While Mount Zion’s building is closed, we can still connect.
Mother’s Day Service
And welcoming the “First Fruits,”
babies born in 5780
Sunday, May 10, 12:00 - 12:30 pm
See page 4.

Annual Meeting
Sunday, May 17, 9:00 a.m.
See page 7.

MZ Gratitude Extravaganza
Featuring MPR’s Cube Critics
Sunday, May 17
See page 8-9.

Shavuot, Confirmation, and
Tikkun Leil Shavuot
Thursday, May 28
See page 19.

What are you doing to take
care of yourself...?
Our Clergy and Leadership Team weigh in.
See page 22.
From the last stanza of Adon Olam, sung at the end of services.

We can never fully prepare for trying times. We do our best to have a spiritual practice to ground us, from services to yoga to walks and exercise to meditation. Some have discovered new ones over these past weeks. I pray you are finding some solace in this storm and feeling the assurance of the last stanza of Adon Olam to help us not be afraid.

At Mount Zion, we have transitioned quickly to the new reality. You will see here an entire bulletin filled with ways to connect via computer and phone in the weeks still ahead. We will gird ourselves for the next year as we navigate new ways to gather and be a community. We will find the strength to offer caring help as well. We will especially focus on supporting all who are facing health and economic hardships.

There is one spiritual practice that more people at Mount Zion have adopted this year than ever before – counting the Omer. Each day from Passover to Shavuot, seven full weeks, there is a tradition to count each day. This comes for us at the perfect time when it is so hard to distinguish day from day. Members from Julie Dean’s Mussar Vaad – a group that has met for over five years to put character growth into practice in their lives through conversation, introspection, and song – are offering video reflections on each day of the Omer. See page 19 for details. As we count each day, may you be able to count your blessings, acknowledge your losses, and find your opportunities.

Four years ago, Rachel and I were on sabbatical with our family in Boston. It was a time I was having trouble holding onto hope. I actually stated that I went away to find hope. What I found was a quotation that resonated and gave me solace. It reminded me that what is “probable” isn’t always what happens. Hope is knowing that what is “possible” is also plausible and worthy of our intentions and our actions.

Professor Marshall Ganz quotes Maimonides… “To be a realist is to know that in the world, there is also possibility, not just probability. It is always probable that Goliath will win, but sometimes David does. Hope is belief in the plausibility of the possible instead of the necessity of the probable.”

May we hold onto hope each day, one day at a time.

L’shalom,

Adam Stock Spilker, Rabbi

We can never fully prepare for trying times. We do our best to have a spiritual practice to ground us, from services to yoga to walks and exercise to meditation. Some have discovered new ones over these past weeks. I pray you are finding some solace in this storm and feeling the assurance of the last stanza of Adon Olam to help us not be afraid.

At Mount Zion, we have transitioned quickly to the new reality. You will see here an entire bulletin filled with ways to connect via computer and phone in the weeks still ahead. We will gird ourselves for the next year as we navigate new ways to gather and be a community. We will find the strength to offer caring help as well. We will especially focus on supporting all who are facing health and economic hardships.

There is one spiritual practice that more people at Mount Zion have adopted this year than ever before – counting the Omer. Each day from Passover to Shavuot, seven full weeks, there is a tradition to count each day. This comes for us at the perfect time when it is so hard to distinguish day from day. Members from Julie Dean’s Mussar Vaad – a group that has met for over five years to put character growth into practice in their lives through conversation, introspection, and song – are offering video reflections on each day of the Omer. See page 19 for details. As we count each day, may you be able to count your blessings, acknowledge your losses, and find your opportunities.

Four years ago, Rachel and I were on sabbatical with our family in Boston. It was a time I was having trouble holding onto hope. I actually stated that I went away to find hope. What I found was a quotation that resonated and gave me solace. It reminded me that what is “probable” isn’t always what happens. Hope is knowing that what is “possible” is also plausible and worthy of our intentions and our actions.

Professor Marshall Ganz quotes Maimonides… “To be a realist is to know that in the world, there is also possibility, not just probability. It is always probable that Goliath will win, but sometimes David does. Hope is belief in the plausibility of the possible instead of the necessity of the probable.”

May we hold onto hope each day, one day at a time.

L’shalom,

Adam Stock Spilker, Rabbi

We can never fully prepare for trying times. We do our best to have a spiritual practice to ground us, from services to yoga to walks and exercise to meditation. Some have discovered new ones over these past weeks. I pray you are finding some solace in this storm and feeling the assurance of the last stanza of Adon Olam to help us not be afraid.

At Mount Zion, we have transitioned quickly to the new reality. You will see here an entire bulletin filled with ways to connect via computer and phone in the weeks still ahead. We will gird ourselves for the next year as we navigate new ways to gather and be a community. We will find the strength to offer caring help as well. We will especially focus on supporting all who are facing health and economic hardships.

There is one spiritual practice that more people at Mount Zion have adopted this year than ever before – counting the Omer. Each day from Passover to Shavuot, seven full weeks, there is a tradition to count each day. This comes for us at the perfect time when it is so hard to distinguish day from day. Members from Julie Dean’s Mussar Vaad – a group that has met for over five years to put character growth into practice in their lives through conversation, introspection, and song – are offering video reflections on each day of the Omer. See page 19 for details. As we count each day, may you be able to count your blessings, acknowledge your losses, and find your opportunities.

Four years ago, Rachel and I were on sabbatical with our family in Boston. It was a time I was having trouble holding onto hope. I actually stated that I went away to find hope. What I found was a quotation that resonated and gave me solace. It reminded me that what is “probable” isn’t always what happens. Hope is knowing that what is “possible” is also plausible and worthy of our intentions and our actions.

Professor Marshall Ganz quotes Maimonides… “To be a realist is to know that in the world, there is also possibility, not just probability. It is always probable that Goliath will win, but sometimes David does. Hope is belief in the plausibility of the possible instead of the necessity of the probable.”

May we hold onto hope each day, one day at a time.

L’shalom,

Adam Stock Spilker, Rabbi
Make Shabbat Your Sanctuary

Shabbat Services during the Building Closure

While the building is closed, Shabbat Services will be live on Zoom. To connect to services on a computer, phone, or tablet via the app, click the link next to the service. To connect by calling in for audio only, dial 929-205-6099 or 312-626-6799. Then, when prompted, put in the meeting ID listed for any service or event below, then press #. When asked for a participant number, just press #. (Pressing *6 during the call will mute and unmute you.

We will share that broadcast both on our Livestream website and on our Facebook page. You do not need a Facebook account to watch it there.

Shabbat Service Times

**Friday Night:** 6pm – Join live on Zoom or call and enter Meeting ID: 147 120 944

**Saturday Morning:** 10:00am – Join live on Zoom or call and enter Meeting ID: 905 418 669

Mount Zion Helps Make Mother’s Day Meaningful!

**Yom Ha'aym**

**Mother’s Day Service**

And welcoming the “First Fruits,” babies born in 5780

**Sunday, May 10, 12:00 - 12:30 pm**

Mount Zion has a long tradition of celebrating Mothers’ Day together, and honoring dads too! We will continue that tradition this year, although we will miss the tuxedoed Brotherhood serving up the bagels. This is a joyous service celebrating family in all its various constellations. We will also have a special welcome and blessing for the new babies who joined our congregational family since last year.

Join us: Zoom, Live Streaming on mzion.org, and Facebook.

Shavuot Festival Service with Yizkor Prayers

**Friday, May 29, 10:00 am via Zoom**

Or call and enter Meeting ID: 96407088709

May

**Friday Shabbat Evening Services**

**May 1, 6:00 pm**

Celebrating Shabbat!

**May 8, 6:00 pm**

Celebrating Shabbat!

**May 15, 6:00 pm**

Birthday Blessings

**May 22, 6:00 pm**

Chai School Graduation
Gemilut Chasidim presentations

**May 29, 6:00 pm**

Celebrating Shabbat!

**Saturday Shabbat Morning Services**

**May 2, 10:00 am**

Acharei Mot/Kedoshim - Lev. 16:1-17:7*

Celebrating Shabbat!

**May 9, 10:00 am**

Emor – Lev. 21:1-22:16*

Celebrating Shabbat!

**May 16, 10:00 am**

B’har/B’chukotai – Lev. 25:1-25:38*

Celebrating Shabbat!

**May 23, 10:00 am**

B’midbar, 1st Shlish – Num. 1:1-1:54*

Celebrating Shabbat!

**May 30, 10:00 am**

B’midbar, 2nd Shlish – Num. 2:1-3:13*

Celebrating Shabbat!

Confirmation, Tikkun Leil Shavuot, and Counting the Omer

See page 19 for details.

Virtual Torah Study on Shabbat Morning

9:00 am Drop in any Shabbat to study the week’s Torah portion.

*Using a triennial [3 year] cycle, we are reading the first third this year.

Join via Zoom or call 929-205-6099 and then enter the meeting ID 949 308 718 followed by the pound sign (#), then another pound sign (#) for participant ID. (Dial 312-626-6799 if the first number is busy.)

