lippman Lester Strouse Sr. Nat Tony Rossman J. P. Bieber Allan Firestone Norman Kahn Bay Lipschultz Jesse Rosten Lester Strouse Jr. Charles Fodor Charles F. Bierman Stanley Kane Samuel Lipschultz Harold Rothschild Arthur B. Summerfield Harold C. Summerfield Ben Binstock Leo Fox David Kanny Tim Lipschultz Ann Rubinstein Murray Litton Joseph M. Birger Sol Fox Arthur Katz Harry Rubinstein Lewis B. Summerfield Abraham Birnberg Paul Fram Maurice Katz Robert Lovich Sidney Rubinstein Samuel Swartz William Blaine Philip Freeman Morris Katz Robert Lowenstein Mandy Ruder Bert Tintner Burt Rudolph Neal Tilsner Svlvia Blitz Richard Freeman Robert Katz William Lyon Abraham Fremland Milton Kaufman Samuel Margolis Harold Ruttenberg Harry Ward Joseph Bloom Jack Ward Edwin Braman Allen L Friedland Sidney Kaufman Donald Mark Jack Ruvelson Edward Bronstien, Jr. Sidney Froman Bernard Kegan Jesse Marks Joseph Salper William Weiller Samuel Bronstien Howard Gelb Max Kipp Hillard M. Marver Richard Salper Harry Weinstein Sidney Weislow Moses (Morrey) Brown Jerry Gillman Sidney Kline Max Schlesinger Jacob Marx Phil Schlesinger William H. Bunin Julius Gittleman Ivan Koppe Lewis Miller Honnen Weiss Harold Cantor Maurice Golom Sol Krawetz Harold N. Nathanson Max Schnitzer Max M. Whitefield Hart N. Cardozo Harry Goldbarg Marvin Kreidberg Robert Newman Frank Schwartz Leonard Winterfield Ralph N. Cardozo Isadore Goldbarg Mason Krelitz Sidney Novak Howard J. Seesel Sr. Hyman Wolkoff Ephraim Cohen Joseph Goldbarg Hyman Krinsky Joseph Okinow Howard J. Seesel Jr. William Wolkoff Robert Goldman Imy Kay Krinsky Samuel E. Okinow Iacob Cohen Isadore Segal Nat Wolpert Howard Goldstein Stanley Krinsky Avron "Bud" Seltzer Arvin Zaikaner Milton Cohen Edward Orenstein Sydney Cohen Norman Goldstein Burt Kyle Fred Orenstein Samuel Selzer Jay B. Cohler Lawrence Goodman Sidney Laskin William Paper Nathan Shapira Michael J. Cohler Robert Launer Milton Shapiro Fred Gordon Joseph Pase Sidney Cohler Allen Gray **Jack Robert Lawrence** Louis I. Peilen Harry L. Shepard Samuel Corwin Birch Shilkrout Lionel Greenberg Morton Lazor Gerald Perelstein

Memorial Day Observed

Monday, May 27, II:00 a.m. at the Mount Zion Cemetery

Mount Zion will honor the memory of all those who served our country. Please join us at Mount Zion Cemetery, located on Payne and Larpenteur Avenues in St. Paul.



MZ Small Groups





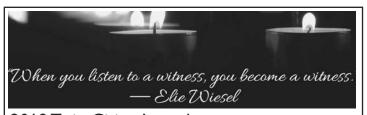
We are so lucky to have so many members who want to start or participate in small groups. So far we have 23 active groups in less than a year!

At the beginning of March, we launched 5 new MZ small groups and our members are so excited! Over 50 people were interested in the new groups. What about you?

Do you want to learn more about Learning and Acting for Immigrant Justice and Criminal Justice Reform, Conscious Aging for Women, Healing and Cancer – A Still Kickin Affiliate Community Group, Jews Go to the Woods and Kosher Pickle Ball? Or still not finding the right group for you? Consider starting your own.We'll launch more groups in the Fall.

Learn more at mzion.org/connect/mz-small-groups.

In the Community



2019 Twin Cities Annual

Yom HaShoah Commemoration

Never Again Begins with ME

Thursday, May 2, 7:00 p.m.

