

Detailed Schedule

Sunday, September 27 – Kol Nidre “Reflection and Teshuvah”

Family Blessings and Saying Sorry

5:30–5:40 pm

All families with kids living at home are encouraged to join for this moment of connection. The clergy will lead a ten-minute family ritual of amends to begin Yom Kippur.

- Platform: **Zoom***

*Will be recorded and posted later to the Mount Zion Conversations Facebook page.

Community Candle Blessing

6:30-6:40 pm

We begin as one community lighting the Yom Kippur candles with insights into the traditions of Kol Nidre eve from the clergy.

- Platform: **Zoom** and **Streaming** www.mzion.org
- *Bring your prayer book, Mishkan HaNefesh for Yom Kippur.*
- *If you wish, have ready your Holy Day candles and memorial (yahrzeit) candle (traditionally for a parent who has died). If you wear a tallit (Kol Nidre is the only night of the year we wear one), we will be saying the blessing during this gathering as well.*

Kol Nidre and Sermon

7:00-7:45 pm

On this most sacred eve, we separate the Kol Nidre (all vows) moment from the evening service. A reflective cello rendition of Kol Nidre will precede the cantor intoning the ancient Kol Nidre chant while our past Presidents hold the Torah scrolls.

- Platform: **Streaming** www.mzion.org
- *Bring your prayer book, Mishkan HaNefesh for Yom Kippur.*

Evening Service

8:00 – 9:00 pm

Our evening service will include familiar music and liturgy with some creative elements to help us work on our *tikkun halev*, repair of the heart, and *tikkun hanefesh*, repair of the soul.

- Platform: **Streaming** www.mzion.org
- *Bring your prayer book, Mishkan HaNefesh for Yom Kippur.*

Facilitated Hangouts

9:00-9:45 pm

We will start together and then break into rooms, some by age if desired. TOPIC: *How can I do better for myself, for the community, and for God this coming year?*

- Teen Hangout
- MZ “Graduates” and Community Hangout – Folks in their 20s
- MZ “Graduates” and Community Hangout – Folks in their 30s
- All Ages – Intergenerational

- Platform: **Zoom**

Monday, September 28 – Yom Kippur “The Compassion Needed for Atonement”

Parents and Tots Service

9:00-9:20 am

We will think about the ways we are sorry and want to do better with story and song and provide time for a family activity. After our “Zoom” time together, families can view the streamed 15-minute video of the clergy in the sanctuary and Kol Nidre on cello (see below).

- Platform: **Zoom***

*Will be recorded and posted later to Mount Zion’s Parents and Tots Facebook page.

Yom Kippur Poetry

9:00-9:30 am

Michael Kuhne will lead this beloved new tradition of congregants reciting the poetry and liturgy from the Machzor (High Holy Day prayer book).

- Platform: **Zoom***

*Will be recorded and posted later to Mount Zion’s public Facebook page.

Kol Nidre & Prayers for Families with Kids of all Ages

9:30-9:40 am

From the sanctuary, with the clergy in white robes holding the Torah scrolls in white mantles, we will listen with faith to the soulful Kol Nidre on cello. We will say our Vidui/Confessional prayer with courage and sing Avinu Malkeinu with compassion,

- Platform: **Streaming** www.mzion.org

Yom Kippur Family Service

9:45-10:30 am

Our recent B'nei Mitzvah students will help lead this service from *Mishkan HaNefesh for Youth and Families* which will be shared on the screen. The service will include a story and time for family conversations.

- Platform: **Zoom***

*Will be recorded and posted later to Mount Zion's Religious School Facebook page.

Yom Kippur Shacharit (Morning) Service

10:30-11:30 am

Our clergy will lead this forty-five-minute traditional service from the sanctuary.

- Platform: **Streaming** www.mzion.org
- Bring your prayer book, *Mishkan HaNefesh for Yom Kippur*.

Confessional: Vidui / Al Chet

11:30-11:50 am

The central prayers of Yom Kippur center around confessions on behalf of ourselves and our community (Vidui) as we prepare and hope for At-One-Ment.

- Platform: **Streaming** www.mzion.org
- Bring your prayer book, *Mishkan HaNefesh for Yom Kippur*.

Sermon

11:50-12:05 pm

You will hear the rabbi's sermon, pre-recorded from the sanctuary.

- Platform for the sermon: **Streaming** www.mzion.org

Sermon Discussion

12:05 pm-12:45 pm

Following the sermon, congregant facilitators will lead discussion groups based on the topic.

- Platform for the sermon discussions: **Zoom**

Messages from our Tradition: Torah and Haftarah

12:45-1:30 pm

This year, instead of chanting our sacred texts during services, we will hear selections chanted in the context of study and teachings that highlight the messages from our tradition. There will be three Messages from our Tradition: one at Rosh Hashanah noontime, this one, and another in the late afternoon as we prepare for the closing of the gates.