Daily Services All welcome!

Monday through Thursday: Join via Zoom online or call 929-205-6099 and then enter the meeting ID 727 277 057 followed by the pound sign (#), then another pound sign (#) for participant ID. (Dial 312-626-6799 if the first number is busy.)

Sundays: Join via Zoom online or call the same number above but use meeting ID 545 289 167.
As I write this, it’s been 45 days since March 13, the first day my family and I started self-isolating. With the exception of my trips to Mount Zion for a few live-streamed Friday night services in an empty sanctuary, and grocery shopping at Costco every two weeks, our family of six has been at home. Thank God, we are doing well, and like many, we feel “stressed and blessed,” although the longer this has gone on, the easier it has become to focus on the latter. We find ourselves counting the blessings of a whole new set of family routines: sit-down dinners every night, exercising and enjoying the outdoors together almost every day, and working and playing together in new ways and combinations.

I also know that our family is experiencing challenges we’ve never gone through before, and as a result, I am leaning harder than ever on my experience with Mussar. The website My Jewish Learning defines Mussar as “a Jewish spiritual practice that gives concrete instructions on how to live a meaningful and ethical life...based on the idea that by cultivating inner virtues, we improve ourselves.” Those virtues, called middot, consist of such character traits as humility, patience, gratitude, and equanimity. There is certainly chaos inherent in six people being in each other’s presence 24/7, and it is easy to get overwhelmed. But the beauty of Mussar is that it’s made for real life, and almost every minute provides an opportunity to practice it. This is true no matter what your situation, because our minds are always working, particularly given all the anxiety in today’s world. As meaningful as I have found my practice in the past, I am relying on it now in a way I never had to before. Those four middot I mentioned above? They are the ones I find myself calling upon nearly constantly throughout the day!

Now, if you’re curious but have never practiced Mussar, I would invite you to start by focusing on gratitude. Gratitude practices are practically trendy these days, and for good reason. But not only did Judaism get there first by a few millennia, the Jewish understanding provides a profound insight on the conventional take. “Gratus,” the Latin origin word, means “pleasing” or “thankful.” While we may be thankful for a lot right now, it takes a little more work for the things that aren’t immediately “pleasing.” The Hebrew phrase for gratitude, hakarat hatov, literally means “recognizing the good,” and in challenging times, the good in our lives may not be so obvious. We may have to search for it before we can recognize it.

Luckily, Mussar is exceedingly practical, and relies on daily exercises to help us focus our efforts. These often consist of a phrase, almost like a mantra, and an action you take upon yourself, called a kabbalah. The phrase and the kabbalah work in tandem to help increase awareness of the middah in your life, ensuring that thought leads to action, and action leads to real change in your life. Alan Morinis, the director of the Mussar Institute, in his excellent and accessible book, Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar, suggests using “awaken to the good and give thanks” as the focus phrase for gratitude, and for the kabbalah, to “find something that is good in every situation, and acknowledge it as good.” He writes: “Myriad benefits come to us every day, but most of us find it easy to overlook them and instead focus on what we lack. This trait is an invitation to sensitize yourself to the good and to the gifts that are certain to be present in your life at every moment, even if at that same moment there happen to be difficulties.”

Although we are all going through this difficult time together, and in many ways our experiences are shared, each of us is going through this on our own timelines and our hardships are our own. But, as Morinis writes: “an inner attitude or stance of thankfulness provides us with resources that help us face whatever we encounter in our lives. A grateful heart is a solid platform from which to reach out to take care of others as well as ourselves because this orients us toward the resources we have, not what we lack. An attitude of optimism and joy ensues, and it is to foster that outlook that we practice gratitude throughout our day. The intention is that the seeds we plant in practice will sprout, and then we will find ourselves experiencing flashes of gratitude as we go about the ordinary activities of our life.”

My hope for all of us these days is that we can find those moments, and begin the process of transforming ourselves so we can exist in this difficult time with a renewed perspective on all life has to offer.

Kein y’hi ratzon—may this be God’s will.

Jennifer Strauss-Klein, Cantor

---

**Chai Notes**

---

**Tot Shabbat**

Tot Shabbat is the second Saturday of every month. For families with children from Birth to seven years old.

**Saturday, May 9, 10:30 a.m. via Zoom**

The Zoom information will be emailed out to our Tot Shabbat e-mail list. If you are not receiving these emails and would like to attend Tot Shabbat, please email office@mzion.org.

---

**Trope Troupe**

Todah Rabah to our March & April:

**Ba’alei Korei (chanting Torah):** Sue Benfield, Siana Goodwin, Kim Kraus-Preminger, Alex Klass, David Knapp, Orrin Mann, Shelley Robbins

**Megillat Esther:** Siana Goodwin

**Shir HaShirim:** Siana Goodwin

To sign up e-mail Cantor Strauss-Klein jstraussklein@mzion.org.
Walking Together

The Mount Zion Community Endowment Campaign to Make Firm Our Steps

As you may know, Mount Zion's Board of Directors approved a $5 million endowment campaign entitled Make Firm Our Steps about a year ago. We had planned to launch the Campaign's community phase in March and end the Campaign on June 30, but the coronavirus crisis intervened. Given the uncertainty we all face, our Campaign Organizing Committee decided to put the entire campaign on hold for the time being. We will wait until it feels right to restart the campaign. In the meanwhile, the many ways that Mount Zion is working to support members at this difficult time is a reminder of why it is important to sustain our temple into the future.

From the President

Mandy and I took a short vacation in March to Florida to join our friends Catherine and Donal from St. Helens, England, to watch some spring training baseball. On our way home, she and I flew to Chicago to see our son Eamon. That Thursday night, 12 March 2020, in a nondescript Holiday Inn room, I led an emergency Board meeting via Zoom (who knew that Zoom would become a primary way for people to communicate?), during which we decided to close the synagogue to face-to-face meetings for the foreseeable future.

Since then, so much has changed.

Mount Zion has changed. Our clergy have worked many hours to move our services online through the Mount Zion Temple Facebook page, and all of their clergy duties have moved online as well. Sue Summit and our teachers have worked diligently to continue providing a meaningful Jewish education experience. Our professional staff have worked above and beyond to bring you accurate information via digital communication. They are, in many ways, not unlike the Wizard of Oz, operating anonymously behind a curtain to make things happen (by the way, in case you are wondering, The Wizard of Oz is available on Amazon Prime . . . .) . I want to pull the curtain aside and thank them publicly: Larry Solomon, Janelle Norlien, Teresa Matzek, Kelly Kelzenberg, and Julie Beckman. Shai Avny is coordinating many connective activities, fun, and our caring community. Thank you.

Three years ago, when Facebook was being castigated for its lack of a vigorous data protection plan, I stopped using Facebook. For the first ten months of my presidency, I would periodically comment to Rabbi Spilker, “I really ought to get back onto Facebook.” So much wonderful information is transmitted in both the Mount Zion Temple Facebook and the Mount Zion Conversations Facebook group, but despite my best intentions, I didn’t — until the pandemic. Now, I am checking both Facebook pages regularly. I am even contributing occasionally to the Counting of the Omer; as well as twice-a-week poetry sessions (Mondays and Fridays at 9:00 am) that are done as Livestream, which only adds to the hilarity of upside-down camera shots and the occasional incoming telephone call, mid-session. As a younger generation is fond of saying; it’s all good.

Amongst the changes, though, much has remained as it was. We still want and need human connection. We still seek meaning in life, in ritual, in friendships. Family and friendship matter. Our communities matter. All of this, and so much more, remains constant in our lives.

Mixed with the grief and loss that is part of this pandemic, I nurture a quiet hope for our future. I look forward to that time when we can gather as one community, panim el panim, when hugging will no longer be a public health threat, when we can pray, cook, eat, study, and visit side by side. As Pablo Neruda has written, “It would be an exotic moment / without rush, without engines; / we would all be together / in a sudden strangeness.”

May that day come soon.

Stay safe, Mount Zion, and be well. Stay in touch, with Mount Zion and with each other. We will get through this.

Michael Kuhne, President
You are cordially invited to
Mount Zion’s
164th Annual Meeting
Sunday, May 17, 9:00 - 9:45 am
For the first time in 164 years via Zoom!
Join Zoom Meeting
Or you can call in
Dial 312-626-6799 or 929-205-6099
Enter Meeting ID: 991 4992 0784

In this time of physical distancing, we rescheduled the meeting from Friday, May 8 to Sunday morning.
This will be an important meeting.

1. A congregational vote on important By-Law changes related to the role of people who are not Jewish at Mount Zion in membership and governance. (More details on the right).

2. Presentation of the FY 21 Budget and Mount Zion’s financial picture.

3. Honoring outgoing and incoming Board members.

4. A “state of the congregation” by President Michael Kuhne and Rabbi Spilker.

Welcome New Board Members
Todah to outgoing Board Members

Nominating Committee Report 2020
The following people have been nominated in accordance with Article XV, section 4 of the bylaws to serve as Directors for a first two-year term from June 2020 – May 2022. They are eligible to run for a second two-year term in 2022.

