

# Detailed Schedule

## Sunday-Sunday, September 20-27

### *The Days of Awe – Yamim Noraim*

#### Sunday, September 20

##### Cemetery Service – Memory/Zikaron

11:00-11:30 am

We will remember loved ones while standing at a safe distance from one another, and those who prefer can participate via Zoom or watch on our website. Even if your loved one is not buried at Mount Zion's cemetery it is a mitzvah to remember them during the Days of Awe.

- Platform: *In Person / Outside* at Mount Zion's Cemetery, corner of Payne and Larpenteur Avenues in St. Paul.
- Alternative Platform: Streaming [www.mzion.org](http://www.mzion.org)

##### Rosh Hashanah Seder with Beth Jacob and Mount Zion

5:00-5:30 pm

Please join the "Rabbis Adam" - **Rabbi Adam** Rubin and Judith Schleyer, Beth Jacob and **Rabbi Adam** and Cantor Rachel Stock Spilker, Mount Zion Temple (who are now living one block from each other) for a brief Rosh Hashanah seder. The Rosh Hashanah seder comes from a Sephardic tradition of reciting blessings over and eating a variety of foods that symbolize our wishes for the year ahead. With each blessing, the mundane aspect of food is garnished with a sense of meaning, holiness, and even humor. Email Cantor Spilker, [rspilker@mzion.org](mailto:rspilker@mzion.org) for more information, including a list of foods to have on hand (but you can come even if you don't have the foods!).

- Platform: **Zoom**

## Sunday, Tuesday, Wednesday, September 20, 22, 23 3:00-7:00 pm

### *Teshuvah / Return to the Sanctuary: Individual & Family Time at the Ark*

Reserve private time at the ark during the days between Rosh Hashanah and Yom Kippur.  
[Sign up here](#). Contact [office@mzion.org](mailto:office@mzion.org) / 651-698-3881 for more information.

- Platform: **In Person / Inside**
- Note: A prayer sheet with optional readings will be available.
- Masks required; all health safety protocols will be followed.

## Friday, September 25 – Shabbat Shuvah

**Shabbat Shuvah** service

**6:00-7:00 pm**

Featuring "Shabbat as a Social-Change Ritual," led by Cantor Rachel & Rabbi Adam Stock Spilker.  
Learn more about [our Elul study of "Changing the World from the Inside Out."](#)

- Platform: **Zoom** (Link at [www.mzion.org](http://www.mzion.org) on home page under Shabbat services.)
- Alternative Platform: **Streaming** [www.mzion.org](http://www.mzion.org)

## Saturday, September 26 - Shabbat Shuvah

**Shabbat Shuvah** service

**10:00-11:00 am**

- Platform: **Zoom** (Link at [www.mzion.org](http://www.mzion.org) on home page under Shabbat services.)

### **High Holy Day Healing Service**

**3:00-4:00 pm**

Our annual Healing Service will take place via Zoom on *Shabbat Shuvah*. It is a reflective service lifting up communal and personal prayers for healing, accompanied by harp, flute, and the call of the Shofar. You will be able to watch the service on our website or Facebook as well.

- Platform: **Streaming** [www.mzion.org](http://www.mzion.org)
- Alternative Platform: **Zoom**