- Platform: **Zoom**
- Alternative Platform: **Streaming** www.mzion.org

LIVE:

- **Remembering being at Mount Zion for the Day of Yom Kippur** - After seeing a video showing the building as if walking through the halls, a congregant will facilitate an open conversation.
 - Platform: **Zoom**
- **Yom Kippur Chair Yoga** - Cantor Spilker and Mount Zion member and yoga teacher Anna Schorer will lead a chair yoga session grounded in Jewish teachings about connecting to ourselves and others.
 - Platform: **Zoom**

PRE-RECORDED:

- **Yom Kippur Guided Walking Meditation** - Cantor Spilker has recorded a walking (or sitting!) meditation for you to use at a time that works for you.
 - Platform: Website Podcast
- **Sermon-in-Song on Kol Nidre** - Cantor Spilker has recorded a teaching on this central text featuring a wide selection of musical recordings. You may view it at any time that works for you.
 - Platform: Website Video
- Mount Zion's sister congregation in Modiin, Israel has a **Virtual Tour of Jerusalem through the Poetry of Israeli Poet Yehuda Amichai**. It is led by Tour Educator and active YOZMA member – **Mike Hollander**, who led Mount Zion's 2006 Israel trip. [Watch it here anytime.](#)
- **Reflection and Study Opportunities** (Click and explore anytime)
 - Hebrew Union College <http://huc.edu/rabbi-aaron-d-panken-zl-memorial-shiur-yom-kippur-afternoon-learning-prayer-and-inspiration>
 - Institute for Jewish Spirituality <https://www.jewishspirituality.org/go-deeper/the-shofar-project/the-shofar-project-weekly-schedule-and-recordings/>
 - Hartman Institute (search "high holidays") <https://summer.hartman.org.il/agenda>

Teen Service**2:00-2:45 pm**

By and for teens, this service will be relevant and uplifting and will help re-connect our teen community when they need each other.

- Platform: **Zoom***
- Bring your prayer book, Mishkan HaNefesh for Yom Kippur.

*Will be recorded and posted later on a social media platform chosen by the teens.

Musical Interlude

2:00-2:30 pm

Enjoy the reflective and meditative music on harp by Andrea Stern from the sanctuary bima.

- Platform: **Streaming** www.mzion.org

Yizkor

2:30-3:15 pm

The memorial service will be broadcast from the sanctuary accompanied by harp and organ. We will share pictures of your loved ones if you send them to us by September 24. Contact our office office@mzion.org or 651-698-3881.

- Platform: **Streaming** www.mzion.org

Rabbi's Discussion: Vidui: Our communal/personal confessions

3:30-4:15 pm

We will read/confess a powerful and evocative Vidui for Black Lives, a Vidui for Israel, and a Vidui for Covid-19. Then after discussion, we will have time for writing and sharing our own confessions for ourselves and our world. This is an opportunity to apply the themes and motifs of Yom Kippur to the real-life issues of our day. We will feel more prepared to complete Yom Kippur with true *kavanah*/intention.

- Platform: **Zoom***
- Note: This session will be recorded and posted to the Mount Zion Conversation Facebook page.

Stories of Teshuvah

4:30-5:00 pm

In a "Moth Radio Hour" format, three congregants will share their personal journeys toward reconciliation with their true selves.

- Platform: **Zoom** and **Streaming** www.mzion.org

Afternoon Service: AWE and ATONEMENT

5:00-6:00 pm

With the chorus of "Return Again to the Land of Your Soul," we will create the space for our personal prayers so that we can achieve a sense of At-One-Ment.

- Platform: **Zoom**
- Alternative Platform: **Streaming** www.mzion.org

Messages from our Tradition: Torah and Haftarah

6:00 – 6:30 pm

In this final sharing of text, the prophet Jonah offers a message of mercy. Even when we fall short of our mandate to "be holy" (Leviticus 19), we are all worthy of forgiveness. We need messages of encouragement and direction in our lives, but ultimately, we desire mercy as the gates begin to close.

- Continued from above: **Zoom**
- Alternative Platform: **Streaming** www.mzion.org

Neilah Part I

6:30 – 7:10 pm

With gratitude and resolve, each in our sacred home spaces, we see each other in community as our Yom Kippur moves toward conclusion. The melodies unique to Neilah uplift us through our final repetitions of the prayers.

- *Continued from above:* **Zoom**
- *Alternative Platform:* **Streaming** www.mzion.org

Neilah Part II

7:10-7:15 pm

For the final moments of Neilah our focus shifts to the sanctuary, to the ark and the dramatic music that stirs our souls. To achieve the full feeling of the end of Yom Kippur, we will share a recording from the year 2014. Then we will return to our live community for the concluding *tekiah gedolah* on shofar. After Havdalah, we will listen to the immortal clarinet playing by Jerry Gotler z"l leading us in *Oseh Shalom*.

- *Continued from above:* **Zoom**
- *Alternative Platform:* **Streaming** www.mzion.org

Havdalah

Following Neilah

We return to seeing each other live this year along with pictures of children from our community holding candles, as our Guitar Corps leads us in the blessings of separation, of Havdalah.

- *Continued from above:* **Zoom**
- *Alternative Platform:* **Streaming** www.mzion.org

Kiddush Levanah – Sanctifying the New Moon

Following Havdalah

It will be hard to let go of each other. We invite all to join for this ancient and new ritual of sanctifying the new moon. Go outside, look skyward, and connect to Zoom or our website with your smartphone as we sing the prayers.

- *Continued from above:* **Zoom**
- *Alternative Platform:* **Streaming** www.mzion.org

Break the Fast in Virtual Community

Following Kiddush Levanah

Bring your nosh and join with clergy to take a deep breath and hold on to the feeling of community connection a little longer.

- *Continued from above:* **Zoom**