- Andrea Berg
- Sarah Carpenter
- Warren Cohen
- Ira Kipp
- Dan Schibel
- Laura Waxman
- Chad Weinstein

The following people have been nominated in accordance with Article XV, section 4 of the bylaws to serve as Directors for a second term of two years from June 2020 – May 2022. They are ineligible for additional consecutive terms as Directors.

- David Dubinsky
- Adam Garen
- Anna Fox

The above people have been contacted and have agreed to accept their respective nominations.

Respectfully submitted by
Ellen Konstan, Chair and Phil Goldman, Vice Chair

Updating our Bylaws
on the Role of Members, who are not Jewish, in Membership and Governance
For a congregational vote at the Annual Meeting on May 17
Please attend and vote.

Our interfaith and mixed roots families help create our welcoming and vibrant Jewish spiritual home. The Board of Directors is proposing a few changes in the bylaws that would allow non-Jewish members to participate more fully in temple governance. The last time this portion of the bylaws were updated was over twenty years ago.

At a well-attended Town Hall meeting in March via Zoom, there was a robust and respectful discussion with varying opinions raised. Because of the differences of opinion and the challenges of having this conversation at this time of physical distancing, the Board decided to table some of the decisions, namely opening the Board to people who are not Jewish and changing voting by household at Annual Meetings. The other changes seemed to have more consensus at the Town Hall meeting and are therefore being brought forward to the Annual Meeting.

Membership definition: (Article II; Section 1)

1. Clarify that should the Jewish household member die, the surviving non-Jewish member shall remain eligible to be a Member.

2. Clarify that should a Jewish / non-Jewish couple divorce or a domestic partnership dissolved, the non-Jewish member of the couple shall remain eligible to be a Member.

3. State that the non-Jewish parent or guardian of Jewish children shall be eligible to be a Member.

4. State that individuals on the journey to becoming Jewish and who are working with a Mount Zion rabbi shall be eligible to be a Member.

Governance: (Article II; Section 2)

1. Make the following change: that Members who are not Jewish may serve as chair of committees with the exception of Worship, Religious School, MaZAL, Pulpit Search, Nominating, and any future standing committee if so determined by the Board of Directors.

2. Make the following change: Members who are not Jewish may serve as committee members of the Religious School, Worship committees, and Nominating Committee.

The full report of the bylaws changes can be found here with the actual language of the bylaws changes on page 3.
MZ Gratitude Extravaganza!

Featuring MPR’s Cube Critics speaking on the

Top 10 Jewish Films of all Time!

Sunday, May 17 – 11:30 am-12:15 pm - Zoom Link

(Or call 301-715-8592 and enter ID: 946 1512 3987#) RSVP by May 11 here.

Gratitude – Hakarat hatov - הגרות ה疝ות

Gratitude to Cantor Strauss-Klein for her 10 years serving Mount Zion
Gratitude to our Volunteer of the Year, Sally Glick
Gratitude to David Knapp and Dan Schibel for exemplary efforts on our security and safety
Gratitude to Richard Newmark, Brotherhood’s Mensch of the Year
Gratitude to all who have contributed to the Annual Campaign

Thank you! Todah! Thank you! Todah! Thank you! Todah! Thank you! Todah! Thank you!

And for the “Extravaganza” …

• If you register by Monday, May 11, Shai Avny will deliver a movie tub of popcorn to your door! Register here.
• When you RSVP, nominate your top Jewish film of all time!
• Our members Stephanie Curtis and Euan Kerr are the original MPR Cube Critics who have provided entertaining and witty insight into the cinematic scene. They will turn their magical banter to Jewish films. We will have polls during the 20 minute “segment” so you can voice your opinion too!
Honoring our Volunteer of the Year
Sally Glick
by Michael Kuhne, President

It is a wonderful honor to announce Sally Glick as Mount Zion’s Volunteer of the Year. Sally has been a member of Mount Zion since 2003. Prior to that, her family lived in Maplewood and were Bet Shalom members. Once Rachel (now 24) and Daniel (22) started religious school, that meant a 25-mile one-way trip during which they would drive past two Reform synagogues before arriving at Bet Shalom in Minnetonka. For the planet’s benefit and the family’s sanity, they switched membership to Mount Zion, which has definitely been to our benefit.

Two weeks after joining Mount Zion, Sheila Schuman asked Sally if she would like to be involved with what is now the Women of Mount Zion Temple (WMZT). Involved is one thing; to become the corresponding secretary is quite another thing, but that is the role Sally adopted. Through her time in WMZT, Sally says she “got to know everybody.”

Sally has been active behind the scenes in a number of ways. She is a regular leader and worker for the hamentashen kitchen efforts, where, in her words, “I feel […] everyone’s working hard and really enjoying themselves, building community and connections.” She has chaired the Worship Committee for many years. She organizes the High Holy Day’s Tashlich services (one of my personal favorites of the High Holy Days, and I am so impressed that Sally is able to organize the fabulous weather that accompanies this meaningful ritual). Perhaps her most public role is leading Saturday morning services. These quiet, intimate gatherings are always lovely, and when they are led by our lay leaders like Sally, they take on another dimension of community. Sally says she loves leading the service, that she feels “so lucky,” that leading is a “gift,” because she can see the smiling faces, the knowing glances, the web of connectivity.

Please join me in congratulating Sally Glick, our 2020 Mount Zion Volunteer of the Year.

Special Recognition
David Knapp and Dan Schibel
by Michael Kuhne, President

It is my honor to offer special recognition to two people who have done important, behind-the-scene work to ensure Mount Zion’s safety and security.

David Knapp has been the chair of the Safety Committee for many years. He has led the committee with intelligence, respect, and compassion. Beyond leading the committee, David has served as an important liaison and critical partner with professional staff, clergy, and lay leadership. For example, he and our executive director Larry Solomon collaborated on a FEMA security grant, which we were awarded late in 2019. This grant will pay for additional security measures to protect our community. This is just one reason I wish to honor David’s contributions to our beloved community.

Dan Schibel leads Mount Zion’s shomrim effort, a group of volunteer watch guards who have been out front during Religious School sessions, as well as Friday night and Saturday morning services. This group, which numbers over twenty people (and I speak for Dan when I say he is always looking for more volunteers!) give of their time to provide an additional layer of security for our community. More recently, the shomrim have volunteered to canvas the building’s many points of entry on a daily basis to ensure that the property remains secured. Dan’s leadership has been invaluable in this effort.

Please join me in thanking David Knapp and Dan Schibel for their contributions to our community.

Honoring Cantor Jennifer Strauss-Klein – 10 Years Serving Mount Zion!

L’Chaim 5780 Annual Campaign has celebrated Cantor Jennifer Strauss-Klein’s 10 years of serving Mount Zion. Her beautiful voice and spirit have strengthened our community in many ways. In particular, she has a unique ability to elevate any moment—from High Holy Day services to singing the Havdalah blessings—to help us feel connected to God.

We are grateful for her ability to nurture the musical voice of our congregation. As a prayer leader, she inspires adults and children alike to find joy and meaning in our worship services. Her passion for Jewish music blends modern with an appreciation of traditional for our congregation that values the totality of the Jewish musical experience.

Contributions to this year’s Annual Campaign honor her tenure at Mount Zion. We still welcome contributions of any amount. We will thank all contributors at the MZ Gratitude Extravaganza.

We plan to prepare a short video that highlights Cantor Strauss-Klein’s 10 years of service. Will you help? If you have a thank you message, a photo, and/or a brief memory that reflects your relationship with Cantor Strauss-Klein, please take a moment to send them to Jana Nelson at jnelson@mzion.org by Thursday, May 14.
MZ Connect

Online and in-person engagement

Like our Facebook page!
Mount Zion Temple has its own Facebook page. This is a public page and you do not need to be on Facebook to view our videos and posts. But if you are on Facebook, please like our page to help you stay connected. This is where we are posting Shabbat Services, Havdalah, cooking videos, messages from clergy and staff, and so much more!

Weekly E-mails
We are sending out an e-mail every Monday with all the latest news and activities for the week.
We are sending out an e-mail every Friday with all the Shabbat Services and weekend activities.
During this rapidly change time, new events are constantly being added. You can always check our calendar for new events.

Not on Facebook but want to connect to MZ?
A Q and A Session with Rabbi Spilker
Wed, May 6, 12:30-1:15 pm via Zoom
To Call in Dial 312-626-6799 or 929-205-6099
Enter Meeting ID: 985 9866 0705
- Open discussion for your comments and questions
- You will be guided through our website to see options for connections
- You will learn how to “see Facebook” even if not signed up for Facebook
- If you wish, you will learn how to sign up for Facebook with minimal information to see the private “MZ Conversations Group”

Weekly Online Gatherings

Poetry Reading
Join Mount Zion President, Michael Kuhne, every Monday and Friday at 9 am in our Facebook group for a poetry reading.