Bet Shalom Congregation (13613 Orchard Road, Hopkins)

The 2019 Yom HaShoah Commemoration is free of charge and open to the public. Limited on-site parking plus easy offsite parking at Hopkins West Junior High, 5 minute walk or free shuttle. For more information, email susie@minndakjcrc.org.

The Yom HaShoah Commemoration is co-sponsored by the Jewish Community Relations Council of Minnesota and the Dakotas, Children of Holocaust Survivors Association in Minnesota (CHAIM), Bet Shalom Congregation, Minneapolis Jewish Federation, St. Paul Jewish Federation, Generations After MN, and the Micki and Mort Naiman Holocaust Education Fund.

Who Will be in the Pews in 2040?

Interfaith Action's Annual Assembly
Featuring award-winning journalist Ray Suarez

Thursday, May 30, beginning at 5 pm

Ray Suarez, one of the country's most respected news reporters, with four decades of experience covering stories for NPR, PBS NewsHour and Al Jazeera. A meet & greet reception begins at 5 pm, followed by dinner at 5:45 pm and the keynote address at 7:15 pm. Register online by May 10 at interfaithaction.org/annualassembly.

Accessibility & Inclusion

Where Oh Where Have The Fidgets Gone? Where Oh Where Can They Be?

A Request From Allyson Perling



For almost five years now Mount Zion has had fidget cloth bags created by congregants and filled with fidgets first donated now budgeted (\$250.00 per year) to assist those who need extra help during services to focus. Comments have been received from parents who said the bags have made the difference for them to attend services with their children and from guests who felt the idea was brilliant and planned to implement it at their own places of worship.

The bags have been refilled twice this year and sadly each time the fidgets have gone missing.

This last Shabbat I forgot to bring Netta's personal fidgets with us. It was a highly attended Shabbat and noisier than normal. I went out to get a bag and there was not one with fidgets even though I know they were just recently refilled. We almost had to leave if Sue Summit had not intervened with a few.

I can only think that those using the fidgets don't realize that they are to be returned in the bags to the ushers at the end of services so others can benefit from them the following week.

As one who helped initiate and fund this project in its' initial stages I can't recommend for it to continue if the fidgets keep vanishing as they are. If you have fidget bag users in your household please check your home if some have made it outside of Mount Zion by mistake. Just bring them to the office or put in the fidget basket next time you come to services. Thank you on behalf of everyone who has and hopefully will continue to benefit from this project.

Accessibility at Mount Zion

We strive to make all our programs and services accessible to all. If you have any accessibility requests for a particular event or service, please let us know as far in advance as possible by contacting Larry Solomon at Isolomon@mzion.org or 651-638-3881.



LIFE LONG LEARNING — ONE STEP AT A TIME

Israel Book Club

Suddenly, A Knock on the Door

Stories by Etgar Keret

Monday, May 6 7:00 pm

Exuding a rare combination of depth and accessibility, Etgar Keret's tales overflow with absurdity, humour, longing and compassion, and though their circumstances are often



strange and surreal, his characters are defined by a familiar and fierce humanity.

If you have questions or need help finding a copy of the book, call/text Jonathan Eisenthal at 651-260-6263.

Book Review: *Inheritance*, by Dani Shapiro

From our Librarian, Bob Epstein

Dani Shapiro grew up in an Orthodox Jewish family. Through her father, her respected family went back generations, in Poland. So, when Dani's husband, Michael Maren, said he was sending in a DNA sample to Ancestry, on a whim, she sent a sample, too. When the results came back that she was just 52% Eastern European Ashkenazi, and the rest indicated that she was variously descended from French, Irish, English, and German for-



bears, she couldn't understand it. Worse, it definitively showed she was no relation to her older half-sister Susie by their father. It did indicate that she was related to a non-lewish male second cousin of whom she had no knowledge. At first she thought Ancestry had made a mistake - that they had accidentally switched her sample with somebody else's. Ancestry cleared that up in a hurry - there was no mistake. Since both of her parents were dead, she couldn't ask either for clarification. Her world turned upside down, she and her husband used their research skills to locate her biological father, a medical ethicist living in Portland, Oregon, inside thirty-six hours. What follows is a year-long journey of discovery in which she contacts her biological father and biological half-siblings, and works through the psychological trauma of finding out at age 56 that, even if her parents hadn't lied to her, they certainly had never told her the truth of her origins. And - although like many sperm donors in the 1960s her biological father had been promised anonymity - in an age of DNA analysis - there are no longer any secrets. Ms. Shapiro, an accomplished novelist and memoirist, has written an arresting account of her journey while sifting through the deepest of family secrets and a thicket of ethical issues.