Afternoon Tea with MZ
Every Thursday at 4:30 pm via Zoom. Informal check-ins led by different clergy and staff members. Brew yourself some tea or other beverage and join us. Details sent via email (see left)

Havdalah
Every Saturday Evening (approximately 7:30 or 8 pm). Clergy or staff lead havadalah each Saturday night on Facebook page or group. Details sent via email (see left)
Religious School News

Join us for Yom Acharon
The Last Day of School!
Sunday, May 17, 2020
(No Classes Prior to the Ceremony)

10:00-10:45 a.m. Religious School Celebrations
(Parents/Guardians and Congregants invited)

Second Grade Mechina
Hagigah (Celebration)
Celebrate the culmination of the
first year of Hebrew studies with
our second grade Mechnia class.

Sixth Grade Dalet Siyyum /
Completion Ceremony
Sixth graders will show off their beautiful handmade tallitot
and mark the culmination of five years of Hebrew Study.

Teacher/Staff Appreciation
Please come to show your support and appreciation for the
faculty and staff who create a vibrant Jewish learning environment
at Mount Zion. We will honor staff reaching special milestones  and
celebrate and thank our graduating Madrichim! Please watch your e-
mail for more information about this amazing event!

Though our celebration will look different this year, we are
all working together to make this a special occasion for our
students, their families, our faculty, staff, madrichim, and
volunteers.

May Calendar

May 1
5:30 p.m. PreK/K/1 Shabbat Family Gathering
6:00 p.m. PreK/K/1 Participation in Shabbat Service

May 3
PreK/K - 9:30 a.m. Class
1st Grade - 10:00 a.m. Class
2nd Grade - 10:30 a.m. Class
3rd Grade - 11:00 a.m. Class
4th Grade - 11:15 a.m. Class
5th Grade - 10:00 a.m. Social
6th Grade - 11:00 a.m. Social, 2:30 p.m. 7th Grade Info Meeting
3rd - 6th Grade - 1:15 p.m. Noar Tzion Game Day
PreK- 6th Grade - 12:00 p.m. T’filah
6th-11th Grade - 6:00 p.m. Madrichim Interest Meeting

May 6
5th Grade – 4:30 p.m. Class
6th Grade – 5:00 p.m. Class
7th Grade – 6:00 p.m. Class
9th Grade Parent/Guardian Meeting – 5:15 p.m.
10th Grade Confirmation – 6:00 p.m.
8th/9th Grade Jewish Storytelling – 6:00 p.m.
8th/9th Grade Sacred Choices Bet – 6:30 p.m.
8th/9th Grade Contemporary Jewish Culture – 6:45 p.m.

May 10 – Last Sunday Classes
PreK/K - 9:30 a.m. Class
1st Grade - 10:00 a.m. Class
2nd Grade - 10:30 a.m. Class
3rd Grade - 11:00 a.m. Class
4th Grade - 11:15 a.m. Class
5th Grade - 10:00 a.m. Social
6th Grade - 11:00 a.m. Social
All Classes - 12:00 p.m. Mother’s Day Service

May 13 – Last Wednesday Classes
5th Grade – 4:30 p.m. Class
6th Grade Class – 5:00 p.m. Class
7th Grade – 6:00 p.m. Class
10th Grade Confirmation – 6:00 p.m.
8th/9th Grade Jewish Storytelling – 6:00 p.m.
8th/9th Grade Sacred Choices Bet – 6:30 p.m.
8th/9th Grade Contemporary Jewish Culture – 6:45 p.m.

May 17 Yom Acharon - Last Day of Religious School
(See left)

May 22
6:00 p.m. Chai School Graduation & Senior Send-Off Service
NOTE: NEW DATE!

2020-2021
Religious School Registration
Registration information will be sent via email
This year we promise a much more streamlined registration
process! An email with the registration link will be sent as soon
as it is available.
THANK YOU...FOR YOUR CONTRIBUTIONS

RABBIS’ DISCRETIONARY FUND
In appreciation of:
Rabbi Adam Stock
Rabbi David & Marcy Thomas
In honor a special birthday:
Rita Grossman
Bill & Gloria Levin
In memory of:
Benjamin Elwood
Susie Steinbach
Evelyn Eising
Randy & Tom Edelstein
Sally Goldman
Bill & Gloria Levin
Edward Goldstein
Heidi Goldstein
Michael Pinko
Jay Leibman
Jill Silverman
Jack Silverman
Rita Schenk
Ken Schenk
Gary Webb & The Schenk Family
In yahrzeit memory of:
Edward Stein
Liz Stein & Rob Larson
Joseph Mast
John Mast
Harry Johnson
John Mast
Efrim Ostrowsky
Julie Ostrowsky & Stuart Block
Donation:
Rita Grossman

CANTORS’ DISCRETIONARY FUND
In memory of:
Jill Silverman
Jack Silverman
In yahrzeit memory of:
Hessel Abramson
Molly Abramson Marker
Edward Abramson
Donation:
David & Anna Lipman

ANNUAL CAMPAIGN FUND
In appreciation of:
Nancy Hauser
Janet Cass
Beth Hontschlager
Janet Cass

MAXINE APPLEBAUM ART ENHANCEMENT FUND
In yahrzeit memory of:
Jerry Ann Applebaum
Stuart Applebaum
David Beloff
Jimmy & Sally Beloff
Ginger Beloff
Stuart Applebaum
Rose Beloff
The Beloff Family
Carolyn Lieberman
Jimmy & Sally Beloff
Greta Volk
Jimmy & Sally Beloff
Donation:
Michael & Suellen Buelow

BLOOM LIBRARY FUND
In memory of:
Richard Eber
Louis & Nancy Melamed
Richard & Bette Ann Bloom
In yahrzeit memory of:
Kenneth Robbins
Shelley Robbins & John Plano
Pearl Robbins
Shelley Robbins & John Plano

CARING COMMUNITY FUND
In memory of:
Edward Goldstein
Paul & Lisa Dorn
In yahrzeit memory of:
Richard Char lens
Ray Krause-Titow
Alex Glass
Rozanne Glass
Sidney Weisberg
Sanford & Carol Weisberg
Donations:
Howard & Barbara Cutts
Glenn & Sandra Stevermer

CEMETERY MAINTENANCE FUND
In yahrzeit memory of:
Kathleen Boer
Marsha Baren-Dennis & Family
Richard Boer
Marsha Baren-Dennis & Family
Cinnie Fox
Bill Fox Family
Bertha Goldberg
Marsha Baren-Dennis & Family
Perry Goldberg
Marsha Baren-Dennis & Family
Esther Krause-Titow
Arleen Spilk er
Celia Mastbaum
Dr. Leonard & Cookie Mastbaum
Victor Spilker
Bert & Arleen Spilk er
Benjamin Tikmer
Ralph Burstin
Esther Krause-Titow
Arleen Spilk er
Ethel Troshahl
Jane Troshahl

EDELSTEIN FAMILY BIBLICAL GARDEN FUND
In memory of:
Evelyn Eising
Paul & Lisa Dorn
Judy Gold berg
Louis & Nancy Melamed

IRENE FINBERG CAMP SCHOLARSHIP FUND
In yahrzeit memory of:
Rhoda & Seymour Kantor
Marc & Maya Raffe

HARRIS CHAPEL FUND
In honor of:
Larry Solomon
John Mast

JEAN & ROBERT HARRIS SUMMER CAMP FUND
In honor of a special birthday:
Roger Harris
Deborah Harris & Larry Abrams
In memory of:
Beverly Bunin
Deborah Harris
Jill Silverman
Deborah Harris

SARA & YALE JOHNSON MEMORIAL FUND
In appreciation of:
Michael Johnson
John Mast
Rand Johnson
John Mast
Shelley Johnson
John Mast
Todd Johnson
John Mast

SARA & YALE JOHNSON LECTURESHIP IN LIBERAL RELIGION FUND
In memory of:
Susan Kay Crance
Nancy Melamed

SCHOLARSHIP FUND

FUND

FUND

FUND

MEMORIAL FUND

FOODSHELF FUND
In appreciation of:
Congregation of Mount Zion
Rick & Nancy Hauser
Rita Grossman
In honor of a special birthday:
Dorothy Lipschultz
Carl & Tammy Birnberg
David Orenstein
Jan Hoffman
In honor of:
Penny Drucker

Women of Mount Zion

Shiri Frigues

Women of Mount Zion

Ruth Gerner

Women of Mount Zion

Karen Gerstad

Women of Mount Zion

Temple

Sally Gluck

Women of Mount Zion

Temple

Ilona Roza

Women of Mount Zion

Temple

In honor of the birth of:
Eddie Petersen
Janet Kampf

In memory of:
Bob Cohen
Karen Yarmo
Benjamin Elwood
Janet Kampf
Ronald Freeman
Jan Hoffman
Gerald Goldberg
Margie Abrahamson
Sally Goldman
Rhonda & Don Mains

Leland Grandberg
Judyth Katz
Sally Goldman
Robert Lebowitz
Dolores Alpern
Steve & Gail Brand
Charles Bierman
Judyth Katz
Irene Berman
Judyth Katz
Joanne Breitman
Rolla Breitman
Harry Breitman
Rolla Breitman
Linda Druck
Jan Hoffman
Donald Greenberg
Donna Karen & Bob Milton
Freda Hoffman
Jan Hoffman
Joseph Jacobson
Rolla Breitman
Richard Katz
Judyth Katz
Richard Katz
James Kuhne
Amanda Roll-Kuhne
Marlene Kuhne
Amanda Roll-Kuhne
Harry Minton
Steve & Gail Brand
Laddie Miller
Jan Hoffman
Philip Benjamin Litman
Lee Litman
Frances Sains
Steve & Gail Brand
Dr. Leonard Schloff
Michael & Jean Folger
Norman Smith
Zak-Kanter Family
Sang Yang
Judyth Katz

Donations:
Beloff Family
Doug & Alyssa Berg
June & Susan Burnul
Joan Clevy
Henry & Amy Fink
Sheldan Finver
Jonas & Raelyn Gillman
Siana Goodwin
Jessica Griffith
Sue Grupe
Alex Helfand
Jerry Helfand
Lisa Heyman
Ariel Kagan
Janet Kampf
Steve & LoReene Leikind
Yvonne Lerew
Bill & Gloria Levin
Todd & Judi Marshall
Lois Meheban
Michelle Morris
Gary & Edith Pang
Parker Family
Andrew Rapoport
Kathleen Riley
Neil & Jessica Segal
Ellen Seeel
DeDe Wolfson
## Thank You...For Your Contributions

### FUND FOR MOUNT ZION

In yahrzeit memory of:
- Shirley Mantell
- Robert & Susan Mantell

Donation:
- Dan Schibel

### OUR BODIES OUR SOULS

In memory of:
- Mary Ela Gerstad
- Margie Abrahamson

### RALINE AND BILL PAPER

**EMERGENCY ASSISTANCE FUND**

In yahrzeit memory of:
- Molly Silver
  - Marilyn Silver

### JANE STEINMAN MUSIC FUND

In memory of:
- Sally Goldman
  - Harvey & Judy Arbit

In honor of the birth of:
- Eddie Peterson
  - Harvey & Judy Arbit

### SILVERMAN FAMILY

**COMMUNICATIONS FUND**

In memory of:
- Jill Silverman
  - Louis & Nancy Melamed

### TZEDEK FUND

**SOCIAL JUSTICE**

In memory of:
- Manuel Ruder
  - Carol Gurstelle
- Nathan Schneider
  - Carol Gurstelle

### YAHRIEIT FUND

In memory of:
- Evelyn Esg
  - Bill Fox

In yahrzeit memory of:
- Eva Krasnow Aberman
  - Brian & Judith Krasnow
- Alvin Abrahamson
  - Family of Alvin Abrahamson
- Vladimir Abramovich
  - Simon & Maya Abramovich
- Leo Albert
  - Dee Albert & Shel Finver
- Samuel Appelbaum
  - Jean King & Stuart Appelbaum
- Joseph Arbit
  - Harvey & Judy Arbit
- Louis Benowitz
- Betty Marz
- Mildred Bernstein
  - Jenelle & Griel Marcus & Family
- Dr. William C. Bernstein
  - Jenelle & Griel Marcus & Family
- Harry Blaize
  - Jeff Oberman & Kathy Conner
- Charmaine Boyd
- Charles Stander
- Flora Butcher
  - Marilyn Silver

### DONATIONS

- Howard Silver
  - Jay & Marilyn Silver
- Milton Smith
- Eddie Smith
- Victor Spilker
  - Bert & Arlene Spilker
- Lee & Claire Stern
- Erica Stern
- Ted Soyer
  - The Haney Family
- Tracy Jo Sweet
  - Michael & Stephanie Chauss
  - Ida Jo Chauss
- Abe Svetinsky
  - Raymond Sevett
- Mae Tanick
  - Ira & Peggy Denuenholz
- Sylvia Taran
  - Joseph Maddy & Lisa Taran-Maddy
- Esther Krause Titow
  - Arlene Spilker
- Florence Voscom
  - Darlene Levenson
- Rachelle Wegner
  - Rosemary Sevett
  - Marianne Heimann-Wark
  - Her Loving Family
  - Stuart Weitzman
  - Mary Weitzman & Family

- Dr. Paul L. Cohen
  - Stevenson - Cohen Family
- Eleanor Conner
  - Jeff Oberman & Kathy Conner
- Francine Cutts
  - Howard & Barbara Cutts
- Ira Danzig
  - Susan Bernhardt
- Phyllis Danzig
  - Susan Bernhardt
- Ida Dolinsky
  - Pearl Rosen
- Samuel Dolinsky
  - Pearl Rosen
- Gerald Druck
  - Jim Druck
- Montague Ellis
  - Ian Ellis
- Rito Finver
  - Dee Albert & Shel Finver
- Connie Fox
  - Bill Fox Family
- Erich & Anna Gallia
  - Susan Parks
- Lloyd Gramling
  - Rich & Mitzi Gramling
- Donald Greenebaum Sr.
  - Donald Greenebaum
- Janet Greenebaum
  - Donald Greenebaum
- Paula Bernstein Hanauer
  - Jenelle & Griel Marcus & Family
- Jacob Jurisz
  - The Lotz Family
- Ruben Jurisz
  - The Lotz Family
- Jan Kelly
  - Charlie Nauen & PJ Pofahl
- Marlene Kolodny
  - Luciano & Adriana Kolodny
- Ada Larson
  - Rob Larson & Liz Stein
  - George Levy
  - Ian Ellis
  - Lorraine Linsk
  - Rick Linsk & Nancy Crotti
- Katherine Linwick
  - Daniel Linwick
- Aaron Lipschultz
  - Bill & Joni Burg
- Patrick & Irene Parks
  - Susan Parks
- Prudence Pistor
  - Walter Passner
- Rebecca Prager
  - Rosemary Sevett
- Daniel Rosen
  - Pearl Rosen
- Lya Rosenstein
  - Leo & Ann Rosenstein
- Marion Rubin
  - Steven Rubin
- Oscar Rubinsky
  - Brian & Judith Krasnow
- Adeline Sandler
  - Judi Levin Marshall
- Milton Schoeffler
  - Rosemary Sevett
- Sal Schoeffler
  - Rosemary Sevett
- Max Schlesinger
  - Jaylene Karon
  - Orn Sechier, Sr.
  - Pearl Rosen
  - Gregory Shumakher
    - Simon & Maya Abramovich
**Brotherhood Roundup**

**Monthly Brotherhood Meetings** - We are now conducting monthly Zoom meetings. Join us the last Tuesday of each month from 6:30-7:30. Next meeting dates are May 26 and June 30.

**The Bagel Bar every Sunday** - Our Bagel Bar suspended until Religious School reopens.

**Honoring Brotherhood at Shabbat** - We were unable to conduct the Brotherhood Shabbat but will reschedule it at a future date. We will honor Richard Newmark for his long-standing service to Brotherhood and MZ Temple as our “Mensch of the Year.”

**Mother’s Day Brunch** - Because of the current stay-at-home order, we are cancelling the Mother’s Day Brunch this year. We hope all the Mount Zion Mothers will join us again in 2021. The Mother’s Day service will still take place on Sunday, May 10, 12 pm via Zoom.

**Flags on Veteran’s Graves** - Though this year we will not be putting the flags on veteran’s graves as group, flags will be left next to the maintenance garage towards the back of the cemetery for those who wish to place a flag on grave.

**Men’s Retreat, June 12-14** - POSTPONED - This year’s has been postponed. We are planning to have a Moment of Connection for Men on Shabbat, June 6, 11:30 am.

**Grand Old Days Parking** - Grand Old Days has been cancelled by the City of St. Paul.

*Warm personal regards,*
Bruce R Matza, Brotherhood President
BruceMatza@InnovationsInManagement.com

---

**The Begegenenen Hour**

A biweekly series of interesting and engaging topics by, with, and/or about Mount Zion members – 7-8pm Tuesdays via Zoom.

**Tuesday, May 12, 7 pm**
Author Jay Weiner, author of “Professor Berman: The Last Lecture of Minnesota’s Greatest Public Historian”, moderated by member Joe Nathan. [Zoom link](#).

**Tuesday, May 26, 7 pm**
Serena Zabin, Professor, Mount Zion member, and author of “Boston Massacre: A Family History.” Read the [Humans of Mount Zion article](#) describing Serena’s work. [Zoom link](#).

**Tuesday, June 2, 7 pm**
“Finding Your Yichus (family tree)” (or, Henry Louis Gates Jr. has nothing on us) – take a live, interactive look at genealogy on line, watching your own family unfold before your eyes. [Zoom link](#).

*Contact Phil* if you have topics you might be able to present or would like to see done.