Other recently received titles include Mount Zion member Bruce R. Matza's Grandma & Grandpa are Jewish; Haim Sabato's The Dawning of the Day: a Jerusalem Tale; Eshkol Nevo's World Cup Wishes; Maggie Anton's Enchantress: a novel of Rav Hisda's Daughter; Matt Goldman's The Shallows: a Nils Shapiro Mystery; and many others. Find these and many other summer reading titles at Mount Zion's Library.

Israeli Musician-in-Residence

Dror Sinai May 3 - 5

Dror Sinai is a drummer of many different musical styles as well as an educator. Dror lives in Santa Cruz, CA and was the tour leader for the MZ trip to Morocco.



Friday, May 3

6:30 pm - Dror will participate in our Shabbat evening service, adding rhythms of all kinds to our t'filah (prayer).

Immediately after services 7:30-8:00 pm (approx)

Mizrachi Shabbat music demonstration (Mizrachi refers to Jews of Oriental/Middle Eastern background).

Saturday, May 4 - Life Alive!

Offsite. Contact rspilker@mzon.org

2:30 pm - Dumbek lesson for registrants (The dumbek is a gobletshaped drum commonly associated with Middle Eastern music).

4:00 pm Potluck Seudah Shlishit (third meal of Shabbat), including Dror's homemade hummus

5:00pm "Desert Roots" house concert and Havdalah

Sunday, May 5

11:30 am - 12:15 pm A drumming, singing, and storytelling extravaganza for children and adults.

Culminating our Year of Israel: Learning and Talking Together

Sunday, May 5

Z.Willard Finberg Congregational Education Day

9:45 - 11:30 am Workshops Choose two topics:

- · What is BDS (Boycott, Divestment, Sanction) and how do I respond? Speaker: Sami Rahamim, JCRC
- Short Story from Zion's Fiction and Discussion Speakers: Jonathan Eisenthal & Jessica Griffith
- Yom HaZikaron How Israel remembers its fallen soldiers Speaker: Tal Dror
- · Jewish Diversity in America + Israel: How do we all relate? Speaker: Rabbi Esther Adler
- Women of Mount Zion Temple Closing Meeting
- Israel: A Conversation by and for Teens Speakers: Benny Yushkevich & Yuval Lerman

11:30 am Our Narratives:

Voices from Israel and Palestine

Speakers: Bar Galin, an Israeli and lived for most of his life outside of Jerusalem and Marwa Odeh, a Palestinian-American.

12:30 pm Lunch: Falafel and more! (\$5/person)

Wrapping up conversation: "How do we talk about Israel in 2019."

1:30 pm Israeli Dancing

Co-sponsored by the St. Paul Jewish Federation and the Women of Mount Zion Temple.

B'nei Mitzvah

Raymond Strauss May 11, 2019

Picture removed online

Raymond (Reuven) is the son of Kay and Jon Strauss and has a younger brother, Benny. He is the grandson of Judyth and William Houle (both of blessed memory), Diana and Alan Turner, and

Judith and Allan Strauss. Raymond is in Seventh Grade at New City Charter School in Minneapolis. He loves to play basketball, hockey, baseball, and soccer. At school, his favorite subjects are social studies and PE. Last year, Raymond and two friends qualified for state with their History Day project about the Minnesota Boundary Waters. For his mitzvah project, Raymond has been volunteering at the Greater Minneapolis Crisis Nursery and plans to donate a portion of his gift money to there as well. He also loves camping at OSRUI, but this year is playing basketball at the Maccabi Games in Atlanta instead.