---

**Sing-a-long with Dan Chouinard**

In collaboration with our “active adult” friends at Gloria Dei, a joint sing-a-long between Mount Zion and several other congregations had been scheduled for this May, but has now been postponed. A new date, time and location will be announced when available. [Let us know](#) if you see other opportunities for our congregations to connect and collaborate, or if you would like to take part in those discussions.

---

**Women of Mount Zion Temple**

**Closing Meeting and Installation**

**Tuesday, May 5, 6:30 - 8:00 pm**

We will conduct a little business, install our new board members and then stay to chat with old friends and new in breakout sessions on Zoom!

You can also call in at 312-626-6799 and enter Meeting ID: 511 081 078 Password: 985169.

---

**Begegenen!**

*For Active Adults*  
*Formerly Prime Timers*

For more information about the group or questions about any events, contact Begegenen Chair Phil Goldman at [pgold1926@gmail.com](mailto:pgold1926@gmail.com) or 651-491-0864.

In April, Begegenen offered its first, of what will hopefully be ongoing opportunities to buy freshly frozen, farm raised lamb from local providers. After posting the offer on Mount Zion Conversations, halves of the first two lambs were happily scooped up by four families. This effort permits us to do a mitzvah, support our local providers (in their particular time of need), and eat well. [Contact Phil Goldman](mailto:pgold1926@gmail.com) if you might be interested in taking part as more lambs become available.

---

**Sing-a-long with Dan Chouinard**

In collaboration with our “active adult” friends at Gloria Dei, a joint sing-a-long between Mount Zion and several other congregations had been scheduled for this May, but has now been postponed. A new date, time and location will be announced when available. [Let us know](#) if you see other opportunities for our congregations to connect and collaborate, or if you would like to take part in those discussions.

---

**Women of Mount Zion Temple**

**Closing Meeting and Installation**

**Tuesday, May 5, 6:30 - 8:00 pm**

We will conduct a little business, install our new board members and then stay to chat with old friends and new in breakout sessions on Zoom!

You can also call in at 312-626-6799 and enter Meeting ID: 511 081 078 Password: 985169.
Mount Zion Temple, along with the State of Minnesota, is committed to protecting the health, safety, and well-being of Minnesotaans and of our members, friends and guests during the COVID-19 pandemic. We have taken decisive actions to curb the spread of COVID-19, including closing our building and having all Clergy and staff work remotely. In an abundance of caution, and concern for health and safety, we have decided to cancel the Memorial Day Service which was scheduled for Monday, May 25 at the Mount Zion Cemetery. We are also taking a one-time hiatus from the long standing tradition of Mount Zion Brotherhood and Cemetery Committee members placing flags on all Veteran graves. However flags will be left next to the maintenance garage towards the back of the cemetery; if you visit the cemetery to honor a family member or friend that was a Veteran, please feel free to place a flag next to their monument or footstone.

<table>
<thead>
<tr>
<th>Sanford Abramson</th>
<th>Patti Cowle</th>
<th>Lionel Greenberg</th>
<th>Morton Lazor</th>
<th>Gerald Perelstein</th>
<th>Harry L. Shepard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ted Abrahamson</td>
<td>Raymond E. Dana</td>
<td>Jerome Halper</td>
<td>Morris Leibovitz</td>
<td>Delores R. Perelman</td>
<td>Birch Shilkrot</td>
</tr>
<tr>
<td>Ted Abrahamson</td>
<td>Stanley Donsker</td>
<td>Howard Harris</td>
<td>Leo Logan</td>
<td>Raymond Perlman</td>
<td>Dr. Jacob Short</td>
</tr>
<tr>
<td>Jerome Adler</td>
<td>Bernard Druck</td>
<td>Joseph Harris</td>
<td>Mark Levenson</td>
<td>Ed Pickett</td>
<td>Sam Singer</td>
</tr>
<tr>
<td>Robert Adler</td>
<td>Gerald “Buddy” Druck</td>
<td>Michael Harris</td>
<td>Leo Levey</td>
<td>Benjamin H. Pechner</td>
<td>Howard Silver</td>
</tr>
<tr>
<td>Milton Altman</td>
<td>Leonard Drucker</td>
<td>William W. Harris</td>
<td>Abraham I. Levin</td>
<td>Jack Pred</td>
<td>Charles M. Silverman</td>
</tr>
<tr>
<td>Harry Applebaum</td>
<td>Henry Edelstein</td>
<td>Alvin Henle</td>
<td>George L. Levin</td>
<td>William B. Randall</td>
<td>Irving M. Silverman</td>
</tr>
<tr>
<td>Samuel Asher</td>
<td>Jack Edelstein</td>
<td>Edward Henly</td>
<td>Irving Levine</td>
<td>Leonard Rapoport</td>
<td>Jerome Silverman</td>
</tr>
<tr>
<td>Edwin B. Baer</td>
<td>Dr. Jesse E. Edwards</td>
<td>Elkan Henly</td>
<td>Sheldon Levine</td>
<td>Harold Ravits</td>
<td>Louis Silverstein</td>
</tr>
<tr>
<td>Ira B. Baer</td>
<td>Karl Elsinger</td>
<td>Harold J. Henly</td>
<td>Louis Leibovitz</td>
<td>Eugene Rinken</td>
<td>Sam Singer</td>
</tr>
<tr>
<td>Jerome B. Baer</td>
<td>Hyman Epstein</td>
<td>Harold Hoffman</td>
<td>Clarence W. Levy</td>
<td>Irvin L. Robins</td>
<td>Jacob Sklar</td>
</tr>
<tr>
<td>Jerome L. Baer</td>
<td>Irwin Epstein</td>
<td>Max H. Hoffman</td>
<td>James Levy</td>
<td>Morwin Rockowitz</td>
<td>Edward A. Sloane</td>
</tr>
<tr>
<td>Richard Baer</td>
<td>Seymour Epstein</td>
<td>Donald G. Horowitz</td>
<td>Leonard Levy</td>
<td>William Roof</td>
<td>Samuel Sloane</td>
</tr>
<tr>
<td>Sidney Barrows</td>
<td>Herb Fandt</td>
<td>James N. Jacobs</td>
<td>Victor Levy</td>
<td>Irv Rose</td>
<td>Alvin C. Slonim</td>
</tr>
<tr>
<td>James H. C. Benton</td>
<td>Bert Fein</td>
<td>Lynn Johnson</td>
<td>E. D. Libby</td>
<td>Dr. Milton Rose</td>
<td>Alvin Z. Slonim</td>
</tr>
<tr>
<td>Larry Benton</td>
<td>Charles Feit</td>
<td>Seymour Joseph</td>
<td>Leonard Lieberman</td>
<td>Norm Rose</td>
<td>James Jackson Smith</td>
</tr>
<tr>
<td>Jack Berc</td>
<td>Victor E. Feit</td>
<td>Arthur Kahn</td>
<td>Irvin Liener</td>
<td>Daniel Rosen</td>
<td>Joseph H. Smith</td>
</tr>
<tr>
<td>Sydney Berde</td>
<td>Lawrence Felsenberg</td>
<td>Leon L. Kahn</td>
<td>Albin Lindahl</td>
<td>Isadore Rosen</td>
<td>Dr. Charles Steinberg</td>
</tr>
<tr>
<td>Ben Berky</td>
<td>Alex Fine</td>
<td>Leon R. Kahn</td>
<td>Albert Linsk</td>
<td>Sam Rosenbaum</td>
<td>Harry Stern</td>
</tr>
<tr>
<td>J. P. Bieber</td>
<td>Gerald Finn</td>
<td>Morris L. Kahn</td>
<td>Hyman S Lippman</td>
<td>Nat Tony Rossman</td>
<td>Dr. Edward Strem</td>
</tr>
<tr>
<td>Charles F. Bierman</td>
<td>Allan Firestone</td>
<td>Norman Kahn</td>
<td>Bay Lipschultz</td>
<td>Jesse Rosten</td>
<td>Lester Strouse Sr.</td>
</tr>
<tr>
<td>Ben Binstock</td>
<td>Charles Fodor</td>
<td>Stanley Kane</td>
<td>Samuel Lipschultz</td>
<td>Harold Rothschild</td>
<td>Lester Strouse Jr.</td>
</tr>
<tr>
<td>Joseph M. Birger</td>
<td>Leo Fox</td>
<td>David Kanny</td>
<td>Tim Lipschultz</td>
<td>Ann Rubinstein</td>
<td>Arthur B. Summerfield</td>
</tr>
<tr>
<td>Abraham Birnberg</td>
<td>Sol Fox</td>
<td>Arthur Katz</td>
<td>Murray Littun</td>
<td>Harry Rubenstein</td>
<td>Harold C. Summerfield</td>
</tr>
<tr>
<td>William Blaine</td>
<td>Alex Frank</td>
<td>Maurice Katz</td>
<td>Robert Lovich</td>
<td>Sidney Rubinstein</td>
<td>Lewis B. Summerfield</td>
</tr>
<tr>
<td>Sylvia Blitz</td>
<td>Philip Freeman</td>
<td>Morris Katz</td>
<td>Robert Lowenstein</td>
<td>Mandy Ruder</td>
<td>Samuel Swartz</td>
</tr>
<tr>
<td>Joseph Bloom</td>
<td>Richard Freeman</td>
<td>Robert Katz</td>
<td>William Lyon</td>
<td>Burt Rudolph</td>
<td>Bert Tintner</td>
</tr>
<tr>
<td>Edwin Braman</td>
<td>Abraham Fremlan</td>
<td>Milton Kaufman</td>
<td>Samuel Margolis</td>
<td>Harold Ruttenberg</td>
<td>Neal Tilsner</td>
</tr>
<tr>
<td>Samuel Bronrien</td>
<td>Sidney Froman</td>
<td>Bernard Kegan</td>
<td>Jesse Marks</td>
<td>Joseph Salper</td>
<td>Jack Ward</td>
</tr>
<tr>
<td>Moses (Morrey) Brown</td>
<td>Howard Gelb</td>
<td>Max Kipp</td>
<td>Hillard M. Marver</td>
<td>Richard Salper</td>
<td>William Weiller</td>
</tr>
<tr>
<td>William H. Buni</td>
<td>Jerry Gillman</td>
<td>Sidney Kline</td>
<td>Jacob Marx</td>
<td>Max Schlesinger</td>
<td>Harry Weinstein</td>
</tr>
<tr>
<td>Harold Cantor</td>
<td>Julius Gittelman</td>
<td>Ivan Koppe</td>
<td>Lewis Miller</td>
<td>Phil Schlesinger</td>
<td>Sidney Weislow</td>
</tr>
<tr>
<td>Hart N. Cardozo</td>
<td>Maurice Golom</td>
<td>Sol Krawetz</td>
<td>Harold N. Nathanson</td>
<td>Max Schnitzer</td>
<td>Honnen Weiss</td>
</tr>
<tr>
<td>Ralph N. Cardozo</td>
<td>Harry Goldberg</td>
<td>Marvin Kreidberg</td>
<td>Robert Newman</td>
<td>Frank Schwartz</td>
<td>Max M. Whitefield</td>
</tr>
<tr>
<td>Ephraim Cohen</td>
<td>Isadore Goldberg</td>
<td>Mason Kreitz</td>
<td>Sidney Novak</td>
<td>Walter Schwarz</td>
<td>Leonard Winterfield</td>
</tr>
<tr>
<td>Jacob Cohen</td>
<td>Joseph Goldberg</td>
<td>Hyman Krinsky</td>
<td>Joseph Okinow</td>
<td>Howard J. Seesel Sr.</td>
<td>Hyman Wolkoff</td>
</tr>
<tr>
<td>Sydney Cohen</td>
<td>Howard Goldstein</td>
<td>Stanley Krinsky</td>
<td>Edward Orenstein</td>
<td>Isadore Segal</td>
<td>Nat Wolpert</td>
</tr>
<tr>
<td>Jay B. Cohler</td>
<td>Norman Goldstein</td>
<td>Burt Kyle</td>
<td>Fred Orenstein</td>
<td>Avron “Bud” Seltzer</td>
<td>Arvin Zaikaner</td>
</tr>
<tr>
<td>Michael J. Cohler</td>
<td>Lawrence Goodman</td>
<td>Sidney Laskin</td>
<td>William Paper</td>
<td>Samuel Selzer</td>
<td>Nathan Shapiro</td>
</tr>
<tr>
<td>Sidney Cohler</td>
<td>Fred Gordon</td>
<td>Robert Launer</td>
<td>Joseph Pase</td>
<td>Joseph Shapira</td>
<td>Milton Shapiro</td>
</tr>
<tr>
<td>Samuel Corwin</td>
<td>Allen Gray</td>
<td>Jack Robert Lawrence</td>
<td>Louis I. Peilen</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Accessibility & Inclusion

Dear Community,

During Jewish Disability Awareness, Acceptance, and Inclusion Month in February (what perhaps seems like a lifetime ago!) we spoke about disability and inclusion as issues of Jewish justice and how those of us who may struggle with physical, mental, and/or emotional health are not some “other” people but vibrant and vital members of our Jewish community. Now, as so many are feeling the effects of anxiety, isolation, and loss, we want to reiterate that Mount Zion Temple and the Accessibility and Inclusion Committee are committed to ensuring all members of our community are supported. In the coming months, we strongly encourage you to reach out and let us know what we can be doing to better meet your needs.

We’d also like to take a moment to bring your attention to an organization at the critical intersection of disability and Jewish justice: the Jewish Organizing Institute & Network or JOIN for Justice, an organization that trains Jewish young adult leaders and empowers them to make lasting positive social change in their communities and around the world. JOIN for Justice recently hosted a forum on community organizing based in disability justice and you can check out the video on the JOIN for Justice home page.

As always, we would love your help in being part of Mount Zion’s own effort to further positive change and continue building an inclusive community for all—our committee is always excited to welcome new members and perspectives! To join, learn more, or to contact us, please visit Mount Zion’s Accessibility & Inclusion page.

For additional resources on supporting your mental, physical, and emotional wellness during this time you can also visit:

Jewish Family Service of St. Paul,
Jewish Family and Children’s Service of Minneapolis,
NAMI Minnesota,
National Institute of Mental Health,
CDC (Centers for Disease Control and Prevention)
SAMHSA (Substance Abuse and Mental Health Services Administration).

May you take care, be well, and stay connected!
Do you need a Mask?

Rabbi Adler has made masks and is offering them to our congregants. You can pick it up from her home or she will mail it to you. If you would like one, please email Rabbi Adler and let her know how many and whether you will pick it up or would like it mailed.

A Message from our Caring Community

Our Caring Community of many volunteers has been supporting our congregation with meals, rides, visitors, and shiva support for years. During this challenging new time, the MZ Caring Community Team is expanding what we do and partnering with the clergy and staff to support you. While we need to be physically distant, we want to remain socially and spiritually connected.

Here are some things we can do:

**Connect by phone:** We can pair you up with someone to chat.

**Connect with you technology:** We can set up Facebook, video conferencing (Zoom, etc.), online grocery shopping (Instacart, Shipt, etc.), etc.

**Coordinate grocery shopping:** We want to shop for anyone who is in an at-risk category so you can stay safely at home. This may involve using a delivery service. For everyone, here is a guide for food and grocery delivery services.

If you are able to volunteer for calling congregants and/or delivering groceries and medicines, please fill out this form.

If you would like to receive support from the Caring Community, please fill out this form.

As job loss and financial challenges begin to affect more and more of us, we will be working on this important help as well. For now, please contact the clergy if you need support.

Wishing you safety, health, and well-being,

Thank you,

Your MZ Caring Community Team

Ellen, Emily, Karen, Mandy, Robert, Sara, Steve, and Shai

Ellen Konstan
Emily Herr
Karen Suzukamo (not pictured)
Mandy Roll-Kuhne
Robert Garfinkle
Sara Rice
Steve Cohen
Shai Avny, Congregation Engagement Director

Picture is not recent!
Library Happenings

Girl in the Blue Coat, by Monica Hesse

In Amsterdam, in January 1943, eighteen year old Hanneke Bakker is a black market courier. Clever, smart, and able to think quickly on her feet, she is unprepared when one of her elderly clients, Mrs. Janssen, asks her to find a Jewish teen girl she had been hiding who has disappeared. In the course of three days Hanneke’s life is turned upside down. While surreptitiously searching for the girl, Hanneke is recruited into a resistance cell with their own priorities, led by the older brother of the boy she loved who was killed during the Nazi invasion three years earlier. Secrecy, betrayal, guilt, mistrust, and misdirection all play parts as Hanneke races to save the girl she has been searching for in this readable Young Adult wartime novel. Ms. Hesse put a lot of time and effort into creating an accurate portrayal of Amsterdam and its fledgling resistance in 1943, and it shows. Highly recommended.

Given the current situation, there are no overdues since it is not possible to return borrowed materials. So please stay safe! I hope to see you all in the Fall.

-Bob Epstein, Librarian

Hineni Events

Details about all events are on the Hineni website.

Learning Talmud Alone Together - SVARA-Style
Tuesdays, May 12, 19 and 26, 7:30-9:00 pm via Zoom
Cost: Set your own fee $0-$18 per session
Teacher: Sara Lynn Newberger
What could be more exciting than digging into a chunk of Talmud to connect in a deep and rich way?! Join others to learn, discuss and come to own a piece of Talmud! All you need in order to participate is the ability to read the Hebrew alphabet.

Jewish Medical Ethics: End of Life Decision Making
Thursdays, May 14 and 21, 7:00-8:30 pm via Zoom
Cost: Set your own fee from $0-$36
Teachers: Rabbi Lynn Liberman and a panel of doctors
Our tradition has grappled with issues of end of life decisions for centuries. During the first session, we will explore a rich array of Jewish texts on the topic. In the second session, we will have the opportunity to engage with a panel of doctors about real and present issues in our lives today. This is co-sponsored by Jewish Family Service of St. Paul.