> Eliana Mann May 25, 2019

Picture removed online

Eliana is the daughter of Emily Herr and Aaron Mann. She is the granddaughter of Amy Mann, Bruce Mann and Judith Florence, and Eric and Re-

becca Herr. She is also the beloved older sister of Naomi. Eliana is a 7th grader at St. Paul Academy and Summit School, where her favorite subject is Social Studies. Eliana plays on her school volleyball team as well as for Impact Club Volleyball. Her other passions include music (piano and choir), photography, traveling, downhill skiing and spending time with friends and family. For her Mitzvah Project, Eliana has been volunteering in evening childcare at Jeremiah Program, an organization that supports single mothers who are pursing a career-track college education. Eliana plans to donate a portion of her gift money to The Water Project (an organization that helps bring clean water to communities in sub-Saharan Africa) and to Jeremiah Program.

> Leo Brunelle June 1, 2019

online

Picture removed Leo (Chaim) is the son of Serena Zabin and Christopher Brunelle and the grandson of Albert and Judith Zabin and Philip and Carolyn Brunelle. He is in the seventh grade at Northfield Middle School, where his favorite subjects are robotics, so-

cial studies, and gym. In addition to competing in Math League and Knowledge Bowl, Leo plays piano and sings in the Northfield Youth Choir. He loves reading, being with his brothers, and playing computer games. In honor of his bar mitzvah, Leo will be making a donation to Northfield Retirement Center Family Fund, which provides support to residents who find themselves in difficult financial situations.

Elly Schibel May 18, 2019

Picture removed online

Elly (Amichai Barack) is the daughter of Lisa and Dan Schibel and sister to Max. She is the granddaughter of Judy and Don Schibel and Peggy and Ira Denenholz. She is in 7th grade at OWL,

where her favorite subjects are English and History. She is a madrichA at Mount Zion, and she works with childcare in that program. Elly enjoys doing theatre productions, singing musical songs with her friends, hanging out with her cousins at the cabin, seeing friends, trying to teach herself how to draw people, and reading. She also participates in Saint Paul Magic, swimming, and track teams. She is a part of JYG at Mount Zion, Kadimah at Beth Jacob, and goes to Herzl camp. Elly and her family volunteer at House of Charity, a homeless shelter that also serves food and has a public shower. In honor of her bat mitzvah, Elly plans to donate to the Animal Humane Society, because all animals deserve a good home.

> Sebastian Brunelle June 1, 2019

online

Picture removed Sebastian (Simcha) is the son of Serena Zabin and Christopher Brunelle and the grandson of Albert and Judith Zabin and Philip and Carolyn Brunelle. He is in the seventh grade at Northfield Middle School, where his favorite subjects are robotics,

family and consumer science, and German. In addition to competing in Math League and Knowledge Bowl, Sebastian plays piano and sings in the Northfield Youth Choir. He loves tennis, reading, and baking. In honor of his bar mitzvah, Sebastian will be making a donation to the Northfield Food Shelf.

Begegenen!

Formerly Prime Timers

 $\textit{Begegenen:} \ \mathsf{Yiddish-to} \ \mathsf{meet}, \mathsf{encounter}$

(it's not your Bubbe's PrimeTimers anymore)

We thank outgoing Primer Timers Chair Jill Spanier for over four years of dedication and effort, and welcome Phil Goldman as incoming Chair of the newly named group Begegenen!

Join us as we continue existing traditions, while creating new experiences, with an expanded focus on history and community, both within Mount Zion and the broader Twin Cities community. Best of all - the 55-year age limit has been rescinded, and Begegeners of all ages are welcome!

Upcoming events (time and dates TBD) include:



"The Miracle of McKinley" presentation by Kate Dietrick, Archivist, Upper Midwest Jewish Archives – detailing the results of her extensive study into the 1960's National Council of Jewish Women (including many from Mount

Zion) in the course of creating a pre-K program that sowed the seeds for Head Start.



Sholom Home Twin Cities History Slideshow, joining with Robin Doroshow and the Jewish Historical Society of the Upper Midwest.



Weekday tour of the new Bell Museum.



Folk Festival outings – Egyptian Coptic, Greek, Armenian and others.