Half-Day Retreat: Jewish Mindfulness for Resilience
Friday, May 15, 9:00 am - 12:30 pm via Zoom
Cost: Set your own fee from $0-$36
Leaders: Julie Dean and Sara Lynn Newberger
Please join us for a morning of Jewish contemplative practices that will energize your resilience and give you tools for facing each day. No previous experience is necessary.
Shavuot, Confirmation, and Tikkun Leil Shavuot

**Confirmation 5780**
The culmination of this year of community-building, soul-searching, deep learning, and spiritual and intellectual growth is the Confirmation service. **For the first time that I am aware of, we will be postponing the Confirmation service.** The 19 confirmation students met to discuss options in a time of physical distancing because of Covid-19. We could do the service as scheduled this Shavuot via Zoom; we could postpone, or we could postpone and still do something this Shavuot. Over 80% wanted to postpone without trying to do something via Zoom on May 28. Most could not imagine this moment without being with each other panim el panim, face to face in person. The possibilities for a new date that they preferred were a Shabbat in August or September or around Chanukah. We will work on a date in the coming months when we have more clarity about how to plan. This is so very disappointing but of course understandable in these circumstances.

– Rabbi Spilker

---

**Shavuot and Tikkun Leil Shavuot**

*Join us for Torah Study on the Festival of Shavuot*

**Thursday Evening, May 28 / 6 Sivan**

A Twin Cities’ Jewish Tikkun Leil Shavuot – An all-night event via Zoom with study sessions, artistic and creative elements, and camaraderie led by clergy and lay leaders from across our community. Details will come in the weeks to come.

---

**Shavuot Festival Service (with Yizkor)**

**Friday, May 29, 10:00 am via Zoom / 6 Sivan**

---

**Counting the Omer with Mount Zion**

Join the members of our Mount Zion Sunday Mussar Va’ad in an uplifting practice of marking each day between Passover and Shavuot with an inspiration that raises our awareness and guides us in the practice of cultivating a wise heart. Tune in to Mount Zion Conversations Group on Facebook each day.
Social Action Update

Tzedek = Justice

Immigrant Justice in the Time of COVID-19

What we can do together to deepen our understanding of immigrant justice and take action on the federal, state, and local level to reduce detention in the midst of this public health crisis.

For two and a half years, Mount Zion has been acting for immigrant justice under our congregation’s Resolution on Providing Aid and Support to People at Risk of Deportation from the United States. This work is all the more critical today, as people detained by Immigration and Customs Enforcement (ICE) are at heightened risk for contracting COVID-19. While our community and many others are keeping physical distance to slow the spread, this is impossible for the tens of thousands of people in ICE detention. Even in the best of circumstances, detention centers are breeding grounds for disease because of overcrowding and limited access to medical care. The highly infectious COVID-19 virus is likely to spread rapidly in ICE detention centers, with lethal consequences for detainees and personnel alike.

This moment calls for urgent action to release people to their families so that they can be safer from the spread of COVID-19. Here is what we can do at the federal, state, and local level:

• **Federal Level:** Sign on to the Religious Action Center's Action Alert to Congress: Require ICE to release vulnerable detainees during COVID-19. Mount Zion has also signed on to a letter from Jewish Organizations Around the Country asking Congress to care for refugees, asylum seekers, and asylees during this crisis. [Here is the link](#).

• **State Level:** Sign on to Jewish Community Action’s Action Alert to regional ICE officials and state officials asking them to reduce detention and other forms of incarceration during this crisis. [Here is the link](#).

• **Local Level:** Email county leadership asking them to do what they can to do to reduce the number of people coming into local jails, which are often an entry point to ICE detention. [Here is the link](#).

• **Additional Script:** You can also make calls to state and local officials using the scripts available [at this link](#).

This moment also calls for us to be in community and deepen our shared understanding of these issues. Here are a couple of upcoming opportunities for us to be together, virtually:

**Sunday, May 3 from 2:30-4:00 PM:** Mount Zion’s Tzedek Committee and Greater St. Paul Interfaith Immigrant Rights Coalition discussion of our Community Book Read: Dear America: Notes From an Undocumented Citizen by Jose Vargas. Please RSVP to [office@mzion.org](mailto:office@mzion.org) for Zoom information.

**Monday, May 4 from 6:00-8:00 PM:** Join Jewish Community Action's Decriminalizing Communities Campaign for a member meeting via Zoom. This meeting will include updates on local actions and a training on strategic communications. [More info and registration](#).

Do you sew?

Masks needed for Project HOME

Yes, there are lots of videos out there of how to make quick cloth face coverings (even out of used bras, which gave all of us here a good laugh!). However, because the guests we serve come in all shapes and sizes (currently guests range from age 1 – 64), we are specifically seeking talented folks that would sew a specific kind of fabric mask – no elastic and a pocket for removable filter. We want them to be washable and lasting.

Here are three examples/tutorials of the masks we would prefer:

1. [Tutorial 1](#)
2. [Tutorial 2](#)
3. [Tutorial 3](#)

Our goal is to have at least three cloth masks for every guest and staff member. One to wear, one to wash, and one back up. All sizes needed! And fun fabric for the kids might go a long way in getting them to keep it on! It is also wonderful if the front fabric is a different pattern or color from the back; this makes it easier to remember which side you put towards your face. Please pre-wash your fabric before you start, but there’s no need to rewash after you are done creating the masks. We will wash them with Dreft or another dye-free, unscented detergent before they are handed out.

Mask donations can be dropped off at our Project Home Day Center at 244 10th Street East, Saint Paul, MN 55101. For a no-contact delivery, just call us ahead of time or even as you pull up, at 651-225-9354. You can set the bag just outside our blue double doors on the bench.

Neighborhood House Updates

A huge thank you to the Mount Zion community for contributing over $12,800 to Neighborhood House’s March Food Drive. Our food market is serving record numbers of new households as well as seeing an alarming decline in usage from Asian American families who are frightened to leave their homes due to fear of becoming ill and fear of harassment. We are reaching out to every family we can and in their native language whenever possible, to offer both pickup and delivery services for food. We are able to deliver food because of a partnership with metro mobility. We provide the addresses and the food and they do the delivery.

We are seeing a huge increase in requests for housing support.
- ¼ of the people have NEVER used rent assistance before
- Half of them did not lose income, just the additional costs of COVID have caused a strain on their budget. This includes the increased cost of food with children home
- ¼ are homeless

Neighborhood House’s biggest needs are for financial support of our work. In this environment it costs more to provide services and demand is continuing to increase. To donate or volunteer go to [www.neighb.org](http://www.neighb.org).
Brotherhood presents a newly imagined Mount Zion Men’s Retreat

Mussar for Men:
Improving the Relationships in Your Life to Self, Others, and the Divine

Friday-Sunday, June 12-14
New closer location - Dunrovin Retreat Center (near Stillwater)

Mark your calendar now! Register at mzion.nirsham.com/form/mens-retreat-2020

This will be a weekend of camaraderie, spirituality, and enjoying the great outdoors especially designed for men of all ages from 20s on up!

Some activities and sessions include:
- Learn about and experience Mussar, Judaism’s thousand-year-old practice of character development
- Fish on the St. Croix River (bring your gear)
- Join in on conversations about substantive topics in our lives
- Take time to enjoy the quiet and serenity of the retreat grounds
- Bike, yoga, hike, play cards and games, and schmooze!
- Celebrate Shabbat with a musical, interactive service and study
- Watch "A Beautiful Day in the Neighborhood," a film about Mr. Rogers starring Tom Hanks, and discuss its messages for us
- Relax and make new friends from Mount Zion
- Optional bike ride to and from the retreat starting from Mount Zion

Questions? Please contact: Bruce Matza at BruceMatza@InnovationsInManagement.com or Shel Finver at finvers@hotmail.com.

The Men’s Retreat will be postponed. The rescheduled date is TBD.

In the meantime:

A Moment of Connection for Men
Shabbat, June 6 (11:30 am to 1:00 pm) – Via Zoom

This gathering will be way to touch base about how we are really doing. There will be some large group framing and smaller group conversations. We will reflect on some of the positive aspects of the isolation in these past weeks, the fears that we are experiencing, what we are looking forward to, what we miss, what we imagine we will remember about this time, and what practices or texts are giving us strength.

Please RSVP by May 15 (Register in advance and you will receive Zoom sign in information.).
What are you doing to take care of yourself during Quarantine?

Rabbi Adler: Making Masks. Do you need one?

Shai Avny: Congregational Engagement Director
Biking with my family.

Larry Solomon: Executive Director
Learning how to play backgammon with Margie.

Rabbi Spilker: Cycling, family dinners, watching Money Heist, Counting the Omer with MZ, and listening to this song, Shir Hamaalot, song of ascents.

Cantor Spilker: Going through mountains of old pictures. This is one I found of a school picture from the year of the Bicentennial!

Cantor Strauss-Klein: Going for hikes at Lebanon Hills.

Sue Summit: Religious School Director
Walking with my BFF, Juno.