Contact Phil at pgold I 926@gmail.com with questions, thoughts, and offers to help.

Caring Community

We'll be here for you...

Caring Community supports Mount Zion congregants in times of challenge and joy. We can provide meals, rides, visits, shiva support, or work with you in other ways. While it can be very difficult to ask for help, it is a mitzvah and a gift to others to give them the opportunity, and strengthens our community.

Please reach out to us: our Congregational Engagement Director Shai Avny (savny@mzion.org), clergy, or staff. If you hear of someone in need, let them know that we provide this support, or if appropriate, let us know. Let us know too if you would like to be a helper when needs arise.

Mount Zion cares!

Brotherhood

<u>Bagel sales</u> take place every Sunday when there is religious school. Please join us in the Summit Avenue lobby for hot coffee or cocoa, OJ, fresh bagels and lox, and other treats, and help to fund the many ways we support Mount Zion.

Brotherhood Shabbat took place on **Friday, March 22,** featuring readers, musicians and a choir from the Brotherhood, and the presentation of the "Mensch of the Year" award to Bruce Matza. A wonderful Shabbat evening!



<u>Mother's Day Brunch</u> at the Temple is a big event, with mothers and their loved ones enjoying a **big complimentary breakfast**. Put it on your calendar for **Sunday, May 12, 10:30-11:30 am.**

Jewish Men's Retreat

Friday, May 17 - Sunday, May 19

Audubon Center of the North Woods (54165 Audubon Drive, Sandstone, MN 55072)

Join the men of Mount Zion for our 8th annual men's retreat -a weekend of fun, camaraderie, spirituality, and the great outdoors!



For details or to register, go to: mzion.nirsham.com/form/mens-retreat-2019

or contact the Temple office at 651-698-3881.



Memorial Day Flag Placement: Friday before Memorial Day, May 24. Join us for a free lunch at Crooked Pint, then place flags at veteran's graves at the Mount Zion Cemetery. Contact Jack Silverman at 612-864-3111 or jsilverman@bolinmarketing.com.

Mount Zion St. Croix Boating Night June 13, 6:30-8:30 pm Bring the kids, and bring your favorite beverages. We'll bring the food as we sail down the St. Croix River with a complimentary dinner of sandwiches and snacks.



<u>Mount Zion Family Picnic</u> – Sunday, August 18 – great food, entertainment...bring your entire family for a **complimentary** barbeque sponsored by Women of Mount Zion Temple and Brotherhood.

B'Shalom.

Brian Serle, Brotherhood President bkserle@yahoo.com / 612-251-5045

Social Action Update

Tzedek = Justice

We need you! Family Shelter - May 31 to July 1







Each June, Mount Zion partners with Project Home, a program of Interfaith Action of Greater Saint Paul, to provide safe shelter for families that find themselves without a home. We set up an 18-bed shelter at the temple and provide a snack, a place to sleep, and a bit of breakfast. Last year, we provided 475 bed nights to a total of seven families.

The shelter is staffed entirely by volunteers... that's where YOU come in! Volunteers are needed to fill evening and overnight shifts, as well as move-in and move-out shifts, from May 31 to July 1. We need two adult volunteers for each evening shift and two for the overnight shift, which consists mostly of sleeping at Mount Zion and being available in case of emergency.

Volunteers 18+ may bring children age eight or older. This ensures your attention is on the guests, many of whom have small children. Check your calendar now and set aside a day or two in June. You may invite friends who are not MZ members. Signup is here: tinyurl.com/2019sheltersignupnow and set aside a day or two in June. We welcome new volunteers!

Shelter Orientation is Tues. May 28, 7pm at Mount Zion.

For more info., contact us at mountzionshelter@gmail.com.

All members of Mount Zion are most welcome to volunteer with the shelter. We would be happy to think through any access or accommodation needs that would facilitate your participation with this important and meaningful opportunity. Please contact Isolomon@mzion.org with any questions or requests.

As always, the shelter can use your donations: •new or gently used summer clothing for kids, teens, and adults • NEW socks and underwear (all sizes) • diapers sizes 4, 5, and 6 • pull-ups • formula • sippy cups • baby bottles • baby wipes • deodorant • feminine hygiene products • floss • toothpaste • paper towels and napkins. Please place donations in the bin by Cantor Spilker's office. Thank you!

Thank you to everyone at Mount Zion for contributing to the March Food Drive, benefiting the two food shelves at Neighborhood House.

Mount Zion women founded Neighborhood House 122 years ago. We have a proud tradition of support and involvement. If you want to volunteer on an ongoing basis or for a one-time event, contact Vanessa Edwards at 651-789-2524 or vedwards@neighb.org.

As the year progresses we will seek ways to work with Mount Zion's Tzedek Committee to find ways to help others...stay tuned for more information!

Women of Mount Zion Temple

Mount Zion Sisterhood Offices for 2019-2020

Co-Presidents Peggy Kipp & Margie Abrahamson

Co-President Elect: Open

VP Religion & Education: Sara Lepolstat Vavra

VP for Marketing: Liz Stein

VP for Social Action: Ruth Garner

VP for Membership: Ruth Abrahamson

VP for Events & Programming: Sheri Frisque
VP for Finance: Linda Morgan
Treasurer: Edith Pang
Corresponding Secretary: Dee Albert

Upcoming Events

May 5, 9:45 am - Please join us in the sanctuary at 9:45 as Rabbi Spilker will offer a blessing on our incoming board, then join us in the Sisterhood Lounge for our closing meeting, where we will approve our budget for the next year, install our new officers and have a time meet, greet and nosh.

Everyone is welcome to join us on **May 7, 6:30 pm** in the Sisterhood Lounge for a special meeting where we will review 2018-2019 and set goals for this coming year. Come to share what you think about WMZT and what our priorities should be over the next year.

Fiddler on the Roof

July 31, 7:30 pm at the Orpheum Main floor seats

\$45. Call Toba at 952-953-0228 or e-mail tmlazor@charter.net for more information.

Red Cross Blood Drive

Thank you to all the Mount Zion volunteers for the April Blood Drive!

Thank you to the volunteers who baked sweets and brought snacks, who assisted in set-up, and checking in donors. To all of the blood



American Red Cross

donors: you are all amazing! It couldn't have happened without you! A special thank you to Deb Bachrach for her wonderful Matzo Ball Soup.

See you in November for our next Red Cross Blood Drive!

Save the date!

Community Summer Picnic

Sunday, August 18, 11 am - 2 pm

Sponsored by Brotherhood and Women of Mount Zion

Mount Zion Temple 1300 Summit Avenue Saint Paul, MN 55105

PRESORTED STANDARD US POSTAGE PAID PERMIT NO. 814 TWIN CITIES, MN

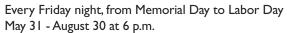
Rabbi Adam Stock Spilker
Rabbi Esther Adler
Cantor Jennifer Strauss-Klein
Cantor Rachel Stock Spilker
Larry Solomon, Executive Director
Susan Amram Summit, Religious School Director
Shai Avny, Congregational Engagement Director
Elyse Heise, Youth Engagement Coordinator
Susan Robiner, President
Michael Kuhne, President-Elect

Teresa Matzek, Iton Tziyon, editor

tmatzek@mzion.org Phone: 651-698-3881 Website: www.mzion.org

Summer Shabbat Eve







See p. 8 for details.

You are condially invited to

Mount Zion's 163rd Annual Meeting

Friday, May 10, 5:30 p.m.

Followed by 6:15 p.m. Shabbat Dinner and 7:30 p.m. Shabbat Services and Festive Oneg.

See page 5 for more details

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Shavuot

Saturday - Sunday, June 8 & 9

See page 6 for details.



Israeli Musician-in-Residence

Dror Sinai

May 3 - 5

Dror Sinai is a drummer of many different musical styles as well as an educator.



Culminating our Year of Israel: Learning and Talking Together

Sunday, May 5

Z.Willard Finberg Congregational Education Day

See p. 15 for details.

Yom HaZikaron Tuesday, May 7, 7 pm Yom Ha'atzmaut Sunday, May 19, 3 pm

See p 7 for details.